

2011 Burnaby Bike Map



Contact Information

CITY OF BURNABY

Bicycle Hotline/Route Maintenance Requests
(Engineering Department).....604-294-7440
Transportation Committee
c/o City Clerks Office 604-294-7290
Bicycle Planning (Planning Department) ...604-294-7400
Parks Department604-294-7450
Bike Map www.burnaby.ca/cycling

TRANSLINK

Bicycle Locker Rentals604-924-1076
Customer Service.....604-953-3040
Bus Information www.translink.ca604-953-3333
Cycle route information www.travelsmart.ca

SAFETY/INSTRUCTION

B.C. Bicycle Operators Manual order copy ..250-480-5155
.....or email at: bikesense@gvcc.bc.ca
Bike Smarts (A free ICBC resource
for teaching safe cycling to children).....604-661-2800
CANBIKE Adult course teaching skills for
cycling in traffic www.gonecycling.com

CYCLING CLUBS / ADVOCACY

Vancouver Bicycle Club www.vbc.bc.ca....604-733-3964
Cycling B.C. www.cyclingbc.net
Vancouver Area Cycling Coalition www.vacc.bc.ca
or604-878-8222
Better Environmentally Sound Transportation .604-669-2860
or www.best.bc.ca

WEATHER

Weather Information www.weatheroffice.ec.gc.ca
or604-664-9010

Please note: Other cities have bicycle maps. Consult blue pages in your telephone directory for more information.

Reminders

RULES OF THE ROAD: By law, cyclists on a road have the same rights and duties as the driver of a vehicle. Cyclists must obey all traffic signs and right-of-way rules, including traffic signals and stop signs.

KEEP OFF: By law, bicycles are not permitted on a sidewalk except as City signs indicate. In parks, some trails are designated for pedestrians only.

WEAR YOUR HELMET: By law, you must wear an approved bicycle safety helmet. Parents or guardians of persons under 16 are responsible for making sure they wear a helmet when cycling. Helmets reduce the risk of head injury when falling. Make sure your helmet fits snugly.

NIGHT TRAVEL: The law requires all bicycles used at night to have a lamp in front, and a red reflector and red lamp visible from behind. For added safety, wear bright clothing with light-reflective strips.

HAND SIGNALS: Use arm signals to indicate that you plan to change lanes, turn, slow down, or stop. Extend your left or right arm straight out horizontally to indicate a left or right turn, respectively. For slowing or stopping, extend your left arm out and down.

SHOULDER CHECK: Always look over your shoulder for traffic, pedestrians, or other obstacles before you change lanes or move into traffic.

STAY ALERT: Watch for car doors opening when you are riding next to a row of parked cars. If you see a door opening and don't have time to stop, use your bell or voice to warn the motorist. Also, never pass a car on the right, as the driver may not be able to see you.

KEEP RIGHT: Ride as near as practical to the right side of the roadway. You may want to occupy a full lane in narrow sections to make yourself more visible to motorists.

USE YOUR HANDS: Keep both hands on your handlebars for control. Carry things in a backpack, panniers, or a trailer.

SINGLE FILE: It is illegal to ride side-by-side on a road. Ride in single file at all times.

BE COURTEOUS: Many trails are intended for shared cyclist and pedestrian use: watch for other users (including skaters and scooters), travel at a safe speed, and yield the right-of-way to pedestrians.

Cycling to Get Around

Why should you cycle? With more and more automobiles crowding the road system every year, cycling offers a safe, convenient and affordable mode of transportation. Cycling is an alternative to getting into your single-occupant vehicle every morning, fighting your way through traffic, paying for gas, insurance, maintenance and car loans. Imagine getting onto your relatively inexpensive bicycle, enjoying a leisurely ride, getting to know your community better, and getting some exercise and stress relief at the same time. Cycling is, after all, the most energy-efficient mode of transportation.

One of the goals of the City of Burnaby Transportation Plan is that "Safe and convenient cycling facilities be provided as an alternative to the use of private vehicles". Council has consistently supported the expansion of the cycling network. We now have 145 kilometres of routes, and are adding about 10 kilometres every year.

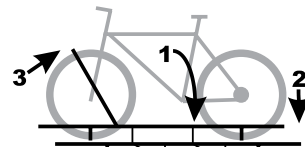
Bikes on Buses

If the trip is too long, or the hills are too steep, why not use the bus for part of the trip? Bikes are permitted on SeaBus, West Coast Express and every bus route in Burnaby. Bikes are also allowed on SkyTrain, except at Metrotown Station, with some restrictions.

HOW TO LOAD YOUR BIKE ON A BUS RACK

Each bus will accept two full-sized bikes. If you follow these steps you will be quickly and safely on board the bus with your bike mounted up front.

- Tell the driver you want to load your bike
- Lower the bike rack by pulling on the release handle - (1)
- Lift your bike onto the rack - (2)
- Lift the support arm up and over the front tire - (3)
- Sit at the front of the bus so you can keep an eye on your bike.
- When it is time to get off the bus, tell the driver that you need to remove your bike before you get off the bus, then exit the front door of the bus.
- Unload your bike.
- Raise the rack to the upright position.



Please be careful in loading and unloading your bike as you are the one responsible for your bike and your own safety.

For more information, check TransLink's web site at www.translink.ca or call them at 604-953-3333.

Beware of Bicycle Theft

There are some measures you can take to make it difficult for thieves to steal your bike.

A Good Lock: U-shaped locks offer the best protection from theft, but they are not impenetrable. Try to make sure that your U-lock is not loose by putting as much as possible into the lock (tires, frame, bike rack, etc.) which makes it more difficult to break open, and always lock your bike to a secure object.

Lock/Carry Detachable Items: Detachable items such as your seat, front wheel, lights, air pump, etc. should be locked up with your bike if possible (a cable lock can be useful for this) or carried with you. These items are very easy to take and can be expensive to replace.

Park in a Conspicuous Spot: Lock your bike in a well-lit location where there are lots of people around.

Be Prepared

We are fortunate in Burnaby to enjoy some of the mildest weather our country has to offer. But, it does come at a price, often in the form of rain. Over the wetter, winter months, it helps to have proper gear to keep you dry so that cycling can be an option for you even on the wettest of days. A breathable jacket and cycling pants are usually all that is needed to keep you dry.

You can purchase a liner or cover for your helmet to keep your head and neck dry, and shoe covers or waterproof socks are available to keep your feet and shoes dry. Waterproof gloves will keep your hands dry and allow you to keep a firm grip on the handlebars. Fenders and deflectors are also useful for wet weather cycling. They can help keep water and mud from spraying on your shoes, pants, up your back, or on your face.

Most importantly, remember that, just as in a car, wet roads are slippery roads. Allow yourself a longer braking distance on wet surfaces and always be extra cautious. It may take more time to reach your destination on rainy days, so be patient and plan accordingly.

Bike Maintenance

A well-maintained bike is key to safe cycling. Here are a few items you should check regularly to ensure your bicycle is at its best.

- Are your brakes operating properly?
- Are the handlebars and hand grips tight and properly adjusted?
- Are the wheels tight on the frame and fully trued?
- Is the seat tightened into place and adjusted for leg length?
- Is the chain tight?
- Are the tires in good repair and inflated properly?
- Does the front white light work? Does the rear red light work? Is there a red reflector?
- Are the pedals in good repair and turning freely?

PLEASE NOTE

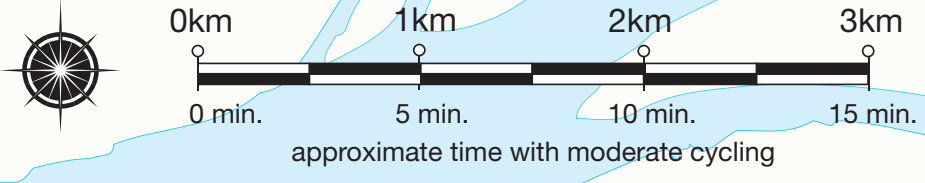
This map/brochure was prepared as a guide to cycling opportunities within the City of Burnaby. The City of Burnaby, its employees, officers, directors and representatives do not guarantee the accuracy of the information contained herein nor warrant the safety or fitness of any route, highway, road, street or designated cycling route shown on this map.



2011 Burnaby Bike Map

www.burnaby.ca/cycling

- Urban Trails
- Bikeways
- Shoulder Bike Lanes
- Wide Curb Lanes
- Connectors
- Hills (arrows point uphill)
 - moderate
 - steep
- SkyTrain Line and Station
- Bike Shop
- Bike Lockers
- School
- Drinking Fountain



COMMUNITY FACILITIES

- GALLERIES AND MUSEUMS**
 - 1 Burnaby Art Gallery
 - 2 Burnaby Arts Council
 - 3 Burnaby Village Museum
 - 4 Shadbolt Centre for the Arts
- LIBRARIES**
 - 5 Bob Prittie Metrotown Branch
 - 6 Cameron Branch
 - 7 Tommy Douglas Branch
 - 8 McGill Branch
- GOLF COURSES**
 - 9 Burnaby Mountain Golf Course
 - 10 Central Park Pitch and Putt
 - 11 Kensington Park Pitch and Putt
 - 12 Riverway Golf Course
- RECREATION AND COMMUNITY CENTRES**
 - 13 Alan Emmott Centre
 - 14 Bill Copeland Sports Centre
 - 15 Bonsor Recreation Complex
 - 16 Burnaby Lake Pavilion
 - 17 C.G. Brown Memorial Pool
 - 18 Cameron Recreation Complex
 - 19 Capitol Hill Hall
 - 21 Charles Rummel Centre
 - 22 Confederation Community Centre
 - 23 Creekside Youth Centre
 - 24 Eastburn Community Centre
 - 25 Edmonds Community Centre
 - 26 Edmonds Neighbourhood Resource Centre
 - 27 Eileen Dailly Leisure Pool and Fitness Centre
 - 28 Forest Grove Recreation Office
 - 29 Kensington Complex
 - 30 KRIB Youth Centre
 - 31 Lochdale Hall
 - 32 South Central Youth Centre
 - 33 Summit Youth Centre
 - 34 Swagard Stadium
 - 35 Wesburn Community Centre
 - 36 Willingdon Heights Community Centre
 - 37 Kensington Outdoor Pool
 - 38 Central Park Outdoor Pool
 - 39 McPherson Outdoor Pool
 - 40 Robert Burnaby Park Outdoor Pool

PREDOMINANT LAND USES

- Park and Open Space
- Single and Two Family Residential
- Multi Family Residential
- Commercial
- Industrial
- Institutional

TYPES OF ROUTES

- URBAN TRAILS** are usually asphalt trails, separated from roads and traffic, shared with in-line skaters, joggers and pedestrians.
- BIKEWAYS** are signed routes, usually on quieter residential streets.
- SHOULDER BIKE LANES** are paved shoulders on busier roads. They are usually marked with a bicycle logo on the pavement.
- WIDE CURB LANES** are busier roads which accommodate cycling through the provision of wider curb lanes. These routes are not signed.
- CONNECTORS** fill in some of the gaps in the "official" bike network. They are often popular with cyclists, but have no special accommodations for bicycle traffic. Personal judgement is required in determining whether a particular route is suitable for your skill level.

URBAN TRAILS

- BC Parkway
- Byrne Creek Urban Trail
- Burnaby Mountain Urban Trail
- Central Valley Greenway
- Deer Lake Parkway Urban Trail
- Drummond's Walk Urban Trail
- Glenlyon Urban Trail
- Gilmore Way Urban Trail
- Highland Park Line Trail
- Kensington Urban Trail
- Mission Urban Trail
- Southridge Urban Trail
- Trans Canada Trail
- Willingdon Urban Trail

BIKEWAYS

- Cariboo Bikeway
- Frances-Union Bikeway
- Lakes Bikeway
- Metrotown Bikeway
- Midtown Bikeway
- North-South Bikeway
- Sea to River Bikeway
- Southeast Bikeway
- Victory Bikeway
- SHOULDER BIKE LANES**
 - Barnet Road
 - Burnaby Mountain Parkway
 - Central Valley Greenway (Winston St)
 - Gagliardi Way
 - Lougheed Highway
 - Marine Way
 - Oakland Street