



Edmonds Community Centre

Activities & Schedules

Fall 2019



In December, pick up a copy of *Holiday Highlights* for information on hours and programs running from December 23 to January 5

CELEBRATE ACTIVE AGING WEEK AT EDMONDS

Running from October 1-7, this annual event is organized by the International Council on Active Aging and features health promotion targeting adults aged 50+. Edmonds is excited to offer the following free activities during this week:

- Put Your Back Pain Behind You Sampler
Tuesday, October 1, 2:45-3:45pm 514672
- Stamp Club
Tuesday, October 1, 10am-12noon Drop-in
- Library in Your Community
Wednesday, October 2, 10:30-11:30am 518508
- Carpet Bowling
Wednesday October 2, 1-3pm Drop-in
- Health Watch
Thursday, October 3, 9:30-11:30am Drop-in
- Round the World Travel Talks
Friday, October 4, 1-2pm Drop-in
- Cribbage
Monday, October 7, 10am-12Noon Drop-in

HEALTHY KIDS FAIR

Come meet and chat with community health professionals about your child's growth and development and receive information from various agencies associated with children. Visit the displays, police car, fire truck, face painting, art stations, Imagination Playground blocks, healthy snack room and much more.

Newborn-5 years with an adult | Free
Thursday, Oct 3, 9:30-11:30am
Edmonds Community Centre - Gym

REMEMBRANCE DAY SERVICE

Join us for this indoor service honouring the men and women who have served in wartime. Refreshments available following the service.

All ages | Free
Saturday, November 9, 1-3pm

HERITAGE CHRISTMAS Presented by Concord Pacific

Stroll through the streets of the 1920s village to see holiday lights and vintage-themed displays. Enjoy festive entertainment such as theatre performances, community choirs, street characters and musicians. For the full schedule of dates, times and activities visit burnabyvillagemuseum.ca

November 23, 2019-January 3, 2020
Burnaby Village Museum
Free Gate Admission
Carousel rides: \$2.65 each

FESTIVAL OF LIGHTS

Come out to celebrate the season with the lighting of our beautiful tree, crafts, games, face-painting, hot dogs, hot chocolate and a visit with Santa!

All ages | Free
Saturday, November 23, 2:30-5:30pm

EDMONDS COMMUNITY CENTRE

7433 Edmonds Street 604-297-4838
Swimming pool, waterslides, leisure pool, children's water play area, lazy river, sauna, steam room, whirlpool, weight room, fitness classes, dance studio, 55+ lounge, youth lounge, activity rooms, fine arts, yoga, Raincatcher Café, room rentals, double gymnasium, snooker room, childminding and indoor playground. Access Features: elevator, washrooms, weight room equipment, changing rooms, beach-entry pool, aquatic pool lift, aquatic wheelchairs and ramp access to whirlpool.

HOUR OF OPERATIONS

Monday-Friday..... 6am-11pm
Saturday..... 7:10am-10pm
Sunday..... 7:10am-11pm

HOLIDAY HOURS

September 2 (Labour Day)..... 7am-9pm
October 14 (Thanksgiving Day)..... 7am-9pm
November 11 (Remembrance Day)..... 7am-9pm
December 24 (Christmas Eve)..... 6am-4pm
December 25 (Christmas Day)..... Closed
December 26 (Boxing Day)..... 7am-9pm
December 31 (New Year's Eve)..... 6am-6pm
January 1 (New Year's Day)..... 7am-9pm

FACILITY & WEIGHT ROOM HOURS

Monday-Friday..... 6am-10:30pm
Saturday & Sunday..... 6am-9pm

POOL HOURS

Monday-Friday..... 6am-10pm
Saturday & Sunday..... 8:30am-9pm

REGISTRATION HOURS

In person & by phone
Monday-Sunday..... 9am to one hour before closing

During high volume times, your telephone registration may be transferred to another site.

BOOK YOUR EVENT WITH US

Edmonds Community Centre is a multi-generational community centre in the heart of south east Burnaby, with easy access to public transportation and SkyTrain. We invite you to view our multiuse facility for your meeting, special event, or banquet. If you have any questions, please contact our booking clerk at 604-297-4401.

EDMONDS 55+ SERVICES

Please see page 11 & 12 for more information.

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|--|--|--|---------------------------------|-------------------|----------------------------------|
| Public Swim | 6am-10pm | 6am-10pm | 6am-10pm | 6am-10pm | 6am-10pm | 8:30am-9pm | 8:30am-9pm |
| Please note Public swim space may be limited at times due to lap swimming, lessons, birthday parties and AquaFit. | | | | | | | |
| Loonie Swim | | 1-3pm | 7:15-10pm | | | | |
| Family Swim | | | | | 7:15-10pm | | |
| Waterslide | 7-9pm | 1-3pm 7-9pm | 7-10pm | 7-9pm | 7-10pm | 10am-1pm 6-8pm | 1-5pm 6-8pm |
| Wipeout! | | | 7:30-9pm | | | 2-5pm | |
| Ducky Swim | | | | 1-2:30pm | | 9-10:30am | |
| Lessons | 9am-1pm 3:30-9pm | 9am-1pm 3:30-9pm | 9am-1pm 3:30-7pm | 9am-1pm 3:30-9pm | 9am-1pm 3:30-7pm | 9am-1pm | 8:30am-1:30pm |
| Lap Swimming (14 yrs & up): The number of lanes varies throughout the day. Minimum 1 lane available at all times, except Wednesdays 7:15-9pm. | | | | | | | |
| » 4 Lanes | 6-6:30am 9-10pm | 6-6:30am 9-10pm | 6-6:30am 9-10pm | 6-6:30am 9-10pm | 6-8:30am 9-10pm | | |
| » 2 Lanes | 7:30-9:30am 3-6pm | 7:30-9:30am 3-6pm | 7:30-9:30am 3-6pm | 7:30-9:30am 3-6pm | 7:30-9:30am 3-6pm | 8:30am-8pm | 2-8pm |
| AquaFit Classes Intensity Levels: ● Mild (in shallow water) ■ Moderate ▲ Moderate-Intense | 6:35-7:30am ■ 9:30-10:30am*▲ 1:15-2:15pm ● | 6:35-7:30am ■ 9:30-10:30am*▲ 6:15-7:15pm ▲ | 6:35-7:30am ■ 9:30-10:30am*▲ 1:15-2:15pm ● | 6:35-7:30am ■ 9:30-10:30am*▲ 6:15-7:15pm ▲ | 9:30-10:30am*▲ 1:15-2:15pm ● | 10:30-11:30am ▲ | *Shallow and deep water classes. |

AquaFit Classes

See schedules for class times. AquaFit classes are included with your pool admission and all genders are welcome.

- **Mild** For those beginners new to aquatic fitness or looking for a light exercise. This class is a great introduction to the wonders of water exercise.
- ▲ **Moderate-Intense** Set your own pace! Improve cardiovascular fitness, increase strength and tone muscles.
- **Moderate**

Swim Sessions

- Lap Swimming** All ages unless noted. Lanes are available for length swimming.
- Swim & Lessons** All ages. Everyone welcome! Reduced pool space and water features due to lessons.
- Public Swim** All ages. Everyone welcome! Call ahead for group bookings.
- Family Swim** 18 yrs & under with adult. Adults and kids swim together.
- Loonie Swim** All ages. Swim, swirl, sauna and steam for only a dollar!
- Ducky Swim** All ages. Come join an abundance of rubber ducky's in the Fred Randall Pool (leisure) at Edmonds Community Centre.
- Wipeout!** Come challenge the giant inflatable in the Fred Randall Pool (main) at Edmonds Community Centre. Must be at least 40 inches in height.
- Waterslides** You must be 6 years old and 1.02m (40 inches) tall to ride the slides. Children 6 and 7 year olds may only use the slide when a parent or guardian (16 years or older) is waiting beside the base of the respective slide.

Swimming Lessons & Courses

Dates, times and availabilities of lessons can be found online at burnaby.ca/webreg. Please click on register for program, select the age category and click on Sports – Swimming. You can filter the courses by facility using the drop-down Complex selection in the right-hand corner. If you are registering by phone or in person, just let us know the course title, along with day of the week and time you'd like to register.

Lesson Registration Information

Swim program participants can only register in one lesson set at a time. You may register your child for the next lesson set only after the completion of the lesson set they are currently registered in. Your child may be withdraw from a program(s) if registered in more than one lesson set per session.



Swimming Fees

Swimming fees are a part of your Be Active Pass. Great value with lots of choice. Prices do not include tax.

| | Annual | 4 Month | 1 Month | 10 Visit | Drop-in | | Annual | 4 Month | 1 Month | 10 Visit | Drop-in |
|---------------------------|----------|---------|---------|----------|---------|---|----------|----------|---------|----------|---------|
| Family Swim (per person) | | | | \$29.20 | \$3.24 | Adult (19-64 yrs) | \$421.92 | \$175.80 | \$58.60 | \$58.60 | \$6.52 |
| Preschool (3 yrs & under) | | | | Free | Free | Teen (13-18 yrs) / Student (19-25 yrs with student ID) / Senior (65 yrs+) | \$315.36 | \$131.40 | \$43.80 | \$43.80 | \$4.86 |
| Child (4-12 yrs) | \$210.24 | \$87.60 | \$29.20 | \$29.20 | \$3.24 | | | | | | |

Loonie Swim \$1.00 per person, all ages (it's always only a dollar!)

Note: Prices change 15 minutes before next session begins.

CHILDREN'S SWIMMING ADMISSION POLICY

Children 7 years of age or younger and less than 48 inches in height must be accompanied in the water by a person 16 years of age or older and be within arm's reach of that person at all times. The ratio of children to accompanying persons must be no greater than 3 to 1.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|---|--|--|---|--|
| Zumba® 9:05-10am ● ■ Gym 2B Debbie | Body Conditioning 9:15-10:15am ■ Gym 2B Debbie | *55+ Low Impact Fitness I 9:15-10:15am ● Gym 2A Flo | Workout 9:15-10:15am ■ Gym 2B Debbie | Body Conditioning 9:15-10:15am ■ ▲ Gym 2B Lubna | Cardio Cross-training 9:00-10:15am ▲ Active Studio Susan | Zumba® 8:15-9:15am ● ■ Gym 2B Debbie |
| *55+Low Impact Fitness I & II 9:15-10:15am ● ■ Active Studio TBA | Zumba® 10:25-11:25am ● ■ Gym 2B Debbie | Cardio Cross-training 9:15-10:15am ▲ Active Studio Michelle | Zumba® 12noon-1pm ● ■ Active Studio Lubna | *55+ Low Impact Fitness I & II 9:15-10:15am ● ■ Active Studio Sandra | Zumba® 5:15-6:15pm ● ■ Active Studio Maria/ Maya | Cardio Box 9:30-10:30am ▲ Active Studio Lisa |
| Core + More 10:30-11:30am ● ■ Active Studio Carla | *55+ Cardio Dance 12noon-1pm ● ■ Active Studio Pablo | Gentle Fit 10:30-11:30am ● Active Studio Michelle | Zumba® Toning 5:30-6:30pm ● ■ Active Studio Janice | Zumba® 10:30-11:30am ● Active Studio Sandra | | Zumba® 6:45-7:45pm ● ■ Gym 2B Flo |
| Athletic Intervals 5:30-6:30pm ◆ Active Studio Candace | *55+ Body Conditioning 1:30-2:30pm ● ■ Active Studio Pablo | Cardio Step 5:30-6:30pm ■ Active Studio Joanne | Power Workout 6:45-7:45pm ■ Active Studio Joanne | Zumba® Toning 4:15-5:15pm ● ■ Active Studio Ning | *55+ Fitness Drop-in \$4.05 10 punchcard \$36.30 with seniors membership. | |
| Zumba® Toning 6:45-7:45pm ● ■ Active Studio Debbie | Power Workout 5:30-6:30pm ▲ Active Studio Candace | Workout 6:45-7:45pm ● ■ Active Studio Joanne | Zumba® 7:30-8:30pm ● ■ Gym 1 Lubna | Cardio Cross-training 5:30-6:30pm ■ Active Studio Joanne | For the safety and consideration of all participants, please arrive on time to fitness classes. A 10 minutes grace period is strictly enforced. | |
| Strong by Zumba® 8-8:45pm ▲ ◆ Active Studio Debbie | Peak Performance 6:45-7:45pm ▲ ◆ Active Studio Susan | Zumba® Toning 8-9pm ● ■ Active Studio Ning/Sandra | | | Intensity Levels ● Mild / All levels ■ Moderate ▲ Moderate-Intense ◆ Intense | |

| Be Active Fees | | | | | |
|---|----------|----------|---------|----------|---------|
| Prices do not include tax. | | | | | |
| | Annual | 4 Month | 1 Month | 10 Visit | Drop-in |
| Adult | \$421.92 | \$175.80 | \$58.60 | \$58.60 | \$6.52 |
| Teen (13-18 yrs) / Student (Students must be 19-25 years and show valid student ID to receive the student rate) / Senior (65 yrs & up) | \$315.36 | \$131.40 | \$43.80 | \$43.80 | \$4.86 |
| The Be Active Pass is pumped with great value and allows you more flexibility with your activities. You can swim, lift weights, use the treadmill, take a fitness or Aquatic class. | | | | | |

PERSONAL TRAINING

Our certified personal trainers will create a custom program for you to meet your fitness goals. We offer both private and semi-private personal training.

For more information visit burnaby.ca/personaltraining, e-mail us at personaltraining@burnaby.ca or call 604-297-4454.

HOW TO REGISTER

Go online | burnaby.ca/webreg

credit card payment only

In person & by phone | 9am to one hour before closing

Fees must be paid when you register. We accept cash, cheque, VISA, MasterCard, AMEX and debit card. Please refer to your receipt for refund guidelines.

FINANCIAL ASSISTANCE

Burnaby Recreation Credit Program in partnership with Burnaby Community Services Individuals and families in financial need may be eligible for a credit that can be applied to Burnaby Parks, Recreation and Cultural Services program fees and admissions with some exceptions. For details, pick up a copy of the Burnaby Recreation Credit Program application form at any Burnaby recreation centre or visit burnaby.ca/recreationcredit.

YOUR PERSONAL INFORMATION

The personal information you provide during the registration process is collected and used under the authority of the Freedom of Information and Protection of Privacy Act. The information is used only for the purpose of administering recreation and cultural programs, informing you of our services and benefits and for statistical purposes. If you have any questions about the collection, use or disclosure of your personal information please contact the administration office at 604-294-7450.

RECREATION FOR ALL

We are committed to providing opportunities for people of various abilities to get involved in the recreation activities of their choice.

We aim to:

Advocate on behalf of people with disabilities

Help find recreation opportunities best suited to each individual

Educate the public and staff about disability issues

PARTICIPANTS WITH ALLERGIES

If your child has a life-threatening allergy, they may be able to participate independently. Please register at least two weeks before the program start date and immediately contact the program supervisor to discuss the participation options, required forms (including one from a doctor) and a safety plan for your child.

BE SCENT AWARE

In consideration of people with allergies or sensitivities, please avoid using scented hair and body products.



Drop-in Gym

Effective date: Sep 3-Dec 20, 2019
Special schedule in effect: Dec 21, 2019-Jan 5, 2020

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|---|--|--|---|--|
| *55+ Table Tennis 8am-12:30pm Gym 2A | Badminton 18 yrs & up 8:30am-12noon Gym 1A | *55+ Table Tennis 8am-12:30pm Gym 1A | Badminton 18 yrs & up 8:30am-12noon Gym 1A | *55+ Table Tennis 8am-12:30pm Gym 2A | Family Gym 12 yrs & under w/ adult 10am-12noon Gym 1 & 2 Free | Badminton 6 yrs & up w/ adult 9-11:30am Gym 1 & 2 |
| Badminton 18 yrs & up 8:30am-12:30pm Gym 1 | Table Tennis 18 yrs & up 8:30am-12noon Gym 2A | Pickleball Beginner 18 yrs & up 8:30-11am Gym 1B & 2B | Table Tennis 18 yrs & up 8:30am-12noon Gym 2A | Badminton 18 yrs & up 8:30am-12:30pm Gym 1 | Basketball 18 yrs & up 12:30-2:30pm Gym 2 | Open Gym Basketball 18 yrs & up 12noon-2:30pm Gym 1 Free |
| Pickleball 18 yrs & up 1-3pm Gym 1 & 2A | Pickleball Beginner 18 yrs & up 9am-12noon Gym 1B | Pickleball 18 yrs & up 11am-3pm Gym 2 | Pickleball Beginner 18 yrs & up 9am-12noon Gym 1B | Pickleball 18 yrs & up 1-3pm Gym 1 & 2 | Pickleball 6 yrs & up w/ adult 12:30-3pm Gym 1 | Badminton 6 yrs & up w/ adult 5:45-7:45pm Gym 1A |
| Soccer 18 yrs & up 6:15-8:15pm Gym 1 | Pickleball 18 yrs & up 12:30-3pm Gym 1 | *55+ Carpet Bowling 1-3pm Gym 1A | Pickleball 18 yrs & up 12:30-3pm Gym 1 & 2B | Tiny Tikes 1-5 yrs & up w/ adult 6-7pm Gym 1 \$1.00 per person Sep 20-Dec 6 | Badminton 6 yrs & up w/ adult 3:30-5:30pm Gym 1 | Table Tennis 18 yrs & up 7-9pm Gym 2A |
| Badminton 18 yrs & up 8:30-10:30pm Gym 1 & 2 | Open Gym Basketball 18 yrs & up 12:45-2:45pm Gym 2 Free | Open Gym Badminton 18 yrs & up 1:15-3pm Gym 1B Free | *55+ Carpet Bowling 1-3pm Gym 2A | Badminton 18 yrs & up 7:30-10pm Gym 1 | Table Tennis 18 yrs & up 3:30-6pm Gym 2A | |
| | Co-ed Recreation Volleyball 18 yrs & up 8:30-10:30pm Gym 1 & 2 | Tiny Tikes 1-5 yrs w/ adult 6-7pm Gym 1 \$1.00 per person Sep 18-Dec 4 | Family Sports & Imagination Playground 3-12 yrs w/ adult 6:15-7:15pm Gym 1 \$1.00 per person Sep 19-Dec 12 (No Class Oct 31) | | | |
| | | Basketball 18 yrs & up 8:15-10:15pm Gym 1 & 2 | Co-ed Recreation Volleyball 18 yrs & up 8:45-10:45pm Gym 1 & 2 | | | |

Drop-in Gym Fees

Prices do not include tax.

| Peak time: M-F, 6pm-Closing & Sa-Su, all day | 10 Visit | Drop-in |
|--|----------|---------|
| Adult (18 yrs & up) | \$52.70 | \$5.86 |
| Teen (13-17 yrs) | \$26.60 | \$2.95 |
| Non-peak time: 6am-6pm M-F | 10 Visit | Drop-in |
| Adult (18 yrs & up) / Teen (13-17 yrs) | \$24.30 | \$2.71 |

*Edmonds Seniors 55+ membership required & club fee applies.

Drop-in Sports If you have purchased a drop-in ticket and you are late, we will wait 15 minutes for you to arrive. After that time your spot will be given to the next person on the waitlist. Please note: Some of our drop-in gym programs are very popular and fill quickly. You can reserve a spot with a gym punch card.

Table Tennis Fees

Prices do not include tax.

| | 10 Visit | Drop-in |
|---|----------|---------|
| Adult | \$41.60 | \$4.62 |
| Teen (13-17 yrs) / Student (18-25 yrs with valid student ID) / Senior (65 yrs & up) | \$31.30 | \$3.48 |

CHILDMINDING SERVICES Newborn-5 years
Monday-Friday, 9am-12noon | Wednesday, 5-8pm (Trial basis | September 3-December 30)
Please note childminding is closed on statutory holidays and long weekends.

\$45.00 (10 one-hour visits) | \$5.00 (one-hour drop-in)
Half price per hour per additional sibling.
Spots are available on a first-come, first-served basis.

Leave your little one(s) with our experienced childminding staff while you enjoy our pool, fitness classes, weight room or drop-in activities. Our friendly staff provide a safe place for your child to play and enjoy puzzles, books, crafts, games and toys. Please note that you must remain in the facility while your child attends our childminding centre.

| PROGRAM | AGE | DAY | TIME | SESSION | FEE | START | BARCODE |
|---|-----------------------|---------|--------------|---------|----------|--------|---------|
| Social | | | | | | | |
| *Busy Bees | 10 mos-5 yrs w/ adult | F | 10-11:30am | 12 | \$97.75 | Sep 20 | 508436 |
| *Busy Bees | 10 mos-5 yrs w/ adult | Su | 10-11:30am | 10 | \$81.45 | Sep 22 | 508437 |
| Incredible Edible Books | 3-5 yrs | M | 12:30-2:30pm | 5 | \$82.40 | Sep 16 | 508442 |
| Play to Learn Preschool | 3-5 yrs | M | 9:30-11:30am | 10 | \$131.40 | Sep 16 | 508443 |
| Play to Learn Preschool | 3-5 yrs | Tu | 9:30-11:30am | 12 | \$157.70 | Sep 17 | 508444 |
| Play to Learn Preschool | 3-5 yrs | W | 9:30-11:30am | 12 | \$157.70 | Sep 18 | 508445 |
| Play to Learn Preschool | 3-5 yrs | Th | 9:30-11:30am | 11 | \$144.55 | Sep 19 | 508446 |
| Pre-Kindergarten | 4-5 yrs | Tu | 12:30-2:30pm | 12 | \$197.75 | Sep 17 | 508447 |
| Pre-Kindergarten | 4-5 yrs | Th | 12:30-2:30pm | 12 | \$197.75 | Sep 19 | 508448 |
| ABC Active adventures | 3-5 yrs | F | 12:30-2:30pm | 12 | \$157.70 | Sep 20 | 508435 |
| Creations & Inventions | 3-5 yrs | W | 12:30-2:30pm | 6 | \$98.90 | Sep 18 | 508438 |
| Teeny Halloweeny | 18 mos-5 yrs | Sa | 10-11:30am | 1 | \$12.35 | Oct 26 | 508459 |
| Teeny Halloweeny | 18 mos-5 yrs | Sa | 12:30-2pm | 1 | \$12.35 | Oct 26 | 508460 |
| Fly me to the moon | 3-5 yrs | M | 12:30-2:30pm | 5 | \$82.40 | Oct 28 | 504441 |
| Daily Discoveries - Farm Friends | 3-5 yrs | W | 12:30-2:30pm | 5 | \$82.40 | Oct 30 | 508439 |
| Daily Discoveries - Science Exploration | 3-5 yrs | Sa | 9:30-11:30am | 5 | \$82.40 | Nov 2 | 508440 |
| Rudolph's Playtime | 3-5 yrs | M, W, F | 9:30-11:30am | 3 | \$39.40 | Dec 9 | 508458 |
| Pre-Kindergarten Holiday Special | 3-5 yrs | M, W, F | 12:30-2:30pm | 3 | \$49.45 | Dec 9 | 508449 |
| Teeny Tinsel Time | 3-5 yrs | Sa | 10-11:30am | 1 | \$12.35 | Dec 14 | 508461 |
| Teeny Tinsel Time | 3-5 yrs | Sa | 12:30-2pm | 1 | \$12.35 | Dec 14 | 508462 |

* Half price for second child in same family.

Planning a birthday party? WE HAVE POOL OR GYM PARTIES FOR CHILDREN!

Edmonds Community Centre would like to invite you to have your birthday party at our facility with your choice of either a Swimming Party at Fred Randall Pool or a sports party in the gymnasium. For swimming parties please call the Allotment Clerk at 604-297-4401. Gym parties please call the front desk at 604-297-4838 or drop by in person to book your Gym Party in person today!

Swimming Birthday Party

Package I

- » Up to 10 children maximum (max capacity 17)
- » 2 hours in our wet room including 1 party leader for the first hour
- » Tables, chairs (No fridge access)
- » Unlimited swimming from party time to closing
- » Admissions to the pool must be paid at the front desk prior to entering into the pool
- » Time: Saturdays, 4:30pm & Sundays, 1:30 or 4:30pm
- » \$132.85 + tax for 1 party leader and room

Package II

- » Up to 20 children maximum (max capacity 50)
- » 2 hours in Multi-purpose Room 1 including 2 party leaders for the first hour
- » Tables, chairs (No fridge access)
- » Unlimited swimming from party time to closing
- » Admissions to the pool must be paid at the front desk prior to entering into the pool
- » Time: Sundays, 4:30pm
- » \$172.47 + tax for 2 party leaders and room

Gym Birthday Party

Package I

- » Up to 12 children maximum (max capacity 35)
- » 1 hour in the gymnasium with a party leader for your choice of either basketball, floor hockey, tiny tikes or soccer.
- » 1 hour in our Youth Lounge party room, connected to the gym.
- » Tables, chairs and fridge (for cake only)
- » Time: Sundays, 12:30-2:30pm
- » \$174.00 + tax

Package II

- » Up to 12 children maximum
- » 1 hour in the gymnasium with a party leader for your choice of either basketball, floor hockey, tiny tikes or soccer.
- » 1 hour in our childminding room, not attached to the gym. (max capacity 25)
- » Tables, chairs and fridge (for cake only)
- » Time: Sundays, 2:30-4:30pm
- » \$174.00 + tax



To inquire for birthday parties without a leader please call the Allotment Clerk at 604-297-4401. For more detailed information, please pick up our Birthday Party Package brochure card at the main reception counter.

Preschool Programs

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

| PROGRAM | AGE | DAY | TIME | SESSION | FEE | START | BARCODE |
|--|--------------------|-----|-----------------|---------|---------|--------|---------|
| Art & Drama | | | | | | | |
| A is for Art, F is for Family | 2½-4 yrs w/ adult | Su | 11:15am-12noon | 10 | \$49.15 | Sep 22 | 509356 |
| Drawing Through Reading | 4-5 yrs | Su | 9:45-10:45am | 10 | \$80.00 | Sep 22 | 509480 |
| Parent & Tot: Adventures in Art | 18 mos-2 yrs | Tu | 9:30-10:15am | 5 | \$24.60 | Oct 1 | 509307 |
| A is For Art, F is For Family | 2½-4 yrs w/ adult | Tu | 10:30-11:30am | 10 | \$65.50 | Oct 1 | 509308 |
| NEW! Art and Phonics! | 3-5 yrs | Tu | 12noon-1pm | 10 | \$80.00 | Oct 1 | 509313 |
| Pencils, Paint & Plasticine | 4-5 yrs | Sa | 9:45-10:30am | 8 | \$48.00 | Oct 5 | 509483 |
| NEW! Nature, Art & Stories | 2-3 yrs w/ adult | Tu | 9:15-10:15am | 5 | \$32.75 | Nov 5 | 509502 |
| Music | | | | | | | |
| Babytime Music & Movement | 3-11 mos w/ adult | Sa | 9:30-10am | 10 | \$32.75 | Sep 28 | 509354 |
| Babytime Music & Movement | 11-23 mos w/ adult | W | 9:15-10am | 10 | \$49.15 | Oct 2 | 509318 |
| Babytime Music & Movement | 3-11 mos w/ adult | W | 10:05-10:35am | 10 | \$32.75 | Oct 2 | 509351 |
| Babytime Music & Movement | 11-23 mos w/ adult | Th | 10:15-11am | 10 | \$49.15 | Oct 10 | 509353 |
| Babytime Music & Movement | 3-11 mos w/ adult | Th | 11:05-11:35am | 10 | \$32.75 | Oct 10 | 509352 |
| NEW! Family Music & Song | 1-5 yrs w/ adult | Sa | 10:05-10:50am | 10 | \$49.15 | Sep 28 | 509509 |
| Musical Rascals | 2-3 yrs w/ adult | Sa | 11-11:45am | 10 | \$49.15 | Sep 28 | 511271 |
| Musical Rascals | 2-3 yrs w/ adult | W | 10:45-11:30am | 10 | \$49.15 | Oct 2 | 509473 |
| Musical Rascals | 2-3 yrs w/ adult | Th | 11:40am-12:35pm | 10 | \$49.15 | Oct 10 | 509474 |
| Orff/ Kodaly | 4-5 yrs | Sa | 11:55am-12:55pm | 10 | \$80.00 | Sep 28 | 509510 |
| Young Tunes | 4-5 yrs | W | 11:35am-12:20pm | 10 | \$60.00 | Oct 2 | 509475 |
| Young Tunes | 3-5 yrs | Th | 12:45-1:30pm | 10 | \$60.00 | Oct 10 | 509477 |
| Dance & Movement | | | | | | | |
| Baby & Me Yoga | 1-8 mos w/ adult | M | 9:15-10:15am | 4 | \$32.00 | Sep 16 | 519683 |
| Baby & Me Yoga | 1-8 mos w/ adult | M | 9:15-10:15am | 4 | \$32.00 | Oct 28 | 519684 |
| Baby & Me Yoga | 1-8 mos w/ adult | F | 9:15-10:15am | 4 | \$32.00 | Sep 27 | 519638 |
| Baby & Me Yoga | 1-8 mos w/ adult | F | 9:15-10:15am | 4 | \$32.00 | Nov 15 | 519637 |
| Creative Ballet | 4-5 yrs | Sa | 4:05-4:50pm | 12 | \$72.00 | Sep 14 | 509270 |
| Creative Ballet | 4-5 yrs | Su | 2:40-3:25pm | 10 | \$60.00 | Sep 22 | 509266 |
| Creative Ballet | 3 yrs | Su | 4:20-4:50pm | 10 | \$40.00 | Sep 22 | 509267 |
| Creative Ballet | 3 yrs | Tu | 10:55-11:25am | 10 | \$40.00 | Oct 1 | 509268 |
| Creative Ballet | 4 yrs | Tu | 11:30am-12:15pm | 10 | \$60.00 | Oct 1 | 509269 |
| Dance With Me Baby! | 12-24 mos w/ adult | Su | 11-11:30am | 10 | \$32.75 | Sep 22 | 509261 |
| Dance With Me Baby! | 12-24 mos w/ adult | Tu | 9:30-10am | 10 | \$32.75 | Oct 1 | 509260 |
| Dance With Me Baby! | 12-24 mos w/ adult | Th | 9:15-9:45am | 10 | \$32.75 | Oct 10 | 509265 |
| Mini Hip Hoppers | 3 yrs | Su | 11:35am-12:05pm | 10 | \$40.00 | Sep 22 | 509271 |
| Mini Hip Hoppers | 4 yrs | Su | 12:10-12:55pm | 10 | \$60.00 | Sep 22 | 509272 |
| Mini Hip Hoppers | 4-5 yrs | M | 5:40-6:25pm | 8 | \$48.00 | Sep 30 | 512153 |
| Mini Hip Hoppers | 4-5 yrs | Th | 4:15-4:45pm | 8 | \$32.00 | Oct 17 | 509273 |
| Dance Mania | 4-5 yrs | Su | 1-1:45pm | 10 | \$60.00 | Sep 22 | 509274 |
| Kinder Ballet | 5 yrs | Su | 12:30-1:30pm | 10 | \$80.00 | Sep 22 | 515412 |
| Mom & Me Dance | 2-3 yrs w/ adult | Su | 3:30-4:15pm | 10 | \$49.15 | Sep 22 | 509262 |
| Mom & Me Dance | 2-3 yrs w/ adult | Tu | 10:05-10:50am | 10 | \$49.15 | Oct 1 | 509263 |
| Mom & Me Dance | 2-3 yrs w/ adult | Th | 9:50-10:35am | 10 | \$49.15 | Oct 10 | 509264 |
| Creative Dance | 3-4 yrs | F | 2:35-3:20pm | 8 | \$66.00 | Oct 4 | 509277 |
| Creative Dance | 3-4 yrs | Th | 10:40-11:25am | 10 | \$60.00 | Oct 10 | 509276 |
| Creative Dance | 4-5 yrs | Th | 3:25-4:10pm | 8 | \$48.00 | Oct 17 | 509275 |
| Creative Drama | 4-5 yrs | Th | 5:35-6:20pm | 8 | \$48.00 | Oct 31 | 509488 |
| First Steps - Creative Dance | 2-3 yrs w/ adult | F | 2-2:30pm | 8 | \$26.20 | Oct 18 | 509484 |
| Preschool Tap | 4-5 yrs | F | 3:30-4:15pm | 10 | \$60.00 | Sep 17 | 506099 |
| Sports | | | | | | | |
| Preschool Sports & Games: Floor Hockey | 3 yrs | W | 3:45-4:15pm | 6 | \$19.70 | Sep 18 | 508454 |
| Preschool Sports & Games: Floor Hockey | 4-5 yrs | W | 4:30-5:15pm | 6 | \$29.55 | Sep 18 | 508455 |
| Preschool Sports & Games: All Sport | 3 yrs | F | 3:45-4:15pm | 6 | \$19.70 | Sep 20 | 508450 |
| Preschool Sports & Games: All Sport | 4-5 yrs | F | 4:30-5:15pm | 6 | \$29.55 | Sep 20 | 508451 |
| Preschool Sports & Games: Soccer | 3 yrs | W | 3:45-4:15pm | 6 | \$19.70 | Oct 30 | 508456 |
| Preschool Sports & Games: Soccer | 4-5 yrs | W | 4:30-5:15pm | 6 | \$29.55 | Oct 30 | 508457 |
| Preschool Sports & Games: Basketball | 3 yrs | F | 3:45-4:15pm | 6 | \$19.70 | Nov 1 | 508452 |
| Preschool Sports & Games: Basketball | 4-5 yrs | F | 4:30-5:15pm | 6 | \$29.55 | Nov 1 | 508453 |

Children Programs

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

| PROGRAM | AGE | DAY | TIME | SESSION | FEE | START | BARCODE |
|--|----------|-----|---------------|---------|----------|--------|---------|
| Art & Drama | | | | | | | |
| Lego™ Brick Animation | 6-8 yrs | M | 3:45-5:15pm | 4 | \$100.00 | Sep 16 | 518422 |
| EV3 Mindstorms Robotics | 8-12 yrs | M | 5:30-7pm | 4 | \$100.00 | Sep 16 | 518425 |
| Drawing & Cartooning | 6-8 yrs | Su | 10:30-11:30am | 8 | \$64.00 | Sep 22 | 518264 |
| Drawing & Cartooning | 9-12 yrs | Su | 11:45am-1pm | 8 | \$80.00 | Sep 22 | 518265 |
| Drawing, Painting & Collage | 5-7 yrs | Su | 12:30-1:30pm | 10 | \$80.00 | Sep 22 | 518259 |
| Drawing, Painting & Collage | 5-7 yrs | Sa | 11am-12noon | 8 | \$64.00 | Oct 5 | 515422 |
| Drawing, Painting & Collage | 8-10 yrs | Sa | 12:30-1:30pm | 8 | \$64.00 | Oct 5 | 515427 |
| Mini Coding: Game Design | 7-8 yrs | W | 4-5pm | 8 | \$150.00 | Oct 2 | 519345 |
| Mini Coding: Game Design | 9-12 yrs | W | 5:10-6:10pm | 8 | \$150.00 | Oct 2 | 519347 |
| Paint Night | 6-8 yrs | F | 4-5:30pm | 1 | \$12.00 | Oct 4 | 518107 |
| Paint Night | 9-12 yrs | F | 6-7:30pm | 1 | \$12.00 | Oct 4 | 518108 |
| Paint Night | 6-8 yrs | F | 4-5:30pm | 1 | \$12.00 | Nov 1 | 518109 |
| Paint Night | 9-12 yrs | F | 6-7:30pm | 1 | \$12.00 | Nov 1 | 518110 |
| Custom Comics | 6-12 yrs | M | 4-5:30pm | 4 | \$100.00 | Oct 21 | 521549 |
| Making Stories: Creative Writing | 9-12 yrs | Sa | 9:30-10:30am | 8 | \$64.00 | Oct 19 | 518168 |
| Wordplay | 6-8 yrs | Sa | 10:40-11:40am | 8 | \$64.00 | Oct 19 | 518256 |
| WEDO Robotics JR | 6-8 yrs | M | 4-5:30pm | 4 | \$100.00 | Nov 25 | 518450 |
| Dance & Movement | | | | | | | |
| Acro Dance | 7-9 yrs | Sa | 12:50-1:50pm | 12 | \$117.00 | Sep 14 | 506080 |
| Ballet I | 7-8 yrs | Sa | 3-4pm | 28 | \$241.00 | Sep 14 | 506322 |
| Ballet I | 7-8 yrs | F | 5:40-6:40pm | 29 | \$249.50 | Oct 4 | 506077 |
| Hip Hop | 6-8 yrs | Su | 1:50-2:50pm | 10 | \$80.00 | Sep 22 | 518261 |
| Ballet | 6-8 yrs | Su | 1:35-2:35pm | 10 | \$80.00 | Sep 22 | 506110 |
| Ballet | 6 yrs | F | 4:35-5:35pm | 11 | \$88.00 | Oct 4 | 506074 |
| Hip Hop | 6-8 yrs | M | 3:30-4:30pm | 8 | \$64.00 | Sep 30 | 512151 |
| Hip Hop | 8-11 yrs | M | 4:35-5:35pm | 8 | \$64.00 | Sep 30 | 506086 |
| Ballet II | 8-12 yrs | F | 6:45-7:45pm | 29 | \$249.50 | Oct 4 | 506078 |
| Kinder Ballet | 5 yrs | F | 3:30-4:30pm | 11 | \$88.00 | Oct 4 | 506072 |
| Little Hip Hoppers | 5-7 yrs | F | 4:20-5:05pm | 10 | \$60.00 | Sep 27 | 512721 |
| Tap Dance | 6-8 yrs | F | 5:10-6:10pm | 10 | \$80.00 | Sep 27 | 506302 |
| Broadway Jazz | 8-12 yrs | Th | 4:50-5:50pm | 8 | \$64.00 | Oct 17 | 522678 |
| Drama Adventures | 6-8 yrs | Th | 3:25-4:25pm | 8 | \$64.00 | Oct 31 | 512718 |
| Drama Games & Improv | 9-12 yrs | Th | 4:30-5:30pm | 8 | \$64.00 | Oct 31 | 512719 |
| Zumba® Kids | 7-12 yrs | M | 4-4:45pm | 4 | \$24.00 | Sep 23 | 519707 |
| Zumba® Kids | 7-12 yrs | M | 4-4:45pm | 4 | \$24.00 | Nov 18 | 519706 |
| Sports | | | | | | | |
| Basketball | 6-9 yrs | M | 3:30-4:30pm | 5 | \$27.50 | Sep 16 | 516679 |
| Basketball | 6-9 yrs | M | 4:45-5:45pm | 5 | \$27.50 | Sep 16 | 516678 |
| Simply Soccer | 6-9 yrs | Th | 3:30-4:30pm | 6 | \$33.00 | Sep 19 | 516714 |
| Simply Soccer | 6-9 yrs | Th | 4:45-5:45pm | 6 | \$33.00 | Sep 19 | 516715 |
| Karate Kids I | 6-12 yrs | W | 3:30-4:20pm | 6 | \$39.30 | Oct 23 | 516707 |
| Karate Kids I | 6-12 yrs | W | 4:25-5:25pm | 6 | \$39.30 | Oct 23 | 516708 |
| Karate Kids I | 6-12 yrs | Th | 4-5pm | 5 | \$32.75 | Oct 24 | 516709 |
| Simply Soccer | 6-9 yrs | M | 3:30-4:30pm | 6 | \$33.00 | Oct 28 | 516712 |
| Simply Soccer | 6-9 yrs | M | 4:45-5:45pm | 6 | \$33.00 | Oct 28 | 516713 |
| Floor Hockey | 6-9 yrs | Th | 3:30-4:30pm | 6 | \$33.00 | Nov 7 | 516705 |
| Floor Hockey | 6-9 yrs | Th | 4:45-5:45pm | 6 | \$33.00 | Nov 7 | 516706 |
| Small Group Badminton Lessons | 6-8 yrs | Su | 3-4pm | 14 | \$172.90 | Sep 8 | 519214 |
| Small Group Badminton Lessons | 9-12 yrs | Su | 4:15-5:15pm | 14 | \$172.90 | Sep 8 | 519215 |
| Junior Badminton Lessons - Introductory | 6-12 yrs | Tu | 3:45-4:45pm | 7 | \$59.50 | Sep 10 | 519204 |
| Junior Badminton Lessons - Introductory | 6-12 yrs | Sa | 5:30-6:30pm | 7 | \$59.50 | Sep 14 | 519206 |
| Junior Badminton Lessons - Introductory | 6-12 yrs | Tu | 3:45-4:45pm | 5 | \$42.50 | Nov 12 | 519210 |
| Junior Badminton Lessons - Introductory | 6-12 yrs | Sa | 5:30-6:30pm | 5 | \$42.50 | Nov 16 | 519208 |
| Junior Badminton Lessons - Intermediate-Advanced | 8-12 yrs | Tu | 4:50-5:50pm | 7 | \$59.50 | Sep 10 | 519205 |
| Junior Badminton Lessons - Intermediate-Advanced | 8-12 yrs | Sa | 6:45-7:45pm | 7 | \$59.50 | Sep 14 | 519207 |
| Junior Badminton Lessons - Intermediate-Advanced | 8-12 yrs | Tu | 4:50-5:50pm | 5 | \$42.50 | Nov 12 | 519211 |
| Junior Badminton Lessons - Intermediate-Advanced | 8-12 yrs | Sa | 6:45-7:45pm | 6 | \$51.00 | Nov 16 | 519209 |

All Ages Program

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

| PROGRAM | AGE | DAY | TIME | SESSION | FEE | START | BARCODE |
|--|------------------|-----|-----------------|---------|----------|--------|---------|
| Music | | | | | | | |
| Private Music Lessons | | | | | | | |
| Piano | 6-15 yrs | Sa | 1:50-2:20pm | 13 | \$344.50 | Sep 7 | 519350 |
| Piano | 6-15 yrs | Sa | 2:25-2:55pm | 13 | \$344.50 | Sep 7 | 519351 |
| Piano | 6-15 yrs | Tu | 3:25-3:55pm | 13 | \$344.50 | Sep 24 | 519095 |
| Piano | 6-15 yrs | Tu | 4-4:30pm | 13 | \$344.50 | Sep 24 | 519096 |
| Piano | 16 yrs & up | Tu | 6:20-6:50pm | 13 | \$344.50 | Sep 24 | 519103 |
| Piano | 16 yrs & up | Tu | 6:55-7:25pm | 13 | \$344.50 | Sep 24 | 519104 |
| Voice | 6 yrs & up | W | 4:35-5:05pm | 28 | \$749.50 | Sep 25 | 512712 |
| Voice | 6 yrs & up | W | 5:15-5:45pm | 28 | \$749.50 | Sep 25 | 512713 |
| Voice | 6 yrs & up | Sa | 2:40-3:10pm | 8 | \$212.00 | Oct 5 | 518252 |
| Voice | 6 yrs & up | Sa | 3:10-3:40pm | 8 | \$212.00 | Oct 5 | 518253 |
| Voice | 16 yrs & up | W | 6:25-6:55pm | 8 | \$212.00 | Oct 16 | 521234 |
| Guitar | 16 yrs & up | W | 8:10-8:40pm | 10 | \$265.00 | Oct 16 | 519116 |
| Guitar | 6-15 yrs | F | 7:05-7:35pm | 10 | \$265.00 | Sep 27 | 518271 |
| Guitar | 16 yrs & up | F | 7:35-8:05pm | 10 | \$265.00 | Sep 27 | 518275 |
| Semi-Private Music Lessons | | | | | | | |
| Guitar: Year 1 | 7-9 yrs | Tu | 4:40-5:10pm | 31 | \$410.75 | Sep 24 | 518277 |
| Guitar: Year 1 | 9-12 yrs | W | 5:55-6:25pm | 31 | \$410.75 | Sep 25 | 519113 |
| Guitar: Year 1 | 7-9 yrs | F | 4:30-5pm | 31 | \$410.75 | Sep 27 | 518270 |
| Piano: Year 1 | 6-8 yrs | Sa | 11:35am-12:05pm | 31 | \$418.25 | Sep 7 | 519333 |
| Piano: Year 1 | 9-12 yrs | Sa | 12:15-12:45pm | 31 | \$418.25 | Sep 7 | 519349 |
| Piano: Year 1 | 6-8 yrs | Sa | 1:15-1:45pm | 31 | \$418.25 | Sep 7 | 519335 |
| Piano: Year 1 | 6-8 yrs | Su | 11:45am-12:15pm | 31 | \$418.25 | Sep 8 | 516801 |
| Piano: Year 1 | 9-12 yrs | Su | 1:20-1:50pm | 31 | \$418.25 | Sep 8 | 516806 |
| Piano: Year 1 | 6-8 yrs | Su | 2:30-3pm | 31 | \$418.25 | Sep 8 | 516804 |
| Piano: Year 1 | 6-8 yrs | Su | 1-1:30pm | 31 | \$418.25 | Sep 8 | 516677 |
| Piano: Year 1 | 9-12 yrs | Su | 1:30-2pm | 31 | \$418.25 | Sep 8 | 516716 |
| Piano: Year 1 | 6-8 yrs | W | 5:55-6:25pm | 31 | \$418.25 | Sep 25 | 516760 |
| Piano: Year 1 | 6-8 yrs | F | 3:35-4:05pm | 31 | \$418.25 | Sep 27 | 518160 |
| Piano: Year 1 | 9-12 yrs | F | 4:05-4:35pm | 31 | \$418.25 | Sep 27 | 518161 |
| Piano Explorations (Long-term) | 4-5 yrs | Sa | 9:15-9:45am | 31 | \$410.75 | Sep 7 | 518451 |
| Piano Explorations (Long-term) | 4-5 yrs | Sa | 9:50-10:20am | 31 | \$410.75 | Sep 7 | 518452 |
| Piano Explorations (Long-term) | 4-5 yrs | Sa | 10:25-10:55am | 31 | \$410.75 | Sep 7 | 518453 |
| Piano Explorations (Long-term) | 4-5 yrs | Sa | 11-11:30am | 31 | \$410.75 | Sep 7 | 518454 |
| Piano Explorations | 4 yrs | W | 1:35-2:05pm | 10 | \$132.50 | Sep 25 | 509489 |
| Piano Explorations | 4 yrs | W | 2:10-2:40pm | 10 | \$132.50 | Sep 25 | 509492 |
| Piano Explorations | 4 yrs | W | 2:45-3:15pm | 10 | \$132.50 | Sep 25 | 509493 |
| Voice (Long-term) | 6-8 yrs | W | 3:25-3:55pm | 28 | \$378.50 | Sep 25 | 512711 |
| Voice | 6-8 yrs | Sa | 1-1:30pm | 8 | \$106.00 | Oct 5 | 518162 |
| Voice | 9-12 yrs | Sa | 1:30-2pm | 8 | \$106.00 | Oct 5 | 518163 |
| Voice | 6-8 yrs | Sa | 2:05-2:35pm | 8 | \$106.00 | Oct 5 | 518164 |
| Ukulele (Long-term) | 8-11 yrs | Tu | 6:25-6:55pm | 31 | \$410.75 | Sep 24 | 519107 |
| Group Music Lessons (4-5 students) | | | | | | | |
| Piano Basics | 5-6 yrs | M | 4-5pm | 31 | \$465.00 | Sep 9 | 518072 |
| Piano Basics | 6-8 yrs | M | 6:30-7:30pm | 31 | \$465.00 | Sep 9 | 518073 |
| Piano Basics | 16 yrs & up | M | 7:35-8:35pm | 10 | \$150.00 | Sep 30 | 518803 |
| Guitar | 7-10 yrs | W | 3:45-4:45pm | 13 | \$195.00 | Sep 25 | 519109 |
| Guitar | 8-11 yrs | W | 4:50-5:50pm | 13 | \$195.00 | Sep 25 | 519110 |
| Guitar | 16 yrs & up | W | 7:05-8:05pm | 13 | \$195.00 | Sep 25 | 519114 |
| Family Programs | | | | | | | |
| Family Yoga | 4-7 yrs w/adult | Su | 10-10:45am | 6 | \$29.48 | Oct 20 | 519693 |
| Family Yoga | 7-12 yrs w/adult | Su | 11-11:45am | 6 | \$29.48 | Oct 20 | 519692 |
| Programs for People with Disabilities | | | | | | | |
| Piano | 6 yrs & up | M | 6:25-6:55pm | 13 | \$344.00 | Sep 9 | 516746 |
| Piano | 6 yrs & up | M | 7-7:30pm | 13 | \$344.00 | Sep 9 | 516747 |
| Adapted Yoga | 18 yrs & up | F | 10:30am-12noon | 10 | \$94.05 | Sep 27 | 519688 |

Camps & Community Programs

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

| PROGRAM | AGE | DAY | TIME | SESSION | FEE | START | BARCODE |
|----------------------------|-----------|-----|----------|---------|---------|--------|---------|
| Pro-D Day Camp | 5-12 yrs | F | 9am-3pm | 1 | \$30.00 | Oct 25 | 519231 |
| Pro-D Day Camp | 5-12 yrs | F | 9am-3pm | 1 | \$30.00 | Nov 22 | 519232 |
| Pro-D Day Laser Tag & Swim | 10-13 yrs | F | 10am-4pm | 1 | \$38.52 | Oct 25 | 520704 |
| After-Camp Stay & Play | 5-12 yrs | F | 3-5:30pm | 1 | \$8.75 | Oct 25 | 519195 |
| After-Camp Stay & Play | 5-12 yrs | F | 3-5:30pm | 1 | \$8.75 | Nov 22 | 519196 |
| Winter Break Celebrations | 5-12 yrs | M | 9am-3pm | 1 | \$30.00 | Dec 23 | 519233 |
| Winter Break Celebrations | 5-12 yrs | Tu | 9am-3pm | 1 | \$30.00 | Dec 24 | 519234 |
| Winter Break Celebrations | 5-12 yrs | Th | 9am-3pm | 1 | \$30.00 | Dec 26 | 519235 |
| Winter Break Celebrations | 5-12 yrs | F | 9am-3pm | 1 | \$30.00 | Dec 27 | 519236 |
| Winter Break Celebrations | 5-12 yrs | M | 9am-3pm | 1 | \$30.00 | Dec 30 | 519237 |
| Winter Break Celebrations | 5-12 yrs | Tu | 9am-3pm | 1 | \$30.00 | Dec 31 | 519238 |
| Winter Break Celebrations | 5-12 yrs | Th | 9am-3pm | 1 | \$30.00 | Jan 2 | 519239 |
| Winter Break Celebrations | 5-12 yrs | F | 9am-3pm | 1 | \$30.00 | Jan 3 | 519240 |
| After-Camp Stay & Play | 5-12 yrs | M | 3-5:30pm | 1 | \$8.75 | Dec 23 | 519197 |
| After-Camp Stay & Play | 5-12 yrs | Th | 3-5:30pm | 1 | \$8.75 | Dec 26 | 519198 |
| After-Camp Stay & Play | 5-12 yrs | F | 3-5:30pm | 1 | \$8.75 | Dec 27 | 519199 |
| After-Camp Stay & Play | 5-12 yrs | M | 3-5:30pm | 1 | \$8.75 | Dec 30 | 519200 |
| After-Camp Stay & Play | 5-12 yrs | Tu | 3-5:30pm | 1 | \$8.75 | Dec 31 | 521839 |
| After-Camp Stay & Play | 5-12 yrs | Th | 3-5:30pm | 1 | \$8.75 | Jan 2 | 519202 |
| After-Camp Stay & Play | 5-12 yrs | F | 3-5:30pm | 1 | \$8.75 | Jan 3 | 519203 |

Preschool Programs For more information on programs, please phone Mikaela Graham-Radford at 604-297-4831.

Second Street Community School 7502 Second Street

| | | | | | | | |
|---------------|---------|----|--------------|----|----------|--------|--------|
| Play to Learn | 3-5 yrs | Tu | 9:15-11:15am | 12 | \$157.70 | Sep 24 | 508524 |
| Play to Learn | 3-5 yrs | W | 9:15-11:15am | 12 | \$157.70 | Sep 25 | 508525 |
| Play to Learn | 3-5 yrs | Th | 9:15-11:15am | 12 | \$157.70 | Sep 26 | 508526 |

Stride Community School 7014 Stride Avenue

| | | | | | | | |
|---------------|---------|---|--------------|----|----------|--------|--------|
| Play to Learn | 3-5 yrs | M | 9:15-11:15am | 10 | \$131.40 | Sep 23 | 508521 |
| Play to Learn | 3-5 yrs | W | 9:15-11:15am | 12 | \$157.70 | Sep 25 | 508522 |
| Play to Learn | 3-5 yrs | F | 9:15-11:15am | 12 | \$157.70 | Sep 27 | 508523 |

A complete listing of the South East Burnaby afterschool programs and the programs at Windsor Elementary School can be found on the school specific flyers and at burnaby.ca/afterschool programs. For more information about the South East afterschool programs please contact Mikaela at 604-297-4831. For more information about afterschool programs at Windsor Elementary School please contact Louise at louise.rusch@burnaby.ca or 604-297-4572.

DO YOU HAVE A CHILD IN GRADE 5 THIS SCHOOL YEAR?

Burnaby's Grade 5 Be Active Program provides Grade 5 students with a free Be Active Pass which gives them access to public swims, public skates, some gymnasium drop in activities and golf driving ranges. For more information and to get a current schedule of activities, ask your local school, recreation centre or visit burnaby.ca/grade5beactive.



Youth Drop-in

Effective date: Sep 3-Dec 22, 2019
Special schedule in effect: Dec 23, 2019-Jan 5, 2020

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------------------|-------------------------------------|---------------------------------------|------------------------------------|---------------------------------------|---|--------------------------------------|--------------------------------------|
| Preteen 10-13 years Grades 5-7 | Lounge 3-5pm Open Gym 3-5pm | Lounge 3-5pm Open Gym 3-5pm | Lounge 3-5pm Open Gym 3-5pm | Lounge 3-5pm Open Gym 3-5pm | Lounge 3-5pm Open Gym 3-5pm | Basketball 3-5pm (Gym 2B) | |
| Preteen & Teen | Basketball 5-6pm | | Basketball 5-6pm | | Basketball 5-6pm | | |
| Teen 13-18 years Grades 8-12 | Open Gym 6-8pm Lounge 6-10pm | Volleyball 6-8pm Lounge 6-10pm | Soccer 6-8pm Lounge 6-10pm | Basketball 6-8pm Lounge 6-10pm | Lounge 6-11:45pm Volleyball 6-7:30pm Soccer 8-10pm Basketball 10-11:45pm | Lounge 4-8pm Basketball 5-7pm | Basketball 4-6pm Lounge 4-8pm |

Teens & Adults Program

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

| PROGRAM | AGE | DAY | TIME | SESSION | FEE | START | BARCODE |
|--|-------------|-----|-----------------|---------|----------|--------|---------|
| Social | | | | | | | |
| Baking Basics | 10-13 yrs | Sa | 11:30am-12:30pm | 4 | \$34.80 | Oct 5 | 520351 |
| Baking Basics | 10-13 yrs | Sa | 11:30am-13:30pm | 4 | \$34.80 | Nov 9 | 520706 |
| NEW! Public Speaking 101 | 10-15 yrs | Sa | 2:30-3:30pm | 8 | \$64.00 | Oct 19 | 520708 |
| Babysitter's Basics | 11-15 yrs | Sa | 1:30-4:30pm | 4 | \$78.60 | Oct 5 | 520352 |
| Babysitter's Basics | 11-15 yrs | Sa | 1:30-4:30pm | 4 | \$78.60 | Nov 9 | 520707 |
| Dance & Movement | | | | | | | |
| Hip Hop | 12-16 yrs | M | 6:30-7:30pm | 8 | \$64.00 | Sep 30 | 506090 |
| Urban Ballet | 16 yrs & up | Th | 5:55-6:55pm | 8 | \$64.00 | Oct 17 | 507019 |
| NEW! Yoga for Youth | 11-13 yrs | Tu | 4-4:45pm | 4 | \$19.65 | Oct 22 | 519694 |
| Sports & Fitness | | | | | | | |
| Volleyball Skills & Drills | 10-13 yrs | Tu | 5-6pm | 6 | \$30.90 | Sep 17 | 520350 |
| NEW! Youth Strength, Conditioning & Intervals | 12-13 yrs | W | 4-5pm | 4 | \$26.20 | Oct 16 | 519731 |
| Small Group Badminton Lessons | 13-17 yrs | Su | 5:30-6:30pm | 14 | \$172.90 | Sep 8 | 519212 |
| Teen Badminton Lessons - Inte/Adv | 13-18 yrs | Su | 8-9pm | 7 | \$59.50 | Sep 8 | 519217 |
| Teen Badminton Lessons - Inte/Adv | 13-18 yrs | Su | 8-9pm | 7 | \$59.50 | Nov 10 | 519219 |
| Teen Badminton Lessons - Beg/Intro | 13-18 yrs | Sa | 8-9pm | 7 | \$59.50 | Sep 14 | 519216 |
| Teen Badminton Lessons - Beg/Intro | 13-18 yrs | Sa | 8-9pm | 6 | \$51.00 | Nov 16 | 519218 |
| Volleyball Teen Lessons - Beg/Inte | 13-18 yrs | Tu | 5-6pm | 4 | \$20.60 | Oct 29 | 520596 |
| Strength and Conditioning for Teen Girls | 13-16yrs | Th | 4-5:30pm | 3 | \$29.48 | Oct 17 | 519734 |
| Strength and Conditioning for Teen Girls | 13-16yrs | Sa | 2:30-4pm | 3 | \$29.48 | Nov 16 | 519733 |
| Weight Training for Teens | 13-16 yrs | Sa | 2:30-4pm | 3 | \$29.48 | Oct 19 | 519730 |
| Yoga - Hatha | 16 yrs & up | M | 12:15-1:15pm | 6 | \$48.00 | Sep 16 | 519555 |
| Yoga - Hatha | 16 yrs & up | M | 12:15-1:15pm | 5 | \$40.00 | Nov 4 | 519556 |
| Yoga - Hatha | 16 yrs & up | Tu | 5:30-6:45pm | 6 | \$60.00 | Sep 24 | 519550 |
| Yoga - Hatha | 16 yrs & up | Tu | 5:30-6:45pm | 5 | \$50.00 | Nov 5 | 519551 |
| Yoga - Hatha | 16 yrs & up | Th | 12:30-1:30pm | 4 | \$32.00 | Oct 3 | 519553 |
| Yoga - Hatha | 16 yrs & up | Th | 12:30-1:30pm | 5 | \$40.00 | Nov7 | 519552 |
| Small Group Personal Training for Strength | 16 yrs & up | Th | 6:15-7:15pm | 5 | \$129.35 | Sep 19 | 519719 |
| Small Group Personal Training for Strength | 16 yrs & up | Th | 6:15-7:15pm | 5 | \$129.35 | Nov 7 | 519720 |
| Small Group Personal Training for Strength | 16 yrs & up | Su | 9:30-10:30am | 5 | \$129.35 | Oct 26 | 519721 |
| Yoga - For Office Workers | 16 yrs & up | Th | 7:15-8:30pm | 6 | \$60.00 | Sep 19 | 519616 |
| Yoga - For Office Workers | 16 yrs & up | Th | 7:15-8:30pm | 6 | \$60.00 | Nov 11 | 519636 |
| Circuit Strength Blast | 16 yrs & up | Sa | 8-9am | 4 | \$36.00 | Sep 14 | 519735 |
| Circuit Strength Blast | 16 yrs & up | Sa | 8-9pm | 4 | \$36.00 | Nov 16 | 519736 |
| Strength Training for Women I | 16 yrs & up | Su | 9:30-11:30am | 3 | \$54.00 | Sep 22 | 519728 |
| Tai Chi - Beginner | 18 yrs & up | M | 11:30am-12:45pm | 6 | \$54.00 | Sep 23 | 519697 |
| Tai Chi - Beginner | 18 yrs & up | F | 7-8:30pm | 6 | \$54.00 | Oct 11 | 519698 |
| Yoga - On the Flow | 16 yrs & up | F | 12:15-1pm | 6 | \$24.00 | Sep 27 | 519690 |
| Yoga - On the Flow | 16 yrs & up | F | 12:15-1pm | 6 | \$24.00 | Nov 1 | 519689 |
| NEW! Health & Wellness Series | | | | | | | |
| Yoga & Meditation for Stress & Anxiety | 16 yrs & up | Sa | 3:30-5pm | 1 | \$12.00 | Oct 5 | 519739 |
| Yoga & Meditation for Stress & Anxiety | 16 yrs & up | Sa | 3:30-5pm | 1 | \$12.00 | Nov 30 | 519740 |
| NEW! TRX & More | 16 yrs & up | Tu | 12noon-12:45pm | 4 | \$21.60 | Nov 7 | 519722 |
| NEW! TRX & More | 16 yrs & up | Th | 7:30-8:30pm | 4 | \$28.80 | Nov 14 | 519727 |
| Pickleball Drop-In (Seasonal) | 18 yrs & up | M | 1-3pm | 17 | \$46.07 | Sep 2 | 519220 |
| Pickleball Drop-In (Seasonal) | 18 yrs & up | Tu | 12:30-3pm | 17 | \$46.07 | Sep 3 | 519221 |
| Pickleball Drop-In (Seasonal) | 18 yrs & up | W | 11am-3pm | 15 | \$40.65 | Sep 4 | 519222 |
| Pickleball Drop-In (Seasonal) | 18 yrs & up | Th | 12:30-3pm | 13 | \$35.23 | Sep 5 | 519223 |
| Pickleball Drop-In (Seasonal) | 18 yrs & up | F | 1-3pm | 16 | \$43.36 | Sep 6 | 519224 |
| Small Group Badminton Lessons | 18 yrs & up | Su | 6:45-7:45pm | 14 | \$254.10 | Sep 8 | 519213 |
| Barre Fitness | 18 yrs & up | M | 6-7pm | 10 | \$82.50 | Sep 23 | 519699 |
| Barre Fitness | 18 yrs & up | W | 9:30-10:30am | 4 | \$33.00 | Oct 2 | 519700 |
| Barre Fitness | 18 yrs & up | W | 9:30-10:30am | 4 | \$33.00 | Nov 6 | 519701 |
| Pilates & Yoga | 18 yrs & up | M | 7:15-8:15pm | 10 | \$90.00 | Sep 23 | 519691 |
| Gentle Yoga | 18 yrs & up | Tu | 7-8:30pm | 12 | \$144.00 | Sep 24 | 521475 |

55+ Services & Programs

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

For more 55+ programs and activities, pick up the 55+ Bus Trip Guide and the Fall & Winter Leisure Guide!

Raincatcher's 55+ Lunch

Specially-priced meals available at the Café.
Advance reservations for groups are recommended.
Please call 604-297-4900.
Monday-Saturday, 12noon-1pm
\$6.00 Burnaby Seniors' Member (entrée & beverage included)
\$7.50 Seniors' Member Guest (add dessert for only \$2.00)

Seniors' Centre Membership

To take part in the 55+ activities, please purchase a membership. You can use the single centre fee if you usually take part in activities at only one centre or you can use the multi-centre fee if you enjoy taking part in activities at more than one centre. Remember to renew expiring memberships. If you have any questions, please call 604-297-4838.
Single Centre | \$19.30 per year **Multi-Centre** | \$48.25 per year

| PROGRAM | DAY | TIME | SESSION | FEE | START | BARCODE |
|---|---------|----------------|---------|-----------------------------------|--------|---------|
| Watercolors Painting - Seniors | M | 9:15-11:45am | 6 | \$69.00 | Sep 9 | 521418 |
| Yoga - Seniors Gentle | M | 10:45-11:45am | 10 | \$48.50 | Sep 9 | 514501 |
| Yoga - Seniors Gentle | W | 11am-12noon | 10 | \$48.50 | Sep 25 | 514502 |
| Osteo for Life | Tu, Th | 9:15-10:15am | 12 | 65+\$54.24, 64-\$67.80 | Sep 10 | 510991 |
| Osteo for Life | Tu, Th | 9:15-10:15am | 12 | 65+\$54.24, 64-\$67.80 | Oct 22 | 510992 |
| Osteofit | Tu, Th | 10:30-11:30am | 12 | 65+\$54.24, 64-\$67.80 | Sep 10 | 510993 |
| Osteofit | Tu, Th | 10:30-11:30am | 12 | 65+\$54.24, 64-\$67.80 | Oct 22 | 510994 |
| Grandparent Film Festival Series | | | | | | |
| Valentin | Su | 4-6pm | 1 | No Fee | Sep 15 | 518129 |
| Eat Drink Man Woman | Su | 4-6pm | 1 | No Fee | Oct 20 | 518130 |
| A Grandpa for Christmas | Su | 4-6pm | 1 | No Fee | Nov 17 | 518131 |
| Circle Ukulele | Tu | 12:30-1:30pm | 8 | 65+\$51.20, 64-\$64.00 | Sep 17 | 518103 |
| Uke Can Do It! - Continuing | Tu | 1:45-3pm | 8 | 65+\$64.00, 64-\$80.00 | Sep 17 | 518105 |
| Qigong 55+ | Tu | 1-2pm | 10 | \$40.00 | Sep 17 | 514498 |
| Line Dance - Beginner Plus | W | 1-2pm | 10 | \$50.00 | Sep 18 | 514507 |
| Line Dance - Beginner | W | 2:15-3:15pm | 10 | \$50.00 | Sep 18 | 514506 |
| Uke Can Do It! - Intermediate | W | 1-2pm | 8 | 65+\$51.20, 64-\$64.00 | Sep 18 | 518509 |
| New Members Tea & Tour | W | 10-11am | 1 | No Fee | Sep 18 | 518118 |
| New Members Tea & Tour | W | 10-11am | 1 | No Fee | Oct 16 | 518119 |
| New Members Tea & Tour | W | 10-11am | 1 | No Fee | Nov 20 | 518120 |
| Tai Chi 55+ Beginner | Th | 2-3pm | 10 | \$40.00 | Sep 19 | 514500 |
| Ballroom Dance | | | | | | |
| West Coast Swing Beginner | Tu | 1-2pm | 8 | \$40.00 | Sep 24 | 517602 |
| West Coast Swing Intermediate | Tu | 2:15-3:15pm | 8 | \$40.00 | Sep 24 | 514504 |
| Group Guitar Lessons- Seniors | F | 2:30-3:30pm | 10 | 65+\$64.00, 64-\$80.00 | Sep 27 | 518612 |
| Piano Basics I - Seniors | F | 2:15-3:15pm | 6 | 65+\$72.00, 64-\$90.00 | Sep 27 | 518594 |
| NEW! Put Your Back Pain Behind You Sampler | Tu | 2:45-3:45pm | 1 | No Fee | Oct 1 | 514672 |
| Put Your Back Pain Behind You | Tu | 2:45-3:45pm | 10 | \$48.50 | Oct 8 | 514666 |
| Library in your Community | W | 10:30-11:30am | 1 | No Fee | Oct 2 | 518508 |
| Smart Fit | Th | 2:45-3:45pm | 9 | \$43.65 | Oct 3 | 514499 |
| Round the World Travel Talks | | | | | | |
| Destination TBA | F | 1-2pm | 1 | \$1.00 | Oct 4 | 518669 |
| Destination TBA | F | 1-2pm | 1 | \$1.00 | Nov 1 | 518670 |
| Destination TBA | F | 1-2pm | 1 | \$1.00 | Dec 6 | 518743 |
| Chair Dance Exercise | W | 10:30-11:30am | 8 | \$38.80 | Oct 16 | 514497 |
| Geneology Scrapbooking Level I | Th | 1:30-3pm | 1 | \$31.45 | Oct 17 | 521362 |
| Watercolors Painting - Intermediate | M | 9:15-11:45am | 6 | \$69.00 | Oct 28 | 518555 |
| Mindful Meditation | F | 10:30am-12noon | 4 | \$24.00 | Nov 8 | 518569 |
| Geneology Scrapbooking Level II | M | 1:30-3pm | 1 | \$16.45 | Dec 16 | 521363 |
| Low Impact Fitness | M, W, F | 9:15-10:15am | Ongoing | \$4.05 drop-in/ \$36.30 punchcard | | |
| Body Conditioning | Tu | 1:30-2:30pm | Ongoing | \$4.05 drop-in/ \$36.30 punchcard | | |
| Cardio Dance | Tu | 12noon-1pm | Ongoing | \$4.05 drop-in/ \$36.30 punchcard | | |

Events

| | | | | | | |
|------------------------------|----|------------|---------|---------|----------------------|--------|
| Oktoberfest | Th | 12noon-2pm | 1 | \$9.00 | Sep 26 | 514677 |
| Remembrance Day Service | Sa | 1-3pm | 1 | No fee | Nov 9 | 514678 |
| Jingle Bell Lunch | Th | 12noon-2pm | 1 | \$11.00 | Dec 5 | 518136 |
| Monthly Birthday Celebration | F | 2-3pm | Ongoing | \$1.00 | Check Seniors Lounge | |

Pricing is based on Edmonds Seniors Membership, unless stated otherwise. Non-member fees are also available.

55+ Week at a Glance

Schedules subject to change. Prices do not include tax.
For the most up to date information, visit burnaby.ca/edmonds

| PROGRAM | LOCATION | TIME | START |
|--|--------------------------|----------------|-------------------------------|
| MONDAY | | | |
| *Seniors Table Tennis | Gym 2A | 8am-12:30pm | Ongoing |
| Low Impact Fitness I & II | Active Studio | 9:15-10:15am | Ongoing |
| *Cribbage | Multi Purpose Room 4 | 10am-12noon | Ongoing |
| Watercolors Painting - Beginner | Arts Room | 9:15-11:45pm | Starts Sep 9 |
| Yoga - Seniors Gentle | Multi Purpose Room 2 | 10:45-11:45am | Starts Sep 9 |
| *Edmonds Crafts | Lobby | 11am-2pm | Ongoing |
| Lunch Program | Raincatcher Café | 12noon-1pm | Ongoing |
| *#12 Old Age Pensioners' Org. (1st Monday) | Music/Meeting Room 1 | 12noon-2:30pm | Ongoing |
| *Monday Social Dance | Active Studio | 1-3pm | Ongoing |
| *Metro Seniors Band | Multi Purpose Room 1 | 3-5pm | Ongoing |
| Watercolors Painting - Intermediate | Arts Room | 9:15-11:45pm | Starts Oct 28 |
| TUESDAY | | | |
| Osteo for Life | Active Studio | 9:15-10:15am | Starts Sep 10, Oct 22 |
| *Board Meeting (3rd Tuesday) | Multi Purpose Room 4 | 9:30am-12noon | Ongoing |
| *Stamp Club (1st Tuesday) | Multi Purpose Room 3 | 10:30am-12noon | Ongoing |
| OsteoFit | Active Studio | 10:30-11:30am | Starts Sep 10, Oct 22 |
| Lunch Program | Raincatcher Café | 12noon-1pm | Ongoing |
| Cardio Dance | Active Studio | 12noon-1pm | Ongoing |
| Circle Ukulele | Multi Purpose Room 4 | 12:30-1:30pm | Starts Sep 17 |
| Uke Can Do It! - Continuing | Multi Purpose Room 4 | 1:45-3pm | Starts Sep 17 |
| Ballroom Dance - West Coast Swing Beginner | Multi Purpose Room 2 | 1-2pm | Starts Sep 24 |
| Qigong | Multi Purpose Room 1 | 1-2pm | Starts Sep 17 |
| Body Conditioning | Active Studio | 1:30-2:30pm | Ongoing |
| Ballroom Dance - West Coast Swing Intermediate | Multi Purpose Room 2 | 2:15-3:15pm | Starts Sep 24 |
| Put Back Pain Behind You | Active Studio | 2:45-3:45pm | Starts Oct 1 |
| WEDNESDAY | | | |
| *Seniors Table Tennis | Gym 1B | 8am-12:30pm | Ongoing |
| New Members Tea & Tour | Seniors Lounge | 10-11am | Starts Sep 18, Oct 16, Nov 20 |
| *South Asian Womens Friendship Group | Arts Room | 10am-1pm | Ongoing |
| Chair Dance Exercise | Multi Purpose Room 1 | 10:30-11:30am | Start Oct 16 |
| Uke Can Do It! - Intermediate | Multi-Purpose Room 4 | 1-2pm | Start Sep 18 |
| Yoga - Seniors Gentle | Multi Purpose Room 2 | 11am-12noon | Starts Sep 25 |
| *Bombay Rummy | Multi Purpose Room 3 | 11am-5pm | Ongoing |
| Lunch Program | Raincatcher Café | 12noon-1pm | Ongoing |
| *Carpet Bowling | Gym 1A | 1-3pm | Ongoing |
| *Sang Rok Hae Korean Dance | Active Studio | 1-3pm | Ongoing |
| Line Dance - Beginner Plus (seniors) | Multi Purpose Room 1 | 1-2pm | Starts Sep 18 |
| Line Dance - Beginner (seniors) | Multi Purpose Room 1 | 2:15-3:15pm | Starts Sep 18 |
| *Mellowdares | Arts Room | 1:30-3:30pm | Ongoing |
| *Erhu (Chinese Violin) | Multi Purpose Room 3 | 6-10pm | Ongoing |
| THURSDAY | | | |
| *Golf Club (March-October) | Out of Centre | 8-11am | Ongoing |
| *All Weather Hikers | Out of Centre | 8:45am-2:45pm | Ongoing |
| Osteo for Life | Active Studio | 9:15-10:15am | Starts Sep 10, Oct 22 |
| *Health Watch | Arts Room | 9:30-11:30am | 9:30-11:30am |
| OsteoFit | Active Studio | 10:30-11:30am | Starts Sep 10, Oct 22 |
| Lunch Program | Raincatcher Café | 12noon-1pm | Ongoing |
| *Carpet Bowling | Gym 2A | 1-3pm | Ongoing |
| Tai Chi | Multi Purpose 2 | 2-3pm | Starts Sep 19 |
| Smart Fit | Active Studio | 2:45-3:45pm | Starts Oct 3 |
| FRIDAY | | | |
| *Seniors Table Tennis | Gym 2A | 8am-12:30pm | Ongoing |
| Low Impact Fitness 1 & 2 | Active Studio | 9:15-10:15am | Ongoing |
| *Stroke Club | Arts Room/Meeting Room 3 | 10am-1pm | Ongoing |
| Zumba® | Active Studio | 10:30-11:30am | Ongoing |
| *Edmonds Crafts | Lobby | 11am-2pm | Ongoing |
| Lunch Program | Raincatcher Café | 12noon-1pm | Ongoing |
| *All Needlers | Multi Purpose Room 4 | 1-3pm | Ongoing |
| *Friday Social Dance | Active Studio | 1-3:30pm | Ongoing |
| *Open Studio Time | Arts Room | 1:15-3:15pm | Ongoing |
| Round the World Travel Talks (1st Friday) | Seniors Lounge | 1-2pm | Oct 4, Nov 1, Dec 6 |
| Group Guitar Lessons - Seniors | Multi Purpose Room 3 | 2:30-3:30pm | Starts Sep 27 |
| Piano Basics 1 - Seniors | Music Room 2 | 2:15-3:15pm | Starts Sep 27 |
| Mindful Meditation | Multi-Purpose Room 4 | 10:30am-12noon | Starts Nov 8 |
| SATURDAY | | | |
| *Bombay Rummy | Childminding Room | 11am-5pm | Ongoing |
| *Bingo | Active Studio | 11:30am-3pm | Ongoing |
| SUNDAY | | | |
| *Karaoke | Multi Purpose Room 1 | 12noon-4pm | Ongoing |
| *Sunday Social Dance | Active Studio | 3:30-5:30pm | Ongoing |
| Granparent Film Festival Series | Multi Purpose Room 3 | 4-6pm | Starts Sep 15, Oct 20, Nov 17 |
| *Sang Rok Hae Korean Dance | Active Studio | 6-8pm | Ongoing |
| ONGOING | | | |
| *Snooker | Snooker Room | Centre Hours | Ongoing |