Why should you cycle? With more and more automobiles crowding the road system every year, cycling offers a safe, convenient and affordable mode of transportation. Cycling is a great alternative to getting into your single-occupant vehicle every morning, fighting your way through traffic, paying for gas, insurance, maintenance and car loans.

Imagine getting onto your relatively inexpensive bicycle, enjoying a leisurely ride, getting to know your community better, and getting some exercise and stress relief at the same time. Cycling is, after all, the most energy-efficient mode of transportation.

One of the goals of the City of Burnaby Transportation Plan is that “Safe and convenient cycling facilities be provided as an alternative to the use of private vehicles”. Council has consistently supported the expansion of the cycling network.

If the trip is too long, or the hills are too steep, why not use the bus for part of the trip? Bikes are permitted on SeaBus, West Coast Express and every bus route in Burnaby. Bikes are also allowed on SkyTrain, except at Metrotown Station, with some restrictions. Bike lockers are available at select SkyTrain and Westcoast Express stations.

HOW TO LOAD YOUR BIKE ON A BUS RACK
Each bus will accept two full-sized bikes. If you follow these steps you will be quickly and safely on board the bus with your bike mounted up front.

• Tell the driver you want to load your bike
• Lower the bike rack by pulling on the release handle - (1)
• Lift your bike onto the rack - (2)
• Lift the support arm up and over the front tire - (3)
• Sit at the front of the bus so you can keep an eye on your bike.
• When it is time to get off the bus, tell the driver that you need to remove your bike before you get off the bus, then exit the front door of the bus.
• Unload your bike.
• Raise the rack to the upright position.

Please be careful in loading and unloading your bike as you are the one responsible for your bike and your own safety.

For more information, check TransLink’s web site at www.translink.ca/bikesontransit or call them at 604-953-3333.