

Long Term Dance at Bonsor

2018-2019

Welcome to the 2018/2019 Long Term Dance program at Bonsor Recreation Complex!

Please take a moment to read and make note of the following important information, and bookmark our resource webpage: www.burnaby.ca/BonsorArts/LTDance

In our programs, students will learn in a fun and relaxed environment the technical skills, terminology, and current trendy styles of dance. It is our goal to guide our students in developing an appreciation for dance while being encouraged to explore both their individual creativity as well as teamwork skills. Similar to other art forms, dance requires focus, commitment, and self discipline. These are the tools necessary for a positive learning experience.

Attendance & Punctuality

A commitment to regular attendance is essential to maintain the level of the classes and the progress of the student. *After Spring Break, consistent attendance is **crucial** for all classes participating in the year-end Dance Recital.*

Students should arrive so that they are ready to start at the scheduled time of their class. The warm up and the techniques taught at the beginning of each class are most important. Students who are late and miss the warm up expose themselves to the risk of injury and may be asked to sit out until the instructor can attend to them. If there is a reason that you are going to be consistently late, please inform the instructor immediately.

For children's programs it is important to always accompany your child to the classroom door in order to ensure that there is a teacher present. Even better, prior to leaving home, **please check email and phone messages for last minute cancellations.** When picking your child up please wait until the instructor has dismissed the class before entering the room, as this keeps interruptions to a minimum.

Allergies, Injuries or Medical Concerns

Please inform you child's dance instructor of any previous injuries or medical conditions your child may have.

Progress

The ballet, jazz, and tap dance students will receive a progress report in late December / early January which will highlight their areas of success and development. Parents are welcome to set up an informal meeting with the instructor before or after class to discuss your child's progress.

At various intervals throughout the year, instructors will invite parents to come in and view the class. On the first day if your child is comfortable and excited about their dance class, then we encourage you to leave your child so they can explore dance on their own. If your child is having difficulties separating from you than you are welcome to sit in for a portion of the first class. During these times we ask that you turn off all noise-making devices so that disruptions are kept to a minimum. Please feel free to speak with the instructor if your child wishes that you sit in for more classes.

Dance Recital & Dress Rehearsal 2019

All long term dance programs at Bonsor will come together in a special performance for the enjoyment of family and friends. We will be holding one show on **Tuesday, May 21st at 6:30pm** at the **Michael J. Fox Theatre** in Burnaby! **Please mark your calendars** with this date and time as participation is mandatory. Dress Rehearsal will be held at Bonsor on Monday, May 20th (Victoria Day). Should your child for any reason not be able to participate in the show, please inform the instructor as early as possible.

“Dance is to express, not to impress.” - Anonymous

Turn over →

Dance Attire

Instructors will discuss dance attire specific to their discipline on the first day of each class. Unless listed, all students should wear comfortable/flexible clothing which is non-restrictive, yet not baggy. (No jeans)

Unless otherwise specified, hair must be pulled back in a ponytail or bun for class. Please visit our webpage for an instructional How-To video on hair buns for Ballet/Acro classes:

www.burnaby.ca/BonsorArts/LTDance

Ballet I, II, III, III Intermediate, IV	<i>Girls:</i> pink pleated-toe ballet slippers. <i>If you are purchasing a leotard (bodysuit)</i> we prefer it to be black, with pink or white tights. <i>Boys:</i> black ballet shoes, plain white T-shirt, and black shorts or tights. (No Jazz pants).
Acro Dance	Bodysuit and shorts are preferred. Students will dance barefoot.
Tap Dance	Black tap shoes required. Instructor will further discuss shoes on the first day of class.
Jazz I	Jazz shoes ideal but Black canvas gymnastics shoes are acceptable
Jazz II, III	Black jazz shoes are required. Jazz boots are <u>not</u> recommended.
Jazz IV & Int./Adv.	Black jazz shoes are required. Jazz boots are <u>not</u> recommended. Footwear for Lyrical will be discussed in class.

Suggested Suppliers - Please call to confirm store hours prior to making the trip.

- ◇ The Dance Box 435D North Road, Coquitlam 604-936-7615 (Open 7 days a week)
- ◇ The Dance Shop 1089 West Broadway, Vancouver 604-733-6116

A Costume Fee was charged at the time of registration for all youth Long-Term Dance programs at Bonsor that participate in the recital. This is to facilitate the purchase of your child's Recital costume(s) and accessories. Costumes will be coordinated by each instructor, and information will be distributed at a later date.

Contact Us

If you have any questions please feel free to contact us at the following:

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Program Co-ordinator
604-297-4586
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River Light
Fine Arts Leader
604-297-4584
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In an effort to communicate important information (including last minute class cancellations) with our dance students and parents, and to support the City of Burnaby's "**green**" initiative, we will be sending information pertaining to our programs via email. **Please ensure that our email addresses are on your "safe senders" list.** Thank you!

Thank you
for making Bonsor
your home for the

ARTS

Here's to an exciting
2018-2019
dance season!



GIVE US A THUMBS UP!

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 [/BonsorArts](https://www.facebook.com/BonsorArts)