

LONG-TERM DANCE PROGRAMS FOR ALL!

Registration will open to the general public on Tuesday, June 25.
Our returning students have priority registration until Monday, June 24.

Information subject to change without notice.

Please note: All classes are at Bonsor unless stated otherwise.

Ballet		Tap	
Classes focus on posture, alignment and technique to develop strength, coordination and flexibility, following the Royal Academy of Dance Syllabus.		Tap Dance allows you to be a dancer and musician at the same time. Tap develops rhythm and coordination.	
Ballet 6 years Sundays, September 22, 11:35am-12:35pm 11 sessions 505946 Mondays, September 23, 3:40-4:40pm 11 sessions 504945 Sundays, January 12, 11:35am-12:35pm 15 sessions 505996 Mondays, January 6, 3:40-4:40pm 15 sessions 505995 <hr/> Edmonds 6 years Fridays, October 4, 4:35-5:35pm 11 sessions 506074 Fridays, January 10, 4:35-5:35pm 17 sessions 506075 <hr/> Ballet I 7-8 years Mondays, September 23, 4:45-5:45pm* 26 sessions 505947 7-9 years Sundays, September 15, 12:45-1:45pm* 28 sessions 505949 <hr/> Edmonds 7-8 years Saturdays, September 14, 3-4pm 28 sessions 506322 Fridays, October 4, 5:40-6:40pm 28 sessions 506077 Please note: All classes are at Bonsor unless stated otherwise.	Ballet II 8-10 years Sundays, September 15, 1:45-2:45pm* 28 sessions 505951 Mondays, September 23, 5:50-6:50pm* 26 sessions 505950 <hr/> Edmonds 8-11 years Fridays, October 4, 6:45-7:45pm 28 sessions 506078 <hr/> Ballet III 9-11 years Sundays, September 15, 2:55-4:10pm* 28 sessions 505953 Mondays, September 23, 6:50-8:05pm* 26 sessions 505952 <hr/> Ballet Intermediate 10-12 years Sundays, September 15, 4:15-5:45pm* 28 sessions 505954 Register by permission of instructor.	Preschool Tap Edmonds 4-5 years Fridays, October 11, 3:30-4:15pm 10 sessions 506099 Fridays, January 10, 3:30-4:15pm 17 sessions 506100 <hr/> Tap I 6-8 years Wednesdays, October 2, 4:50-5:50pm 30 sessions 505965 Thursdays, September 19, 4-5pm* 29 sessions 505966 <hr/> Tap II 8½-11 years Thursdays, September 19, 5:05-6:05pm* 29 sessions 505967 Must have at least one year of Tap experience. <hr/> Tap III 11-13 years Thursdays, September 19, 6:10-7:10pm* 29 sessions 505968 Must have at least two years of Tap experience. <hr/> Tap IV 12-15 years Thursdays, September 19, 7:15-8:15pm* 29 sessions 505969 Must have at least three years of Tap experience.	Tap Dance Beginner 16 years & up Wednesdays, October 2, 7:10-8:10pm 11 sessions 505986 Wednesdays, January 15, 7:10-8:10pm 18 sessions 506010 <hr/> 40 years & up Wednesdays, September 11, 1:20-2:20pm 14 sessions 505985 Wednesdays, January 8, 1:20-2:20pm 17 sessions 506009 <hr/> Tap Dance Continuing 40 years & up Wednesdays, September 11, 12:15-1:15pm 14 sessions 505987 Wednesdays, January 8, 12:15-1:15pm* 17 sessions 506011



Acro Dance		Jazz		Street Jazz / Hip Hop	
Acro dance combines dance and gymnastics to build strength, flexibility and coordination.		These classes focus on rhythm, coordination and body isolations.		What you get when Jazz goes out for a night on the town or Hip Hop comes to stay for the weekend!	
Acro Dance 1 7-9 years Sundays, September 22, 12:45-1:45pm 11 sessions 505937 Sundays, January 5, 12:45-1:45pm 16 sessions 505992 <hr/> 8-11 years Sundays, September 22, 1:55-2:55pm 11 sessions 505938 Sundays, January 5, 1:55-2:55pm 16 sessions 505993 <hr/> Edmonds 7-9 years Saturdays, September 14, 12:50-1:50pm 12 sessions 506080 Saturdays, Jan 11, 12:50-1:50pm 16 sessions 506081	Acro Dance II 8-12 years Tuesdays, September 17, 3:45-4:45pm* 30 sessions 505941 Saturdays, September 14, 12:30-1:30pm* 29 sessions 505940 Register by permission of instructor. <hr/> Acro Dance III 11-15 years Saturdays, September 14, 1:35-2:50pm* 29 sessions 505943 <hr/> 9-12 years Tuesdays, September 17, 4:50-6:05pm* 30 sessions 505942 Register by permission of instructor. <hr/> Acro IV 11-15 years Saturdays, September 14, 2:55-4:10pm* 29 sessions 506286	Jazz I 7-10 years Sundays, September 15, 1:55-2:55pm* 28 sessions 505959 Thursdays, September 19, 4-5pm* 29 sessions 505958 <hr/> Jazz II 9-13 years Thursdays, September 19, 5:10-6:10pm* 29 sessions 505960 Should have at least one year of Jazz experience. <hr/> Jazz III 10-14 years Tuesdays, September 17, 3:45-4:45pm* 30 sessions 505962 Thursdays, September 19, 6:20-7:20pm* 29 sessions 505961 Must have at least one year of Jazz experience. <hr/> Jazz IV 11-15 years Tuesdays, September 17, 4:45-6pm* 30 sessions 505963 Must have at least two year of Jazz experience. <hr/> Jazz Intermediate/Advanced 14-17 years Tuesdays, September 17, 6:35-8:05pm* 30 sessions 505990 Register by permission of instructor. Must register for Jazz Strength & Stretch class as well below. <hr/> Jazz Strength & Stretch 13-18 years Tuesdays, September 17, 6:05-6:35pm 30 sessions 505991 Mandatory for Intermediate/Advanced Jazz students.	Street Jazz 15 years & up Fridays, October 18, 6:30-7:30pm 9 sessions 505983 Fridays, January 17, 6:30-7:30pm 15 sessions 506007 <hr/> Street Jazz Intermediate 16 years & up Fridays, October 18, 7:40-8:40pm 9 sessions 505984 Must have at least one year recent dance experience. <hr/> Street Jazz Intermediate 16 years & up Fridays, January 17, 7:40-8:40pm* 15 sessions 506008 <hr/> Hip Hop & K-pop 13-16 years Wednesdays, October 2, 6-7pm 11 sessions 505989 16 years & up Wednesdays, October 2, 7:05-8:05pm 11 sessions 505979 14-17 years Wednesdays, January 15, 6-7pm* 19 sessions 505997		



Flamenco Dance		Street Dance	
A proud, powerful & soulful dance form.		The basic moves and latest tricks are all revealed.	
Flamenco Dance Beginner 40 years & up Mondays, October 21, 10-11am 8 sessions 505977 Mondays, January 20, 10-11am 9 sessions 506002	Flamenco Dance Continuing 40 years & up Mondays, October 21, 11:05am-12:05pm 8 sessions 505978 Mondays, January 20, 11:05am-12:05pm* 15 sessions 506003	Street Dance 101 8-11 years Sundays, October 20, 3:05-4:05pm 8 sessions 505970 Sundays, January 19, 3:05-4:05pm 14 sessions 506013 <hr/> 12-14 years Sundays, October 20, 4:10-5:10pm 8 sessions 505971 Sundays, January 19, 4:10-5:10pm 14 sessions 506014	15-21 years Sundays, October 20, 5:15-6:15pm 8 sessions 505972 Sundays, January 19, 5:15-6:15pm 14 sessions 505998

Belly Dance		Chinese Traditional Dance	
Improve flexibility and strength while developing the ability to isolate movements in various parts of the body.		Class includes ballet, Chinese traditional technique and choreography to authentic music.	
Belly Dance I 16 years & up Thursdays, October 3, 6:35-7:35pm 10 sessions 505973 Thursdays, January 16, 6:35-7:35pm 16 sessions 506000	Belly Dance II 16 years & up Thursdays, October 3, 7:45-9pm 10 sessions 505974 <hr/> Belly Dance Continuing 16 years & up Thursdays, January 16, 7:45-9pm* 16 sessions 505999	Advanced 16 years & up Wednesdays, January 15, 7:05-8:05pm* 19 sessions 506001	Bonsor Recreation Complex and Edmonds Community Centre offer long term (fall, winter, spring) and mid-term (winter, spring) dance classes in a variety of disciplines and ages. Students learn the technical requirements, terminology, and current trendy styles, as well as develop self-discipline and an appreciation for dance. Bonsor classes marked with an (*) asterix culminate in a recital on May 21 at the Michael J. Fox Theatre. Long Term classes at Edmonds will culminate in an in-house recital in early June.