

WINTER 2024 **ACTIVITY GUIDE**

*New
WebReg
now available!*

Burnaby.ca/Active

BURNABY PARKS, RECREATION & CULTURE

WELCOME

Brighten up the grey winter days with fun-filled activities and create memories in your community. Our Winter Activity Guide offers a variety of activities for all ages. The City of Burnaby proudly provides options for every interest level, from one-day events to seasonal activities. Here's your chance to learn new skills, explore arts and heritage activities, support your health and fitness goals and meet community.

This winter season, be sure to visit the newest addition to the new Burnaby Art Gallery, the Barn Studio. The anticipation of the opening of Rosemary Brown in South Burnaby is a vital addition for the growing neighbourhood. This facility will include two NHL-sized rinks, a skate shop, an inviting outdoor rooftop patio and much more. It even has a warm-side arena viewing area for spectators to keep toasty while watching the action on the ice!

Construction is starting in 2024 on a new Cameron Recreation Centre designed to better meet the needs of northeast Burnaby's growing and changing population. While construction is underway, the Temporary Cameron Community Centre and Library will open in The City of Lougheed Shopping Centre. Additionally, the Confederation Seniors' Centre is closing and will be temporarily relocating to Christine Sinclair, starting in spring 2024.

Get ready for a winter full of exciting activities and new experiences in Burnaby!

Sav Dhaliwal

Councillor Sav Dhaliwal
Chair, Burnaby Parks, Recreation and Culture Commission

Parks, Recreation and Culture Commission Meeting

December 5, 2023 | City Hall Council Chambers

For more information, please call Legislative Services at 604-294-7290.

PARKS RECREATION AND CULTURE COMMITTEE

The City of Burnaby is announcing a new advisory body that will provide advice and make recommendations to Council on matters related to parks, recreation and culture services, programs and facilities in Burnaby. The new Parks, Recreation and Culture Committee will replace the Parks, Recreation and Culture Commission. This change will take effect starting in the new year.

The key functions of the Parks, Recreation and Culture committee will be:

- » to provide feedback on major parks, recreation and culture projects and initiatives as they are developed;
- » to provide a function of public engagement and feedback to general parks, recreation and culture operations;
- » to receive staff presentations and reports for information and feedback;
- » to receive reports and referrals from Council where additional information is sought;
- » to maintain contact with community groups and individuals and to ensure that community needs are reflected in parks, recreation and culture policy decisions; and
- » to consider and approve requests to appear as delegation.

The City of Burnaby would like thank all of the members of the Parks, Recreation and Culture Commission for their service and commitment to creating a community that we all want to live in and be in.

For more information, please contact Legislative Services at 604-294-7290
or legislativeservices@burnaby.ca



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REGISTRATION INFORMATION

Winter Registration A line-up numbering system in select facilities will start at 9 am, 1 hour before registration begins.

| Registration start time 10 am | Priority registration for Burnaby residents | | | | General registration for everyone | | |
|---|---|----------------------------|------------------------|--|--|---------------------|--|
| Start creating your Wish List today! Burnaby.ca/WebReg | Monday, December 4 | Tuesday, December 5 | Wednesday, December 13 | Thursday, December 21 | Friday, December 8 | Monday, December 18 | Friday, December 22 |
| | Recreation Activities (excluding swimming and skating lessons) | Arts & Heritage Activities | Swimming Lessons | Skating Lessons  | Recreation, Arts & Heritage Activities (excluding swimming and skating lessons) | Swimming Lessons | Skating Lessons  |

Reminder: Swim lesson participants can only register in one lesson set at a time. You may register your child for the next lesson set only after the completion of the lesson set they are currently registered in. Your child may be withdrawn from a swimming lesson set if registered in more than one lesson set per season.

HOW TO REGISTER

Online at [Burnaby.ca/WebReg](https://burnaby.ca/WebReg) or call or visit a facility.

The Burnaby Activity Guide is an easy reference for Burnaby's activities offerings. Use the barcodes in this guide to find activities in WebReg (our online registration system).

In July, we introduced a new online registration system, WebReg. This improved system makes it easier to view, find and register for activities to participate in and stay active and creative.

The easiest way to register is online at [Burnaby.ca/WebReg](https://burnaby.ca/WebReg). If you're using the online version of this guide, click on the activity to view a full description on WebReg.

Re-activate or sign up for an online account in advance of registration:

[Burnaby.ca/WebReg](https://burnaby.ca/WebReg)

For more information on how to use WebReg, cancellations and refunds:

[Burnaby.ca/HowToRegister](https://burnaby.ca/HowToRegister)

For information on financial assistance:

[Burnaby.ca/RecreationCredit](https://burnaby.ca/RecreationCredit)

Your personal information:

The personal information you provide during the registration process is collected and used under the authority of the Freedom of Information and Protection of Privacy Act s. 26(c) for the purpose of administering parks, recreation and culture activities, informing you of our services and benefits and for statistical purposes. If you have questions about the collection, use or disclosure of your personal information, please contact the admin office at 604-294-7450.

NEW! REFUND PROCEDURES

These changes include the introduction of a refund fee (10% of the original price), no refunds after the third class in a registered activity, and annual passes and select memberships are no longer refundable.

Some exceptions may apply.

Learn more: **[Burnaby.ca/Refunds](https://burnaby.ca/Refunds)**

FIND OUT MORE



Photo by Tonya Ng

NEW! Refund procedure

With new WebReg, there have been changes to the refund procedures.

A new refund procedure is in effect for registered activities. All drop-in activities and memberships purchased before July 18, 2023 are subject to the previous refund procedure.

You'll receive a full refund if the activity is cancelled or if you request a refund at least 7 days before the start of the activity. If your request comes less than 7 days before the activity starts, there is a 10% refund fee on the original price you paid.

After the activity has started, refunds are pro-rated accordingly to the number of sessions remaining and a 10% refund fee will be applied. No refunds will be granted after the third session has ended.




Note: There may be exceptions. Please check your receipt.
Learn more: Burnaby.ca/Refunds

Contact any recreation, arts or culture facility to request a refund.



Stay in the know

Be the first to find out about programs and activities at our recreation facilities. Sign up for eNews at Burnaby.ca/eNews, or follow us on:

 [recreationburnaby](https://www.facebook.com/recreationburnaby)
 [@burnabyparksrec](https://twitter.com/burnabyparksrec)
 [burnabyrecreation](https://www.instagram.com/burnabyrecreation)



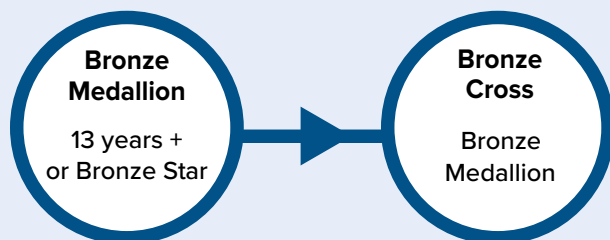
Venue rentals

Planning a special event or celebration? Find out more about renting our wide variety of recreation and outdoor spaces at Burnaby.ca/Rentals

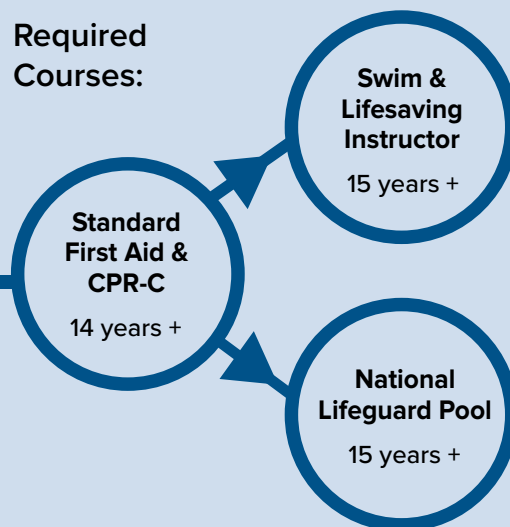
Dive in – Become a lifeguard

Do you enjoy working with people, being a role model and having fun in the water? Get certified to become a lifeguard and swim instructor with us! Well-trained lifeguards and swim instructors are in high demand.

Prerequisite:



Required Courses:



Learn more:
Burnaby.ca/Lifeguard



Happy Holidays

from the City of Burnaby

Burnaby Village Museum

Heritage Christmas

presented by **CONCORD PACIFIC**

Come experience Heritage Christmas presented by Concord Pacific at Burnaby Village Museum. Enjoy the special atmosphere of festive lights and the traditional decorations. Wander the museum's 10 acre venue and take in all the seasonal entertainment, demonstrations and activities.

Enjoy a meal or treat at the new Mai's Cafe, formerly the Ice Cream Parlour, or other offerings from food trucks.

Gate admission is FREE. Carousel rides are \$2.52 or a Baker's Dozen (13 rides) for \$30.24. Prices do not include tax.

6501 Deer Lake Ave | 604-297-4565
BurnabyVillageMuseum.ca

Hours

Nov 25-Dec 17, 2023

Monday-Friday 1-5:30 pm
(*Dec 4, 1-4 pm)

Saturday-Sunday, 1-9 pm

Dec 18, 2023-Jan 5, 2024

Daily, 1-9 pm

(closed Dec 24 & 25)

Bright in Burnaby

Saturday, December 2, 2023
5-9 pm

Special tree lighting ceremony at 6 pm to officially launch Heritage Christmas. Proceeds during Bright in Burnaby night from the carousel rides will go to the Burnaby Christmas Bureau with Concord Pacific matching the donations.



Holiday Light Display

Enjoy Burnaby's bright lights this holiday season! From Burnaby's parks and public spaces to your own front yard... the city is sure to be decked out in a joyous celebration of light, colour and festive spirit for the holidays.

Starting late November, visit Burnaby.ca/HolidayLights for a complete map and details of the City's light displays!



Edmonds Festival of Lights

Saturday, November 25
2:30-5:30 pm

Visit with Santa and enjoy festive music, hot chocolate and holiday crafts with your family. One lucky child will help the Mayor light up the huge tree.

Edmonds Community Centre
7433 Edmonds Street



Visit Burnaby.ca/HolidayFun for more details on events and activities happening this holiday season.

Check us out on social:
f X @ [cityofburnaby](https://www.cityofburnaby.ca)





For up to date
facility hours and
addresses, visit
[Burnaby.ca/
Centres](http://Burnaby.ca/Centres)

Be active with just one card! Burnaby.ca/BeActivePass

As part of our new WebReg online activity registration system, we are excited to introduce additional features to our Be Active Pass with new age categories, payment options, and access to more activities with just one card.

» Now more drop-in activities to participate in: public skating, toonie skate, family skate, parent and tot skate*, family hockey, public indoor/outdoor swims, loonie swim, family swim, Aquafit, steam room, saunas and whirlpool, weight room, group fitness, yoga, pilates, indoor cycling, gym sports, squash/racquetball, and table tennis.

» Stay active all year long! Monthly payments are now available with our annual pass.

*skate rental included

With your Be Active Pass, enjoy unlimited access to:

- » Zumba®, group fitness, drop-in gym sports, yoga and pilates classes
- » Weights and cardio equipment
- » Aquafit classes at indoor pools
- » Indoor cycling classes
- » Public swim, loonie swim, family swim at indoor and outdoor pools (access to the outdoor pools is year round with the Be Active pass.)
- » Steam rooms, saunas and whirlpools
- » Public, toonie, hockey and family skating
- » Access to squash, racquetball and table tennis

Purchase your adult **Be Active Pass** membership online at Burnaby.ca/WebReg

Be Active Pass

| | Annual | Annual (monthly payment) | 1 Month | 10 Visit | Day pass |
|--------------------------|----------|-----------------------------|---------|----------|----------|
| Senior (65 yrs+) | \$315.36 | \$26.28 | \$44.70 | \$44.70 | \$4.97 |
| Adult (26-64 yrs) | \$421.92 | \$35.16 | \$59.60 | \$59.60 | \$6.62 |
| Youth (15-25 yrs) | \$315.36 | \$26.28 | \$44.70 | \$44.70 | \$4.97 |
| Child (5-14 yrs) | \$210.24 | \$17.52 | \$29.70 | \$29.70 | \$3.30 |
| Tot (0-4 yrs) | No fee | No fee | No fee | No fee | No fee |

Weight training 14 years & up

Use your **Be Active Pass** and enjoy unlimited access to our weight rooms and more.

For a listing of equipment at each facility and hours, visit Burnaby.ca/Weights

Need an orientation? Weight room supervisors provide a general overview of how to use the equipment, weight room etiquette and answer your health-related questions. Call to book an appointment at the weight room of your choice. Burnaby.ca/Centres



WHAT'S NEW

New! Online activity registration system

Re-activate your account and explore activities.

Note: With our new WebReg system, the City will be sending email communications from CityofBurnaby@active.com

**Spend less
time online
and more time
being creative.**



Learn more: Burnaby.ca/WebReg



HARMONY FOR ALL

Getting instruments into the hands of our community

INSTRUMENT LENDING PROGRAM

The Harmony for All instrument lending program makes it possible for you to borrow an instrument for free!

Choose from many different instruments including acoustic and electric guitars and basses, drum kits, saxophones, clarinets, flutes, trumpets, trombones, violins and accordions.

MUSIC EDUCATION GRANTS

The scholarship supports Burnaby residents aged 0-25 experiencing financial barriers to participation. This funding is for City of Burnaby Recreation Credit clients.

Successful applicants will be able to take seasonal group lessons at Bonsor, Edmonds and the Shadbolt Centre for the Arts.



Visit the Harmony for All website to access the online application forms.

Burnaby.ca/HarmonyForAll

shadbolt for
the arts
centre



OUTDOOR ACTIVITIES

Phone 604-294-7224. Activities subject to change. Prices do not include tax. Additional fees may apply. Register at Burnaby.ca/WebReg or phone any recreation facility.

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|--|-----------|--------|---------------------------|----------|---------|
| Burnaby Lake Sports Complex - West | | | | | |
| Child | | | | | |
| Beaver Buddies | 3-5 yrs | Mar 9 | Sa, 10-11:30am (1) | \$13.35 | 20017 |
| Beaver Buddies | 3-5 yrs | Mar 9 | Sa, 1-2:30pm (1) | \$13.35 | 20018 |
| Adult | | | | | |
| Intro to Backpacking | 16 yrs+ | Mar 9 | Sa, 9:30am-12:30pm (1) | \$20.25 | 16772 |
| Byrne Creek | | | | | |
| Child | | | | | |
| Spring Break Byrne Creek Outdoor Camp | 6-12 yrs | Mar 25 | M-Th, 9am-3pm (4) | \$176.65 | 20585 |
| Spring Break Byrne Creek Outdoor Camp 1:1 Support* | 6-12 yrs | Mar 25 | M-Th, 9am-3pm (4) | \$176.65 | 20586 |
| Deer Lake Park | | | | | |
| Child | | | | | |
| Pro-D Day: Trail Blazers | 8-12 yrs | Feb 16 | F, 9am-3pm (1) | \$44.15 | 16339 |
| Spring Break Camp: Deer Lake | 6-11 yrs | Mar 18 | M-F, 9am-3pm (5) | \$202.50 | 16367 |
| Spring Break Camp: Deer Lake | 6-11 yrs | Mar 25 | M-Th, 9am-3pm (4) | \$162.00 | 16371 |
| Trail Blazers: Homelearners | 7-12 yrs | Mar 14 | Th, 10am-2pm (1) | \$27.00 | 16773 |
| Multi-age | | | | | |
| Family Day Hike | 6 yrs+ | Feb 17 | Sa, 10am-noon (1) | \$2.00 | 16774 |
| RCABC Canoe Instructor Course | 16 yrs+ | Mar 16 | Su, M, F, Sa, 9am-4pm (8) | \$800.00 | 16397 |
| Edmonds Park | | | | | |
| Multi-age | | | | | |
| Mason Bee Hotels: Adult Participation | 3 yrs+ | Mar 23 | Sa, 10am-noon (1) | \$30.00 | 19217 |
| Spring Wreath | 3 yrs+ | Mar 30 | Sa, 10am-noon (1) | \$30.00 | 18832 |
| Warner Loat Park | | | | | |
| Child | | | | | |
| Camp Madawaska: Spring Break | 6-12 yrs | Mar 18 | M-F, 9:30-3:30pm (5) | \$220.80 | 20514 |
| Camp Madawaska: Spring Break 1:1 Support* | 6-12 yrs | Mar 18 | M-F, 9:30-3:30pm (5) | \$220.80 | 20523 |
| Outdoor Adventure Club | 8-12 yrs | Feb 9 | F, 3:30-5pm (4) | \$40.50 | 16192 |
| Outdoor Adventure Club: Homelearners | 7-12 yrs | Feb 9 | F, 12:30-2:30pm (4) | \$54.00 | 16193 |
| Outdoor Explorers: Investigators | 3-6 yrs | Feb 23 | F, 9:45-11:45am (4) | \$54.00 | 16198 |
| Youth | | | | | |
| Spring Break Camp Madawaska (Leadership) | 11-14 yrs | Mar 18 | M-F, 10am-4pm (5) | \$220.80 | 19742 |



Hike Hike Baby!

1-23 months

\$2.00 per session

Get outdoors and introduce your child to the joy of hiking. You and your baby will bond while taking in the beautiful scenery, and getting plenty of fresh air which naturally promotes early language development and healthy sleep.

No hiking experience necessary. Child must be comfortably non-mobile for the program.

| | | | |
|----------------------------------|--------|-------------------|-------|
| Deer Lake Park | Feb 7 | W, 10-11:30am (1) | 16194 |
| Byrne Creek Ravine Park | Feb 14 | W, 10-11:30am (1) | 16195 |
| Confederation Park | Feb 21 | W, 10-11:30am (1) | 16196 |
| Stoney Creek | Feb 28 | W, 10-11:30am (1) | 16197 |
| Brunette River Conservation Area | Mar 6 | W, 10-11:30am (1) | 20515 |
| Burnaby Mountain - Mountain Air | Mar 13 | W, 10-11:30am (1) | 20516 |

COMMUNITY ACTIVITIES

Activities subject to change. Prices do not include tax. Additional fees may apply. Register at Burnaby.ca/WebReg or phone any recreation facility.

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|---|--------------|--------|----------------------|----------|---------|
| Forest Grove Elementary School Phone 604-297-4529 | | | | | |
| Preschool | | | | | |
| Busy Bees: Adult Participation* | 10 mos-5 yrs | Jan 19 | F, 9:30-11am (8) | \$68.40 | 19956 |
| Play to Learn Preschool | 3-5 yrs | Jan 8 | M, 9:30-11:30am (8) | \$116.00 | 18506 |
| Play to Learn Preschool | 3-5 yrs | Jan 10 | W, 9:30-11:30am (10) | \$145.00 | 18507 |
| Maywood Community School - North Wing Phone 604-297-4572 | | | | | |
| Preschool | | | | | |
| Play to Learn Preschool | 3-5 yrs | Jan 19 | F, 1-2:45pm (8) | \$101.50 | 21451 |
| Second Street Community School - Portable Phone 604-297-4831 | | | | | |
| Preschool | | | | | |
| Play to Learn Preschool | 3-5 yrs | Jan 16 | Tu, 9:30-11:30am (9) | \$130.50 | 19138 |
| Play to Learn Preschool | 3-5 yrs | Jan 18 | Th, 9:30-11:30am (9) | \$130.50 | 19137 |
| Stride Community School - Portable Phone 604-297-4831 | | | | | |
| Preschool | | | | | |
| Play to Learn Preschool | 3-5 yrs | Jan 15 | M, 9:30-11:30am (7) | \$101.50 | 19139 |
| Play to Learn Preschool | 3-5 yrs | Jan 17 | W, 9:30-11:30am (9) | \$130.50 | 19136 |
| University Highlands Elementary School Phone 604-297-4529 | | | | | |
| Preschool | | | | | |
| Cooking Time for Toddlers: Adult Participation | 17 mos-3 yrs | Jan 19 | F, 9:30-11am (8) | \$106.60 | 19953 |
| Play to Learn Preschool | 3-5 yrs | Jan 8 | M, 9:30-11:30am (9) | \$130.50 | 18509 |
| Play to Learn Preschool | 3-5 yrs | Jan 10 | W, 9:30-11:30am (10) | \$130.50 | 18510 |
| Wesburn Community Centre Phone 604-297-4572 | | | | | |
| Preschool | | | | | |
| Busy Bees: Adult Participation* | 10 mos-5 yrs | Jan 9 | Tu, 10-11:30am (8) | \$68.40 | 19129 |
| Play to Learn Preschool | 3-5 yrs | Jan 10 | W, 9:30-11:30am (8) | \$116.00 | 19140 |
| Outdoor Science Adventures: Adult Participation | 3-5 yrs | Jan 20 | Sa, 11am-noon (5) | \$36.25 | 19193 |
| Outdoor Science Adventures: Adult Participation | 3-5 yrs | Jan 20 | Sa, 12:30-1:30pm (5) | \$36.25 | 19192 |
| Early Years | | | | | |
| Cooking Time for Toddlers: Adult Participation | 17 mos-3 yrs | Jan 18 | Th, 9:30-11am (8) | \$106.80 | 19146 |
| Toddler Build & Play: Adult Participation | 1½-3½ yrs | Jan 19 | F, 9:30-11am (8) | \$68.40 | 19162 |
| Child | | | | | |
| Burnaby Spring Break Camp | 5-11 yrs | Mar 18 | M-F, 9am-3pm (5) | \$157.50 | 19173 |
| Burnaby Spring Break Camp | 5-11 yrs | Mar 25 | M-F, 9am-3pm (5) | \$157.50 | 19170 |
| Burnaby Spring Break Camp 1:1 Support** | 5-11 yrs | Mar 25 | M-F, 9am-3pm (5) | \$157.50 | 18955 |
| Youth | | | | | |
| Babysitter's Training | 11-15 yrs | Jan 15 | M, 3:15-4:45pm (8) | \$89.90 | 19113 |



*Half price for the second child in the same family. Phone or in-person registration only.

**Note: 1:1 spots are for children that have accessibility needs.



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

55+ Pricing varies based on activity, age and membership. Visit Burnaby.ca/WebReg and click on the activity for additional fee information.

Crafts

| | | | | | |
|--|---------|-------|------------------|---------|-------|
| Get Crafty: Valentines Day Card Making | 55 yrs+ | Feb 8 | Th, noon-2pm (1) | \$25.00 | 15899 |
|--|---------|-------|------------------|---------|-------|

Day Trips

| | | | | | |
|---|---------|--------|------------------------|---------|-------|
| A Day on Granville Island (Vancouver) | 55 yrs+ | Mar 8 | F, 10am-4pm (1) | \$20.97 | 18041 |
| Bloedel Conservatory (Vancouver) | 55 yrs+ | Mar 21 | Th, 10am-2:30pm (1) | \$30.68 | 18021 |
| Cypress Mountain Snowshoeing (North Vancouver) | 55 yrs+ | Feb 24 | Sa, 9am-5pm (1) | \$81.50 | 18191 |
| Let's do Lunch: Gillnetter Pub (Port Coquitlam) | 55 yrs+ | Jan 16 | Tu, 10:30am-2:30pm (1) | \$19.53 | 18032 |
| Tsawwassen Mills Mall | 55 yrs+ | Feb 9 | F, 10am-4pm (1) | \$23.38 | 18034 |

Martial Arts

| | | | | | |
|------------------------------------|---------|--------|--------------------|---------|-------|
| Martial Gym for Functional Fitness | 55 yrs+ | Jan 16 | Tu, 11am-noon (11) | \$58.45 | 15875 |
|------------------------------------|---------|--------|--------------------|---------|-------|

Special Events & Holiday Activities

| | | | | | |
|--------------------|---------|--------|------------------|--------|-------|
| Munchies & a Movie | 55 yrs+ | Jan 28 | Su, 2:30-5pm (1) | \$5.00 | 15877 |
| Munchies & a Movie | 55 yrs+ | Feb 18 | Su, 2:30-5pm (1) | \$5.00 | 15878 |
| Munchies & a Movie | 55 yrs+ | Mar 24 | Su, 2:30-5pm (1) | \$5.00 | 15879 |

Visual Arts

| | | | | | |
|--|---------|--------|---------------------|---------|-------|
| Get Crafty: Winter Landscape Painting workshop | 55 yrs+ | Jan 25 | Th, noon-2pm (1) | \$27.10 | 15898 |
| Oil Painting: Beginner | 55 yrs+ | Jan 16 | Tu, 9:30am-noon (5) | \$80.50 | 17727 |
| Oil Painting: Intermediate | 55 yrs+ | Feb 20 | Tu, 9:30am-noon (5) | \$80.50 | 17728 |

Yoga

| | | | | | |
|--------------------------|---------|--------|----------------------|---------|-------|
| Active Aging: Chair Yoga | 55 yrs+ | Jan 18 | Th, 9:30-10:30am (6) | \$55.00 | 18173 |
| Active Aging: Chair Yoga | 55 yrs+ | Feb 29 | Th, 9:30-10:30am (5) | \$45.85 | 18182 |

Adult

Group Fitness

| | | | | | |
|-------------------------------|---------|--------|----------------------|---------|-------|
| Active Aging: Cardio Drumming | 40 yrs+ | Jan 16 | Tu, 12:15-1:15pm (7) | \$50.45 | 15848 |
| Active Aging: Gentle Yoga | 40 yrs+ | Jan 18 | Th, 12:30-1:45pm (6) | \$55.00 | 16291 |
| Active Aging: Gentle Yoga | 40 yrs+ | Feb 29 | Th, 12:30-1:45pm (5) | \$45.85 | 16295 |

BONSOR 55+ SOCIETY ACTIVITIES

Phone 604-297-4597. Bonsor I - Main Building
Phone 604-297-4580. Bonsor II - 55+ Centre



55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in programs and activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. For only \$20.30 a year, access one centre of your choice. For only \$50.75 a year, access all four seniors' centres.

Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a lifetime membership. Please call your local centre for details.

Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

Health Services Throughout the City

Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

A Bonsor 55+ Membership is required to attend Bonsor 55+ Society Activities (unless non-member fee is listed).

| | | |
|--|---|-----------------------------------|
| Arts & Crafts | B.E.A.R.S. Craft Club (Bonsor II) This group of crafters makes handmade items to sell at fairs and events. Group fees apply. | Fridays, 10am-noon |
| | Chinese Calligraphy (Bonsor II) The traditional art of writing Chinese characters. Our volunteer instructor teaches you how to write Chinese characters with a Chinese brush and ink. Some supplies may be needed. \$10 annual fee. | Mondays: 9:30-11am |
| | Open Studio Time (Bonsor II) Come share a space with other artistic individuals as you work on your own visual art projects. Group fees apply. | Tuesdays, 1:45-3:45pm |
| Active Games Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit. | Bingo (Bonsor II) \$0.25 per card | Wednesdays, 2-4pm |
| | Bridge - Duplicate (Bonsor II). A more competitive style of Bridge. Bridge - American Standard (Bonsor II) This is an Intermediate Level group, using American Standard 5 Card Major rules with the focus of practicing bridge skills and through non-competitive bridge play. Some playing experience is desirable, but you don't need to be an expert to join us. We encourage additional players to come and try out our group. | Mondays, 1-4pm Tuesdays, 1-4pm |
| | Mah Jong (Bonsor II) Mahjong is a traditional Chinese tiles games with 4 players on each table. Both Hong Kong mahjong (with 13 tiles per player), or Taiwanese mahjong (with 16 tiles per player) are offered. Mahjong helps to motivate people by interaction, to strengthen memorization during the games, and to reduce dementia. \$25 annual fee. | Mondays, 3:30-9pm |

BONSOR 55+ SOCIETY ACTIVITIES

Phone 604-297-4597. Bonsor I - Main Building
Phone 604-297-4580. Bonsor II - 55+ Centre

A Bonsor 55+ Membership is required to attend Bonsor 55+ Society Activities (unless non-member fee is listed). Membership pricing is on page 11.

| | | |
|--|---|--|
| Dance | Social Dance (Bonsor I) A fun social dance (including ballroom, Latin and other dancing) with a live band playing. Light refreshments included. Drop-in: \$6.00 Bonsor 55+ member, \$8.00 non-member | Live Music: Thursdays, 7-9:45pm |
| | Social Line Dance (Bonsor II) Volunteers lead the group in a mix of line dance. \$40.00 yearly fee. | Wednesdays, 1-5pm Fridays, 12:30-3pm |
| | Ballroom Dance (Bonsor I) Dance the afternoon away to recorded, international ballroom music. A great opportunity to practice your steps. Drop-in: \$2.00 Bonsor 55+ member, \$4.00 non-member | Mondays, 1:45-3:45pm Wednesdays, 1:45-3:45pm |
| | Practice Line Dance (Bonsor II) A volunteer leads this lively group as they practice various line dances. No fee, but members must be registered in one of the line dance classes to take part. Drop-in runs when classes are in session. | Beginner & Intermediate, Thursdays, 1-3pm |
| Fitness | Tai Chi - Yang Style (Bonsor II) Additional fees apply. | Tuesdays, 1:30-3:30pm Fridays, 9am-10:45am |
| | Tai Chi - Double Yang Style (Bonsor II) Double-Yang Style Tai Chi is a traditional Chinese martial art that has evolved over hundreds of years. The exercise combines qi-gong (for correct breathing rhythm) and Tai Chi to stimulate energy flow through the body, enhance agility, balance and resilience, and sustain general physical and mental well-being. Our Group is open to anyone who is aged 55 and over. Additional fees apply. | Tuesdays, 8:30am-10:30am Fridays, 8:30am-10:45am Saturdays 9am-11am |
| | Seniors Only Weightroom (Bonsor I) The weight room is reserved for seniors 55 years of age and older with an active Bonsor 55+ Membership. A Be Active Membership or drop-in fee is also needed to use the Weight Room. | Mondays, Wednesdays and Fridays, 10:30am-11:30am (excluding Statutory Holidays) |
| Music | Choir (Bonsor I) A SATB (soprano, alto, tenor, bass) mixed voice choir for adults 55+. New members welcomed as openings become available. \$10 annual fee. | Fridays, 1-3pm |
| | Sing-along (Bonsor I) Enjoy this friendly social gathering and sing all your favourites. Includes the playing of instruments, dancing and refreshments. Can sing solo. \$10 annual fee. | Every other Thursday 12:45-2:45pm |
| | Karaoke (Bonsor II) Want to be a singing queen or king? Bring your own discs; any language welcome. Join this social group for singing. Yearly group fee applies. 55+ membership required. | Sundays, noon-5pm |
| Social Activities Spend time with others who share your interests! For specific details, call the centre where each group meets. | Computer Open Lab (Bonsor II) A great opportunity to come have your electronics-related questions answered. Volunteers work with you to try to solve your computer, phone and tablet-related problems. Word processing, Internet, e-mail and photo management are examples of topics this group is helpful for. \$1.00 Bonsor | Tuesdays, noon-3pm |
| | Baking Group (Bonsor I) We bake muffins and cookies to be sold at the Bonsor 55+ Society's Coffee Bar at the Bonsor 55+ Centre. For more information, please call 604-297-4587. | Fridays, 8:30am-noon |
| Sports & Games | Snooker (Bonsor II) Enjoy a friendly game of snooker on one of our fine tables —someone is usually available for a game. Check the snooker board for league play and tournament dates. \$50.00 full year, \$25.00 half year. | Tables available during 55+ centre hours. |
| | Badminton (Bonsor I) All levels welcome. Bring your own racquet and be prepared to help with set-up and take-down of equipment. Each member must be registered. There are no drop-ins. Contact centre for details. Group fees apply. | Mondays, 8:30am-12:30pm Tuesdays, 8:30am-12:30pm Thursdays, 8:30am-12:30pm Fridays, 8:30am-12:30pm |
| | Table Tennis (Bonsor II) Contact centre for details. Group fees apply. | Mondays, 8:40am-2:50pm Tuesdays, 4:30-8:50pm Wednesdays, 8:40-10:50am Thursdays, 8:40-10:50am Saturdays, 9:10am-4:50pm |

ACTIVITY **AGE** **STARTS** **TIME (Sessions)** **PRICE** **BARCODE**

55+ Pricing varies based on activity, age and membership. Visit Burnaby.ca/WebReg and click on the activity for additional fee information.

Dance

| | | | | | |
|--|---------|--------|-------------------------|---------|-------|
| Ballroom Dance: Foxtrot, Rumba and Salsa | 55 yrs+ | Jan 12 | F, 11:30am-12:30pm (10) | \$64.40 | 17718 |
| Belly Dance Beginner | 55 yrs+ | Jan 16 | Tu, 11am-noon (9) | \$57.95 | 17719 |
| Line Dance: Beginner | 55 yrs+ | Jan 15 | M, 10-11:30am (8) | \$77.25 | 17720 |
| Line Dance: Beginner Plus | 55 yrs+ | Jan 17 | W, 9:15-10:30am (9) | \$72.45 | 17721 |
| Line Dance: Intermediate | 55 yrs+ | Jan 17 | W, 10:45am-12:15pm (9) | \$86.95 | 17722 |
| Line Dance: Intermediate Plus | 55 yrs+ | Jan 26 | F, 10-11:15am (8) | \$64.40 | 17723 |

Adult

Adapted Activities

| | | | | | |
|-----------------------------------|---------|--------|--------------------|----------|-------|
| Music Explorations: Adapted | 18 yrs+ | Jan 15 | M, 6:45-7:30pm (8) | \$69.52 | 17920 |
| Sports Mania: Adapted | 18 yrs+ | Jan 18 | Th, noon-1pm (9) | \$22.68 | 17939 |
| Stepping Out on the Town: Adapted | 18 yrs+ | Jan 19 | F, 6:30-9pm (9) | \$114.75 | 17960 |

Ceramics

| | | | | | |
|-------------------------|---------|--------|--------------------|---------|-------|
| Ceramics: Flower Vase | 16 yrs+ | Mar 3 | Su, 9-11am (2) | \$39.25 | 18986 |
| Clay: Hand-Building | 16 yrs+ | Jan 7 | Su, 9:30-11am (7) | \$99.90 | 18957 |
| Clay: Hand-Building | 16 yrs+ | Jan 22 | M, 6-7:30pm (7) | \$99.90 | 18807 |
| Sculpture: Beginners | 16 yrs+ | Jan 15 | M, 8-9:30pm (7) | \$99.90 | 18809 |
| Sgraffito Night: Cups | 16 yrs+ | Feb 2 | F, 6:30-8:30pm (2) | \$39.25 | 18880 |
| Sgraffito Night: Plates | 16 yrs+ | Mar 1 | F, 6:30-8:30pm (2) | \$39.25 | 18882 |

Dance

| | | | | | |
|------------------------------|---------|--------|-------------------------|----------|-------|
| Ballet: Beginner | 16 yrs+ | Jan 17 | W, 7:20-8:20pm (8) | \$68.50 | 19198 |
| Burlesque Jazz Mid-Term | 16 yrs+ | Jan 9 | Tu, 7:20-8:20pm (17) | \$180.50 | 18820 |
| Contemporary Jazz Mid-Term | 16 yrs+ | Jan 9 | Tu, 6:15-7:15pm (17) | \$180.50 | 18815 |
| Hip Hop | 16 yrs+ | Jan 13 | Sa, 9:15-10:15am (8) | \$68.50 | 19209 |
| Jazz: Beginner Mid-Term | 16 yrs+ | Jan 15 | M, 6:15-7:15pm (14) | \$154.85 | 18773 |
| Jazz: Continuing Mid-Term | 16 yrs+ | Jan 25 | Th, 6:55-7:55pm (15) | \$163.40 | 19203 |
| K-Pop: Beginner | 16 yrs+ | Jan 13 | Sa, 4:10-5:10pm (8) | \$68.50 | 18914 |
| K-Pop: Beginner Mid-Term | 16 yrs+ | Jan 17 | W, 7:25-8:25pm (16) | \$171.95 | 18921 |
| K-Pop: Intermediate | 16 yrs+ | Jan 13 | Sa, 5:15-6:15pm (8) | \$68.50 | 18915 |
| K-Pop: Intermediate Mid-Term | 16 yrs+ | Jan 17 | W, 8:30-9:30pm (16) | \$171.95 | 18926 |
| Tap for Complete Beginners | 40 yrs+ | Jan 11 | Th, 10-11am (9) | \$77.05 | 19199 |
| Tap: Beginner | 16 yrs+ | Jan 11 | Th, 7:15-8:15pm (9) | \$77.05 | 19207 |
| Tap: Continuing | 40 yrs+ | Jan 11 | Th, 11:05am-12:05pm (9) | \$77.05 | 19200 |



Plan ahead for all our upcoming events.
Learn more: Burnaby.ca/Events



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|--|---------|--------|---------------------------|----------|---------|
| <i>Adult</i> | | | | | |
| Group Fitness | | | | | |
| Active Aging: Balance & Stability | 40 yrs+ | Jan 16 | Tu, 10:45-11:45am (7) | \$50.45 | 15874 |
| Active Aging: Balance & Stability | 40 yrs+ | Jan 24 | W, 1:30-2:30pm (8) | \$57.30 | 15882 |
| Active Aging: Get Up & Go! | 40 yrs+ | Jan 9 | Tu, Th, 1:45-2:45pm (24) | \$142.08 | 17858 |
| Active Aging: Intro to Total Body Conditioning | 40 yrs+ | Jan 15 | M, 10:30-11:30am (6) | \$43.25 | 15876 |
| Active Aging: Zumba® Gold | 40 yrs+ | Jan 24 | W, 2:45-3:45pm (8) | \$57.70 | 15884 |
| Barre Fitness | 14 yrs+ | Jan 17 | W, 1:15-2:15pm (7) | \$64.19 | 17843 |
| Fitness for Parkinsons Disease | 19 yrs+ | Jan 11 | Th, 11am-noon (5) | \$28.75 | 17864 |
| Fitness for Parkinsons Disease | 19 yrs+ | Feb 15 | Th, 11am-noon (5) | \$28.75 | 17861 |
| Osteo for Life | 40 yrs+ | Jan 9 | Tu, Th, 12:30-1:30pm (24) | \$142.08 | 17859 |
| TRX® Suspension Training | 14 yrs+ | Jan 6 | Sa, 12:45-1:45pm (6) | \$55.02 | 17146 |
| TRX® Suspension Training | 14 yrs+ | Jan 11 | Th, 12:30-1:30pm (6) | \$55.02 | 17144 |
| TRX® Suspension Training | 14 yrs+ | Feb 17 | Sa, 12:45-1:45pm (6) | \$55.02 | 17147 |
| TRX® Suspension Training | 14 yrs+ | Feb 22 | Th, 12:30-1:30pm (6) | \$55.02 | 17145 |
| Weight Training for Healthy Bones | 40 yrs+ | Jan 10 | W, 1:15-2:15pm (4) | \$37.92 | 17730 |
| Weight Training for Healthy Bones | 40 yrs+ | Feb 14 | W, 1:15-2:15pm (4) | \$37.92 | 17731 |
| Indoor Cycling | | | | | |
| Cycle to the Barre | 14 yrs+ | Jan 15 | M, 12:30-1:30pm (5) | \$45.85 | 17852 |
| Cycle to the Barre | 14 yrs+ | Feb 26 | M, 12:30-1:30pm (5) | \$45.85 | 17853 |
| Racquet Sports | | | | | |
| Badminton Lessons: Adult Beginner / Intermediate | 19 yrs+ | Jan 10 | W, 8:30-9:45pm (10) | \$168.00 | 18007 |
| Badminton Lessons: Adult Intermediate / Advance | 19 yrs+ | Jan 10 | W, 8:30-9:45pm (10) | \$168.00 | 18010 |
| Swimming | | | | | |
| Adult 1 | 14 yrs+ | Jan 8 | M, 6:15-7pm (9) | \$78.60 | 19609 |
| Adult 1 | 14 yrs+ | Jan 9 | Tu, Th, 7:15-8pm (10) | \$87.00 | 19611 |
| Adult 1 | 14 yrs+ | Jan 10 | W, 6:45-7:30pm (9) | \$78.60 | 19610 |
| Adult 1 | 14 yrs+ | Jan 12 | F, 7:30-8:15pm (10) | \$87.00 | 19614 |
| Adult 1 | 14 yrs+ | Jan 12 | F, 8:15-9pm (10) | \$87.00 | 19613 |
| Adult 1 | 14 yrs+ | Feb 6 | Tu, Th, 7:15-8pm (10) | \$87.00 | 19612 |
| Adult 2 | 14 yrs+ | Jan 8 | M, 6:15-7pm (9) | \$78.60 | 19615 |
| Adult 2 | 14 yrs+ | Jan 9 | Tu, Th, 7:15-8pm (10) | \$87.00 | 19617 |
| Adult 2 | 14 yrs+ | Jan 10 | W, 6:45-7:30pm (9) | \$78.60 | 19616 |
| Adult 2 | 14 yrs+ | Jan 12 | F, 7:30-8:15pm (10) | \$87.00 | 19619 |
| Adult 2 | 14 yrs+ | Feb 6 | Tu, Th, 7:15-8pm (10) | \$87.00 | 19618 |
| Visual Arts | | | | | |
| Creative Smartphone Photography | 16 yrs+ | Jan 8 | M, 6:15-7:30pm (6) | \$64.20 | 19212 |
| Paint Night: Aurora Lights | 16 yrs+ | Jan 26 | F, 6:30-8:30pm (1) | \$22.70 | 18886 |
| Paint Night: Sunset Balloon Ride | 16 yrs+ | Feb 23 | F, 6:30-8:30pm (1) | \$22.70 | 18890 |
| Paint Night: Gingerbread House | 16 yrs+ | Jan 12 | F, 6:30-8:30pm (1) | \$22.70 | 18884 |
| Paint Night: Shamrocks and Rainbows | 16 yrs+ | Mar 22 | F, 6:30-8:30pm (1) | \$22.70 | 18892 |
| Watercolour: An Introduction | 16 yrs+ | Jan 17 | W, 8-9:30pm (8) | \$112.70 | 19154 |
| Weight Training | | | | | |
| Weight Training 1 for Females | 16 yrs+ | Feb 24 | Sa, 10-11:15am (6) | \$71.10 | 17733 |
| Weight Training: Beginner | 16 yrs+ | Jan 13 | Sa, 10-11:15am (6) | \$71.10 | 17677 |
| Weight Training: Beginner | 16 yrs+ | Feb 7 | W, 5-6:15pm (6) | \$71.10 | 17678 |
| Weight Training: Strength & Conditioning | 16 yrs+ | Jan 22 | M, 5:15-6:15pm (4) | \$37.92 | 17745 |

For up to date
facility hours
and addresses, visit
Burnaby.ca/Centres

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|-----------------------------------|---------|--------|----------------------|---------|---------|
| <i>Adult</i> | | | | | |
| Yoga | | | | | |
| Active Aging: Hatha Yoga Beginner | 40 yrs+ | Jan 19 | F, 12:30-1:30pm (6) | \$55.00 | 15886 |
| Active Aging: Hatha Yoga Beginner | 40 yrs+ | Mar 1 | F, 12:30-1:30pm (4) | \$36.70 | 15887 |
| Active Aging: Yoga Core Fusion | 40 yrs+ | Jan 17 | W, 12:30-1:45pm (6) | \$55.00 | 15880 |
| Active Aging: Yoga Core Fusion | 40 yrs+ | Feb 28 | W, 12:30-1:45pm (5) | \$45.85 | 15881 |
| Pilates | 16 yrs+ | Jan 9 | Tu, 3-4pm (4) | \$52.32 | 15888 |
| Pilates | 16 yrs+ | Jan 11 | Th, 3-4pm (4) | \$52.32 | 15891 |
| Pilates | 16 yrs+ | Feb 6 | Tu, 3-4pm (4) | \$52.32 | 15889 |
| Pilates | 16 yrs+ | Feb 8 | Th, 3-4pm (4) | \$52.32 | 15892 |
| Pilates | 16 yrs+ | Mar 5 | Tu, 3-4pm (4) | \$52.32 | 15890 |
| Pilates | 16 yrs+ | Mar 7 | Th, 3-4pm (4) | \$52.32 | 15893 |
| Pilates: Mat to Standing | 16 yrs+ | Jan 13 | Sa, 9:45-10:45am (4) | \$52.32 | 15894 |
| Pilates: Mat to Standing | 16 yrs+ | Feb 10 | Sa, 9:45-10:45am (4) | \$52.32 | 15895 |
| Pilates: Mat to Standing | 16 yrs+ | Mar 9 | Sa, 9:45-10:45am (4) | \$52.32 | 15896 |
| Pre & Postnatal Yoga | 16 yrs+ | Jan 11 | Th, 7:45-8:45pm (4) | \$36.68 | 15764 |
| Pre & Postnatal Yoga | 16 yrs+ | Feb 8 | Th, 7:45-8:45pm (4) | \$36.68 | 15777 |
| Pre & Postnatal Yoga | 16 yrs+ | Mar 7 | Th, 7:45-8:45pm (4) | \$36.68 | 15778 |

*Youth***Ceramics**

| | | | | | |
|---------------------|-----------|--------|-----------------|---------|-------|
| Clay: Hand-Building | 12-15 yrs | Jan 29 | M, 4-5:30pm (6) | \$77.05 | 18806 |
|---------------------|-----------|--------|-----------------|---------|-------|

Dance

| | | | | | |
|----------------|-----------|--------|---------------------|----------|-------|
| K-Pop | 13-16 yrs | Jan 13 | Sa, 3-4pm (8) | \$68.50 | 18913 |
| K-Pop Mid-Term | 13-16 yrs | Jan 17 | W, 6:20-7:20pm (16) | \$171.95 | 18916 |

Personal Development

| | | | | | |
|-----------------------|-----------|--------|---------------|---------|-------|
| Babysitter's Training | 11-15 yrs | Jan 25 | Th, 6-8pm (6) | \$89.90 | 19194 |
|-----------------------|-----------|--------|---------------|---------|-------|

Racquet Sports

| | | | | | |
|--|-----------|--------|---------------------|----------|-------|
| Badminton Lessons: Junior Competitive | 8-18 yrs | Jan 10 | W, 7-8:30pm (10) | \$133.70 | 17955 |
| Badminton Lessons: Junior Competitive Assessment | 8-18 yrs | Jan 10 | W, 6-7pm (1) | No Fee | 18004 |
| Badminton Lessons: Junior Competitive Assessment | 8-18 yrs | Jan 17 | W, 6-7pm (1) | No Fee | 18006 |
| Badminton Lessons: Teen Introduction | 13-18 yrs | Jan 10 | W, 6-7pm (10) | \$89.10 | 17954 |
| Table Tennis Lessons: Beginner / Intermediate | 11-17 yrs | Jan 18 | Th, 6:10-7:10pm (9) | \$102.87 | 18090 |

Swimming

| | | | | | |
|-------------------------|-----------|--------|--------------------|----------|-------|
| Bronze Star | 12-17 yrs | Jan 10 | W, 4:30-7pm (5) | \$115.00 | 19602 |
| Bronze Star | 12-17 yrs | Feb 14 | W, 4:30-7pm (5) | \$115.00 | 19603 |
| Bronze Medallion | 13 yrs+ | Jan 12 | F, 4-9pm (5) | \$215.00 | 19604 |
| Bronze Medallion | 13 yrs+ | Feb 11 | Su, noon-5pm (5) | \$215.00 | 19605 |
| Bronze Cross | 13 yrs+ | Jan 7 | Su, noon-5pm (5) | \$215.00 | 19606 |
| Bronze Cross | 13 yrs+ | Feb 16 | F, 4-9pm (5) | \$215.00 | 19607 |
| National Lifeguard Pool | 15 yrs+ | Jan 14 | Su, 8:30am-5pm (9) | \$455.50 | 19608 |

Visual Arts

| | | | | | |
|---|-----------|--------|---------------------|---------|-------|
| Creative Smartphone Photography | 12-15 yrs | Jan 8 | M, 4:50-6:05pm (6) | \$64.20 | 19208 |
| Dungeons & Dragons | 12-16 yrs | Jan 16 | Tu, 6:15-7:30pm (8) | \$85.60 | 19197 |
| Paint Sampler: Acrylic, Tempura & Watercolour | 12-15 yrs | Jan 17 | W, 6:15-7:30pm (8) | \$85.60 | 19148 |

Weight Training

| | | | | | |
|----------------------|-----------|--------|------------------|---------|-------|
| Weight Training: 101 | 14-18 yrs | Jan 11 | Th, 3:45-5pm (4) | \$34.50 | 17725 |
| Weight Training: 201 | 14-18 yrs | Feb 8 | Th, 3:45-5pm (4) | \$34.50 | 17729 |

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|-----------------------------------|-----------|--------|-------------------------|----------|---------|
| <i>Child</i> | | | | | |
| Adapted Activities | | | | | |
| Music Explorations: Adapted | 5-12 yrs | Jan 15 | M, 6-6:45pm (8) | \$69.52 | 17931 |
| Camps | | | | | |
| Byte Camp: Intro to Coding | 9-12 yrs | Mar 25 | M-Th, 9am-4pm (4) | \$330.00 | 18064 |
| Exclusively...ARTS! | 9-12 yrs | Mar 18 | M-F, 9:30am-3:30pm (5) | \$283.50 | 17979 |
| Exclusively...ARTS! | 7-8 yrs | Mar 18 | M-F, 9:30am-3:30pm (5) | \$283.50 | 17978 |
| Exclusively...ARTS! | 6 yrs | Mar 18 | M-F, 9:30am-3:30pm (5) | \$283.50 | 17976 |
| Pro-D Day Camp | 5-11 yrs | Feb 16 | F, 9am-3pm (1) | \$31.50 | 17942 |
| Pro-D Day Camp 1:1 Support* | 5-11 yrs | Feb 16 | F, 9am-3pm (1) | \$31.50 | 17943 |
| Spring Break Camp | 5-11 yrs | Mar 18 | M-F, 9am-3pm (5) | \$157.50 | 17945 |
| Spring Break Camp 1:1 Support* | 5-11 yrs | Mar 18 | M-F, 9am-3pm (5) | \$157.50 | 18099 |
| Spring Break Camp | 5-11 yrs | Mar 25 | M-Th, 9am-3pm (4) | \$126.00 | 17946 |
| Spring Break Camp 1:1 Support* | 5-11 yrs | Mar 25 | M-F, 9am-3pm (4) | \$126.00 | 18679 |
| Ceramics | | | | | |
| Clayworks | 8-12 yrs | Jan 14 | Su, 11:30am-1pm (7) | \$89.90 | 18978 |
| Creative Writing | | | | | |
| The Art of Stories | 8-11 yrs | Jan 18 | Th, 6:15-7:15pm (8) | \$68.50 | 19032 |
| Word Play | 6-8 yrs | Jan 13 | Sa, 1:30-2:30pm (8) | \$68.50 | 19024 |
| Word Play | 6-8 yrs | Jan 18 | Th, 5-6pm (8) | \$68.50 | 19026 |
| Writing Stories | 8-11 yrs | Jan 13 | Sa, 2:45-3:45pm (8) | \$68.50 | 19028 |
| Dance | | | | | |
| Acro Dance 1 Mid-Term | 8-12 yrs | Jan 14 | Su, 2:50-3:50pm (16) | \$192.50 | 18899 |
| Acro Dance 1 Mid-Term | 8-12 yrs | Jan 9 | Tu, 3:45-4:45pm (17) | \$145.50 | 18814 |
| Acro Dance 1 Mid-Term | 8-12 yrs | Jan 13 | Sa, 4:50-5:50pm (16) | \$136.95 | 18901 |
| Acro Dance: Introduction Mid-Term | 7-9 yrs | Jan 14 | Su, 4-5pm (16) | \$192.50 | 20016 |
| Acro Dance: Introduction Mid-Term | 8-12 yrs | Jan 14 | Su, 1:40-2:40pm (16) | \$192.50 | 18898 |
| Acro Dance: Introduction Mid-Term | 7-9 yrs | Jan 14 | Su, 12:30-1:30pm (16) | \$192.50 | 18897 |
| Acro Dance: Introduction Mid-Term | 7-10 yrs | Jan 13 | Sa, 2:40-3:25pm (16) | \$102.70 | 18902 |
| Ballet Short-Term | 6 yrs | Jan 14 | Su, 10:10-11:10am (8) | \$68.50 | 18896 |
| Hip Hop | 8-10 yrs | Jan 13 | Sa, 1:35-2:35pm (8) | \$68.50 | 19214 |
| Hip Hop | 6-7 yrs | Jan 13 | Sa, 12:30-1:30pm (8) | \$68.50 | 19213 |
| Hip Hop | 6-7 yrs | Jan 13 | Sa, 11:10am-12:10pm (8) | \$68.50 | 19211 |
| Hip Hop | 6 yrs | Jan 13 | Sa, 10:20-11:05am (8) | \$51.35 | 19210 |
| Kinder Ballet | 5 yrs | Jan 13 | Sa, 8:50-9:50am (8) | \$68.50 | 18894 |
| Kinder Ballet | 5 yrs | Jan 13 | Sa, 11:35am-12:35pm (8) | \$68.50 | 18895 |
| Kinder Ballet | 5 yrs | Jan 14 | Su, 9:05-10:05am (8) | \$68.50 | 18893 |
| Lyrical Jazz Mid-Term | 7-9 yrs | Jan 15 | M, 4-5pm (14) | \$154.85 | 18768 |
| Lyrical Jazz Mid-Term | 10-14 yrs | Jan 15 | M, 5:05-6:05pm (14) | \$154.85 | 18771 |
| Pre-Modern Dance: Short-Term | 6-8 yrs | Jan 17 | W, 6:15-7:15pm (8) | \$68.50 | 19191 |
| Gymnastics | | | | | |
| Gymnastics: Recreational | 5-10 yrs | Jan 15 | M, 3:30-4:30pm (8) | \$63.45 | 19048 |
| Gymnastics: Recreational | 5-10 yrs | Jan 15 | M, 4:45-5:45pm (8) | \$63.45 | 19047 |
| Gymnastics: Recreational | 5-10 yrs | Jan 17 | W, 3:30-4:30pm (9) | \$71.35 | 19050 |
| Gymnastics: Recreational | 5-10 yrs | Jan 17 | W, 4:45-5:45pm (9) | \$71.35 | 19049 |



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

Child

Indoor / Gym Sports

| | | | | | |
|----------------------------|-----------|--------|-------------------------|---------|-------|
| Basketball | 8-10 yrs | Jan 20 | Sa, 10:30-11:30am (8) | \$50.50 | 19158 |
| Basketball | 5-7 yrs | Jan 20 | Sa, 9:15-10:15am (8) | \$50.50 | 19156 |
| Basketball | 10-13 yrs | Jan 20 | Sa, 11:45am-12:45pm (8) | \$50.50 | 19157 |
| Basketball Skills & Drills | 9-11 yrs | Jan 18 | Th, 4:15-5:15pm (9) | \$56.80 | 18949 |
| Basketball Skills & Drills | 12-13 yrs | Jan 18 | Th, 5:25-6:25pm (9) | \$56.80 | 18953 |
| Soccer | 8-10 yrs | Jan 16 | Tu, 4:45-5:45pm (9) | \$56.80 | 19188 |
| Soccer | 5-7 yrs | Jan 16 | Tu, 3:30-4:30pm (9) | \$56.80 | 19189 |
| Soccer | 10-12 yrs | Jan 16 | Tu, 6-7pm (9) | \$56.80 | 19190 |

Media

| | | | | | |
|------------------------|----------|--------|------------------------|----------|-------|
| LEGO®: Brick Animation | 8-12 yrs | Jan 2 | Tu-F, 10am-noon (4) | \$140.00 | 17990 |
| LEGO®: Brick Animation | 8-12 yrs | Mar 25 | M-Th, 10am-noon (4) | \$140.00 | 18052 |
| WeDo Robotics: Junior | 6-10 yrs | Jan 2 | Tu-F, 3-5pm (4) | \$140.00 | 17993 |
| WeDo Robotics: Junior | 6-10 yrs | Feb 14 | W, 4-5:30pm (4) | \$100.00 | 18946 |
| WeDo Robotics: Junior | 6-10 yrs | Mar 25 | M-Th, 3-5pm (4) | \$140.00 | 18056 |
| WeDo Robotics: Senior | 8-12 yrs | Jan 2 | Tu-F, 12:30-2:30pm (4) | \$140.00 | 17992 |
| WeDo Robotics: Senior | 8-12 yrs | Jan 17 | W, 4-5:30pm (4) | \$100.00 | 18943 |
| WeDo Robotics: Senior | 8-12 yrs | Mar 25 | M-Th, 12:30-2:30pm (4) | \$140.00 | 18054 |

Racquet Sports

| | | | | | |
|--------------------------------|----------|--------|---------------------|----------|-------|
| Badminton Lessons: Beginner | 8-12 yrs | Jan 10 | W, 5-6pm (10) | \$89.10 | 17950 |
| Badminton Lessons: Beginner | 6-7 yrs | Jan 10 | W, 4:15-5pm (5) | \$44.55 | 17952 |
| Badminton Lessons: Beginner | 6-7 yrs | Feb 14 | W, 4:15-5pm (5) | \$44.55 | 17953 |
| Table Tennis Lessons: Beginner | 6-10 yrs | Jan 18 | Th, 4-5pm (9) | \$102.87 | 18074 |
| Table Tennis Lessons: Beginner | 6-10 yrs | Jan 18 | Th, 5:05-6:05pm (9) | \$102.87 | 18086 |

Visual Arts

| | | | | | |
|----------------------|-----------|--------|-------------------------|----------|-------|
| Art Blast | 9-12 yrs | Jan 13 | Sa, 11:15am-12:45pm (8) | \$102.70 | 19132 |
| Art Blast | 6-8 yrs | Jan 13 | Sa, 9:15-10:45am (8) | \$102.70 | 19122 |
| Drawing & Cartooning | 6½ -8 yrs | Jan 16 | Tu, 5-6pm (8) | \$68.50 | 16685 |
| Origami | 8-12 yrs | Jan 18 | Th, 3:30-4:30pm (8) | \$68.50 | 19142 |

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|--|--------------|--------|-------------------------|----------|---------|
| Preschool | | | | | |
| Dance | | | | | |
| Creative Ballet | 3 yrs | Jan 13 | Sa, 9:40-10:10am (8) | \$34.25 | 18905 |
| Creative Ballet | 3½-4 yrs | Jan 12 | F, 10:25-11:10am (9) | \$57.80 | 18907 |
| Creative Ballet | 3½-5 yrs | Jan 10 | W, 10:10-10:55am (9) | \$57.80 | 18786 |
| Creative Ballet | 3½-5 yrs | Jan 13 | Sa, 11:15am-noon (8) | \$51.35 | 18906 |
| Creative Ballet | 3½-5½ yrs | Jan 13 | Sa, 9:55-10:40am (8) | \$51.35 | 18903 |
| Creative Ballet | 3½-5½ yrs | Jan 13 | Sa, 10:45-11:30am (8) | \$51.35 | 18904 |
| Creative Ballet | 4-5 yrs | Jan 9 | Tu, 3:10-3:55pm (9) | \$57.80 | 18812 |
| Creative Ballet | 4-5 yrs | Jan 12 | F, 11:15am-noon (9) | \$57.80 | 18912 |
| Early Learning | | | | | |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 15 | M, 1:30-3pm (8) | \$68.40 | 18908 |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 16 | Tu, 10-11:30am (9) | \$76.95 | 18909 |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 17 | W, 10-11:30am (9) | \$76.95 | 18910 |
| Double the fun for preschoolers | 3-5 yrs | Jan 18 | Th, 12:30-2:30pm (9) | \$130.50 | 18713 |
| Double the fun for preschoolers 1:1 Support* | 3-5 yrs | Jan 18 | Th, 12:30-2:30pm (9) | \$130.50 | 18751 |
| Get Ready for Kindergarten | 4-5 yrs | Jan 17 | W, 12:30-2:30pm (9) | \$160.20 | 18936 |
| Get Ready for Kindergarten 1:1 Support* | 4-5 yrs | Jan 17 | W, 12:30-2:30pm (9) | \$160.20 | 18939 |
| Holiday Special: Valentines: Adult Participation | 3-5 yrs | Feb 10 | Sa, 1-2:30pm (1) | \$13.35 | 18944 |
| Kinder Cooking | 3-5 yrs | Jan 17 | W, 1:30-3:30pm (8) | \$142.40 | 18798 |
| Kinder Cooking 1:1 Support* | 3-5 yrs | Jan 17 | W, 1:30-3:30pm (8) | \$142.40 | 18922 |
| Kindergym | 3½ -5 yrs | Jan 15 | M, 12:15-1:15pm (8) | \$58.00 | 19034 |
| Kindergym | 3½ -5 yrs | Jan 15 | M, 1:30-2:30pm (8) | \$58.00 | 19029 |
| Play to Learn Preschool | 3-5 yrs | Jan 15 | M, 12:30-2:30pm (8) | \$116.00 | 18940 |
| Play to Learn Preschool | 3-5 yrs | Jan 16 | Tu, 12:30-2:30pm (9) | \$130.50 | 18693 |
| Play to Learn Preschool | 3-5 yrs | Jan 19 | F, 9:30-11:30am (9) | \$130.50 | 18928 |
| Play to Learn Preschool 1:1 Support* | 3-5 yrs | Jan 15 | M, 12:30-2:30pm (8) | \$116.00 | 18941 |
| Play to Learn Preschool 1:1 Support* | 3-5 yrs | Jan 16 | Tu, 12:30-2:30pm (9) | \$130.50 | 18772 |
| Play to Learn Preschool 1:1 Support* | 3-5 yrs | Jan 19 | F, 9:30-11:30am (9) | \$130.50 | 18929 |
| Sports & Games: Soccer | 4-5 yrs | Jan 18 | Th, 10:45-11:30am (9) | \$48.95 | 18958 |
| Sports & Games: Soccer | 4-5 yrs | Jan 20 | Sa, 10:45-11:30am (8) | \$43.50 | 18966 |
| Sports & Games: Soccer Adult Participation | 3 yrs | Jan 18 | Th, 11:45am-12:15pm (9) | \$25.65 | 18959 |
| Sports & Games: Variety | 4-5 yrs | Jan 20 | Sa, 11:45am-12:30pm (8) | \$43.50 | 18972 |
| Sports & Games: Variety Adult Participation | 3 yrs | Jan 20 | Sa, 12:45-1:15pm (8) | \$22.80 | 18976 |
| Tot Gymnastics: Adult Participation** | 10-47 mos | Jan 15 | M, 11am-noon (8) | \$45.60 | 19005 |
| Tot Gymnastics: Adult Participation** | 10-47 mos | Jan 17 | W, 1:30-2:30pm (9) | \$51.30 | 19015 |
| Music | | | | | |
| Do Re Mi, for Me | 3½-5yrs | Jan 12 | F, 10:20-11:05am (8) | \$51.35 | 19187 |
| Visual Arts | | | | | |
| A is for Art, F is for Family: Adult Participation | 2½-4 yrs | Jan 15 | M, 9:30-10:15am (8) | \$43.50 | 19171 |
| A is for Art, F is for Family: Adult Participation | 2½-4 yrs | Jan 15 | M, 10:30-11:15am (8) | \$43.50 | 19168 |
| Art & Phonics | 3½-5 yrs | Jan 15 | M, 11:30am-12:30pm (8) | \$68.50 | 19175 |
| Art Blast | 3½-5 yrs | Jan 18 | Th, 1:30-2:30pm (8) | \$68.50 | 19112 |
| Clay: Play & Paint | 3½-5 yrs | Jan 12 | F, 10:30-11:15am (8) | \$51.35 | 19070 |
| Pencils, Paints & Plasticine: Adult Participation | 3-5 yrs | Jan 12 | F, 9:30-10:15am (8) | \$43.50 | 19081 |
| Yoga | | | | | |
| Yoga: Adult Participation | 3-5 yrs | Jan 9 | Tu, 1:45-2:30pm (4) | \$26.76 | 15749 |
| Yoga: Adult Participation | 3-5 yrs | Feb 6 | Tu, 1:45-2:30pm (4) | \$26.76 | 15757 |
| Yoga: Adult Participation | 3-5 yrs | Mar 5 | Tu, 1:45-2:30pm (4) | \$26.76 | 15758 |

*Note: 1:1 spots are for children that have accessibility needs.

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

Early Years

Dance

| | | | | | |
|--|---------|--------|-----------------------|---------|-------|
| Dance with Me Daddy: Adult Participation | 2-3 yrs | Jan 13 | Sa, 10:20-11:05am (8) | \$43.50 | 18932 |
| Dance with Me: Adult Participation | 2-3 yrs | Jan 10 | W, 9:15-10am (9) | \$48.95 | 18934 |
| Dance with Me: Adult Participation | 2-3 yrs | Jan 12 | F, 9:30-10:15am (9) | \$48.95 | 18938 |

Music

| | | | | | |
|--|-----------|--------|------------------------|---------|-------|
| Babytime Music & Movement: Adult Participation | 4-11 mos | Jan 10 | W, 9:30-10am (8) | \$29.00 | 19177 |
| Babytime Music & Movement: Adult Participation | 4-11 mos | Jan 12 | F, 11:15-11:45am (8) | \$29.00 | 19181 |
| Babytime Music & Movement: Adult Participation | 11-23 mos | Jan 10 | W, 10:10-10:55am (8) | \$43.50 | 19179 |
| Babytime Music & Movement: Adult Participation | 11-23 mos | Jan 12 | F, 11:55am-12:40pm (8) | \$43.50 | 19183 |
| Musical Rascals: Adult Participation | 2-3 yrs | Jan 12 | F, 9:30-10:15am (8) | \$43.50 | 19186 |
| Tot School of Rock: Adult Participation | 2-3 yrs | Jan 10 | W, 11:05-11:50am (8) | \$43.50 | 19185 |

Multi-age

Ceramics

| | | | | | |
|---------------------------------------|----------|--------|------------------|---------------------------|-------|
| Family Clayworks: Adult Participation | 6-19 yrs | Jan 14 | Su, 2-3:30pm (7) | \$60.00 per family member | 18975 |
| Family Clayworks: Adult Participation | 6-19 yrs | Jan 14 | Su, 4-5:30pm (7) | \$60.00 per family member | 18977 |
| Family Sgraffito Night: Cups | 7 yrs+ | Feb 2 | F, 4-6pm (2) | \$34.25 per family member | 18879 |
| Family Sgraffito Night: Plates | 7 yrs+ | Mar 1 | F, 4-6pm (2) | \$34.25 per family member | 18881 |

Martial Arts

| | | | | | |
|-----------------------|---------|--------|------------------------|----------|-------|
| Tai Chi: Beginner | 16 yrs+ | Jan 13 | Sa, 9-10:15am (12) | \$113.55 | 17746 |
| Tai Chi: Intermediate | 16 yrs+ | Jan 13 | Sa, 10:30-11:45am (12) | \$113.55 | 17747 |

Visual Arts

| | | | | | |
|--|--------|--------|--------------|---------------------------|-------|
| Family Paint Night: Aurora Lights | 7 yrs+ | Jan 26 | F, 4-6pm (1) | \$17.10 per family member | 18885 |
| Family Paint Night: Gingerbread House | 7 yrs+ | Jan 12 | F, 4-6pm (1) | \$17.10 per family member | 18883 |
| Family Paint Night: Shamrocks and Rainbows | 7 yrs+ | Mar 22 | F, 4-6pm (1) | \$17.10 per family member | 18891 |
| Family Paint Night: Sunset Balloon Ride | 7 yrs+ | Feb 23 | F, 4-6pm (1) | \$17.10 per family member | 18889 |

Private music and voice lessons

We offer quality one-on-one voice lessons and music instruction in piano, violin, viola, drums, mandolin, acoustic guitar, bass guitar, ukulele, and banjo. We also offer private piano lessons to preschoolers aged 4-5 years (accompanied by a parent). These are found under "Private Piano Lesson: Short-Term: Adult Participation" on WebReg. Register online at: Burnaby.ca/WebReg

Bonsor Complex

For more info, phone River at 604-297-4584 or email river.light@burnaby.ca



CAMERON ACTIVITIES

604-297-4456



ACTIVITY **AGE** **STARTS** **TIME (Sessions)** **PRICE** **BARCODE**

55+ Pricing varies based on activity, age and membership. Visit Burnaby.ca/WebReg and click on the activity for additional fee information.

Dance

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------------------|---------|--------|------------------|----------|---------|
| Line Dance: Beginner | 55 yrs+ | Jan 15 | M, 12:30-2pm (8) | \$102.72 | 18969 |

Day Trips

| | | | | | |
|---|---------|--------|------------------------|---------|-------|
| Aberdeen Centre Lunar New Year Flower & Gift Fair | 55 yrs+ | Feb 8 | Th, 10am-2:45pm (1) | \$15.60 | 18767 |
| Capilano Salmon Hatchery | 55 yrs+ | Mar 14 | Th, 9:30am-2pm (1) | \$18.45 | 17957 |
| Flyover Canada | 55 yrs+ | Feb 29 | Th, 10:30am-2:30pm (1) | \$55.85 | 18770 |
| Vancouver Giants Game | 55 yrs+ | Feb 19 | M, 12:45-5:30pm (1) | \$58.45 | 18698 |
| Vancouver Maritime Museum | 55 yrs+ | Jan 23 | Tu, 11:30am-3:45pm (1) | \$40.35 | 18719 |

Martial Arts

| | | | | | |
|------------------------------------|---------|--------|-----------------------|---------|-------|
| Martial Gym for Functional Fitness | 55 yrs+ | Jan 16 | Tu, 1:30-2:30pm (11) | \$46.42 | 18831 |
| Tai Chi: Beginner | 55 yrs+ | Jan 15 | M, 9:30-10:30am (10) | \$51.25 | 18827 |
| Tai Chi: Intermediate | 55 yrs+ | Jan 15 | M, 10:45-11:45am (10) | \$51.25 | 18829 |

Music

| | | | | | |
|-------------------|---------|--------|----------------------|----------|-------|
| Ukulele: Beginner | 55 yrs+ | Jan 16 | Tu, noon-1:15pm (11) | \$117.70 | 18833 |
|-------------------|---------|--------|----------------------|----------|-------|

Personal Development

| | | | | | |
|----------------------------|---------|--------|------------------|---------|-------|
| Seniors Brain Games Series | 55 yrs+ | Jan 19 | F, 1-3pm (3) | \$7.50 | 19082 |
| Spanish: Beginner 1 | 55 yrs+ | Jan 17 | W, 11am-1pm (11) | \$58.86 | 18821 |
| Spanish: Intermediate | 55 yrs+ | Jan 17 | W, 9-11am (11) | \$58.06 | 18823 |



Adult

Group Fitness

| | | | | | |
|---|---------|--------|-------------------------|---------|-------|
| Active Aging: Balance & Stability | 40 yrs+ | Jan 16 | Tu, 10-11am (5) | \$36.05 | 17220 |
| Active Aging: Balance & Stability | 40 yrs+ | Feb 20 | Tu, 10-11am (6) | \$43.26 | 17221 |
| Active Aging: Strength & Conditioning for Healthy Bones | 40 yrs+ | Jan 13 | Sa, 10:15-11:15am (5) | \$36.05 | 20986 |
| Active Aging: Strength & Conditioning for Healthy Bones | 40 yrs+ | Feb 24 | Sa, 10:15-11:15am (5) | \$36.05 | 20987 |
| Kickboxing for Fitness | 14 yrs+ | Jan 10 | W, 6-7pm (5) | \$45.85 | 18595 |
| Kickboxing for Fitness | 14 yrs+ | Feb 14 | W, 6-7pm (6) | \$55.02 | 18599 |
| Kickboxing for Fitness for Females | 14 yrs+ | Jan 14 | Su, 10-11am (5) | \$45.85 | 18598 |
| Kickboxing for Fitness for Females | 14 yrs+ | Jan 14 | Su, 11:15am-12:15pm (5) | \$45.85 | 18601 |
| Kickboxing for Fitness for Females | 14 yrs+ | Feb 25 | Su, 10-11am (5) | \$45.85 | 18600 |
| Kickboxing for Fitness for Females | 14 yrs+ | Feb 25 | Su, 11:15am-12:15pm (5) | \$45.85 | 18602 |
| Osteofit | 40 yrs+ | Jan 15 | M, 1-2pm (5) | \$29.75 | 17215 |
| Osteofit | 40 yrs+ | Feb 26 | M, 1-2pm (5) | \$29.75 | 17216 |



55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$20.30 a year**, access one centre of your choice. **For only \$50.75 a year**, access all four seniors' centres.

Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a lifetime membership. Please call your local centre for details.

Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

Arts & Crafts Groups

| | |
|--|---|
| Artists' Studio Bring your work in progress and draw or paint with other artists. No instruction provided. | Tuesdays, 12:30-3:30pm |
| Chinese Calligraphy Learn the ancient art of Chinese calligraphy. Instruction is available for beginners. Supplies may be purchased at the class. | Mondays, 9:30-11:30am |
| Cameron Crafters This group of crafters makes handmade items to sell at sales and events. No fee. | Mondays, 1:30-3:30pm |
| Creative Cards This creative and social group meets weekly to work on personal projects such as handmade cards, painting, embossing and other crafts. They also create unique items for special events. | Thursdays, 10am-noon Canceled for Board Meetings |
| Beads & Needles This group meets to create fine beadwork. Instruction is available for beginners. Experienced beadworkers are welcome too. | Mondays, 10am-noon |

Card & Active Games

Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit.

| | |
|--|----------------------------------|
| Bingo (19 yrs +) Card fees. Cards must be purchased by 12:15pm. | W, 12:30-3:30pm |
| Cribbage & Cards Group fees | Th, 11:30am-3pm |
| Dominoes Group fees | Tu, 12:30-4pm (Mexican Train) |
| Mah Jong Group fees | W, 1:30-4:30pm, F, 1-5:30pm |
| Poker Group fees | F, 6-10pm |
| Rummy-O Group fees | M, 12:30-4pm |

Dance

Chinese Dance Enjoy traditional Chinese line dancing and ballroom dancing to Chinese music in this informal group. Instruction is in Mandarin and Cantonese.

Fridays, 9-10:15am

Health Services

Foot Care Call Nurse Evelyn to book your appointment. \$50.00 fee payable at the foot care appointment. 778 228-6021

3rd Tuesday each month,
8-11:30am

Music

Erhu & Violin Workshop Bring your *erhu* (a Chinese two-stringed bowed musical instrument) or violin and practice with others who are learning to play these instruments.

Fridays, 10:30am-12:30pm &
Sundays, 1-4pm

Singing and Music Group Discover the joy of making music and group singing while connecting with fellow music enthusiasts!

Fridays, 1-3pm

Health Services Throughout the City

Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

CAMERON 55+ DROP-IN ACTIVITIES

Phone 604-297-4453

Social Activities

Spend time with others who share your interests! For specific details, call the centre where each group meets.

Book Club Contact the centre for our monthly reading list, then join us for discussion.

3rd Thursday of each month 10:15-11:45am

Computer Users One-to-one Help Drop-in to our open lab and get help with your computer questions. Computer time with Internet access available for club members.

Mondays, 3-4:30pm

Current Affairs Discussion Group Meet with others to discuss what's happening in the world.

Thursdays, 1:30-3pm

French Conversation Group Open to French speakers who are interested in the language and culture. Come and talk about various topics.

Thursdays, 1-3pm

Garden Club Share experiences with home gardening and enjoy projects at the community centre.

Tuesdays, 10:15-11:45am

Iranian-Canadian Association Iranian seniors meet to share conversation and learn about Canadian culture and customs.

Saturdays, 2:30-5:30pm

Spanish Conversation Group Open to intermediate Spanish speakers who are interested in the language and culture

Wednesdays, 11am-1pm

Sports & Games

Badminton Club Club is fully registered for 2023. Contact the centre to find out about Fall registration for the 2024 playing year.

Mondays, 11:40am-3pm
Wednesdays, 12:30-3pm
Fridays, 1:30-3:30pm

Snooker Enjoy a friendly game of snooker on one of our fine tables — someone is usually available for a game. Group fees are \$40.00 per year.

Tables available during centre hours.

Table Tennis Play your favourite game with friends.

Tuesdays, 7:15-9:15am
Thursdays, 7:30-9:15am
Fridays, 11:40am-1:30pm



Alertable: Public Alerting System

Don't miss an emergency alert from the City of Burnaby. Stay aware and plan ahead—Burnaby is now on the Alertable notification network. These notifications allow the City to inform subscribed users of actions to take during critical emergencies.

The Alertable app is free and can be downloaded from your mobile phone, tablet, computer or smart speaker. You can sign up for email, text (SMS) and phone call notifications. Choose the notification option, or combination of options, that is right for you.

Burnaby.ca/Alertable

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|-----------------------------------|---------|--------|--------------------------|----------|---------|
| <i>Adult</i> | | | | | |
| Weight Training | | | | | |
| Small Group Training | 14 yrs+ | Jan 12 | F, 1-2pm (5) | \$135.95 | 18603 |
| Small Group Training | 14 yrs+ | Jan 23 | Tu, 11am-noon (5) | \$135.95 | 18604 |
| Weight Training for Healthy Bones | 40 yrs+ | Jan 16 | Tu, 10-11am (4) | \$37.92 | 18606 |
| Weight Training for Healthy Bones | 40 yrs+ | Feb 20 | Tu, 10-11am (4) | \$37.92 | 18607 |
| Yoga | | | | | |
| Active Aging: Chair Yoga | 40 yrs+ | Jan 15 | M, 9:15-10:15am (10) | \$91.70 | 17636 |
| Active Aging: Chair Yoga | 40 yrs+ | Jan 16 | Tu, 11:15am-12:15pm (11) | \$100.87 | 17656 |
| Active Aging: Chair Yoga | 40 yrs+ | Jan 19 | F, 10:15-11:15am (10) | \$97.70 | 17674 |
| Active Aging: Yoga | 40 yrs+ | Jan 15 | M, 10:15-11:15am (10) | \$97.70 | 17637 |
| Active Aging: Yoga | 40 yrs+ | Jan 16 | Tu, 1:45-2:45pm (11) | \$100.87 | 18808 |
| Active Aging: Yoga | 40 yrs+ | Jan 19 | F, 11:30am-12:30pm (10) | \$91.70 | 18810 |
| Active Aging: Yoga Gentle | 40 yrs+ | Jan 16 | Tu, 12:30-1:30pm (11) | \$100.87 | 17657 |
| Active Aging: Yoga Gentle | 40 yrs+ | Jan 19 | F, 9-10am (10) | \$91.70 | 17673 |
| Pilates | 14 yrs+ | Jan 13 | Sa, 9-10am (5) | \$65.40 | 18587 |
| Pilates | 14 yrs+ | Jan 15 | M, 6:15-7:15pm (5) | \$65.40 | 18568 |
| Pilates | 14 yrs+ | Feb 24 | Sa, 9-10am (5) | \$65.40 | 18590 |
| Pilates | 14 yrs+ | Feb 26 | M, 6:15-7:15pm (5) | \$65.40 | 18589 |
| Yoga & Pilates: Fusion | 14 yrs+ | Jan 16 | Tu, 6-7:15pm (5) | \$59.25 | 17223 |
| Yoga & Pilates: Fusion | 14 yrs+ | Jan 16 | Tu, 7:30-8:45pm (5) | \$59.25 | 18394 |
| Yoga & Pilates: Fusion | 14 yrs+ | Feb 20 | Tu, 6-7:15pm (6) | \$71.10 | 17226 |
| Yoga & Pilates: Fusion | 14 yrs+ | Feb 20 | Tu, 7:30-8:45pm (6) | \$71.10 | 18428 |
| Yoga: Hatha | 14 yrs+ | Jan 11 | Th, 7-8:15pm (6) | \$68.78 | 18592 |
| Yoga: Hatha | 14 yrs+ | Feb 22 | Th, 7-8:15pm (6) | \$68.78 | 18593 |

For up to date
facility hours
and addresses, visit
Burnaby.ca/Centres

*Youth***Indoor Cycling**

| | | | | | |
|------------------------|-----------|--------|---------------|---------|-------|
| Youth Cycle & Strength | 14-18 yrs | Feb 22 | Th, 4-5pm (4) | \$27.60 | 18678 |
|------------------------|-----------|--------|---------------|---------|-------|

Weight Training

| | | | | | |
|---|-----------|--------|---------------|---------|-------|
| Strength & Conditioning for Youth Females | 13-16 yrs | Jan 30 | Tu, 4-5pm (4) | \$27.60 | 18608 |
|---|-----------|--------|---------------|---------|-------|

*Preschool***Early Learning**

| | | | | | |
|----------------------------------|--------------|--------|-----------------------|----------|-------|
| ABC Active Adventures | 3-5 yrs | Jan 9 | Tu, 12:30-2:30pm (10) | \$145.00 | 19054 |
| Babytime Music & Movement* | 4-11 mos | Feb 1 | Th, 9:30-10am (5) | \$18.15 | 20932 |
| Babytime Music & Movement* | 11-23 mos | Feb 1 | Th, 10:15-11am (5) | \$27.20 | 20934 |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 11 | Th, 9-10:30am (10) | \$85.50 | 19058 |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 11 | Th, 11am-12:30pm (10) | \$85.50 | 19062 |
| Double the Fun for Preschoolers | 3-5 yrs | Jan 12 | F, 12:30-2:30pm (10) | \$145.00 | 19074 |
| Get Ready for Kindergarten | 4-5 yrs | Jan 9 | Tu, 9:30-11:30am (10) | \$178.00 | 19051 |
| Play to Learn Preschool | 3-5 yrs | Jan 8 | M, 9:30-11:30am (9) | \$130.50 | 19041 |
| Play to Learn Preschool | 3-5 yrs | Jan 12 | F, 9:30-11:30am (10) | \$145.00 | 19068 |
| Silly Scientists | 3-5 yrs | Jan 8 | M, 12:30-2:30pm (9) | \$160.20 | 19092 |
| Sports & Games: Variety | 4-5 yrs | Jan 13 | Sa, 11-11:45am (9) | \$48.94 | 19119 |
| Sports & Games: Variety | 4-5 yrs | Jan 13 | Sa, noon-12:45pm (9) | \$48.94 | 19123 |
| Sports & Games: Variety | 3 yrs | Jan 13 | Sa, 10:15-10:45am (9) | \$32.63 | 19114 |
| Tot-school of Rock* | 2-3 yrs | Feb 1 | Th, 11:15am-noon (5) | \$27.20 | 20935 |

*Shadbolt in Your Community

23 **Half price for the second child in the same family. Phone or in-person registration only.

Winter 2024 | Burnaby.ca/WebReg

CHRISTINE SINCLAIR ACTIVITIES

604-320-2222



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

Adult

Group Fitness

| | | | | | |
|-------------------------|---------|-------|---------------------|---------|-------|
| Barre Fitness | 14 yrs+ | Jan 2 | Tu, 5-6pm (5) | \$45.85 | 19623 |
| Barre Fitness | 14 yrs+ | Feb 1 | Th, noon-1pm (5) | \$45.85 | 19621 |
| Barre Fitness | 14 yrs+ | Feb 6 | Tu, 5-6pm (4) | \$36.68 | 19624 |
| Barre Fitness | 14 yrs+ | Mar 5 | Tu, 5-6pm (4) | \$36.68 | 19625 |
| Barre Fitness | 14 yrs+ | Mar 7 | Th, noon-1pm (4) | \$36.68 | 19622 |
| Bootcamp Circuit | 14 yrs+ | Jan 4 | Th, 8-9am (4) | \$28.84 | 19674 |
| Bootcamp Circuit | 14 yrs+ | Jan 4 | Th, noon-1pm (4) | \$28.84 | 19677 |
| Bootcamp Circuit | 14 yrs+ | Feb 1 | Th, 8-9am (5) | \$36.05 | 19675 |
| Bootcamp Circuit | 14 yrs+ | Feb 1 | Th, noon-1pm (5) | \$36.05 | 19678 |
| Bootcamp Circuit | 14 yrs+ | Mar 7 | Th, 8-9am (4) | \$28.84 | 19676 |
| Bootcamp Circuit | 14 yrs+ | Mar 7 | Th, noon-1pm (4) | \$28.84 | 19679 |
| Cycle & TRX: All Levels | 14 yrs+ | Jan 2 | Tu, 4:45-5:45pm (5) | \$36.05 | 19665 |
| Cycle & TRX: All Levels | 14 yrs+ | Jan 4 | Th, 5:15-6:15pm (4) | \$28.84 | 19666 |
| Cycle & TRX: All Levels | 14 yrs+ | Feb 1 | Th, 5:15-6:15pm (5) | \$36.05 | 19669 |
| Cycle & TRX: All Levels | 14 yrs+ | Feb 6 | Tu, 4:45-5:45pm (4) | \$28.84 | 19667 |
| Cycle & TRX: All Levels | 14 yrs+ | Mar 5 | Tu, 4:45-5:45pm (4) | \$28.84 | 19668 |
| Cycle & TRX: All Levels | 14 yrs+ | Mar 7 | Th, 5:15-6:15pm (4) | \$28.84 | 19670 |
| TRX® Plus | 14 yrs+ | Jan 9 | Tu, 8-9am (4) | \$21.63 | 20325 |
| TRX® Plus | 14 yrs+ | Feb 6 | Tu, 8-9am (4) | \$28.84 | 20326 |
| TRX® Plus | 14 yrs+ | Mar 5 | Tu, 8-9am (4) | \$28.84 | 20327 |
| TRX® Plus: All Levels | 14 yrs+ | Jan 2 | Tu, 1-1:45pm (5) | \$36.05 | 19646 |
| TRX® Plus: All Levels | 14 yrs+ | Jan 4 | Th, 6:30-7:15pm (4) | \$28.84 | 19647 |
| TRX® Plus: All Levels | 14 yrs+ | Jan 8 | M, 12:15-1pm (4) | \$28.84 | 19645 |
| TRX® Plus: All Levels | 14 yrs+ | Feb 1 | Th, 6:30-7:15am (5) | \$36.05 | 19652 |
| TRX® Plus: All Levels | 14 yrs+ | Feb 5 | M, 12:15-1pm (4) | \$28.84 | 19648 |
| TRX® Plus: All Levels | 14 yrs+ | Feb 6 | Tu, 1-1:45pm (4) | \$28.84 | 19650 |
| TRX® Plus: All Levels | 14 yrs+ | Mar 4 | M, 12:15-1pm (4) | \$28.84 | 19649 |
| TRX® Plus: All Levels | 14 yrs+ | Mar 5 | Tu, 1-1:45pm (4) | \$28.84 | 19651 |
| TRX® Plus: All Levels | 14 yrs+ | Mar 7 | Th, 6:30-7:15pm (4) | \$28.84 | 19653 |

Group Fitness

| | | | | | |
|------------------------|---------|-------|----------------|---------|-------|
| Boxing Interval Drills | 14 yrs+ | Jan 6 | Sa, 9-10am (4) | \$37.92 | 19632 |
| Boxing Interval Drills | 14 yrs+ | Feb 3 | Sa, 9-10am (4) | \$37.92 | 19636 |
| Boxing Interval Drills | 14 yrs+ | Mar 2 | Sa, 9-10am (5) | \$47.40 | 19637 |

Weight Training

| | | | | | |
|--|---------|-------|---------------------|---------|-------|
| Weight Training: Beginner | 16 yrs+ | Jan 6 | Sa, 1:30-2:30pm (4) | \$37.92 | 19654 |
| Weight Training: Beginner | 16 yrs+ | Feb 3 | Sa, 1:30-2:30pm (4) | \$37.92 | 19656 |
| Weight Training: Beginner | 16 yrs+ | Mar 2 | Sa, 1:30-2:30pm (5) | \$47.40 | 19657 |
| Weight Training: Strength & Conditioning | 16 yrs+ | Jan 3 | W, 2-3pm (5) | \$47.40 | 19655 |
| Weight Training: Strength & Conditioning | 16 yrs+ | Feb 7 | W, 2-3pm (4) | \$37.92 | 19658 |
| Weight Training: Strength & Conditioning | 16 yrs+ | Mar 6 | W, 2-3pm (4) | \$37.92 | 19659 |

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|-------------------------------|-----------|--------|----------------------|----------|---------|
| <i>Adult</i> | | | | | |
| Yoga | | | | | |
| Iyengar yoga | 14 yrs+ | Jan 2 | Tu, noon-1pm (5) | \$45.85 | 19629 |
| Iyengar yoga | 14 yrs+ | Jan 5 | F, 4-5pm (4) | \$36.68 | 19626 |
| Iyengar yoga | 14 yrs+ | Feb 2 | F, 4-5pm (4) | \$36.68 | 19627 |
| Iyengar yoga | 14 yrs+ | Feb 6 | Tu, noon-1pm (4) | \$36.68 | 19630 |
| Iyengar yoga | 14 yrs+ | Mar 1 | F, 4-5pm (5) | \$45.85 | 19628 |
| Iyengar yoga | 14 yrs+ | Mar 5 | Tu, noon-1pm (4) | \$36.68 | 19631 |
| Pilates | 16 yrs+ | Jan 2 | Tu, 6:15-7:15pm (5) | \$65.40 | 19661 |
| Pilates | 16 yrs+ | Feb 6 | Tu, 6:15-7:15pm (4) | \$52.32 | 19664 |
| Pilates | 14 yrs+ | Jan 4 | Th, 1:15-2:15pm (4) | \$52.32 | 19660 |
| Pilates | 14 yrs+ | Feb 1 | Th, 1:15-2:15pm (5) | \$65.40 | 19662 |
| Pilates | 14 yrs+ | Mar 7 | Th, 1:15-2:15pm (4) | \$52.32 | 19663 |
| <i>Youth</i> | | | | | |
| Personal Development | | | | | |
| Babysitter's Training | 11-15 yrs | Jan 24 | W, 6-8pm (6) | \$89.90 | 19547 |
| KidzConnect | 8-13 yrs | Jan 12 | F, 5:30-7:30pm (5) | \$33.20 | 16448 |
| KidzConnect | 8-13 yrs | Feb 16 | F, 5:30-7:30pm (6) | \$39.84 | 18737 |
| <i>Child</i> | | | | | |
| Camps | | | | | |
| Burnaby Spring Break Camp | 5-11 yrs | Mar 18 | M-F, 9am-3pm (5) | \$157.50 | 18836 |
| Burnaby Spring Break Camp | 5-11 yrs | Mar 25 | M-Th, 5-7pm (4) | \$126.00 | 18839 |
| Pro-D Day Camp | 5-11 yrs | Feb 16 | F, 9am-3pm (1) | \$31.50 | 18762 |
| Cooking & Food | | | | | |
| Ready, Set, Cook! | 8-12 yrs | Jan 9 | Tu, 3:30-5:30pm (6) | \$89.88 | 18759 |
| Ready, Set, Cook! | 8-12 yrs | Jan 11 | Th, 5-7pm (6) | \$89.88 | 16449 |
| Ready, Set, Cook! | 8-12 yrs | Feb 20 | Tu, 3:30-5:30pm (6) | \$89.88 | 18761 |
| Crafts | | | | | |
| Art Attack! | 6-12 yrs | Jan 11 | Th, 7-8:30pm (8) | \$39.84 | 16442 |
| Dance | | | | | |
| Modern Dance: Beginner* | 6-9 yrs | Jan 20 | Sa, noon-1pm (8) | \$68.50 | 18139 |
| Games | | | | | |
| Artsy Engineers | 7-12 yrs | Feb 24 | Sa, 1:30-3pm (5) | \$175.00 | 19538 |
| BioChem Explorers | 7-12 yrs | Feb 24 | Sa, 3:30-5pm (5) | \$175.00 | 19541 |
| Budding Engineers | 7-12 yrs | Jan 13 | Sa, 1:30-3pm (5) | \$175.00 | 19539 |
| Chess, Cards and Games Club | 6-12 yrs | Jan 8 | M, 3:30-5pm (8) | \$34.86 | 16445 |
| Chess, Cards and Games Club | 6-12 yrs | Jan 10 | W, 3:30-5pm (8) | \$39.84 | 19559 |
| Electric Explorers | 7-12 yrs | Jan 13 | Sa, 3:30-5pm (5) | \$175.00 | 19540 |
| Indoor / Gym Sports | | | | | |
| Basketball Skills and Drills | 9-12 yrs | Jan 12 | F, 3:30-4:30pm (8) | \$50.45 | 21363 |
| Floor Hockey | 6-9 yrs | Jan 12 | F, 3:30-4:30pm (8) | \$50.48 | 19543 |
| Activity Code: Sports & Games | 4-5 yrs | Jan 5 | F, 11:15am-Noon (10) | \$54.38 | 20785 |
| Soccer | 9-12 yrs | Jan 10 | W, 4:30-5:30pm (10) | \$56.79 | 18766 |
| Soccer | 6-9 yrs | Jan 10 | W, 3:20-4:20pm (10) | \$56.79 | 18765 |

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

Child

Theatre & Film

| | | | | | |
|-------------------|----------|--------|---------------------|---------|-------|
| Camera...Action!* | 9-12 yrs | Jan 25 | Th, 5-6:15pm (7) | \$74.90 | 18163 |
| Creative Drama* | 6-8 yrs | Jan 25 | Th, 3:30-4:45pm (7) | \$74.90 | 18160 |

Visual Arts

| | | | | | |
|--------------------|----------|--------|-----------------|---------|-------|
| Book-time for Art* | 7-11 yrs | Jan 24 | W, 4:30-6pm (7) | \$89.90 | 18245 |
|--------------------|----------|--------|-----------------|---------|-------|

Yoga

| | | | | | |
|----------------|----------|-------|---------------------|---------|-------|
| Yoga: for Kids | 6-12 yrs | Jan 4 | Th, 3:30-4:30pm (4) | \$29.00 | 19680 |
| Yoga: for Kids | 6-12 yrs | Jan 4 | Th, 4:45-5:45pm (4) | \$29.00 | 19681 |
| Yoga: for Kids | 6-12 yrs | Feb 1 | Th, 3:30-4:30pm (5) | \$36.25 | 19682 |
| Yoga: for Kids | 6-12 yrs | Feb 1 | Th, 4:45-5:45pm (5) | \$36.25 | 19684 |
| Yoga: for Kids | 6-12 yrs | Mar 7 | Th, 3:30-4:30pm (4) | \$29.00 | 19683 |
| Yoga: for Kids | 6-12 yrs | Mar 7 | Th, 4:45-5:45pm (4) | \$29.00 | 19685 |

Preschool

Dance

| | | | | | |
|------------------|---------|--------|--------------------|---------|-------|
| Creative Ballet* | 4-5 yrs | Jan 20 | Sa, 10:15-11am (8) | \$51.35 | 18115 |
| Creative Ballet* | 4-5 yrs | Jan 25 | Th, 11-11:45am (7) | \$44.95 | 18165 |

Early Learning

| | | | | | |
|--|--------------|--------|---------------------|----------|-------|
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 8 | M, 10-11:30am (10) | \$115.43 | 16444 |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 10 | W, 10-11:30am (10) | \$115.43 | 16443 |
| Kinder Cooking | 3-5 yrs | Jan 15 | M, 12:30-2:30pm (8) | \$124.60 | 18830 |
| Little Bunnies Easter Special: Adult Participation | 18 mos-4 yrs | Mar 29 | F, 10-11:30am (1) | \$14.84 | 18847 |
| Silly Scientists | 3-5 yrs | Jan 17 | W, 12:30-2:30pm (8) | \$142.40 | 18834 |

Early Years

Dance

| | | | | | |
|---------------------------------------|------------|--------|-----------------------|----------|-------|
| Creative Ballet* | 3½ -5½ yrs | Jan 25 | Th, 10:15-10:45am (7) | \$29.95 | 18161 |
| Creative Ballet* | 3 yrs | Jan 20 | Sa, 11:15-11:45am (8) | \$34.25 | 18124 |
| Creative Ballet* | 3 yrs | Jan 25 | Th, 9:30-10am (7) | \$29.95 | 18148 |
| GroovaRoo™: Babywearing Dance* | 2-16 mos | Jan 24 | W, 12:45-1:30pm (7) | \$107.10 | 18171 |
| Tiny Toes Dance: Adult Participation* | 2-3 yrs | Jan 20 | Sa, 9:30-10am (8) | \$29.00 | 18109 |
| Tiny Toes Dance: Adult Participation* | 2-3 yrs | Jan 25 | Th, noon-12:30pm (7) | \$25.40 | 18167 |

Music

| | | | | | |
|---|-----------|--------|----------------------|---------|-------|
| Babytime Music & Movement: Adult Participation* | 4-11 mos | Jan 23 | Tu, 9:30-10am (7) | \$25.40 | 18140 |
| Babytime Music & Movement: Adult Participation* | 11-23 mos | Jan 23 | Tu, 10:15-11am (7) | \$38.05 | 18147 |
| Tot-School of Rock* | 2-3 yrs | Jan 23 | Tu, 11:15am-noon (7) | \$38.05 | 18155 |

Stay in the know

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CONFEDERATION ACTIVITIES

Phone 604-294-1936. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit Burnaby.ca/Seniors

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

55+ Pricing varies based on activity, age and membership. Visit Burnaby.ca/WebReg and click on the activity for additional fee information.

Dance

| | | | | | |
|--|---------|--------|--------------------------|---------|-------|
| Ballroom Dance - Rhumba & Tango | 55 yrs+ | Jan 9 | Tu, 7:45-8:45pm (10) | \$51.50 | 16516 |
| Ballroom Dance - Samba & Westcoast Swing | 55 yrs+ | Jan 9 | Tu, 6:30-7:30pm (10) | \$51.50 | 16515 |
| Line Dance: Beginner | 55 yrs+ | Jan 16 | Tu, 10:15-11:15am (10) | \$51.50 | 16512 |
| Line Dance: Beginner | 55 yrs+ | Jan 16 | Tu, 11:20am-12:20pm (10) | \$51.50 | 16513 |
| Line Dance: Beginner Plus | 55 yrs+ | Jan 16 | Tu, 12:30-1:30pm (10) | \$51.50 | 16514 |

Day Trips

| | | | | | |
|---|---------|--------|---------------------|---------|-------|
| Canadian Museum of Flight (Langley) | 55 yrs+ | Mar 13 | W, 9:30am-3pm (1) | \$36.33 | 18071 |
| Dicken's Sweets & British Museum (Chilliwack) | 55 yrs+ | Feb 17 | Sa, 10am-4:30pm (1) | \$42.02 | 18005 |
| Let's do Lunch: Olive Garden (Langley) | 55 yrs+ | Jan 11 | Th, 9:45am-2pm (1) | \$26.26 | 17959 |
| Mandeville Gardens (Burnaby) | 55 yrs+ | Mar 26 | Tu, 11am-2:30pm (1) | \$10.45 | 18008 |
| Tsawwassen Mills | 55 yrs+ | Jan 25 | Th, 9:30am-3pm (1) | \$27.17 | 18003 |

Martial Arts

| | | | | | |
|-----------------------|---------|--------|-------------------------|---------|-------|
| Tai Chi Sword Dance | 55 yrs+ | Jan 8 | M, 1-2pm (11) | \$46.42 | 17903 |
| Tai Chi: Beginner | 55 yrs+ | Jan 11 | Th, 10:30-11:30am (5) | \$21.10 | 17899 |
| Tai Chi: Beginner | 55 yrs+ | Feb 15 | Th, 10:30-11:30am (7) | \$29.54 | 17900 |
| Tai Chi: Intermediate | 55 yrs+ | Jan 11 | Th, 11:45am-12:45pm (5) | \$21.10 | 17901 |
| Tai Chi: Intermediate | 55 yrs+ | Feb 15 | Th, 11:45am-12:45pm (7) | \$29.54 | 17902 |

Visual Arts

| | | | | | |
|------------------------------|---------|--------|---------------------|----------|-------|
| Abstract Painting in Acrylic | 55 yrs+ | Feb 20 | Tu, 12:30-3pm (6) | \$102.75 | 18956 |
| Painting Oils & Acrylics | 55 yrs+ | Jan 9 | Tu, 12:30-3pm (6) | \$102.75 | 18952 |
| Sketching & Drawing | 55 yrs+ | Feb 20 | Tu, 9:30am-noon (6) | \$102.75 | 18951 |
| Watercolour Sketchbook | 55 yrs+ | Jan 9 | Tu, 9:30am-noon (6) | \$102.75 | 18950 |

Adult

Group Fitness

| | | | | | |
|-----------------------------------|---------|--------|------------------------|---------|-------|
| Active Aging: Balance & Stability | 40 yrs+ | Jan 10 | W, 12:45-1:45pm (12) | \$86.52 | 17904 |
| Active Aging: Get Up & Go! | 40 yrs+ | Jan 12 | F, 11:30am-12:30pm (5) | \$29.60 | 17912 |
| Active Aging: Get Up & Go! | 40 yrs+ | Jan 12 | F, 12:45-1:45pm (5) | \$29.60 | 17914 |
| Active Aging: Get Up & Go! | 40 yrs+ | Feb 16 | F, 11:30am-12:30pm (6) | \$35.92 | 17913 |
| Active Aging: Get Up & Go! | 40 yrs+ | Feb 16 | F, 12:45-1:45pm (6) | \$35.52 | 17915 |

Markets

| | | | | | |
|-------------|---------|--------|-----------------------|---------|-------|
| Flea Market | 19 yrs+ | Feb 17 | Sa, 9:30am-1:30pm (3) | \$22.00 | 18012 |
|-------------|---------|--------|-----------------------|---------|-------|

Yoga

| | | | | | |
|--------------------------|---------|--------|--------------------|---------|-------|
| Active Aging: Chair Yoga | 40 yrs+ | Jan 10 | W, 1-2pm (5) | \$45.85 | 17905 |
| Active Aging: Chair Yoga | 40 yrs+ | Feb 14 | W, 1-2pm (7) | \$64.19 | 17906 |
| Active Aging: Yoga | 40 yrs+ | Jan 10 | W, 2:15-3:15pm (5) | \$45.85 | 17907 |
| Active Aging: Yoga | 40 yrs+ | Jan 12 | F, 2:30-3:30pm (5) | \$45.85 | 17909 |
| Active Aging: Yoga | 40 yrs+ | Feb 14 | W, 2:15-3:15pm (7) | \$64.19 | 17908 |
| Active Aging: Yoga | 40 yrs+ | Feb 16 | F, 2:30-3:30pm (6) | \$55.02 | 17910 |

55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$20.30 a year**, access one centre of your choice. **For only \$50.75 a year**, access all four seniors' centres.

Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

CONFEDERATION 55+ DROP-IN ACTIVITIES

Phone 604-294-1936

| | | |
|--|---|---|
| Arts & Crafts | Craft Group This group of crafters makes handmade items to sell at events. | Mondays, noon-3pm |
| | Woodcarving Learn the basics of woodcarving and more. | Fridays, 10am-noon |
| | Knitting Learn knitting basics to create personal projects, contribute to community projects or donate to our Cozy Corner Store. | Tuesdays, 1-2:30pm |
| | Cozy Corner Craft Store The talent and creativity of members are evident in the quality handicrafts for sale in this unique store. Items made by centre members, local artisans and public crafters are sold on a consignment basis with a donation from each sale contributed to the Confederation Seniors' Association. New vendors welcome. | Mondays-Thursdays, 10am-2pm (based on volunteer availability) |
| | Quilting Join other quilting enthusiasts at our friendly drop-in sessions. Work on personal projects and/or group projects for fundraisers. | Mondays, 1-4pm |
| Card & Active Games Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit. Group fees apply | Bingo | Thursdays, 1-3:30pm |
| | Bridge | Fridays, 1-3:30pm |
| | Briscola / Scala 40 | Monday-Friday, 12:30-4pm (variety of Italian card games) |
| | Group 31 | Mondays, Wednesdays & Fridays, 1-3:30pm |
| | Mah Jong | Thursdays, 1:30-7pm |
| | Poker | Tuesdays, 6:30-9pm |
| | Scrabble | Thursdays, 9:30-11:30am |
| Dance | Monday Night Dance Come with a friend or on your own and have a memorable time at these weekly dances with live music (closed on statutory holidays). \$6.00 member, \$8.00 non-member. | Mondays, 6:30-9pm |
| Music | Karaoke 55+ and want to meet new friends while singing? Become a member of Confederation Seniors' Centre and come to sing using your favourite DVDs (any language) or our karaoke machine (90,000 songs). No registration. First come, first served. | Thursdays, 3:30-8pm |
| | Ukulele Come join the Ukulele Group and play your favourites. While help is given, the group is not instructional. Contact confedseniorsuke@gmail.com to join. | Mondays, 9:30am-noon |
| Sports & Games | Snooker Enjoy a friendly game of snooker on one of our fine tables — someone is usually available for a game. Inquire about league play and group fees in the snooker room. | Tables available during centre hours. |
| | Walking Group Come join us as we embark around Confederation track and park. | Fridays, 10-11am |

| | | |
|--|--|--|
| Social Activities Spend time with others who share your interests! For specific details, call the centre where each group meets. | North Burnaby Retired Society Adults 55+ are welcome to join activities such as Chinese dancing, exercises, tai chi, singing and special events. This group also hosts several annual events where everyone is welcome. | Wednesdays, 12:15-4:15pm & Saturdays, noon-4pm |
| | Sakhi (Indo-Canadian Senior Women's Group) Join women of Indo-Canadian descent for fun and friendship. Outings and/or speakers are sometimes arranged. | Tuesdays, 10am-noon |
| | Book Club Join us once a month as we discuss the books that the group has read. | 3rd Thursday of each month 10-11:30am |
| | Coffee Bar Enjoy a fresh cup of coffee and a light snack or treat while visiting with others. Volunteer operated by the Confederation Seniors Association. | Monday-Friday, 9:30am-3pm |

Health Services Throughout the City

Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

Tech Tips for Seniors

Enthusiastic student volunteers assist participants with their devices. Volunteers will assist seniors, helping them navigate cell phones, tablets, I-pads while teaching them shortcuts and other ways to make access to technology less intimidating. Saturdays, 11am-1pm, Drop-in, Free.

Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a lifetime membership. Please call your local centre for details.

EDMONDS ACTIVITIES

604-297-4838



ACTIVITY **AGE** **STARTS** **TIME (Sessions)** **PRICE** **BARCODE**

55+ Pricing varies based on activity, age and membership. Visit Burnaby.ca/WebReg and click on the activity for additional fee information.

Dance

| | | | | | |
|------------------------|---------|--------|----------------------|---------|-------|
| Aerobic Dance | 55 yrs+ | Jan 17 | W, 1:30-2:30pm (5) | \$25.75 | 16671 |
| Aerobic Dance | 55 yrs+ | Feb 21 | W, 1:30-2:30pm (4) | \$20.60 | 16672 |
| Hip Hop Beginner | 55 yrs+ | Jan 15 | M, 1:30-2:30pm (8) | \$41.20 | 16585 |
| Line Dance: Beginner 1 | 55 yrs+ | Jan 16 | Tu, 2:30-3:30pm (10) | \$51.50 | 16587 |
| Line Dance: Beginner 2 | 55 yrs+ | Jan 16 | Tu, 3:40-4:40pm (10) | \$51.50 | 16588 |

Day Trips

| | | | | | |
|---|---------|--------|------------------------|---------|-------|
| Aberdeen Centre Lunar New Year Flower & Gift Fair | 55 yrs+ | Feb 6 | Tu, 10:30am-2:30pm (1) | \$15.60 | 18763 |
| Capilano Salmon Hatchery | 55 yrs+ | Mar 14 | Th, 9am-2:15pm (1) | \$18.45 | 17956 |
| Flyover Canada | 55 yrs+ | Feb 29 | Th, 10am-2:45pm (1) | \$55.85 | 18769 |
| Vancouver Giants Game | 55 yrs+ | Feb 19 | M, 12:15-6pm (1) | \$58.45 | 18707 |
| Vancouver Maritime Museum | 55 yrs+ | Jan 23 | Tu, 11pm-4:15am (1) | \$40.35 | 18748 |

Martial Arts

| | | | | | |
|--------|---------|--------|------------------|---------|-------|
| Qigong | 55 yrs+ | Jan 17 | W, 11am-noon (9) | \$38.00 | 16678 |
|--------|---------|--------|------------------|---------|-------|

Music

| | | | | | |
|----------------------------|---------|--------|---------------------|---------|-------|
| Guitar: Beginner | 55 yrs+ | Jan 10 | W, 2:15-3:15pm (10) | \$85.60 | 16583 |
| Guitar: Intermediate | 55 yrs+ | Jan 12 | F, 2:15-3:15pm (10) | \$85.60 | 16584 |
| Songwriting 101 | 55 yrs+ | Jan 12 | F, 1-2pm (5) | \$42.80 | 16674 |
| Songwriting 101 | 55 yrs+ | Feb 16 | F, 1-2pm (5) | \$42.80 | 16677 |
| Ukulele: Beginner | 55 yrs+ | Jan 18 | Th, 2-3pm (9) | \$77.05 | 16627 |
| Ukulele: Intermediate | 55 yrs+ | Jan 17 | W, 1:30-2:30pm (9) | \$77.05 | 16628 |
| Ukulele: Intermediate Plus | 55 yrs+ | Jan 16 | Tu, 2:15-3:15pm (9) | \$77.05 | 16630 |

Personal Development

| | | | | | |
|--|---------|--------|-----------------------|---------|-------|
| 55+ Lifestyle Lecture: Alzheimer's and Dementia | 55 yrs+ | Jan 16 | Tu, 1:15-2:15pm (1) | \$1.90 | 18709 |
| 55+ Lifestyle Lecture: Financial Scams for Seniors | 55 yrs+ | Mar 12 | Tu, 10:30-11:30am (1) | \$1.90 | 18716 |
| 55+ Lifestyle Lecture: Healthy Eating for Seniors | 55 yrs+ | Jan 23 | Tu, 1:15-2:15pm (1) | \$1.90 | 18722 |
| 55+ Lifestyle Lecture: Technology and Aging | 55 yrs+ | Mar 5 | Tu, 1:15-2:15pm (1) | \$1.90 | 18723 |
| Heart Health: Stroke & Transient Ischemic Attack (TIA) | 55 yrs+ | Feb 13 | Tu, 10:30-11:30am (1) | \$1.90 | 18714 |
| Spanish: Beginner 1 | 55 yrs+ | Feb 22 | Th, 9:30-11:30am (4) | \$38.70 | 16695 |
| Spanish: Introduction | 55 yrs+ | Jan 18 | Th, 9:30-11:30am (5) | \$48.40 | 16589 |



55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in programs and activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$20.30 a year**, access one centre of your choice. **For only \$50.75 a year**, access all four seniors' centres.

Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a lifetime membership. Please call your local centre for details.

Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

| | | |
|--------------------------------|---|---|
| Arts & Crafts | All Needlers If you love to knit, crochet or needle point this group is for you. Some instruction is available. Group fees apply. | Wednesdays, 1:30-3:30pm |
| | Open Arts Studio If you're interested in any visual art; painting, sketching, card making, diamond painting or if you have just have fun playing with colour, come and enjoy working on your own project in our friendly, supportive environment. Some guidance available. Group fees apply. | Fridays, 1-3pm |
| Card & Active Games | Bingo Card fees. Cards must be purchased by 12:15pm. | Sa, 12:30-3:30pm (3 Braille cards available) |
| | Bombay Rummy Group fees apply. | W, 10am-4pm & Sa, 11am-5pm. |
| | Cribbage Group fees apply. | M, 10am-noon |
| Dance | Sang Rok Hae Korean Dance Come with a friend or on your own to this lively dance group. Light refreshments included. \$2.00 member, \$3.00 non-member | Wednesdays, 1-3pm Sundays, 3:45-5:45pm |
| | Social Dance Come with a friend or on your own and have a memorable time at these weekly dances. Light refreshments included. \$2.00 member, \$3.00 non-member | Recorded Music: Mondays, 1:30-3:30pm Fridays, 1-3pm Sundays, 1-3pm |
| Fitness Activities | Hiking Enjoy an invigorating hike of 9.5 kilometres (six miles) or more. Previous hiking experience is recommended. Destinations are posted in the 55+ lounge. Carpooling arrangements can be made prior by contacting the group leader. | Thursdays, 8:45am (returning by 2:45pm) |
| Music | Erhu New members welcome; bring your <i>erhu</i> (a Chinese two-stringed bowed musical instrument) and a \$2.00 drop-in fee. | 1st & 3rd Wednesdays, 6-9pm |
| | Karaoke Come join Edmonds 55+ Karaoke group for a fun afternoon singing your favourite songs. A friendly atmosphere awaits where you can socialize and share your experiences. Bring your favourite CD and our first class sound system will surely enhance your singing experience! First come, first served and drop-in rates apply. Group fees apply. | Sundays, 11am-4pm |
| | Mellowdares (Sing-a-long Choir) Join other singing enthusiasts in this choir for adults 55+. New members welcome. Group fees apply. | Wednesdays, 10:30am-noon |
| | Metro Seniors' Band Practice This group performs marches and big band music throughout the community. New members always welcome. The public is invited to listen and dance while the band practices. No fee. | Mondays, 3-5pm |

Social Activities

South Asian Friendship Group Join others of South Asian descent who speak Hindi or Punjabi for fun and friendship featuring guest speakers, outings, special events and tea. Group fees apply.

Women:
Wednesdays, 10am-1pm

Stamp Group Time to dust off your stamp collection and come enjoy your old hobby with others who share your interest. No dealers, please, group fees apply.

1st Tuesday of each month
10am-noon

Sports & Games

Snooker Enjoy a friendly game of snooker on one of our four tables, someone is usually available for a game. Members are welcome to play anytime that the Centre is open throughout the week. Inquire at the snooker room regarding the annual membership fee.

Open during centre hours.

Carpet Bowling Group fees apply.

Wednesdays & Thursdays,
1-3pm

Table Tennis Group fees apply.

Mondays, Wednesdays &
Fridays, 8am-12:30pm

Golf Group Players of all levels are welcome! Meet at Central Park Pitch and Putt on Thursday mornings. For information call Susan 604-319-9544.

Thursdays, 8-10am
(April-September)

Badminton City of Burnaby drop-in fee applies.

Visit Burnaby.ca/Edmonds
to view schedule

Pickleball City of Burnaby drop-in fee applies.

Visit Burnaby.ca/Edmonds
to view schedule

Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.



Introducing the new BurnabyConnect App

Available at:

Download on the
App Store

GET IT ON
Google Play

Burnaby.ca/BurnabyConnectApp

City of
Burnaby



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

55+ Pricing varies based on activity, age and membership. Visit Burnaby.ca/WebReg and click on the activity for additional fee information.

Music

| | | | | | |
|-----------------------|---------|--------|-----------------------|---------|-------|
| Songwriting Intensive | 55 yrs+ | Mar 25 | M-F, 12:45-1:45pm (5) | \$42.80 | 21057 |
|-----------------------|---------|--------|-----------------------|---------|-------|

Special Events & Holiday Activities

| | | | | | |
|-------------------------|---------|--------|------------------|---------|-------|
| Lunar New Year Luncheon | 55 yrs+ | Feb 8 | Th, noon-2pm (1) | \$25.00 | 19216 |
| New Members' Tea & Tour | 55 yrs+ | Jan 17 | W, 10-11am (1) | No Fee | 18917 |
| New Members' Tea & Tour | 55 yrs+ | Feb 21 | W, 10-11am (1) | No Fee | 18918 |
| New Members' Tea & Tour | 55 yrs+ | Mar 20 | W, 10-11am (1) | No Fee | 18919 |

Visual Arts

| | | | | | |
|---|---------|--------|----------------------|---------|-------|
| Acrylic Painting Workshop | 55 yrs+ | Jan 15 | M, 9:30-11:30am (2) | \$25.60 | 16366 |
| Acrylic Painting Workshop | 55 yrs+ | Jan 29 | M, 9:30-11:30am (2) | \$25.60 | 17963 |
| Art History Seminar: Gustav Klimt | 55 yrs+ | Jan 29 | M, 1-2:30pm (1) | \$10.75 | 17966 |
| Art History Seminar: Frida Kahlo | 55 yrs+ | Feb 5 | M, 1-2:30pm (1) | \$10.75 | 17967 |
| Art History Seminar: Claude Monet | 55 yrs+ | Feb 12 | M, 1-2:30pm (1) | \$10.75 | 17968 |
| Art History Seminar: Dale Chihuly | 55 yrs+ | Feb 26 | M, 1-2:30pm (1) | \$10.75 | 17969 |
| Art History Seminar: Elements of Art | 55 yrs+ | Mar 4 | M, 1-2:30pm (1) | \$10.75 | 17970 |
| Art History Seminar: Piet Mondrain | 55 yrs+ | Mar 11 | M, 1-2:30pm (1) | \$10.75 | 17971 |
| Drawing: Texture and Sketching Workshop | 55 yrs+ | Jan 18 | Th, 9:30-11:30am (2) | \$25.60 | 16581 |
| Mixed Media Workshop | 55 yrs+ | Feb 15 | Th, 9:30-11:30am (2) | \$25.60 | 17974 |
| Mixed Media Workshop | 55 yrs+ | Feb 29 | Th, 9:30-11:30am (2) | \$25.60 | 17975 |
| Oil Pastels Workshop | 55 yrs+ | Feb 1 | Th, 9:30-11:30am (2) | \$25.60 | 17973 |
| Watercolour Painting Workshop | 55 yrs+ | Feb 12 | M, 9:30-11:30am (2) | \$25.60 | 16669 |
| Watercolour Painting Workshop | 55 yrs+ | Mar 4 | M, 9:30-11:30am (2) | \$25.60 | 17965 |

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|-----------------------------------|---------|--------|----------------------------|----------|---------|
| <i>Adult</i> | | | | | |
| Adapted Activities | | | | | |
| Yoga: Adapted | 18 yrs+ | Jan 19 | F, 10:30-11:45am (9) | \$66.60 | 16388 |
| Creative Writing | | | | | |
| The Write Stuff! Creative Writing | 19 yrs+ | Jan 13 | Sa, 6-7pm (8) | \$68.50 | 18184 |
| Dance | | | | | |
| Ballet for Absolute Beginners | 19 yrs+ | Jan 12 | F, 6:45-7:45pm (10) | \$85.60 | 18178 |
| Burlesque Jazz | 19 yrs+ | Jan 8 | M, 7:50-8:50pm (9) | \$77.05 | 19575 |
| Group Fitness | | | | | |
| Osteo for Life | 40 yrs+ | Jan 16 | Tu, Th, 9:15-10:15am (11) | \$65.10 | 16353 |
| Osteo for Life | 40 yrs+ | Feb 27 | Tu, Th, 9:15-10:15am (9) | \$53.30 | 16354 |
| Osteofit | 40 yrs+ | Jan 16 | Tu, Th, 10:30-11:30am (11) | \$65.10 | 16355 |
| Osteofit | 40 yrs+ | Feb 27 | Tu, Th, 10:30-11:30am (9) | \$53.30 | 16356 |
| TRX® Suspension Training | 16 yrs+ | Jan 18 | Th, 7-8pm (4) | \$36.68 | 16379 |
| TRX® Suspension Training | 16 yrs+ | Jan 19 | F, 7-8pm (4) | \$36.68 | 16381 |
| TRX® Suspension Training | 16 yrs+ | Jan 21 | Su, 9-10am (4) | \$36.68 | 16383 |
| TRX® Suspension Training | 16 yrs+ | Feb 22 | Th, 7-8pm (4) | \$36.68 | 16380 |
| TRX® Suspension Training | 16 yrs+ | Feb 23 | F, 7-8pm (4) | \$36.68 | 16382 |
| TRX® Suspension Training | 16 yrs+ | Feb 25 | Su, 9-10am (4) | \$36.68 | 16384 |
| Martial Arts | | | | | |
| Tai Chi Kung Fu Fan | 18 yrs+ | Jan 20 | Sa, 6-7:30pm (10) | \$113.55 | 16376 |
| Tai Chi: Introduction | 18 yrs+ | Jan 17 | W, 9-10:30am (9) | \$102.20 | 16378 |
| Tai Chi: Introduction | 18 yrs+ | Jan 18 | Th, 6-7:15pm (10) | \$94.63 | 16377 |
| Music | | | | | |
| Guitar Group Lessons: Level 1 | 19 yrs+ | Jan 10 | W, 7:30-8:30pm (10) | \$160.70 | 19593 |
| Guitar Group Lessons: Level 1 | 19 yrs+ | Jan 12 | F, 7:30-8:30pm (10) | \$160.70 | 19601 |
| Guitar Group Lessons: Level 2 | 19 yrs+ | Jan 11 | Th, 6:50-7:50pm (10) | \$160.70 | 19595 |
| The Joy of Singing | 19 yrs+ | Jan 10 | W, 5:40-6:40pm (10) | \$85.60 | 18143 |
| Racquet Sports | | | | | |
| Badminton Lessons: Small Group | 19 yrs+ | Jan 7 | Su, 6:45-7:45pm (10) | \$134.40 | 18217 |
| Swimming | | | | | |
| Adult 1 | 14 yrs+ | Jan 10 | W, 10:30-11:15am (10) | \$87.10 | 17500 |
| Adult 1 | 14 yrs+ | Jan 11 | Th, noon-12:45pm (10) | \$87.10 | 17501 |
| Adult 1 | 14 yrs+ | Jan 13 | Sa, 6-6:45pm (8) | \$70.20 | 17502 |
| Adult 1 | 14 yrs+ | Jan 14 | Su, 8-8:45am (7) | \$70.20 | 17503 |
| Adult 2 | 14 yrs+ | Jan 10 | W, 11:15am-noon (10) | \$87.00 | 17504 |
| Adult 2 | 14 yrs+ | Jan 13 | Sa, 6:45-7:30pm (8) | \$70.20 | 17505 |
| Adult 2 | 14 yrs+ | Jan 14 | Su, 8-8:45am (8) | \$70.20 | 17506 |

Private music and voice lessons

We offer quality one-on-one and semi-private voice lessons and music instruction in piano, violin, classical guitar, acoustic guitar, ukulele, saxophone, flute and voice. Register online at Burnaby.ca/WebReg

For more information, contact Edmonds Community Centre. Phone Andrea at 604-297-4905 or email andrea.anthony@burnaby.ca

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|---|-----------|--------|-----------------------|----------|---------|
| <i>Adult</i> | | | | | |
| Theatre & Film | | | | | |
| Improv 101 | 19 yrs+ | Jan 22 | M, 8-9pm (7) | \$59.90 | 18100 |
| Visual Arts | | | | | |
| Drawing for Absolute Beginners | 19 yrs+ | Jan 14 | Su, 6-7:15pm (8) | \$95.60 | 19586 |
| Drawing for Absolute Beginners | 19 yrs+ | Feb 13 | Tu, 7-8:15pm (4) | \$52.80 | 18134 |
| Paint Night: Snowy Starry Night | 19 yrs+ | Jan 19 | F, 6:30-8:30pm (1) | \$22.10 | 19160 |
| Paint Night: Floating Lanterns | 19 yrs+ | Feb 16 | F, 6:30-8:30pm (1) | \$22.10 | 19166 |
| Paint Night: Bees & Tulips | 19 yrs+ | Mar 15 | F, 6:30-8:30pm (1) | \$22.10 | 19167 |
| Weight Training | | | | | |
| Strength Training 1 for Females | 18 yrs+ | Jan 18 | Th, 10:15-11:30am (3) | \$35.55 | 16373 |
| Strength Training 1 for Females | 18 yrs+ | Mar 7 | Th, 10:15-11:30am (3) | \$35.55 | 16374 |
| Strength Training 2 for Females | 18 yrs+ | Feb 15 | Th, 10:15-11:30am (3) | \$35.55 | 16375 |
| Weight Training for Healthy Bones | 19 yrs+ | Jan 30 | Tu, 11am-noon (4) | \$37.92 | 16386 |
| Weight Training: Strength & Conditioning | 19 yrs+ | Jan 30 | Tu, 9:30-10:30am (4) | \$37.92 | 16387 |
| Yoga | | | | | |
| Active Aging: Chair Yoga | 40 yrs+ | Jan 15 | M, 11am-noon (8) | \$73.35 | 16352 |
| Active Aging: Chair Yoga | 40 yrs+ | Jan 19 | F, noon-1pm (9) | \$82.55 | 16351 |
| Yoga: Gentle | 16 yrs+ | Jan 16 | Tu, 7:30-8:45pm (10) | \$114.63 | 16391 |
| Yoga: Gentle | 16 yrs+ | Jan 21 | Su, 8:30-9:45am (8) | \$91.70 | 16392 |
| Yoga: Hatha | 16 yrs+ | Jan 15 | M, 9:30-10:45am (8) | \$91.70 | 16395 |
| Yoga: Hatha | 16 yrs+ | Jan 18 | Th, 12:30-1:45pm (8) | \$91.70 | 20981 |
| Yoga: Hatha | 16 yrs+ | Jan 18 | Th, 7:30-8:45pm (10) | \$114.63 | 16393 |
| Yoga: Hatha | 16 yrs+ | Jan 19 | F, 9-10:15am (9) | \$103.16 | 16394 |
| <i>Youth</i> | | | | | |
| Creative Writing | | | | | |
| Young Adulting: Creative Writing | 13-18 yrs | Jan 13 | Sa, 4:45-5:45pm (8) | \$68.50 | 18183 |
| Day Trips | | | | | |
| Pro-D Day Camp: Laser Tag and Swim | 10-12 yrs | Feb 16 | F, 9am-3pm (1) | \$45.00 | 19570 |
| Music | | | | | |
| Dungeons & Dragons: Spring Break | 13-18 yrs | Mar 25 | M-F, 4:15-6:15pm (5) | \$85.60 | 19124 |
| Guitar Group Lessons: Level 1 | 13-18 yrs | Jan 12 | F, 6:25-7:25pm (10) | \$160.70 | 19600 |
| Songwriting Intensive: Spring Break | 13-18 yrs | Mar 25 | M-F, 10-11am (5) | \$42.80 | 19116 |
| Personal Development | | | | | |
| Babysitter's Training | 11-15 yrs | Jan 13 | Sa, 12:30-3:30pm (4) | \$89.90 | 19560 |
| Babysitter's Training | 11-15 yrs | Feb 24 | Sa, 12:30-3:30pm (4) | \$89.90 | 19562 |
| Youth Leadership Certificate Course Orientation | 14-18 yrs | Jan 13 | Sa, 2-3pm (1) | No Fee | 18645 |
| Racquet Sports | | | | | |
| Badminton Lessons: Intermediate / Advanced | 13-18 yrs | Jan 7 | Su, 8-9pm (5) | \$44.55 | 18190 |
| Badminton Lessons: Intermediate / Advanced | 13-18 yrs | Feb 18 | Su, 8-9pm (4) | \$35.64 | 18237 |
| Badminton Lessons: Introduction | 13-18 yrs | Jan 6 | Sa, 8-9pm (5) | \$44.55 | 18188 |
| Badminton Lessons: Introduction | 13-18 yrs | Feb 17 | Sa, 8-9pm (4) | \$35.64 | 18234 |
| Badminton Lessons: Small Group | 13-18 yrs | Jan 7 | Su, 5:30-6:30pm (10) | \$89.10 | 18216 |



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

Youth

Swimming

| | | | | | |
|------------------------------|-----------|--------|------------------------|----------|-------|
| Bronze Star | 12-17 yrs | Jan 14 | Su, 2:30-4pm (8) | \$115.00 | 18816 |
| Bronze Cross | 13 yrs+ | Jan 11 | Th, 4:30-7pm (10) | \$215.00 | 18813 |
| Bronze Medallion | 13 yrs+ | Jan 14 | Su, 11:30am-2:30pm (8) | \$215.00 | 18811 |
| Stroke Improvement & Fitness | 12-15 yrs | Jan 13 | Sa, 6:30-7:15pm (8) | \$55.00 | 17507 |

Visual Arts

| | | | | | |
|---------------------------|-----------|--------|----------------------|---------|-------|
| Drawing & Cartooning | 13-17 yrs | Jan 14 | Su, 12:30-1:45pm (8) | \$85.60 | 19025 |
| Drawing for Manga & Anime | 13-17 yrs | Jan 16 | Tu, 7-8:15pm (4) | \$42.80 | 18132 |

Weight Training

| | | | | | |
|---|-----------|--------|-------------------|---------|-------|
| Strength & Conditioning for Youth Females | 14-17 yrs | Jan 27 | Sa, 11am-noon (3) | \$20.70 | 16372 |
| Weight Training | 14-17 yrs | Feb 24 | Sa, 11am-noon (3) | \$20.70 | 16385 |

Child

Camps

| | | | | | |
|---------------------------------------|----------|--------|-------------------|----------|-------|
| Exclusively...ARTS! | 9-12 yrs | Mar 18 | M-F, 9am-3pm (5) | \$283.50 | 19087 |
| Exclusively...ARTS! | 7-8 yrs | Mar 18 | M-F, 9am-3pm (5) | \$283.50 | 19085 |
| Exclusively...ARTS! | 6 yrs | Mar 18 | M-F, 9am-3pm (5) | \$283.50 | 19084 |
| Exclusively...ARTS! Camp 1:1 Support* | 6-12 yrs | Mar 18 | M-F, 9am-3pm (5) | \$283.50 | 19089 |
| Pro-D Day Camp | 5-11 yrs | Feb 16 | F, 9am-3pm (1) | \$31.50 | 17958 |
| Pro-D Day Camp 1:1 Support* | 5-11 yrs | Feb 16 | F, 9am-3pm (1) | \$31.50 | 17961 |
| Spring Break Camp | 5-11 yrs | Mar 18 | M-F, 9am-3pm (5) | \$157.50 | 17962 |
| Spring Break Camp | 5-11 yrs | Mar 25 | M-Th, 9am-3pm (4) | \$126.00 | 17964 |
| Spring Break Camp 1:1 Support* | 5-11 yrs | Mar 25 | M-Th, 9am-3pm (4) | \$126.00 | 18242 |

Cooking & Food

| | | | | | |
|---------------|-----------|--------|-----------------------|---------|-------|
| Baking Basics | 10-12 yrs | Jan 13 | Sa, 10:30-11:45am (4) | \$37.45 | 19564 |
| Baking Basics | 10-12 yrs | Feb 10 | Sa, 10:30-11:45am (4) | \$37.45 | 19565 |

Creative Writing

| | | | | | |
|-----------------------------|----------|--------|-----------------------|---------|-------|
| Storybuilding | 8-11 yrs | Jan 13 | Sa, 10:45-11:45am (8) | \$68.50 | 18181 |
| Word Play: Creative Writing | 6-8 yrs | Jan 13 | Sa, 9:15-10:15am (8) | \$68.50 | 18180 |



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|--|----------|--------|--------------------------|----------|---------|
| Child | | | | | |
| Dance | | | | | |
| Acro Dance 1 Mid-Term | 8-12 yrs | Jan 8 | M, 5:40-6:40pm (18) | \$189.10 | 19561 |
| Acro Dance: Introduction | 7-10 yrs | Jan 8 | M, 3:30-4:30pm (9) | \$77.05 | 18101 |
| Acro Dance: Introduction | 9-12 yrs | Jan 8 | M, 4:35-5:35pm (9) | \$77.05 | 18102 |
| Ballet for Beginners | 9-12 yrs | Jan 13 | Sa, 11:30am-12:30pm (8) | \$68.50 | 19011 |
| Ballet Technique: Spring Break Intensive | 8-10 yrs | Mar 25 | M-F, 1:55-2:55pm (5) | \$42.80 | 19127 |
| Broadway Dance: Musical Theatre Mid Term | 8-11 yrs | Jan 13 | Sa, 4:20-5:20pm (16) | \$171.95 | 19182 |
| Creative Ballet: Spring Break | 8-10 yrs | Mar 25 | M-F, 12:45-1:45pm (5) | \$42.80 | 19107 |
| Creative Ballet: Spring Break | 6-8 yrs | Mar 25 | M-F, 11:25am-12:25pm (5) | \$42.80 | 19104 |
| Hip Hop | 8-9 yrs | Jan 12 | F, 5:25-6:25pm (8) | \$68.50 | 18170 |
| Hip Hop | 6-7 yrs | Jan 12 | F, 4:20-5:20pm (8) | \$68.50 | 18169 |
| Jazz: Mid Term | 6-8 yrs | Jan 13 | Sa, 3:15-4:15pm (16) | \$171.95 | 19178 |
| Kinder Ballet | 5 yrs | Jan 9 | Tu, 3:40-4:40pm (10) | \$85.60 | 18129 |
| Little Hip Hoppers | 5-6 yrs | Jan 12 | F, 3:30-4:15pm (8) | \$51.35 | 18168 |

Games

| | | | | | |
|-------------|----------|--------|---------------------|---------|-------|
| LEGO® Mania | 6-10 yrs | Jan 10 | W, 4:30-5:30pm (10) | \$33.20 | 19065 |
| LEGO® Mania | 6-10 yrs | Jan 10 | W, 5:45-6:45pm (10) | \$33.20 | 19064 |

Indoor / Gym Sports

| | | | | | |
|------------------------------|-----------|--------|---------------------|---------|-------|
| Basketball | 9-11 yrs | Jan 11 | Th, 4:45-5:45pm (5) | \$31.55 | 18924 |
| Basketball | 6-8 yrs | Jan 11 | Th, 3:30-4:30pm (5) | \$31.55 | 18923 |
| Basketball Skills & Drills | 10-12 yrs | Jan 11 | Th, 5-6pm (5) | \$31.55 | 19556 |
| Basketball Skills & Drills | 10-12 yrs | Feb 15 | Th, 5-6pm (5) | \$31.55 | 19558 |
| Soccer | 6-8 yrs | Jan 8 | M, 3:30-4:30pm (9) | \$56.80 | 20969 |
| Soccer | 9-11 yrs | Jan 8 | M, 4:45-5:45pm (9) | \$56.80 | 20973 |
| Soccer | 9-11 yrs | Feb 15 | Th, 4:45-5:45pm (5) | \$31.55 | 18930 |
| Soccer | 6-8 yrs | Feb 15 | Th, 3:30-4:30pm (5) | \$31.55 | 18931 |
| Volleyball Lessons: Beginner | 10-12 yrs | Jan 9 | Tu, 5-6pm (5) | \$31.55 | 19550 |
| Volleyball Lessons: Beginner | 10-12 yrs | Feb 13 | Tu, 5-6pm (5) | \$31.55 | 19552 |

Martial Arts

| | | | | | |
|---------------|----------|--------|--------------------|---------|-------|
| Karate Kids 1 | 6-12 yrs | Jan 31 | W, 3:20-4:20pm (6) | \$41.40 | 19027 |
| Karate Kids 2 | 6-12 yrs | Jan 31 | W, 4:25-5:25pm (6) | \$41.40 | 19033 |

Music

| | | | | | |
|-------------------------------------|----------|--------|--------------------------|----------|-------|
| Guitar: Group Lessons - Level 1 | 9-13 yrs | Jan 7 | Su, 11:30am-12:30pm (9) | \$144.65 | 19599 |
| Guitar: Group Lessons - Level 1 | 9-13 yrs | Jan 11 | Th, 5:45-6:45pm (10) | \$160.70 | 19594 |
| Singing & Music Basics | 6-8 yrs | Jan 11 | Th, 6:25-7:25pm (10) | \$85.60 | 18158 |
| Songwriting Intensive: Spring Break | 9-12 yrs | Mar 25 | M-F, 11:15am-12:15pm (5) | \$42.80 | 19118 |
| Ukulele Group Lessons: Level 1 | 7-10 yrs | Jan 7 | Su, 1:50-2:50pm (9) | \$77.05 | 19596 |
| Ukulele Group Lessons: Level 2 | 7-10 yrs | Jan 7 | Su, 3:30-4:30pm (9) | \$77.05 | 19597 |
| Ukulele: Group Lessons: Level 1 | 7-10 yrs | Jan 10 | W, 6:25-7:25pm (10) | \$85.60 | 19592 |
| Ukulele: Group Lessons: Level 1 | 7-10 yrs | Jan 11 | Th, 3:30-4:30pm (10) | \$85.60 | 18159 |
| Young Voices | 8-11 yrs | Jan 10 | W, 4:35-5:35pm (10) | \$85.60 | 18142 |
| Young Voices | 7-9 yrs | Jan 13 | Sa, 1:45-2:45pm (8) | \$68.50 | 18989 |
| Young Voices | 6-7 yrs | Jan 10 | W, 3:30-4:30pm (10) | \$85.60 | 18141 |

Racquet Sports

| | | | | | |
|--|----------|--------|---------------------|---------|-------|
| Badminton Lessons: Intermediate / Advanced | 8-12 yrs | Jan 2 | Tu, 4:50-5:50pm (5) | \$44.55 | 18196 |
| Badminton Lessons: Intermediate / Advanced | 8-12 yrs | Feb 13 | Tu, 4:50-5:50pm (4) | \$35.64 | 18226 |
| Badminton Lessons: Intermediate / Advanced | 8-12 yrs | Feb 17 | Sa, 6:45-7:45pm (4) | \$35.64 | 18233 |
| Badminton Lessons: Intermediate / Advanced | 8-12 yrs | Jan 6 | Sa, 6:45-7:45pm (5) | \$44.55 | 18185 |

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|---------------------------------------|--|--------|-------------------------|---------|---------|
| Child | | | | | |
| Racquet Sports | | | | | |
| Badminton Lessons: Introduction | 6-12 yrs | Jan 2 | Tu, 3:45-4:45pm (5) | \$44.55 | 18193 |
| Badminton Lessons: Introduction | 6-12 yrs | Jan 6 | Sa, 5:30-6:30pm (5) | \$44.55 | 18179 |
| Badminton Lessons: Introduction | 6-12 yrs | Feb 13 | Tu, 3:45-4:45pm (4) | \$35.64 | 18221 |
| Badminton Lessons: Introduction | 6-12 yrs | Feb 17 | Sa, 5:30-6:30pm (4) | \$35.64 | 18229 |
| Badminton Lessons: Small Group | 9-12 yrs | Jan 7 | Su, 4:15-5:15pm (10) | \$89.10 | 18212 |
| Badminton Lessons: Small Group | 6-8 yrs | Jan 7 | Su, 3-4pm (10) | \$89.10 | 18210 |
| Theatre & Film | | | | | |
| Drama Adventures | 6-8 yrs | Jan 22 | M, 4:35-5:35pm (7) | \$59.90 | 18080 |
| Drama Adventures: Spring Break | 7-9 yrs | Mar 25 | M-F, 10:35-11:35am (5) | \$42.80 | 19554 |
| Drama: Games & Improv | 9-12 yrs | Jan 22 | M, 5:40-6:40pm (7) | \$59.90 | 18083 |
| Musical Theatre - Drama: Spring Break | 9-12 yrs | Mar 25 | M-F, 11:45am-1:15pm (5) | \$64.20 | 19555 |
| Musical Theatre: Drama | 9-13 yrs | Jan 22 | M, 6:45-7:45pm (7) | \$59.90 | 18087 |
| Visual Arts | | | | | |
| Art & Phonics | 5 yrs | Jan 9 | Tu, 3:30-4:30pm (5) | \$42.80 | 18111 |
| Art & Phonics | 5 yrs | Feb 13 | Tu, 3:30-4:30pm (5) | \$42.80 | 18112 |
| Comic Book Workshop | 6-8 yrs | Feb 16 | F, 9-11am (1) | \$17.10 | 19174 |
| Drawing & Cartooning | 9-12 yrs | Jan 14 | Su, 11am-12:15pm (8) | \$85.60 | 19023 |
| Drawing & Cartooning | 9-12 yrs | Jan 16 | Tu, 5:30-6:45pm (8) | \$85.60 | 18131 |
| Drawing & Cartooning | 6-8 yrs | Jan 14 | Su, 9:30-10:45am (8) | \$85.60 | 19022 |
| Drawing & Cartooning | 6-8 yrs | Jan 14 | Su, 3-4:15pm (8) | \$85.60 | 19583 |
| Drawing & Cartooning | 6-8 yrs | Jan 16 | Tu, 4-5:15pm (8) | \$85.60 | 18130 |
| Drawing for Manga & Anime | 9-12 yrs | Jan 14 | Su, 4:30-5:45pm (8) | \$85.60 | 19585 |
| Drawing, Painting & Collage | 9-12 yrs | Jan 13 | Sa, 1-2pm (8) | \$68.50 | 18187 |
| Drawing, Painting & Collage | 8-11 yrs | Jan 14 | Su, 1:15-2:15pm (8) | \$85.60 | 19020 |
| Drawing, Painting & Collage | 6-8 yrs | Jan 9 | Tu, 5-6pm (5) | \$42.80 | 18116 |
| Drawing, Painting & Collage | 6-8 yrs | Jan 13 | Sa, 11:30am-12:30pm (8) | \$68.50 | 18189 |
| Drawing, Painting & Collage | 6-7 yrs | Jan 14 | Su, noon-1pm (8) | \$68.50 | 19018 |
| Preschool | | | | | |
| Dance | | | | | |
| Creative Ballet | 3-4 yrs | Jan 12 | F, 2:45-3:15pm (10) | \$42.80 | 18174 |
| Creative Ballet | 3-4 yrs | Jan 9 | Tu, 3:05-3:35pm (10) | \$42.80 | 18128 |
| Creative Ballet | 3 ¹ / ₂ -4 ¹ / ₂ yrs | Jan 14 | Su, 12:05-12:35pm (8) | \$34.25 | 19582 |
| Creative Ballet | 3 ¹ / ₂ -4 ¹ / ₂ yrs | Jan 16 | Tu, 11:30am-12:15pm (8) | \$51.35 | 18127 |
| Creative Ballet | 3 ¹ / ₂ -4 ¹ / ₂ yrs | Jan 11 | Th, 10:40-11:25am (10) | \$64.20 | 18146 |
| Creative Ballet | 3 ¹ / ₂ -4 ¹ / ₂ yrs | Jan 13 | Sa, 1:50-2:20pm (8) | \$34.25 | 18997 |
| Creative Ballet | 3 ¹ / ₂ -4 ¹ / ₂ yrs | Jan 16 | Tu, 10:55-11:25am (8) | \$34.25 | 18125 |
| Creative Ballet | 4-5 yrs | Jan 13 | Sa, 1-1:45pm (8) | \$51.35 | 18993 |
| Creative Ballet: Spring Break | 4-5 yrs | Mar 25 | M-F, 9:45-10:30am (5) | \$32.10 | 19094 |
| Creative Ballet: Spring Break | 4-5 yrs | Mar 25 | M-F, 10:35-11:20am (5) | \$32.10 | 19096 |
| Creative Dance | 3 ¹ / ₂ -4 ¹ / ₂ yrs | Jan 13 | Sa, 10:05-10:35am (8) | \$34.25 | 19006 |
| Creative Dance | 3 ¹ / ₂ -4 ¹ / ₂ yrs | Jan 14 | Su, 10:40-11:10am (8) | \$34.25 | 19579 |
| Creative Dance | 4-5 yrs | Jan 13 | Sa, 10:40-11:25am (8) | \$51.35 | 19009 |

For up to date
facility hours
and addresses, visit
Burnaby.ca/Centres

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|--|--------------|--------|-------------------------|----------|---------|
| Preschool | | | | | |
| Dance | | | | | |
| Mini Hip Hoppers | 3½-4½ yrs | Jan 12 | F, 2:20-2:50pm (8) | \$34.25 | 18164 |
| Mini Hip Hoppers | 3½-4½ yrs | Jan 12 | F, 2:55-3:25pm (8) | \$34.25 | 18166 |
| Mini Hip Hoppers | 4-5 yrs | Jan 11 | Th, 11:30am-noon (10) | \$42.80 | 18149 |
| Mini Hip Hoppers | 4-5 yrs | Jan 13 | Sa, 2:25-3:10pm (8) | \$51.35 | 19001 |
| Mini Hip Hoppers | 4-5 yrs | Jan 14 | Su, 11:15am-noon (8) | \$51.35 | 19581 |
| Early Learning | | | | | |
| ABC Active Adventures | 3-5 yrs | Jan 12 | F, 12:30-2:30pm (20) | \$145.00 | 18113 |
| ABC Active Adventures 1:1 Support* | 3-5 yrs | Jan 12 | F, 12:30-2:30pm (20) | \$145.00 | 18114 |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 9 | Tu, 10-11:30am (10) | \$85.50 | 18122 |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 12 | F, 10-11:30am (10) | \$85.50 | 18123 |
| Busy Bees: Adult Participation** | 10 mos-5 yrs | Jan 21 | Su, 10-11:30am (7) | \$59.85 | 18121 |
| Get Ready for Kindergarten | 4-5 yrs | Jan 9 | Tu, 12:30-2:30pm (10) | \$178.00 | 18096 |
| Get Ready for Kindergarten 1:1 Support* | 4-5 yrs | Jan 9 | Tu, 12:30-2:30pm (10) | \$213.60 | 18097 |
| Get Ready for Kindergarten | 4-5 yrs | Jan 11 | Th, 12:30-2:30pm (10) | \$178.00 | 18095 |
| Get Ready for Kindergarten 1:1 Support | 4-5 yrs | Jan 11 | Th, 12:30-2:30pm (10) | \$178.00 | 18098 |
| Holiday Special: Valentines: Adult Participation | 3-5 yrs | Feb 10 | Sa, 10-11:30am (1) | \$13.35 | 19040 |
| Holiday Special: Valentines: Adult Participation | 3-5 yrs | Feb 10 | Sa, 12:30-2pm (1) | \$13.35 | 19043 |
| Play to Learn Preschool | 3-5 yrs | Jan 8 | M, 12:30-2:30pm (9) | \$130.50 | 18013 |
| Play to Learn Preschool 1:1 Support* | 3-5 yrs | Jan 8 | M, 12:30-2:30pm (9) | \$130.50 | 18017 |
| Play to Learn Preschool | 3-5 yrs | Jan 10 | W, 9:30-11:30am (10) | \$145.00 | 18014 |
| Play to Learn Preschool 1:1 Support* | 3-5 yrs | Jan 10 | W, 9:30-11:30am (10) | \$145.00 | 18019 |
| Play to Learn Preschool | 3-5 yrs | Jan 10 | W, 12:30-2:30pm (10) | \$145.00 | 18016 |
| Play to Learn Preschool 1:1 Support* | 3-5 yrs | Jan 10 | W, 12:30-2:30pm (10) | \$145.00 | 18018 |
| Play to Learn Preschool | 3-5 yrs | Jan 11 | Th, 9:30-11:30am (10) | \$145.00 | 18015 |
| Play to Learn Preschool 1:1 Support* | 3-5 yrs | Jan 11 | Th, 9:30-11:30am (10) | \$145.00 | 18020 |
| Sports & Games: Soccer | 4-5 yrs | Jan 12 | F, 4:30-5:15pm (10) | \$54.40 | 18611 |
| Sports & Games: Soccer | 3-4 yrs | Jan 12 | F, 3:45-4:15pm (10) | \$36.25 | 18610 |
| Sports & Games: Variety | 4-5 yrs | Jan 10 | W, 4:30-5:15pm (10) | \$54.40 | 18613 |
| Sports & Games: Variety | 3-4 yrs | Jan 10 | W, 3:45-4:15pm (10) | \$36.25 | 18612 |
| Music | | | | | |
| Young Tunes | 4-5 yrs | Jan 11 | Th, 5:45-6:15pm (10) | \$42.80 | 18157 |
| Young Tunes | 4-5 yrs | Jan 13 | Sa, 11:35am-12:20pm (8) | \$51.35 | 18985 |
| Theatre & Film | | | | | |
| Creative Drama | 4-5 yrs | Jan 22 | M, 3:45-4:30pm (7) | \$44.95 | 18077 |
| Creative Drama: Spring Break | 5-6 yrs | Mar 25 | M-F, 9:30-10:30am (5) | \$42.80 | 19553 |
| Visual Arts | | | | | |
| Pencils, Paints & Plasticine | 4-5 yrs | Jan 13 | Sa, 10-11am (8) | \$68.50 | 18186 |
| Pencils, Paints & Plasticine | 4-5 yrs | Jan 14 | Su, 10:30-11:30am (8) | \$68.50 | 19016 |



*Note: 1:1 spots are for children that have accessibility needs.

38 **Half price for the second child in the same family. Phone or in-person registration only.

Winter 2024 | Burnaby.ca/WebReg

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

Early Years

Dance

| | | | | | |
|-------------------------------------|---------|--------|-----------------------|---------|-------|
| Creative Dance: Adult Participation | 2-3 yrs | Jan 11 | Th, 9:50-10:35am (10) | \$54.40 | 18145 |
| Creative Dance: Adult Participation | 2-3 yrs | Jan 13 | Sa, 9:30-10am (8) | \$29.00 | 19003 |
| Creative Dance: Adult Participation | 2-3 yrs | Jan 14 | Su, 9:50-10:35am (8) | \$43.50 | 19578 |
| Creative Dance: Adult Participation | 2-3 yrs | Jan 16 | Tu, 10:05-10:50am (8) | \$43.50 | 18120 |
| Dance with Me: Adult Participation | 1-2 yrs | Jan 11 | Th, 9:15-9:45am (10) | \$36.25 | 18144 |
| Dance with Me: Adult Participation | 1-2 yrs | Jan 14 | Su, 9:15-9:45am (8) | \$29.00 | 19577 |
| Dance with Me: Adult Participation | 1-2 yrs | Jan 16 | Tu, 9:30-10am (8) | \$29.00 | 18119 |

Music

| | | | | | |
|--|-----------|--------|------------------------|---------|-------|
| Babytime Music & Movement: Adult Participation | 9-15 mos | Jan 11 | Th, 9:25-9:55am (10) | \$36.25 | 18151 |
| Babytime Music & Movement: Adult Participation | 9-15 mos | Jan 10 | W, 9:25-9:55am (10) | \$36.25 | 18135 |
| Babytime Music & Movement: Adult Participation | 4-8 mos | Jan 10 | W, 10-10:30am (10) | \$36.25 | 18136 |
| Babytime Music & Movement: Adult Participation | 4-8 mos | Jan 11 | Th, 10-10:30am (10) | \$36.25 | 18152 |
| Babytime Music & Movement: Adult Participation | 4-11 mos | Jan 13 | Sa, 10:25-10:55am (8) | \$29.00 | 18200 |
| Babytime Music & Movement: Adult Participation | 11-23 mos | Jan 13 | Sa, 9:30-10:15am (8) | \$43.50 | 18194 |
| Babytime Music & Movement: Adult Participation | 16-23 mos | Jan 10 | W, 10:35-11:05am (10) | \$36.25 | 18137 |
| Babytime Music & Movement: Adult Participation | 16-23 mos | Jan 11 | Th, 10:40-11:10am (10) | \$36.25 | 18153 |
| Musical Rascals: Adult Participation | 2-3 yrs | Jan 10 | W, 11:15-11:45am (10) | \$36.25 | 18138 |
| Musical Rascals: Adult Participation | 2-3 yrs | Jan 11 | Th, 11:15-11:45am (10) | \$36.25 | 18154 |
| Musical Rascals: Adult Participation | 2-3 yrs | Jan 13 | Sa, 11-11:30am (8) | \$29.00 | 18981 |

Visual Arts

| | | | | | |
|--|----------|--------|-------------------------|---------|-------|
| A is for Art, F is for Family: Adult Participation | 2-3 yrs | Jan 9 | Tu, 10:45-11:30am (5) | \$27.20 | 18106 |
| A is for Art, F is for Family: Adult Participation | 2-3 yrs | Jan 14 | Su, 9:15-10am (8) | \$43.50 | 19014 |
| A is for Art, F is for Family: Adult Participation | 2-3 yrs | Feb 13 | Tu, 10:45-11:30am (5) | \$27.20 | 18107 |
| A is for Art, F is for Family: Adult Participation | 3-4 yrs | Jan 9 | Tu, 11:45am-12:30pm (5) | \$27.20 | 18110 |
| A is for Art, F is for Family: Adult Participation | 3-4 yrs | Feb 13 | Tu, 11:45am-12:30pm (5) | \$27.20 | 18108 |
| A is for Art, F is for Family: Adult Participation | 3-4 yrs | Feb 13 | Tu, 5-5:45pm (5) | \$27.20 | 18118 |
| Adventures in Art: Adult Participation | 1½-2 yrs | Jan 9 | Tu, 9:30-10:15am (5) | \$27.20 | 18104 |
| Adventures in Art: Adult Participation | 1½-2 yrs | Feb 13 | Tu, 9:30-10:15am (5) | \$27.20 | 18105 |

Multi-age

Visual Arts

| | | | | | |
|---|--------|--------|--------------|---------|-------|
| Family Paint Night: Snowy, Starry Night | 7 yrs+ | Jan 19 | F, 4-6pm (1) | \$17.10 | 19144 |
| Family Paint Night: Floating Lanterns | 7 yrs+ | Feb 16 | F, 4-6pm (1) | \$17.10 | 19150 |
| Family Paint Night: Bees & Tulips | 7 yrs+ | Mar 15 | F, 4-6pm (1) | \$17.10 | 19153 |

Yoga

| | | | | | |
|--|----------|--------|--------------------|---------|-------|
| Yoga: for Families - Adult Participation | 4-7 yrs | Jan 21 | Su, 10-10:45am (8) | \$55.02 | 16389 |
| Yoga: for Families - Adult Participation | 4-11 yrs | Jan 21 | Su, 11-11:45am (8) | \$55.02 | 16390 |

Join us for Tiny Tikes!

Together with your child (aged 1-5 years old), explore and play with a wide variety of toys. Your kids can enjoy ride-on toys, climbers, soccer, basketball and floor hockey.

Drop-in (first come first serve up to a maximum of 60 people). Offered at Bonsor, Cameron, Edmonds and Christine Sinclair Community Centres.

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EILEEN DAILY ACTIVITIES

Phone 604-298-7946. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit Burnaby.ca/EileenDaily

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|------------------------------|-----------|--------|-------------------------|----------|---------|
| <i>Adult</i> | | | | | |
| Martial Arts | | | | | |
| Karate: All Levels | 14 yrs+ | Jan 10 | W, 7-8:30pm (6) | \$68.13 | 17210 |
| Karate: All Levels | 14 yrs+ | Feb 21 | W, 7-8:30pm (6) | \$68.13 | 17211 |
| Swimming | | | | | |
| Adult 1 | 14 yrs+ | Jan 12 | F, 11-11:45am (10) | \$87.00 | 18835 |
| Adult 1 | 14 yrs+ | Jan 12 | F, 6-6:45pm (10) | \$87.00 | 18837 |
| Adult 1 | 14 yrs+ | Jan 13 | Sa, 9-9:45am (9) | \$78.60 | 18838 |
| Adult 1 | 14 yrs+ | Jan 13 | Sa, 11:15am-noon (9) | \$78.60 | 18840 |
| Adult 1 | 14 yrs+ | Jan 14 | Su, 9-9:45am (9) | \$78.60 | 18841 |
| Adult 1 | 14 yrs+ | Jan 14 | Su, 11:30am-12:15pm (9) | \$78.60 | 18842 |
| Adult 1 | 14 yrs+ | Jan 14 | Su, 12:15-1pm (9) | \$78.60 | 18843 |
| Adult 2 | 14 yrs+ | Jan 13 | Sa, 10:15-11am (9) | \$78.60 | 18844 |
| Adult 2 | 14 yrs+ | Jan 14 | Su, 10:15-11am (9) | \$78.60 | 18845 |
| Adult 3 | 14 yrs+ | Jan 13 | Sa, 10:30-11:15am (9) | \$78.60 | 18846 |
| Weight Training | | | | | |
| Running Clinic: Beginner | 14 yrs+ | Jan 11 | Th, 6-7pm (6) | \$56.90 | 17222 |
| Running Clinic: Beginner | 14 yrs+ | Feb 22 | Th, 6-7pm (6) | \$56.90 | 17224 |
| Weight Training: Beginner | 14 yrs+ | Jan 12 | F, 12:15-1:15pm (6) | \$56.90 | 17227 |
| Weight Training: Beginner | 14 yrs+ | Feb 23 | F, 12:15-1:15pm (5) | \$47.40 | 17228 |
| Yoga | | | | | |
| Pilates | 16 yrs+ | Jan 10 | W, 10:30-11:30am (6) | \$78.50 | 17212 |
| Pilates | 16 yrs+ | Feb 21 | W, 10:30-11:30am (6) | \$78.50 | 17213 |
| Yoga: Hatha | 14 yrs+ | Jan 10 | W, 9-10:15am (6) | \$68.80 | 17229 |
| Yoga: Hatha | 14 yrs+ | Feb 21 | W, 9-10:15am (6) | \$68.80 | 17230 |
| <i>Youth</i> | | | | | |
| Personal Development | | | | | |
| Babysitter's Training | 11-14 yrs | Jan 11 | Th, 6-8pm (6) | \$89.90 | 16870 |
| Babysitter's Training | 11-14 yrs | Feb 22 | Th, 6-8pm (5) | \$74.90 | 16943 |
| Swimming | | | | | |
| Bronze Star | 12-17 yrs | Jan 12 | F, 4:30-8:30pm (3) | \$115.00 | 18817 |
| Bronze Star | 12-17 yrs | Feb 2 | F, 4:30-8:30pm (3) | \$115.00 | 18818 |
| Bronze Star | 12-17 yrs | Feb 23 | F, 4:30-8:30pm (3) | \$115.00 | 18819 |
| Bronze Cross | 13 yrs+ | Jan 30 | Tu, Th, 5-9pm (6) | \$215.00 | 18826 |
| Bronze Cross | 13 yrs+ | Feb 10 | Sa, 8am-2:30pm (4) | \$215.00 | 18828 |
| Bronze Medallion | 13 yrs+ | Jan 9 | Tu, Th, 5-9pm (6) | \$215.00 | 18824 |
| Bronze Medallion | 13 yrs+ | Jan 13 | Sa, 8am-2:30pm (4) | \$215.00 | 18822 |
| Bronze Medallion | 13 yrs+ | Feb 20 | Tu, Th, 5-9pm (6) | \$215.00 | 18825 |
| Stroke Improvement & Fitness | 12-15 yrs | Jan 13 | Sa, noon-1pm (9) | \$67.50 | 18947 |
| Stroke Improvement & Fitness | 12-15 yrs | Jan 14 | Su, 10:30-11:30am (9) | \$67.50 | 18948 |

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Get certified to become a lifeguard and swim instructor with us!

Well-trained lifeguards and swim instructors are in high demand. Visit Burnaby.ca/Lifeguard

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

*Youth***Visual Arts**

| | | | | | |
|----------------|-----------|-------|------------------|---------|-------|
| InBeTWEEN Art* | 10-13 yrs | Feb 3 | Sa, 3-4:30pm (6) | \$77.05 | 18043 |
|----------------|-----------|-------|------------------|---------|-------|

Weight Training

| | | | | | |
|---|-----------|--------|----------------------|---------|-------|
| Strength & Conditioning for Youth Females | 13-16 yrs | Jan 14 | Su, 2:15-3:15pm (4) | \$27.60 | 17937 |
| Strength & Conditioning for Youth Females | 13-16 yrs | Feb 11 | Su, 2:15-3:15pm (4) | \$27.60 | 17938 |
| Weight Training for Teens | 14-16 yrs | Jan 20 | Sa, 12:30-1:30pm (4) | \$27.60 | 17947 |
| Weight Training for Teens | 14-16 yrs | Feb 24 | Sa, 12:30-1:30pm (4) | \$27.60 | 17948 |

*Child***Dance**

| | | | | | |
|--------------------------|----------|--------|--------------------|---------|-------|
| Modern Dance: Beginner* | 6-9 yrs | Jan 19 | F, 6-7pm (8) | \$68.50 | 18047 |
| Modern Dance: Continued* | 7-11 yrs | Jan 19 | F, 7:10-8:10pm (8) | \$68.50 | 18085 |

Media

| | | | | | |
|--------------------|----------|--------|---------------------|----------|-------|
| Artsy Engineers | 7-12 yrs | Feb 25 | Su, 10-11:30am (5) | \$175.00 | 17206 |
| BioChem Explorers | 7-12 yrs | Feb 25 | Su, noon-1:30pm (5) | \$175.00 | 17207 |
| Budding Engineers | 7-12 yrs | Jan 14 | Su, 10-11:30am (5) | \$175.00 | 17204 |
| Electric Explorers | 7-12 yrs | Jan 14 | Su, noon-1:30pm (5) | \$175.00 | 17205 |

Theatre & Film

| | | | | | |
|------------------------|----------|-------|----------------------|---------|-------|
| Creative Drama* | 6-8 yrs | Feb 3 | Sa, 9:45-10:45am (5) | \$42.80 | 18103 |
| Drama: Games & Improv* | 8-12 yrs | Feb 3 | Sa, 11am-12:30pm (5) | \$64.20 | 18094 |

*Preschool***Dance**

| | | | | | |
|------------------|---------|--------|-----------------|---------|-------|
| Creative Ballet* | 4-5 yrs | Jan 19 | F, 4:15-5pm (8) | \$51.35 | 18078 |
|------------------|---------|--------|-----------------|---------|-------|

Early Learning

| | | | | | |
|--|--------------|--------|-----------------------|----------|-------|
| Busy Bees: Adult Participation | 10 mos-5 yrs | Jan 10 | W, 9-10:30am (11) | \$94.05 | 16944 |
| Busy Bees: Adult Participation | 10 mos-5 yrs | Jan 10 | W, 11am-12:30pm (11) | \$94.05 | 16945 |
| Daily Discoveries: Colours & Shapes | 3-5 yrs | Feb 13 | Tu, 3:15-5:15pm (5) | \$89.00 | 20517 |
| Daily Discoveries: Colours & Shapes | 3-5 yrs | Feb 24 | Sa, 12:30-2:30pm (5) | \$89.00 | 17208 |
| Get Ready for Kindergarten | 4-5 yrs | Jan 12 | F, 12:30-2:30pm (11) | \$195.80 | 17209 |
| Holiday Special: Valentines: Adult Participation | 3-5 yrs | Feb 10 | Sa, 9:30-11am (1) | \$13.35 | 19180 |
| Holiday Special: Valentines: Adult Participation | 3-5 yrs | Feb 10 | Sa, 11:30am-1pm (1) | \$13.35 | 19184 |
| Play to Learn Preschool | 3-5 yrs | Jan 9 | Tu, 12:30-2:30pm (11) | \$159.50 | 17214 |
| Play to Learn Preschool | 3-5 yrs | Jan 12 | F, 9:30-11:30am (11) | \$159.50 | 17219 |
| Silly Scientists | 3-5 yrs | Jan 9 | Tu, 3:15-5:15pm (5) | \$89.00 | 20518 |
| Silly Scientists | 3-5 yrs | Jan 13 | Sa, 12:30-2:30pm (5) | \$89.00 | 17225 |

*Early Years***Dance**

| | | | | | |
|---------------------------------------|---------|--------|--------------------|---------|-------|
| Creative Ballet* | 3 yrs | Jan 19 | F, 3:30-4pm (8) | \$34.25 | 18070 |
| Tiny Toes Dance: Adult Participation* | 2-3 yrs | Jan 19 | F, 5:15-5:45pm (8) | \$29.00 | 17994 |

Games

| | | | | | |
|---|-----------|--------|-------------------|---------|-------|
| Toddler Build & Play: Adult Participation | 1½-3½ yrs | Jan 11 | Th, 12:30-2pm (6) | \$51.30 | 17980 |
| Toddler Build & Play: Adult Participation | 1½-3½ yrs | Feb 22 | Th, 12:30-2pm (6) | \$51.30 | 18133 |

WILLINGDON ACTIVITIES

Phone 604-297-4526. Activities subject to change. Prices do not include tax.
Additional fees may apply. For up to date information, visit Burnaby.ca/Willingdon

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

Adult

Adapted Activities

| | | | | | |
|----------------------|---------|--------|------------------|---------|-------|
| Social Club: Adapted | 18 yrs+ | Jan 25 | Th, 6:30-8pm (8) | \$61.20 | 16868 |
|----------------------|---------|--------|------------------|---------|-------|

Group Fitness

| | | | | | |
|----------------------------|---------|--------|-----------------------|---------|-------|
| Body Sculpt & Conditioning | 14 yrs+ | Jan 9 | Tu, 7:30-8:30pm (5) | \$36.05 | 18300 |
| Body Sculpt & Conditioning | 14 yrs+ | Jan 11 | Th, 9:15-10:15am (10) | \$72.10 | 18301 |
| Body Sculpt & Conditioning | 14 yrs+ | Feb 13 | Tu, 7:30-8:30pm (5) | \$36.05 | 19507 |
| Pilates | 14 yrs+ | Jan 12 | F, 9:15-10:15am (5) | \$65.40 | 18303 |
| Pilates | 14 yrs+ | Feb 23 | F, 9:15-10:15am (4) | \$52.32 | 19514 |
| Stretch, Core & More | 14 yrs+ | Jan 11 | Th, 7:30-8:30pm (5) | \$36.05 | 18302 |
| Stretch, Core & More | 14 yrs+ | Feb 15 | Th, 7:30-8:30pm (5) | \$36.05 | 19510 |

Visual Arts

| | | | | | |
|-----------------|---------|--------|--------------|----------|-------|
| Paint & Sketch* | 18 yrs+ | Jan 26 | F, 6-8pm (6) | \$102.72 | 17983 |
|-----------------|---------|--------|--------------|----------|-------|

Weight Training

| | | | | | |
|---------------------------|---------|--------|--------------|---------|-------|
| Weight Training: Beginner | 14 yrs+ | Jan 10 | W, 5-6pm (5) | \$47.40 | 18305 |
| Weight Training: Beginner | 14 yrs+ | Feb 14 | W, 5-6pm (5) | \$47.40 | 18306 |

Wellness

| | | | | | |
|---------------------------------|---------|-------|----------------------|---------|-------|
| Circuit Training for Every Body | 14 yrs+ | Jan 9 | Tu, 6:15-7:15pm (10) | \$72.10 | 18304 |
|---------------------------------|---------|-------|----------------------|---------|-------|

Yoga

| | | | | | |
|--------------|---------|-------|--------------------|----------|-------|
| Yoga: Gentle | 14 yrs+ | Jan 8 | M, 7:30-8:45pm (9) | \$103.16 | 18299 |
|--------------|---------|-------|--------------------|----------|-------|

Youth

Personal Development

| | | | | | |
|-----------------------|-----------|-------|-----------------|---------|-------|
| Babysitter's Training | 11-15 yrs | Jan 8 | M, 5-6:30pm (8) | \$89.88 | 18605 |
|-----------------------|-----------|-------|-----------------|---------|-------|

Child

Camps

| | | | | | |
|--------------------------------|----------|--------|-------------------|----------|-------|
| Pro-D Day Camp | 6-11 yrs | Feb 16 | F, 9am-3pm (1) | \$31.50 | 18987 |
| Pro-D Day Camp 1:1 Support* | 6-11 yrs | Feb 16 | F, 9am-3pm (1) | \$31.50 | 18999 |
| Science Discoveries: SPA DIY | 8-12 yrs | Jan 10 | W, 3:30-5pm (5) | \$56.20 | 19030 |
| Science Discoveries: SPA DIY | 8-12 yrs | Feb 14 | W, 3:30-5pm (5) | \$56.20 | 19031 |
| Spring Break Camp | 6-11 yrs | Mar 18 | M-F, 9am-3pm (5) | \$157.50 | 18979 |
| Spring Break Camp 1:1 Support* | 6-11 yrs | Mar 18 | M-F, 9am-3pm (5) | \$157.50 | 18991 |
| Spring Break Camp | 6-11 yrs | Mar 25 | M-Th, 9am-3pm (4) | \$126.00 | 18982 |

Ceramics

| | | | | | |
|------------|---------|--------|------------------|---------|-------|
| Clayworks* | 6-8 yrs | Feb 15 | Th, 3:30-5pm (4) | \$51.35 | 18588 |
|------------|---------|--------|------------------|---------|-------|

Games

| | | | | | |
|--------------------|---------|-------|--------------------|---------|-------|
| LEGO® & Games Club | 6-8 yrs | Jan 8 | M, 3:15-4:45pm (4) | \$19.92 | 18377 |
| LEGO® & Games Club | 6-8 yrs | Feb 5 | M, 3:15-4:45pm (5) | \$24.90 | 18378 |

Indoor / Gym Sports

| | | | | | |
|------------|-----------|--------|--------------------|---------|-------|
| Basketball | 6-8 yrs | Jan 10 | W, 3:10-4:10pm (5) | \$31.55 | 18314 |
| Basketball | 6-8 yrs | Feb 14 | W, 3:10-4:10pm (5) | \$31.55 | 18315 |
| Basketball | 8-10 yrs | Jan 10 | W, 4:20-5:20pm (5) | \$31.55 | 18313 |
| Basketball | 8-10 yrs | Feb 14 | W, 4:20-5:20pm (5) | \$31.55 | 18316 |
| Basketball | 10-12 yrs | Jan 10 | W, 5:30-6:30pm (5) | \$31.55 | 18308 |
| Basketball | 10-12 yrs | Feb 14 | W, 5:30-6:30pm (5) | \$31.55 | 18317 |

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------------------------|-----------|--------|--------------------|---------|---------|
| <i>Child</i> | | | | | |
| Indoor / Gym Sports | | | | | |
| Soccer | 6-8 yrs | Jan 12 | F, 3:10-4:10pm (4) | \$25.24 | 18370 |
| Soccer | 6-8 yrs | Feb 9 | F, 3:10-4:10pm (5) | \$31.55 | 18371 |
| Soccer | 8-10 yrs | Jan 12 | F, 4:20-5:20pm (4) | \$25.24 | 18372 |
| Soccer | 8-10 yrs | Feb 9 | F, 4:20-5:20pm (5) | \$31.55 | 18373 |
| Soccer | 10-12 yrs | Jan 12 | F, 5:30-6:30pm (4) | \$25.24 | 18374 |
| Soccer | 10-12 yrs | Feb 9 | F, 5:30-6:30pm (5) | \$31.55 | 18375 |
| Sports Zone | 6-10 yrs | Jan 8 | M, 3:15-4:45pm (4) | \$37.86 | 18367 |
| Sports Zone | 6-10 yrs | Feb 5 | M, 3:15-4:45pm (5) | \$47.33 | 18369 |

Visual Arts

| | | | | | |
|--------------------|----------|--------|----------------------|---------|-------|
| Creative Artworks* | 8-12 yrs | Jan 23 | Tu, 3:30-5pm (6) | \$77.05 | 18055 |
| Young Artists* | 5-6 yrs | Jan 27 | Sa, 12:30-1:30pm (7) | \$84.20 | 18238 |

Preschool

Ceramics

| | | | | | |
|---------------------------------|---------|--------|------------------|---------|-------|
| Clay-Time: Adult Participation* | 3-5 yrs | Jan 18 | Th, 3:30-5pm (4) | \$51.35 | 18089 |
|---------------------------------|---------|--------|------------------|---------|-------|

Cooking & Food

| | | | | | |
|-------------------------|----------|--------|---------------------|---------|-------|
| Incredible Edible Books | 3½-5 yrs | Jan 10 | W, 12:30-2:30pm (5) | \$89.00 | 18289 |
| Incredible Edible Books | 3½-5 yrs | Feb 21 | W, 12:30-2:30pm (4) | \$71.20 | 18290 |

Dance

| | | | | | |
|------------------|---------|--------|-------------------|---------|-------|
| Creative Ballet* | 4-5 yrs | Jan 19 | F, 11-11:45am (7) | \$44.95 | 17997 |
|------------------|---------|--------|-------------------|---------|-------|

Early Learning

| | | | | | |
|--|--------------|--------|-----------------------|----------|-------|
| Busy Bees: Adult Participation | 10 mos-5 yrs | Jan 9 | Tu, 9:45-11:15am (10) | \$85.50 | 18288 |
| Get Ready for Kindergarten | 4-5 yrs | Jan 8 | M, 12:30-2:30pm (9) | \$160.20 | 18296 |
| Play to Learn Preschool | 3-5 yrs | Jan 8 | M, 9:30-11:30am (9) | \$130.50 | 18225 |
| Play to Learn Preschool | 3-5 yrs | Jan 9 | Tu, 9:30-11:30am (10) | \$145.00 | 18285 |
| Play to Learn Preschool | 3-5 yrs | Jan 10 | W, 9:30-11:30am (10) | \$145.00 | 18286 |
| Play to Learn Preschool | 3-5 yrs | Jan 11 | Th, 9:30-11:30am (10) | \$145.00 | 18287 |
| Preschool Sports & More | 4-5 yrs | Jan 10 | W, 12:15-1pm (5) | \$27.20 | 18291 |
| Preschool Sports & More | 4-5 yrs | Feb 21 | W, 12:15-1pm (4) | \$21.76 | 18292 |
| Silly Scientists | 3-5 yrs | Jan 12 | F, 9:30-11:30am (5) | \$89.00 | 18297 |
| Silly Scientists | 3-5 yrs | Feb 23 | F, 9:30-11:30am (4) | \$71.20 | 18298 |
| Teeny Valentine Special: Adult Participation | 1½-6 yrs | Feb 14 | W, 12:30-2:30pm (1) | \$17.80 | 19046 |

Visual Arts

| | | | | | |
|---------------|---------|--------|----------------------|---------|-------|
| Messy Makers* | 4-5 yrs | Jan 27 | Sa, 9:30-10:30am (7) | \$84.20 | 17981 |
|---------------|---------|--------|----------------------|---------|-------|

Early Years

Dance

| | | | | | |
|---------------------------------------|----------|--------|----------------------|---------|-------|
| Creative Ballet* | 3½-4 yrs | Jan 19 | F, 10:15-10:45am (7) | \$29.96 | 17996 |
| Creative Ballet* | 3 yrs | Jan 19 | F, 9:30-10am (7) | \$29.95 | 17995 |
| Tiny Toes Dance: Adult Participation* | 2-3 yrs | Jan 19 | F, noon-12:30pm (7) | \$25.40 | 17991 |

Visual Arts

| | | | | | |
|-----------------------------------|---------|--------|-------------------|---------|-------|
| Art Sampler: Adult Participation* | 3-4 yrs | Jan 27 | Sa, 11am-noon (7) | \$75.05 | 18092 |
|-----------------------------------|---------|--------|-------------------|---------|-------|

BURNABY ART GALLERY ACTIVITIES

Phone 604-297-4422. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit BurnabyArtGallery.ca



Photo by Sarah Race

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|---------------------------------|---------|--------|-----------------|---------|---------|
| <i>Adult</i> | | | | | |
| Art Social: Drawing & Drink | 19 yrs+ | Jan 24 | W, 6-9pm (1) | \$40.68 | 18278 |
| Art Social: Printmaking & Pinot | 19 yrs+ | Feb 28 | W, 6-9pm (1) | \$40.68 | 18279 |
| Open Studio | 16 yrs+ | Feb 21 | W, 5-8pm (1) | \$17.57 | 18276 |
| Open Studio | 16 yrs+ | Jan 17 | W, 5-8pm (1) | \$17.57 | 18275 |
| Paper Art Workshop | 16 yrs+ | Feb 11 | Su, 1-4pm (1) | \$35.68 | 18635 |

| | | | | | |
|------------------|---------|--------|-------------------------|---------|-------|
| <i>Child</i> | | | | | |
| Kids Art Connect | 6-8 yrs | Jan 20 | Sa, 1:30-3:30pm (4) | \$95.60 | 18271 |
| Kids Art Connect | 4-5 yrs | Jan 20 | Sa, 10-11am (4) | \$52.80 | 18272 |
| Kids Art Connect | 4-5 yrs | Jan 20 | Sa, 11:30am-12:30pm (4) | \$52.80 | 18274 |

| | | | | | |
|---|-----------|--------|---------------|--------|-------|
| <i>Multi-age</i> | | | | | |
| In the BAG | Multi-age | Feb 25 | Su, 1-4pm (1) | No Fee | 18268 |
| In the BAG | Multi-age | Jan 14 | Su, 1-4pm (1) | No Fee | 18267 |
| In the BAG | Multi-age | Mar 10 | Su, 1-4pm (1) | No Fee | 18269 |
| Kindred Tracings Book Launch and Panel Discussion | Multi-age | Jan 21 | Su, 1-4pm (1) | No Fee | 18669 |

BURNABY VILLAGE MUSEUM ACTIVITIES

604-297-4565



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------|-----|--------|-----------------|-------|---------|
|----------|-----|--------|-----------------|-------|---------|

Adult

Museum

| | | | | | |
|---|---------|--------|-----------------------|----------|-------|
| At the Forge: Iron Rose Making | 13 yrs+ | Feb 8 | Th, 6-9pm (1) | \$64.00 | 19125 |
| Blacksmithing: Basic | 13 yrs+ | Feb 10 | Sa, 9am-1pm (1) | \$87.00 | 17284 |
| Blacksmithing: Basic | 13 yrs+ | Feb 18 | Su, 9am-1pm (1) | \$87.00 | 17285 |
| Blacksmithing: Basic | 13 yrs+ | Feb 24 | Sa, 9am-1pm (1) | \$87.00 | 17286 |
| Blacksmithing: Basic | 13 yrs+ | Jan 21 | Su, 9am-1pm (1) | \$87.00 | 17282 |
| Blacksmithing: Basic | 13 yrs+ | Jan 28 | Su, 9am-1pm (1) | \$87.00 | 17283 |
| Blacksmithing: Basic | 13 yrs+ | Mar 23 | Sa, 9am-1pm (1) | \$87.00 | 17290 |
| Blacksmithing: Basic | 13 yrs+ | Mar 3 | Su, 9am-1pm (1) | \$87.00 | 17289 |
| Blacksmithing: Basic | 13 yrs+ | Mar 9 | Sa, 9am-1pm (1) | \$87.00 | 17288 |
| Blacksmithing: Forge Welding | 13 yrs+ | Jan 27 | Sa, 9am-1pm (1) | \$87.00 | 18205 |
| Blacksmithing: Forging Fundamentals | 16 yrs+ | Feb 22 | Th, 6-9pm (4) | \$256.00 | 18446 |
| Blacksmithing: Handy Hardware | 16 yrs+ | Mar 17 | Su, 9am-1pm (1) | \$87.00 | 18211 |
| Blacksmithing: Hooks, Hangers & Plant Holders | 13 yrs+ | Feb 4 | Su, 9am-1pm (1) | \$87.00 | 18222 |
| Blacksmithing: Immersion | 16 yrs+ | Feb 17 | Sa, 9am-3pm (1) | \$123.00 | 17279 |
| Blacksmithing: Immersion | 16 yrs+ | Jan 20 | Sa, 9am-3pm (1) | \$123.00 | 17278 |
| Blacksmithing: Immersion | 16 yrs+ | Mar 16 | Sa, 9am-3pm (1) | \$123.00 | 17280 |
| Blacksmithing: Letter Opener | 16 yrs+ | Feb 11 | Su, 9am-1pm (1) | \$82.00 | 18207 |
| Blacksmithing: Open Forge | 16 yrs+ | Feb 10 | Sa, 9am-1pm (1) | \$82.00 | 18228 |
| Blacksmithing: Open Forge | 16 yrs+ | Feb 18 | Su, 9am-1pm (1) | \$82.00 | 18230 |
| Blacksmithing: Open Forge | 16 yrs+ | Feb 24 | Sa, 9am-1pm (1) | \$82.00 | 18231 |
| Blacksmithing: Open Forge | 16 yrs+ | Jan 21 | Su, 9am-1pm (1) | \$82.00 | 18227 |
| Blacksmithing: Open Forge | 16 yrs+ | Mar 23 | Sa, 9am-1pm (1) | \$82.00 | 18236 |
| Blacksmithing: Open Forge | 16 yrs+ | Mar 9 | Sa, 9am-1pm (1) | \$82.00 | 18232 |
| Blacksmithing: Ornamental Animal Heads | 16 yrs+ | Mar 2 | Sa, 9am-2pm (1) | \$105.00 | 18218 |
| Blacksmithing: Ornamental Door Pull | 16 yrs+ | Feb 3 | Sa, 9am-1pm (1) | \$87.00 | 18223 |
| Blacksmithing: Pokers, Weeders & Bottle Openers | 13 yrs+ | Feb 25 | Su, 9am-1pm (1) | \$87.00 | 18208 |
| Blacksmithing: Tool Making | 16 yrs+ | Mar 10 | Su, 9am-1pm (1) | \$97.00 | 18215 |
| Ikebana: The Art of Japanese Floral Design | 16 yrs+ | Feb 10 | Sa, 10:30-11:30am (1) | \$35.00 | 16404 |
| Kirtan at the Museum: An Evening of Mantra Meditation | 13 yrs+ | Feb 17 | Sa, 5:30-7:30pm (1) | No Fee | 16399 |
| South Asian Design Series: Art with Islamic Geometry | 16 yrs+ | Mar 9 | Sa, 10-11:30am (1) | \$35.00 | 19101 |
| South Asian Design Series: Embroidered Lavender Sachets | 16 yrs+ | Feb 3 | Sa, 1-3pm (1) | \$25.00 | 19109 |
| South Asian Design Series: Moom Batik Scarf Painting | 16 yrs+ | Mar 16 | Sa, 10am-12:30pm (1) | \$55.00 | 18942 |
| South Asian Design Series: Polymer Clay Jewelry | 16 yrs+ | Feb 24 | Sa, 10am-12:30pm (1) | \$47.00 | 18756 |



BURNABY VILLAGE MUSEUM

Phone 604-297-4565. Activities subject to change. Prices do not include tax. Museum members receive a 10% discount on program fees.
For up to date information, visit BurnabyVillageMuseum.ca

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|----------------------------------|-----------|--------|------------------|----------|---------|
| <i>Youth</i> Museum | | | | | |
| Blacksmithing: Forging for Youth | 13-16 yrs | Mar 19 | Tu, 9am-noon (2) | \$123.00 | 18220 |

Child **Camps**

| | | | | | |
|---|---------|--------|-------------------|----------|-------|
| Heritage Adventures Spring Break After Camp Club | 6-9 yrs | Mar 18 | M-F, 3-5pm (5) | \$35.50 | 18392 |
| Heritage Adventures Spring Break After Camp Club | 6-9 yrs | Mar 25 | M-F, 3-5pm (4) | \$28.40 | 18405 |
| Heritage Adventures Spring Break Camp | 6-9 yrs | Mar 18 | M-F, 9am-3pm (5) | \$245.00 | 18388 |
| Heritage Adventures Spring Break Camp 1:1 Support* | 6-9 yrs | Mar 18 | M-F, 9am-3pm (5) | \$245.00 | 18632 |
| Heritage Adventures Spring Break Camp | 6-9 yrs | Mar 25 | M-F, 9am-3pm (4) | \$195.00 | 18401 |
| Heritage Adventures Winter Break After Camp Club | 6-9 yrs | Jan 2 | Tu-F, 3-5pm (4) | \$28.40 | 18379 |
| Heritage Adventures Winter Break Camp | 6-9 yrs | Jan 2 | Tu-F, 9am-3pm (4) | \$196.00 | 16403 |
| Heritage Adventures Winter Break Camp 1:1 Support* | 6-9 yrs | Jan 2 | Tu-F, 9am-3pm (4) | \$196.00 | 18627 |
| Pro-D Day Camp: Heritage Adventures | 6-9 yrs | Feb 16 | F, 9am-3pm (1) | \$48.00 | 16401 |
| Pro-D Day Camp: Heritage Adventures 1:1 Support* | 6-9 yrs | Feb 16 | F, 9am-3pm (1) | \$48.00 | 18628 |
| Pro-D Day Camp: Heritage Adventures After Camp Club | 6-9 yrs | Feb 16 | F, 3-5pm (1) | \$7.10 | 16402 |

Museum

| | | | | | |
|--|-----------|--------|--------------------|---------|-------|
| Fabric Monoprinting | 5-10 yrs | Mar 5 | Tu, 4-5:30pm (1) | \$25.00 | 18764 |
| South Asian Design Series: Art with Islamic Geometry | 10-15 yrs | Jan 27 | Sa, 10-11:30am (1) | \$20.00 | 19195 |
| South Asian Design Series: Glass Painting | 5-10 yrs | Feb 6 | Tu, 4-5:30pm (1) | \$28.00 | 18731 |
| Upcycled Spring Decorations | 6-9 yrs | Mar 14 | Th, 4-5:30pm (1) | \$7.10 | 16400 |

Multi-age

Museum

| | | | | | |
|--------------------------------------|--------|--------|-----------------------|---------|-------|
| Garden Planning: How to Benefit Bats | 6 yrs+ | Mar 30 | Sa, 10:30am-noon (2) | \$17.00 | 18945 |
| Garden Planning: Seed Starting | 6 yrs+ | Mar 2 | Sa, 10:30-11:30am (1) | \$17.00 | 18937 |



SHADBOLT ACTIVITIES

604-297-4440



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|---|---------|--------|----------------------|----------|---------|
| <i>Adult</i> | | | | | |
| Ceramics | | | | | |
| Ceramics 1: Handbuilt Sculptural Techniques | 18 yrs+ | Jan 10 | W, 6:30-9:30pm (8) | \$215.44 | 18670 |
| Ceramics 1: Introduction | 18 yrs+ | Jan 6 | Sa, 10am-2pm (8) | \$283.92 | 18657 |
| Ceramics 1: Introduction | 18 yrs+ | Jan 8 | M, 10am-1pm (8) | \$215.44 | 18656 |
| Ceramics 1: Introduction | 18 yrs+ | Jan 11 | Th, 6:30-9:30pm (8) | \$215.44 | 18654 |
| Ceramics 1: Introduction | 18 yrs+ | Jan 18 | Th, 6-9pm (8) | \$215.44 | 18655 |
| Ceramics 1: Wheel Throwing | 18 yrs+ | Jan 16 | Tu, 6:15-9:15pm (8) | \$215.44 | 18672 |
| Ceramics 1: Wheel Throwing | 18 yrs+ | Jan 17 | W, 10am-1pm (8) | \$215.44 | 18671 |
| Ceramics 2: Continuing | 18 yrs+ | Jan 11 | Th, 10am-2pm (8) | \$288.92 | 18674 |
| Ceramics 2: Continuing | 18 yrs+ | Jan 17 | W, 6:30-9:30pm (8) | \$220.44 | 18675 |
| Ceramics 2: Covered in Crystals | 18 yrs+ | Jan 8 | M, 10am-1pm (6) | \$208.64 | 18676 |
| Ceramics 2: From the Ground Up | 18 yrs+ | Jan 9 | Tu, 10am-1pm (8) | \$220.44 | 19461 |
| Ceramics 2: Put a Lid on It | 18 yrs+ | Jan 10 | W, 10am-1pm (8) | \$220.44 | 18673 |
| Ceramics 2: Slippery Surfaces Intensive | 18 yrs+ | Mar 9 | Su, Sa, 10am-4pm (2) | \$107.72 | 19485 |
| Ceramics 3: Studio Proficiency | 18 yrs+ | Jan 7 | Su, 10am-1pm (8) | \$220.44 | 18677 |
| Ceramics Alternative Firing: Raku | 18 yrs+ | Mar 3 | Su, 10am-4pm (1) | \$69.15 | 18683 |
| Ceramics Alternative Firing: Raku | 18 yrs+ | Mar 17 | Su, 10am-4pm (1) | \$69.15 | 18715 |
| Ceramics: Spring Soda Firing Reservation | 18 yrs+ | | | No Fee | 19352 |
| Ceramics: Spring Wood Firing Reservation | 18 yrs+ | | | No Fee | 19372 |

Wood & Soda Firing Workshops

To get into a Spring Soda Firing, sign up for Ceramics: Spring Soda Firing Reservation, Activity Code #19352. There is no fee to join the Reservation List. Fee for Soda Firing upon actual registration is \$177.26 (fee subject to change). Spring Firing dates: April 10-16, May 22-28.

For the Spring Wood Firing, sign up for Ceramics: Spring Wood Firing Reservation, Activity Code #19372. There is no fee to join the Reservation List. Fee for Wood Firing upon actual registration is \$313.56 (fee subject to change) and requires active participation in the firing. Date: May 9-15.

ACTIVITY

AGE

STARTS

TIME (Sessions)

PRICE

BARCODE

*Adult***Creative Writing**

| | | | | | |
|--|---------|--------|---------------------|----------|-------|
| Creative Writing | 18 yrs+ | Jan 9 | Tu, 6:30-8:30pm (8) | \$136.96 | 18219 |
| Creative Writing in Spanish: Narrativas de Migración | 18 yrs+ | Feb 8 | Th, 6-8pm (4) | No Fee | 18551 |
| Creative Writing: Memoir | 18 yrs+ | Jan 10 | W, 6-8pm (8) | \$136.96 | 18366 |
| Creative Writing: The Immigrant Journey | 18 yrs+ | Jan 11 | Th, 6-8pm (4) | No Fee | 18537 |
| Pages Writing Club | 18 yrs+ | Jan 8 | M, 7:30-10pm (8) | \$171.20 | 18192 |

Dance

| | | | | | |
|---|---------|--------|-------------------------|----------|-------|
| Ballet Advanced | 18 yrs+ | Jan 10 | W, 7:30-9pm (10) | \$193.05 | 15767 |
| Ballet Beginner | 18 yrs+ | Jan 8 | M, 7:15-8:30pm (9) | \$144.79 | 15762 |
| Ballet Beginner | 18 yrs+ | Jan 9 | Tu, 11am-12:15pm (10) | \$160.88 | 15763 |
| Ballet Intermediate | 18 yrs+ | Jan 11 | Th, 7:30-9pm (10) | \$193.05 | 15766 |
| Ballet: Open Level | 18 yrs+ | Jan 8 | M, 10-11:30am (9) | \$173.75 | 15759 |
| Ballet: Open Level | 18 yrs+ | Jan 11 | Th, 10-11:30am (10) | \$193.05 | 16527 |
| Dance Teacher Workshop: Creative Dance for Young Children | 18 yrs+ | Jan 28 | Su, 10am-5pm (1) | \$150.00 | 20493 |
| Jazz Intermediate | 18 yrs+ | Jan 8 | M, 7:15-9pm (9) | \$134.82 | 15760 |
| Jazz Intermediate / Advanced | 18 yrs+ | Jan 12 | F, 10:45am-12:30pm (10) | \$149.80 | 15769 |
| Modern Dance: Beginner | 18 yrs+ | Jan 9 | Tu, 5:45-7pm (10) | \$160.88 | 15771 |
| Modern Dance: Intermediate | 18 yrs+ | Jan 9 | Tu, 7-8:30pm (10) | \$193.05 | 15772 |
| Modern Dance: Open Level | 18 yrs+ | Jan 12 | F, 10-11:30am (10) | \$193.05 | 15773 |
| Performance Workshop with Salome Nieto | 21 yrs+ | Jan 20 | Sa, 2-4pm (8) | \$252.00 | 15776 |
| Tap: Beginner | 18 yrs+ | Jan 11 | Th, 7-8pm (10) | \$128.70 | 15774 |
| Tap: Intermediate | 18 yrs+ | Jan 12 | F, 7-8pm (10) | \$128.70 | 15775 |

Music

| | | | | | |
|--|---------|--------|------------------------|----------|-------|
| Drum Set Basics: Level 1 | 18 yrs+ | Jan 11 | Th, 7:10-8:10pm (9) | \$144.63 | 16182 |
| Drum Set Basics: Level 2 | 18 yrs+ | Jan 11 | Th, 8:15-9:15pm (9) | \$144.63 | 16183 |
| Singing | 18 yrs+ | Jan 6 | Sa, noon-1pm (9) | \$77.04 | 16187 |
| Theory Basics: Beginner Short Term Eva Law | 18 yrs+ | Jan 10 | W, 11:30am-12:30pm (8) | \$128.56 | 19196 |

Ceramics: Open Workshop

Clay for use in our studios must be purchased at Shadbolt Front Office (includes glaze and firing costs). If you have not attended an Open Workshop or ceramics program at the Mathers House before, please see the tech on duty for an orientation when you arrive. Workshops open for registration one week in advance on Mondays at 10am. The weekly schedule for open workshops is:

Mondays, 1:30-5pm & 5:30-9pm

Wednesdays, 1:30-5pm

Thursdays, 2:30-5:30pm

Sundays, 1:30-5pm

Sculpture by Margo Sorbara

Photo by Tonya Ng

Shadbolt also
offers activities at
other locations including
Christine Sinclair, Willingdon
and Eileen Dailly.
Check them out.

ACTIVITY

AGE

STARTS

TIME (Sessions)

PRICE

BARCODE

*Adult***Visual Arts**

| | | | | | |
|---|---------|--------|------------------------|----------|-------|
| Acrylics: Continuing | 18 yrs+ | Jan 17 | W, 9:30-12:30pm (8) | \$205.44 | 19687 |
| Acrylics: Introduction | 18 yrs+ | Jan 16 | Tu, 1:30-4:30pm (8) | \$205.44 | 18249 |
| Artist's Continuum | 18 yrs+ | Jan 15 | M, 6-9pm (8) | \$205.44 | 19542 |
| Cartooning & Illustration | 18 yrs+ | Jan 18 | Tu, 6-8pm (8) | \$136.96 | 19534 |
| Drawing: Face & Figure | 18 yrs+ | Jan 15 | M, 9:30-12:30pm (8) | \$254.64 | 20972 |
| Drawing: Beginner | 18 yrs+ | Jan 17 | W, 6:15-8:45pm (8) | \$171.20 | 18244 |
| Drawing: Continuing | 18 yrs+ | Jan 19 | F, 9:30am-12:30pm (8) | \$218.37 | 19584 |
| Drawing: Still life | 18 yrs+ | Jan 18 | Th, 9:30am-12:30pm (8) | \$205.44 | 18252 |
| Drawing & Painting Birds in Watercolour | 18 yrs+ | Jan 17 | W, 2-5pm (8) | \$205.44 | 19689 |
| Drawing for Absolute Beginners | 18 yrs+ | Jan 14 | Su, 10am-1pm (8) | \$205.44 | 19580 |
| Drawing with Water Soluble Media | 18 yrs+ | Jan 17 | W, 10am-1pm (8) | \$205.44 | 19691 |
| Meditative Arts | 18 yrs+ | Jan 19 | F, 1:30-4:30pm (8) | \$215.44 | 19690 |
| Painting Acrylic or Oils: Continuing | 18 yrs+ | Jan 16 | Tu, 6-9pm (8) | \$205.44 | 19545 |
| Painting Portraits | 18 yrs+ | Jan 15 | M, 1:30-4:30pm (8) | \$254.64 | 19598 |
| Painting Studio | 18 yrs+ | Jan 16 | Tu, 9:30am-12:30pm (8) | \$205.44 | 18246 |
| Textile Arts Studio | 18 yrs+ | Jan 18 | Th, 10am-2pm (8) | \$303.92 | 19535 |
| Visual Arts Open Studio | 18 yrs+ | Jan 16 | Tu, 9:30am-2:30pm (8) | \$103.60 | 19073 |
| Visual Arts Open Studio | 18 yrs+ | Jan 18 | Th, 9:30am-2:30pm (8) | \$103.60 | 19693 |
| Watercolour for Absolute Beginners | 18 yrs+ | Jan 17 | W, 6-9pm (8) | \$205.44 | 19688 |
| Watercolour: Fundamentals | 18 yrs+ | Jan 19 | F, 1:30-4:30pm (8) | \$205.44 | 19686 |
| Watercolour: Continuing | 18 yrs+ | Jan 18 | Th, 6-9pm (8) | \$205.44 | 19587 |
| Watercolour: Continuing | 18 yrs+ | Jan 19 | F, 9:30-12:30pm (8) | \$205.44 | 19588 |

*Youth***Ceramics**

| | | | | | |
|-------------------------------------|-----------|--------|------------------|----------|-------|
| Clay: Handbuilding & Wheel Throwing | 13-18 yrs | Jan 6 | Sa, 2:30-5pm (8) | \$223.48 | 18685 |
| Clay: Handbuilding & Wheel Throwing | 13-18 yrs | Jan 12 | F, 6-8:30pm (8) | \$223.48 | 18684 |

Creative Writing

| | | | | | |
|------------------|-----------|-------|------------------|----------|-------|
| Creative Writing | 13-17 yrs | Jan 9 | Tu, 4:30-6pm (8) | \$102.72 | 18213 |
|------------------|-----------|-------|------------------|----------|-------|

Dance

| | | | | | |
|---|-----------|--------|---------------------------|----------|-------|
| Ballet Repertoire: Senior | 13-18 yrs | Jan 12 | F, 4:30-6:30pm (19) | \$355.28 | 15916 |
| Spring Break Composition Workshop | 12-18 yrs | Mar 18 | M-F, 10am-noon (5) | \$85.60 | 17549 |
| Spring Break Ballet Intensive with Anneliese Rios | 13-18 yrs | Mar 25 | M-Th, 10:30am-12:30pm (4) | \$102.96 | 17679 |
| Tap Beginner Long-Term | 12-18 yrs | Jan 12 | F, 3:45-4:45pm (19) | \$274.53 | 17998 |

ACTIVITY

AGE

STARTS

TIME (Sessions)

PRICE

BARCODE

Youth

Media

| | | | | | |
|--|-----------|--------|-----------------------|----------|-------|
| Animation Design: Building Worlds & Characters | 10-15 yrs | Jan 6 | Sa, 1:30-3pm (10) | \$246.25 | 16190 |
| Film Sound & Soundscape Design: Beginners | 11-13 yrs | Jan 9 | Tu, 6-7:30pm (10) | \$246.25 | 19571 |
| Film Sound & Soundscape Design: Intermediate | 14-17 yrs | Jan 12 | F, 6-7:30pm (10) | \$246.25 | 19573 |
| Music Production and Songwriting | 12-15 yrs | Jan 7 | Su, 3-4:30pm (10) | \$246.25 | 19557 |
| Sound Effects for Video Games and Films | 12-15 yrs | Jan 7 | Su, 1-2:30pm (10) | \$246.25 | 19548 |
| Stop Motion Animation: Paper Puppet Animation | 12-15 yrs | Jan 7 | Su, 11am-12:30pm (10) | \$246.25 | 19551 |
| Video Editing: Blink & Cut for Beginners | 11-13 yrs | Jan 9 | Tu, 4-5:30pm (10) | \$246.25 | 19567 |
| Video Editing: Blink & Cut for Intermediates | 14-17 yrs | Jan 12 | F, 4-5:30pm (10) | \$246.25 | 19568 |
| Video-Making and Editing | 12-15 yrs | Jan 8 | M, 3:30-5pm (10) | \$246.25 | 19566 |

Visual Arts

| | | | | | |
|-------------------------------|-----------|--------|---------------------|----------|-------|
| Cartooning & Character Design | 13-16 yrs | Jan 15 | M, 6-8pm (8) | \$129.84 | 17546 |
| Drawing Studio | 13-17 yrs | Jan 14 | Su, 1:30-3:30pm (8) | \$146.96 | 17542 |
| Young Artist's Studio | 13-17 yrs | Jan 18 | Th, 6-8pm (8) | \$151.96 | 19537 |

Personal Development

| | | | | | |
|--|-----------|--------|------------------|----------|-------|
| Creative Thinking Lab: Spark your Creativity | 14-17 yrs | Jan 11 | Th, 4-5:30pm (8) | \$102.72 | 18489 |
|--|-----------|--------|------------------|----------|-------|

Theatre & Film

| | | | | | |
|------------------|-----------|-------|---------------|----------|-------|
| On-Camera Acting | 10-15 yrs | Jan 9 | Tu, 6-8pm (8) | \$205.92 | 18239 |
|------------------|-----------|-------|---------------|----------|-------|

Child

Camps

| | | | | | |
|------------------------------------|----------|--------|---------------------|----------|-------|
| After-Camp Fun- Arts Jam | 6-10 yrs | Mar 18 | M-F, 3-5pm (5) | \$36.60 | 18235 |
| After-Camp Fun- Pro-D day | 6-10 yrs | Feb 16 | F, 3-5pm (1) | \$7.30 | 18224 |
| Camp: Shadbolt Arts Jam | 6-10 yrs | Mar 18 | M-F, 8:30am-3pm (5) | \$307.15 | 18214 |
| Pro-D Day Camp: Colorful Creations | 6-10 yrs | Feb 16 | F, 8:30am-3pm (1) | \$61.40 | 18198 |

Ceramics

| | | | | | |
|-----------|----------|--------|-------------------------|----------|-------|
| Clayworks | 6-8 yrs | Jan 6 | Sa, 10:45am-12:15pm (8) | \$140.00 | 18690 |
| Clayworks | 6-8 yrs | Jan 6 | Sa, 1-2:30pm (8) | \$140.00 | 18691 |
| Clayworks | 6-8 yrs | Jan 9 | Tu, 3:30-5pm (8) | \$140.00 | 18686 |
| Clayworks | 9-12 yrs | Jan 11 | Th, 3:30-5:30pm (8) | \$189.24 | 18687 |
| Clayworks | 9-12 yrs | Jan 12 | F, 3:30-5:30pm (8) | \$189.24 | 18688 |

Creative Writing

| | | | | | |
|------------------------------------|----------|-------|-----------------|----------|-------|
| Creative Writing: Words and Images | 9-12 yrs | Jan 8 | M, 5:30-7pm (8) | \$102.72 | 18203 |
|------------------------------------|----------|-------|-----------------|----------|-------|

Long-term dance programs

The long-term dance program is still accepting registration for some classes. For more information please call Shadbolt at 604-297-4440.

Photo by Tonya Ng

ACTIVITY

AGE

STARTS

TIME (Sessions)

PRICE

BARCODE

*Child***Dance**

| | | | | | |
|--|-----------|--------|--------------------------|----------|-------|
| Ballet Repertoire: Junior | 10-12 yrs | Feb 3 | Sa, 2:45-4:15pm (10) | \$128.40 | 16528 |
| Spring Break: Creative Dance to Live Music | 6 yrs | Mar 18 | M-F, 11:30am-12:30pm (5) | \$64.35 | 18162 |
| Spring Break: Introduction to Ballet | 7-8 yrs | Mar 18 | M-F, 1-2pm (5) | \$64.35 | 18254 |
| Spring Break: Introduction to Ballet | 9-10 yrs | Mar 18 | M-F, 2:15-3:15pm (5) | \$64.35 | 18257 |
| Tap Beginner Long-Term | 7-8 yrs | Jan 10 | W, 5-6pm (20) | \$287.40 | 18260 |

Media

| | | | | | |
|--|----------|--------|-------------------------|----------|-------|
| Animation: Intro | 9-12 yrs | Jan 6 | Sa, 10-11:30am (10) | \$246.25 | 16188 |
| Kid Tech | 9-12 yrs | Jan 10 | W, 4-5:30pm (10) | \$246.25 | 16178 |
| Kid Tech | 9-12 yrs | Jan 11 | Th, 4-5:30pm (10) | \$246.25 | 16179 |
| Sequential Art: Storyboarding and Comics | 9-12 yrs | Jan 6 | Sa, 11:45am-1:15pm (10) | \$246.25 | 16189 |
| Stop Motion Animation: Multiple Techniques + Editing & Sound | 9-12 yrs | Jan 10 | W, 6-7:30pm (10) | \$246.25 | 16180 |
| Stop Motion Animation: Multiple Techniques + Editing & Sound | 9-12 yrs | Jan 11 | Th, 6-7:30pm (10) | \$246.25 | 16181 |

Music

| | | | | | |
|---|----------|--------|-----------------|----------|-------|
| Guitar: Level 1 Short-Term Craig McCaul | 9-12 yrs | Jan 12 | 5:40-6:40pm (9) | \$144.63 | 21338 |
|---|----------|--------|-----------------|----------|-------|

Theatre & Film

| | | | | | |
|-----------------------------------|-----------|--------|-------------------------|----------|-------|
| Drama and Storytelling | 10-13 yrs | Jan 11 | Th, 5:45-7:45pm (8) | \$102.72 | 18452 |
| Drama and Storytelling | 10-13 yrs | Jan 13 | Sa, noon-2pm (8) | \$102.72 | 18403 |
| Drama and Storytelling | 6-8 yrs | Jan 11 | Th, 4-5:30pm (8) | \$77.04 | 18396 |
| Drama and Storytelling | 6-8 yrs | Jan 13 | Sa, 10:45am-12:15pm (8) | \$77.04 | 18416 |
| Drama and Storytelling | 7-9 yrs | Jan 13 | Sa, 12:45-2:15pm (8) | \$77.04 | 18418 |
| LARPing: The Deer Lake Chronicles | 10-13 yrs | Mar 18 | M-F, 9am-3pm (5) | \$256.80 | 18721 |

Visual Arts

| | | | | | |
|---|-----------|--------|-------------------------|----------|-------|
| Art Studio for Kids | 7-10 yrs | Jan 16 | Tu, 3:30-5pm (8) | \$102.72 | 17537 |
| Art Studio for Kids | 9-12 yrs | Jan 17 | W, 3:30-5pm (8) | \$102.72 | 17548 |
| Blossoming Artists | 5-6 yrs | Jan 13 | Sa, 1:15-2:30pm (8) | \$85.60 | 17629 |
| Blossoming Artists | 5-6 yrs | Jan 13 | Sa, 3-4:15pm (8) | \$85.60 | 18259 |
| Blossoming Artists | 5-6 yrs | Jan 14 | Su, 11:30am-12:45pm (8) | \$85.60 | 19589 |
| Blossoming Artists | 5-6 yrs | Jan 14 | Su, 1:15-2:30pm (8) | \$85.60 | 19590 |
| Blossoming Artists | 5-6 yrs | Jan 16 | Tu, 3:30-4:45pm (8) | \$85.60 | 19546 |
| Cartooning | 6-8 yrs | Jan 15 | M, 3:30-5pm (8) | \$102.72 | 17544 |
| Cartooning | 9-12 yrs | Jan 13 | Sa, 9:30-11am (8) | \$102.72 | 17543 |
| Chinese Brush Painting: Beginner & Continuing | 8-17 yrs | Jan 14 | Su, 1:30-3pm (8) | \$112.72 | 17545 |
| Drawing | 9-13 yrs | Jan 13 | Sa, 9:30-11am (8) | \$102.72 | 17547 |
| Drawing & Painting | 6-8 yrs | Jan 13 | Sa, 11:30am-1pm (8) | \$102.72 | 19563 |
| Drawing & Painting | 6-8 yrs | Jan 18 | Th, 3:30-5pm (8) | \$102.72 | 19533 |
| Drawing & Painting | 9-12 yrs | Jan 18 | Th, 3:30-5pm (8) | \$102.72 | 20964 |
| Drawing, Painting & Collage | 6-8 yrs | Jan 14 | Su, 9:30-11am (8) | \$102.72 | 17540 |
| Drawing, Painting & Collage | 6-8 yrs | Jan 17 | W, 3:30-5pm (8) | \$102.72 | 19717 |
| Drawing, Painting & Printmaking | 9-12 yrs | Jan 19 | F, 3:30-5pm (8) | \$117.72 | 19591 |
| Drawing, Painting & Sculpture | 6-8 yrs | Jan 18 | Th, 3:30-5pm (8) | \$102.72 | 19536 |
| Fabric Art Studio | 9-12 yrs | Jan 15 | M, 3:30-5pm (8) | \$122.72 | 19509 |
| Painting | 9-12 yrs | Jan 14 | Su, 11:30am-1pm (8) | \$117.72 | 17539 |
| Painting | 9-13 yrs | Jan 16 | Tu, 5:45-7:45pm (8) | \$151.96 | 17538 |
| Robotix | 10-14 yrs | Jan 13 | Sa, 2:30-4:30pm (8) | \$151.96 | 19574 |
| Sculptooning | 8-12 yrs | Jan 13 | Sa, 2-4pm (8) | \$146.96 | 19569 |
| Sculpture | 9-12 yrs | Jan 14 | Su, 1:30-3:30pm (8) | \$156.96 | 17541 |
| Video | 9-13 yrs | Jan 13 | Sa, 11:30am-1:30pm (8) | \$156.96 | 19572 |



| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|---|----------|--------|-------------------------|----------|---------|
| Preschool | | | | | |
| Ceramics | | | | | |
| Clayworks | 4-5 yrs | Jan 6 | Sa, 9:15-10:15am (8) | \$105.76 | 18689 |
| Dance | | | | | |
| Creative Dance to Live Music | 4 yrs | Jan 9 | Tu, 10:05-10:50am (10) | \$128.70 | 15785 |
| Creative Dance to Live Music | 4 yrs | Jan 13 | Sa, 9-9:45am (9) | \$115.83 | 15817 |
| Creative Dance to Live Music | 4 yrs | Jan 14 | Su, 11-11:45am (8) | \$102.96 | 15786 |
| Creative Dance to Live Music | 5 yrs | Jan 13 | Sa, 9:50-10:50am (9) | \$115.83 | 15814 |
| Creative Dance to Live Music | 5 yrs | Jan 13 | Sa, 12:15-1:15pm (9) | \$115.83 | 15808 |
| Creative Dance to Live Music | 5 yrs | Jan 14 | Su, 1-2pm (8) | \$102.96 | 15787 |
| Creative Dance to Live Music: Adult Participation | 3 yrs | Jan 9 | Tu, 9:15-10am (10) | \$128.70 | 15784 |
| Creative Dance to Live Music: Adult Participation | 3 yrs | Jan 14 | Su, 10-10:45am (8) | \$102.96 | 15789 |
| Creative Dance to Live Music: Adult Participation | 3 yrs | Jan 14 | Su, noon-12:45pm (8) | \$102.96 | 15788 |
| Spring Break: Creative Dance to Live Music | 4 yrs | Mar 18 | M-F, 9:30-10:15am (5) | \$64.35 | 18150 |
| Spring Break: Creative Dance to Live Music | 5 yrs | Mar 18 | M-F, 10:20-11:20am (5) | \$64.35 | 18156 |
| Music | | | | | |
| Preschool Music | 4-6 yrs | Jan 11 | Th, 11:50am-12:35pm (9) | \$77.04 | 16186 |
| Young Tunes: Adult Participation | 3½-5 yrs | Jan 11 | Th, 10:55-11:40am (9) | \$77.04 | 16185 |
| Theatre & Film | | | | | |
| Drama and Storytelling | 4-6 yrs | Jan 13 | Sa, 9:15-10:15am (8) | \$51.36 | 18397 |
| Drama and Storytelling | 4-6 yrs | Jan 13 | Sa, 9:30-10:30am (8) | \$51.36 | 18408 |
| Drama and Storytelling | 4-6 yrs | Jan 13 | Sa, 10:30-11:30am (8) | \$51.36 | 18399 |
| Visual Arts | | | | | |
| Budding Artists | 4-5 yrs | Jan 13 | Sa, 9:45-10:45am (8) | \$68.48 | 18255 |
| Budding Artists | 4-5 yrs | Jan 13 | Sa, 11:15am-12:15pm (8) | \$68.48 | 18258 |
| Budding Artists | 4-5 yrs | Jan 16 | Tu, 1:30-2:30pm (8) | \$68.48 | 19544 |
| Budding Artists | 4-5 yrs | Jan 18 | Th, 1:30-2:30pm (8) | \$68.48 | 19549 |

Early Years

| | | | | | |
|--------------------------------------|---------|--------|--------------------|---------|-------|
| Music | | | | | |
| Musical Rascals: Adult Participation | 2-3 yrs | Jan 11 | Th, 10-10:45am (9) | \$77.04 | 16184 |



Private music and voice lessons

We offer quality one-on-one and semi-private instruction in voice, piano, violin, classical guitar, acoustic guitar, electric guitar, bass guitar, upright bass, ukulele, drum set, clarinet, flute and saxophone. Register online at Burnaby.ca/WebReg.

For more information, contact Shadbolt Centre. Phone Ryan at 604-205-3031 or email ryan.clough-carroll@burnaby.ca

Private speech arts lessons

Private Speech Arts lessons are available for ages 6 years and up. Register online at Burnaby.ca/WebReg

BILL COPELAND & BURNABY LAKE ARENA ACTIVITIES

Phone 604-297-4521. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit Burnaby.ca/BillCopeland



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To ensure correct skate level placement, please review your child's latest report card or call 604-297-4521 before the December 14 registration date. Register 3-6 year-olds new to skating for Intro to Gliders.

Skating lessons

Adult, youth and adapted skating lessons are available during skating lesson times.

Browse preschool and children skating lessons in WebReg. Preschool activities for children ages 3 to 6 years old include Intro to Gliders, Gliders 1 to 5 and Parent and Tot Lessons. For children 6 to 12 years old, Blades 1 to 8 skating lessons are offered on various days and times.

Select an age category under 'Activities' and click the category for Skating. Filter lessons by facility using the drop-down selection menu. You can only register for one lesson set at a time. Visit Burnaby.ca/WebReg

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YOUTH CENTRES

Activities subject to change. Prices do not include tax. Additional fees may apply.
For up to date information, visit Burnaby.ca/Youth



Creekside 604-294-7607

Edmonds 604-297-4841

South Central 604-297-4497

Summit 604-268-1369

| ACTIVITY | AGE | STARTS | TIME (Sessions) | PRICE | BARCODE |
|---------------------------|-----------|--------|-----------------|---------|---------|
| Creekside | | | | | |
| Youth | | | | | |
| Pro-D Day Camp: Laser Tag | 10-12 yrs | Feb 16 | F, 9am-3pm (1) | \$40.00 | 19734 |

Edmonds

See page 40-41 for youth activities at Edmonds.

South Central

| | | | | | |
|---|-----------|--------|-------------------|----------|-------|
| Youth | | | | | |
| Pro-D Day Camp: Pizza & Pool | 10-12 yrs | Feb 16 | F, 9am-3pm (1) | \$40.00 | 18668 |
| Youth Leadership Certificate Course | 14-18 yrs | Jan 18 | Th, 5-7:30pm (11) | \$395.00 | 18616 |
| Youth Leadership Certificate Course Orientation | 14-18 yrs | Jan 11 | Th, 5-6pm (1) | No Fee | 18629 |

Summit

| | | | | | |
|---|-----------|--------|--------------------|---------|-------|
| Youth | | | | | |
| Castle Fun Park | 10-14 yrs | Mar 27 | W, 10am-4pm (1) | \$55.00 | 20980 |
| Pro-D Day Camp: Pizza & Pool | 10-12 yrs | Feb 16 | F, 9am-3pm (1) | \$40.00 | 18665 |
| Youth Leadership Certificate Course Orientation | 14-18 yrs | Jan 10 | W, 5-6pm (1) | No Fee | 18652 |
| Youth Leadership Certificate Course Orientation on ZOOM | 14-18 yrs | Jan 10 | W, 6:30-7:30pm (1) | No Fee | 18663 |



Free activities for grades 5-12

Youth have access to wifi, computers, gaming systems, pool tables, foosball tables, open gym nights, card and board games, TV and more at Burnaby's youth centres!
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Orthodontics: 604-431-9160

Surrey
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Orthodontics: 604-589-9160

Vancouver
Pediatrics: 604-419-4980
Orthodontics: 604-876-9060

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Thanks to Sport Canada Funding, complimentary van shuttle services are available this autumn for four cohorts. Schools and community centres can partner as after-school pickup locations for our Thursday beginner session. Participants can then graduate to Wednesday & Friday sessions.

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Location: Bonsor Recreation Complex

Phone: 778-772-8885

Social Media: [Facebook.com/BurnabyJudo](https://www.facebook.com/BurnabyJudo)

BurnabyJudoClub.com



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Note: With our new WebReg system, the City will be sending email communications from **CityofBurnaby@active.com**



Learn more:
Burnaby.ca/WebReg

