

## FREE MEALS AND BREAD GIVEAWAYS

Please call ahead to make sure of hours

MON	5:45 PM	Southside Community Church: 7135 Walker Avenue 604.259.0170
TUES	12 – 12:30 PM	Jubilee United Church: 7591 Gray Avenue 604.434.8323
WED	1 – 3 PM 2 <sup>nd</sup> and 4 <sup>th</sup> / mo	St. Stephen Anglican Church: 9887 Cameron Street 604.421.0472
	Morning	Free Bread: South Burnaby Neighbourhood House: 4460 Beresford Street 604.431.0400
THU	10-11:30 AM	Southside Community Church: 7135 Walker Avenue (priority for those at risk of homelessness)
FRI	8:30-9:30 AM	Free Bread: Ryan’s Rainbow: 1600 Cliff Avenue 778.668.0373
SAT	9:30 AM	Free Bread: New Life Community Church: 8765 Government Street 604.444.1236
	10 AM	Salvation Army – New Westminster: 325 6 <sup>th</sup> Street 604.521.2421

Please call to make sure you meet the criteria:

**Greater Vancouver Food Bank:** 604.876.3601

Head Office: 8345 Winston Street

Jubilee United Church: 7591 Gray Avenue

Southside Community Church: 7135 Walker Avenue

North Burnaby Neighbourhood House: 4908 Hastings Street

Tue – Fri 9:30-3PM

Mon 9:30 – 11 AM

Tue 9 – 11:30 AM

Fri 10 – 12:30 PM

**Emergency Pantries:**

Ryan’s Rainbow: 1600 Cliff Avenue 604.761.HELP

**Salvation Army:**

Cariboo Hill Temple: 7195 Cariboo Road 604.525.7311

Metrotown: 6125 Nelson Avenue 604.437.1521

New Westminster: 325 6<sup>th</sup> Street 604.521.2421

Fri 10 – 12PM; 1 – 2 PM

Fri 1 – 2 PM

**Muslim Food Bank:**

104-12941 115 Avenue, Surrey 866.824.2525

1<sup>st</sup> and 3<sup>rd</sup> Sat of each month

Updated: 2020 February