

Burnaby's Food Asset Directory

Name	Address	Phone	Email	Website	Program	Cost	Criteria	Hours
Greater Vancouver Food Bank								
GVFB Head Office	8345 Winston St	604-876-3601		https://foodbank.bc.ca/	Provides groceries for 2-3 days for families in need. Food supplies can be picked up at various GVFB locations	Free	To Access: Must register with piece of government issued ID and proof of address. Can access one food bank location each week	Tues – Fri: 9:30 – 3 PM
Jubilee United Church	7591 Gray Ave	604-434-8323		https://jubilee-uc.ca/				Monday: 9:30 – 11 AM
Southside Community Church	7135 Walker Ave	604-259-0170	info@southside.ca	http://www.southside.ca/				Tuesday: 9 – 11:30 AM
North Burnaby Neighbourhood House	4908 Hastings St	604-294-5444	simoneb@burnaby.nh.ca	http://burnabynh.ca/n-house/				Friday: 10 AM – 12:30 PM
Food Bank/Emergency Cupboard								
SFU Food Bank	Centre 2270 1349-8888 University Drive	778-782-3870	studentcentre@sfs.s.ca	http://sfss.ca/services/food-bank-program/	Offers \$25 food voucher redeemable at supermarkets near SFU campus. Maximum three vouchers per semester	Free	SFU undergraduate student with valid student ID	
SFU GSS	MBC 2203, 8888 University Drive	778-782-3899	info@sfugradsociety.ca	http://sfugradsociety.ca/	Offers one \$50 gift card per semester	Free	SFU graduate student with valid student ID	
Embark Sustainability	WMC 2621 8888 University Dr	778-782-4209		https://embarksustainability.org/	Food rescue program where food is collected from Nesters Market and is distributed for free for students	Free/By Donation	SFU student	Monday & Thursday: 12:30 – 2:30 PM
SFSS Women's Centre	SFU 8888 University Drive	778-782-3670	womenscentre@sfss.ca	http://sfss.ca/wctr/	Offers food support and gardening plots for all genders	Free	SFU student	Monday – Friday: 9 AM – 4 PM
Salvation Army - Cariboo Hill Temple	7195 Cariboo Road	604-525-7311		https://salvationarmy.ca/	Emergency Food Bank supplying food hampers and thrift store vouchers			
Salvation Army - Metrotown	6125 Nelson Ave	604-437-1521		https://salvationarmy.ca/	Emergency Food Bank supplying food hampers and thrift store vouchers	\$5	Pay small fee to fill up shopping hamper	Fridays: 10 – 12 PM; 1 – 2 PM
Salvation Army - New Westminster	325 6th St	604-521-2421		https://salvationarmy.ca/	Emergency food assistance for Burnaby residents, by appointment only			Friday: 1 – 2 PM
Muslim Food Bank	104 - 12941 115 Ave, Surrey	866-248-3868	coordinator@muslimfoodbank.com	www.muslimfoodbank.com	Provides food for individuals with dietary restrictions	Free	For individuals/families with dietary restrictions (cultural or religious)	1 st and 3 rd Saturday of the month

Ryan's Rainbow	1600 Cliff Avenue	604-761-HELP	cliffave@shaw.ca	https://www.cliffavechurch.com/ministries/ryans-rainbow-outreach	Emergency food bank, weekly bread distribution, and food hampers during the Christmas season	Free	Call on Wed before 3 PM to receive hamper on Thursday	Bread Distribution on Friday: 8:30 – 9:30 AM Hamper pick-up Thursday: 12 – 4 PM
Community Meals								
Jubilee United Church	7591 Gray Ave	604-434-8323		https://jubilee-uc.ca/	Offers free lunches to the community each week. Is also a GVFB location	Free/By Donation	None	Tuesday: 12 – 12:30 PM
Southside Community Church	7135 Walker Ave	604-259-0170	info@southside.ca	http://www.southside.ca/	Provides community meals twice a week, and is a GVFB location. Also has weekly bread giveaways	Free	None	Monday: 5:45 PM Thursday: 10 AM Saturday: 9:30 AM free bread
Salvation Army - New Westminster	325 6th St	604-521-2421		https://salvationarmy.ca/	Free brunch program once a week	Free	None	Saturday: 10 AM
St. Stephen the Martyr	9887 Cameron St.	(604) 421-0472	ehizsa@gmail.com	https://www.ststephenburnaby.ca/events/community-meal-	Free dinner on the 1st, 3rd and 5th Weds. Donations Accepted	Free	None	1st, 3rd and 5th Wednesdays: Doors 4:30pm / Dinner 5pm
Meal Delivery Programs								
Food Stash	4653 Drummond Drive	778-688-4863	rescuedfoodbox@foodstash.ca	https://www.foodstash.ca/	Delivers rescued food to individuals experiencing food insecurity	Low-Cost \$10/delivery	Registration and referral from a non-profit agency	Weekly
Burnaby Meals on Wheels	2055 Rosser Avenue	604-299-5754	kim@burnabymeals.ca	www.mealsonwheels-burnaby.com	Delivers hot and frozen meals to individuals who may have difficulty accessing or preparing meals themselves. Western and Chinese menus are available, and all meals are low sodium, MSG free and nutritionally balanced. Delivery 2 days after order	Low cost	Registration and 2 week pre-payment required	Monday, Wednesday, Friday: Delivery 11 AM – 1 PM
Japanese-Style Meals on Wheels	101 42 W. 8th Ave, Vancouver	604-687-2172	info@tonarigumi.ca	www.tonarigumi.ca/services/service-list	Delivers Japanese style lunch boxes to homebound seniors in Burnaby	Low cost	Homebound seniors	Wednesday: Delivery Day (Lunch)
Better Meals	5742 Beresford St	604-299-1877		www.bettermeals.ca	Fully cooked and frozen meals, with regular and special dietary needs available. Order online or by phone by 2 pm 2 business days before delivery day	Low cost		Monday & Tuesday: Delivery Day
Casalinga Food Service		604-435-1994		www.casalinga.ca	Delivers ready-made meals including meals for those with dietary restrictions	Regular cost grocery		
Dairyland Home Service	6800 Lougheed Highway	877-341-8700	dhs.bc@saputo.com	www.morethanmilk.ca	Regularly scheduled delivery service including dairy, produce, groceries, fresh baked goods, beverages, desserts and household products	Regular cost grocery, free delivery	None	

Citizen Support Services		604-294-7498		www.burnaby.ca/citizensupportservices	Provides seniors with weekly grocery delivery on Tuesdays, as well as one-to-one volunteer assistance at local malls for personal shopping and social interaction	Regular cost grocery		Monday: Shopping Buddy alternating between Brentwood & Lougheed Mall Thursday: Shopping Buddy Metrotown Tuesday: Delivery Day
Low Cost Grocery Stores								
Quest Food Exchange	7753 6th St	604-553-0636	info@questoutreach.org	www.questoutreach.org	Non-profit grocery store providing affordable and dignified shopping experience to clients in need	Low Cost	Requires referral from a non-profit organization, government office, health practitioner, school or church.	Tuesday – Friday: 9 AM – 6:15 PM Monday & Saturday: 9 AM – 4:15 PM
Farmers Markets								
Burnaby Farmers Markets	Burnaby City Hall 4949 Canada Way	604-357-4736		www.artisanmarkets.ca	Runs May - Oct			Saturday: 9 AM – 2 PM
Low Cost Meals								
Willingdon Church Cafe	4812 Willingdon Ave	604-435-5544	office@willingdon.org	https://willingdon.org/visit#what-to-expect	Cafeteria	Low cost meals, free coffee and tea	None	Saturday: 4 – 8 PM Sunday: 9:30 AM – 2 PM
Burnaby Public Libraries								
McGill	4595 Albert Street	604-299-8955		https://www.bpl.bc.ca/	Information to find and access resources, free wi-fi, sometimes hosts workshops	Free	May require library card	Monday – Friday: 10 – 9 Saturday: 10 – 6 Sunday: 12 – 5
Cameron	9523 Cameron Street	604-421-5454		https://www.bpl.bc.ca/				Monday – Thursday: 10 – 9 Friday & Saturday: 10 – 6 Sunday: 12 – 5
Bob Prittie Metrotown	6100 Willingdon Avenue	604-436-5400		https://www.bpl.bc.ca/				Monday – Friday: 9 – 9 Saturday: 9 – 6 Sunday: 12 – 5
Tommy Douglas	7311 Kingsway	604-522-3971		https://www.bpl.bc.ca/				Monday – Friday: 10 – 9 Saturday: 10 – 6 Sunday: 12 – 5
Community Kitchens/Food Programs & Workshops								

North Burnaby Neighbourhood House	4908 Hastings St	604-294-5444	simoneb@burnabynh.ca	http://burnabynh.ca/n-house/	Provides free coffee and tea for visitors.	Free	None	Monday – Friday: 9:30 AM – 4:30 PM
South Burnaby Neighbourhood House	4460 Beresford St	604-431-0400	info@burnabynh.ca	https://burnabynh.ca/	Runs weekly community kitchen classes at BNH and Gilmore Community School. Also provides free coffee and tea for visitors. Free bread on Wednesdays while supplies last.		\$5	Must register for workshops Monday & Friday: 9 – 5 Tuesday – Thursday: 9 – 8
ECHO Clubhouse		604-872-4902	info.vf@cmha.bc.ca	https://vancouver-fraser.cmha.bc.ca/programs-services/echo-clubhouse/	Provides support for individuals in their rehabilitation journey through various services. Offers cooking classes and other life skills workshops and social events.	Free		Burnaby resident, over 19, live with a mental health challenge, must have a referral from a primary support
Edmond's Site	Room 109-7355 Canada Way	604-526-9606						See calendar for event times
Gilmore Site	Room 501-4190 Lougheed Highway	604-291-8846						See calendar for event times
Burnaby Family Life	#102-2101 Holdom Avenue	604-659-2205	bfl_info@burnabyfamilylife.org	www.burnabyfamilylife.org	Runs a wide range of programs. Does not have food programs, but will provide healthy snacks and has a coupon program for hot lunches and farmer's market	Varies		Registration required
Edmond's Community Resource Centre	7355 Canada Way				Hosts many organizations and runs a variety of programs within their center	Varies		Varies
Cameray	#102 - 5623 Imperial Street	604-764-1358	pmcdavison@gmail.com	http://cameray.ca/community-kitchens-burnaby-2/	Community Kitchens in Burnaby held at elementary schools	Free		For parents, must register in advance
Mosaic Family Centre	7009 Kingsway	604-636-0120	info@mosaicbc.org	https://www.mosaicbc.org/services/family-children-youth/family-centre/	Free healthy lunch M-F, healthy snacks, host community kitchens, nutrition tours, community garden	Free		Newcomer refugee families with children 0-6 years, and must be registered clients to access service Monday – Friday: Hot Lunch: 11:30 AM Snack: 2:00 PM
Immigrant Services Society of BC					Runs a variety of programs for newcomers to Canada. Partners with other organizations to host food workshops, created a resource cookbook	Varies		
Canada Way	Room 207-7355 Canada Way	604-395-8000	settlement@issbc.org	https://issbc.org/about-us				

Lougheed	105 - 4180 Lougheed Hwy	604-936-0210	eysa.alvarez@issbc.org	https://issbc.org/about-us			
Sprouting Chefs Society		604-505-0074	barb@sproutingchefs.com	http://sproutingchefs.com/Home/tabid/1264/Default.aspx	School garden program that runs edible garden projects, outdoor labyrinth for schools, cooking classes, organic seed growing classes, after school garden clubs and summer cooking camps	Payment required	Registration required
Embark Sustainability	WMC 2621 8888 University Dr	778-782-4209		https://embarksustainability.org/	Runs food rescue program, community kitchen, community gardens, seed fund and sustainability peer program	Free	SFU student
Aunt Leah's Place	816 20th St, New Westminster	604-525-1204	auntleahs@auntleahs.org	https://auntleahs.org/contact-us/	Runs life skills, food security and health workshops	Free	
Burnaby Village Museum	6501 Deer Lake Ave	604-297-4565	bvm@burnaby.ca	http://www.burnabyvillagegemuseum.ca/EN/index.html	Heritage Food Garden, runs food/gardening workshops	Free	None; registration may be required for some events
Schools							
Gilmore Elementary Community School	50 S. Gilmore Ave	604-296-9013		https://gilmore.burnabyschools.ca/	Community Kitchen run by BNH	Free	Must register for workshops
Edmond's Community School	7651 18 Avenue	604-296-9012		https://edmonds.burnabyschools.ca/			
Lochdale Community School	6966 Aubrey Street	604-296-9019	dino.klarich@burnabyschools.ca; shahzyah.juma@burnabyschools.ca	https://lochdale.burnabyschools.ca/	For students: snacks and hot lunch fundraiser; parents and community: food skills cooking classes, community kitchens, community garden, BBQs, access to food bank @ Ryan's Rainbow and BNH	Free	Must register for some programs
Ecole Armstrong Elementary	8757 Armstrong Avenue	604-296-9000		https://armstrong.burnabyschools.ca/	Runs Sprouting Chefs programs		
Forest Grove Elementary School	8525 Forest Grove Drive	604-296-9026		https://forestgrove.burnabyschools.ca/	Has a large edible school garden, after school garden club, after school cooking classes and an annual Seed to Table program.		
Second Street Elementary School	7502 2nd Street	604-296-9029		https://secondstreet.burnabyschools.ca/	Community garden, breakfast program, hosts multicultural dinners		
Stoney Creek Elementary School	2740 Beaverbrook Crescent	604-296-9031		https://stoneycreek.burnabyschools.ca/	School lunch program		

Stride Avenue Elementary School	7014 Stride Avenue	604-296-9032		https://stride.burnabyschools.ca/	School lunch program			
Maywood Elementary School	4567 Imperial Street	604-296-9022		https://maywood.burnabyschools.ca/	School lunch program			
Windsor Elementary School	6166 Imperial Street	604-296-9038	navdeep.aujla@burnabyschools.ca; shahzyah.juma@burnabyschools.ca	https://windsor.burnabyschools.ca/	Lunch program and snacks for students; food skills cooking classes, community kitchen, community gardens, BBQ for community members	Free	Registration may be required for some programs	
Byrne Creek Secondary School	7777-18th Street	604-296-6885		https://byrnekreek.burnabyschools.ca/				
Youth								
Burnaby Youth Hub	4750 Imperial St	604-569-0951	info@burnabyyouthhub.org	burnabyyouthhub.org	Partners with various organizations to provide a variety of engaging, empowering programming and support for youth		Youth (22 and under). Age range may vary depending on program	
Seniors								
55+ Centres					Runs various programs and classes for seniors. Offers discounted meals for members	Single centre: \$18.90/year; Multi-Centre: \$45.30/year		
Bonsor 55+ Centre	6533 Nelson Ave	604-297-4580		https://www.burnaby.ca/Things-To-Do/Community-Centres/Bonsor-Recreation-Complex/Seniors.html				
Cameron Recreation Complex	9523 Cameron Street	604-297-4456		https://www.burnaby.ca/Things-To-Do/Community-Centres/Cameron-Recreation-Complex/Cameron-Seniors-Centre.html				
Confederation Community Centre	4585 Albert Street	604-294-1936		https://www.burnaby.ca/Things-To-Do/Community-Centres/Seniors-Centres/Confederation.html	Offers low cost senior meal			

Edmonds Community Centre	7433 Edmonds Street	604-297-4838		https://www.burnaby.ca/Things-To-Do/Community-Centres/Edmonds-Community-Centre/Seniors.html				
Community Gardens								
Burnaby & Region Allotment Garden	7528 Meadow Ave	604-842-8571		www.baraga.ca				
Heights Neighbourhood Garden	3897 Pender St		heightsgrdn@gmail.com					
Naheeno Park Community Garden	8888 University Dr	604-291-3000						
North East Burnaby Organic Community Garden	2740 Beaverbrook Cres		nebcagarden@gmail.com	www.nebcagarden.org				
Stride Community School Garden	7014 Stride Ave		stridegarden@gmail.com					
Rental Kitchens								
YVR Prep	A6 5279 Still Creek Ave	778-827-1028	info@yvrprep.com	yvrprep.com	Commissary kitchen and coworking space for food entrepreneurs or groups requiring a commercial kitchen			
Food Action/Other								
ReFood	Greater Vancouver Area		refoodcanada@gmail.com	www.refood.ca	Food program that picks up unused/excess food from grocery stores and cooks/distributes to various organizations. Currently operating in New Westminister, Burnaby, Richmond, Surrey, Vancouver and North Vancouver	Free	None	
Burnaby Food First	Burnaby		burnabyfoodfirst@gmail.com	http://burnabyfoodfirst.blogspot.com/	Burnaby's food security coalition. Supports systems level/policy advocacy and action, as well as community capacity building through various food workshops	Free	None	
Spoon's Up	Greater Vancouver Area	604-525-1204	bchapelas@auntleahs.org	https://spoonsup.ca/	Online food resource for youth	Free	None	
Tian Jin Temple	3426 Smith Ave, Burnaby	604-568-9880	info@tianjintemple.org	http://tianjintemple.org/	Taoist organization in Burnaby that is willing to support other non-profit	Free	None	Monday – Saturday: 8 AM – 9 PM Sunday: 8 AM – 5 PM

					organizations by providing food and volunteers			
Progressive Housing Outreach Vans	7836 6th St	604-522-9669 ext. 315		http://burnabyhomeless.org/homeless-outreach-program/	Mobile outreach van providing assistance to Burnaby citizens who are homeless. They have two regular stops, and otherwise are in various parks around Burnaby	Free	None	Ongoing, Phone hours are Monday – Friday: 9 AM – 4 PM
Jubilee United Church	7591 Gray Ave	604-434-8323		https://jubilee-uc.ca/		Free	None	Tuesday: 11 AM – 1 PM
Southside Community Church	7135 Walker Ave	604-259-0170	info@southside.ca	http://www.southside.ca/		Free	None	Thursday: 9 AM – 11:30 AM
Temporary Shelter	2294 Douglas Road	604-522-9669		https://progressivehousing.net/service/emergency-shelter/	Temporary emergency shelter	Free	No referral needed. First come, first serve, 19+	Intake: 10 am – 10 pm Every day
Burnaby Warming Centres				https://www.burnaby.ca/City-Services/Planning/Social-Planning/Homelessness/Warming-Centres.html	Offers basic shelter, washroom facilities, mats, tables and chairs, hot beverages & snacks, and space for belongings.	Free	None	
Kensington Pitch and Putt Fieldhouse	5889 Curtis Street							From Nov 15 – Mar 31: 8 PM – 8 AM daily
Swanguard Stadium's Hospitality Room	3883 Imperial Street							From Nov 15 – Mar 31: 8 PM – 8 AM daily
City Operations Centre	5970 Beresford Street							From Nov 15 – Mar 31: 8 PM – 8 AM daily
South Central Youth Centre	6749 Nelson Ave							From Nov 15 – Mar 31: 11 PM – 8 AM daily