Why should you cycle? With more and more automobiles crowding the road system every year, cycling offers a safe, convenient and affordable mode of transportation. Cycling is a great alternative to getting into your single-occupant vehicle every morning, fighting your way through traffic, paying for gas, insurance, maintenance and car loans.

Imagine getting onto your relatively inexpensive bicycle, enjoying a leisurely ride, getting to know your community better, and getting some exercise and stress relief at the same time. Cycling is, after all, the most energy-efficient mode of transportation. Cycling is a safe, convenient and affordable mode of transportation. Cycling is a great alternative to getting into your single-occupant vehicle every morning, fighting your way through traffic, paying for gas, insurance, maintenance and car loans.

One of the goals of the City of Burnaby Transportation Plan is that “Safe and convenient cycling facilities be provided as an alternative to the use of private vehicles”. Council has consistently supported the expansion of the cycling network.

If the trip is too long, or the hills are too steep, why not use the bus for part of the trip? Bikes are permitted on SeaBus, West Coast Express and every bus route in Burnaby. Bikes are also allowed on SkyTrain, except at Metrotown Station, with some restrictions. Bike lockers are available at select SkyTrain and Westcoast Express stations.

HOW TO LOAD YOUR BIKE ON A BUS RACK
Each bus will accept two full-sized bikes. If you follow these steps you will be quickly and safely on board the bus with your bike mounted up front.

1. Raise the rack to the upright position.
2. Lift your bike onto the rack - (2)
3. Lower the bike rack by pulling on the release handle - (1)

Tell the driver you want to load your bike

When it is time to get off the bus, tell the driver that you need to remove your bike before you get off the bus, then exit the front door of the bus.

Unload your bike.

Raise the rack to the upright position.

Please be careful in loading and unloading your bike as you are the one responsible for your bike and your own safety.

For more information, check TransLink’s web site at www.translink.ca/bikesontransit or call them at 604-953-3333.
2017 Burnaby Bike Map

URBAN TRAILS are usually asphalt trails, separated from roads and traffic, shared with in-line skaters, joggers and pedestrians.

BIKEWAYS are signed routes, usually on quieter residential streets.

SHOULDER BIKE LANES are paved shoulders on busier roads. They are usually marked with a bicycle logo on the pavement.

CONNECTORS fill in some of the gaps in the "official" bike network. They are often popular with cyclists, but have no special accommodations for bicycle traffic. Personal judgement is required in determining whether a particular route is suitable for your skill level.

NAMED ROUTES

URBAN TRAILS
- BC Parkway
- Byrne Creek Urban Trail
- Burnaby Mountain Urban Trail
- Central Valley Greenway
- Deer Lake Pathway Urban Trail
- Drummond’s Walk Urban Trail
- Galiano Way Urban Trail
- Highland Park Trail
- Mission Urban Trail
- Rumble Urban Trail
- Southbridge Urban Trail
- Trans Canada Trail
- Willingdon Urban Trail

BIKEWAYS
- Cariboo Bikeway
- Frances-Union Bikeway
- Lakes Bikeway
- Metrotown Bikeway
- Midtown Bikeway
- North-South Bikeway
- Sea to Sky Bikeway
- Southeast Bikeway
- Victory Bikeway

SHOULDER BIKE LANES
- Barnet Road
- Burnaby Mountain Parkway
- Central Valley Greenway (Winston St)
- Gaglardi Way
- Lougheed Highway
- Marine Way
- Oak Street

COMMUNITY FACILITIES

GALLERIES AND MUSEUMS
- Burnaby Art Gallery
- Burnaby Museum
- Shadbolt Centre for the Arts

LIBRARIES
- Bol Prittie Metrotown Branch
- Cameron Branch
- Tommy Douglas Branch
- McCall Branch

GOLF COURSES
- Burnaby Mountain Golf Course
- Central Park Pitch and Putt
- Kensington Park Pitch and Putt
- Riverway Golf Course

RECREATION AND COMMUNITY CENTRES
- Alan Emmett Centre
- Bill Copeland Sports Centre
- Burnaby Recreation Complex
- Burnaby Lake Pavilion
- C.G. Brown Memorial Pool
- Cameron Recreation Complex
- Capitol Hill Trailhead
- Charles Burrell Centre
- Confederation Community Centre
- Creekside Youth Centre
- Edmonds Community Centre
- Edmonds Neighbourhood Resource Centre
- E.C. Dailey Leisure Pool and Fitness Centre
- Forest Grove Recreation Office
- Kensington Complex
- Kirkbride Youth Centre
- Lonsdale Hall
- South Central Youth Centre
- Summit Youth Centre
- Swangard Stadium
- Wadsworth Community Centre
- Willingdon Heights Community Centre
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