

# WINTER 2025 **ACTIVITY GUIDE**

WE TAKE  
*Fun*  
SERIOUSLY!

[Burnaby.ca/Active](https://burnaby.ca/Active)





As the seasons shift, so do Burnaby activities and programs. Whether you're interested in skating lessons, lyengar yoga, Family Paint Nights, Spanish classes, or Silly Scientists, we offer a diverse range of activities catered to families, seniors, kids, fitness enthusiasts, and art and cultural lovers. Secure spots early for our Spring Break camps as well.

Flip through this edition of the Activity Guide for activities that start January 2025, and don't forget to add your favorite activities to your Wish List in WebReg for a smoother registration process. Register early to avoid cancellations of your preferred activities!



## TEMPORARY CAMERON COMMUNITY CENTRE AND LIBRARY NOW OPEN

During the construction of the new Cameron Community Centre and Library, we moved into our temporary location inside The City of Lougheed Shopping Centre (on the main level near Guest Services). Enjoy programs and activities such as PlayZone for young children, Tai Chi and language courses. Learn more: [Burnaby.ca/Cameron](https://Burnaby.ca/Cameron)

Search on [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) for registered activities by filtering for location, Temporary Cameron Community Centre and Library.

### New! REGISTRATION PROCESS FOR 1:1 SUPPORT IN BURNABY'S DAY CAMPS

As part of the City's ongoing commitment to accessibility and inclusion, our Access Services team is excited to introduce a new registration process for day camps starting this winter season. Families can now register for the date they want to attend, rather than the specific activity. The Access Services team will connect with individuals to determine a camp location. Every effort will be made to place children in their requested camps based on availability and individual support needs.

Learn more: [Burnaby.ca/Access](https://Burnaby.ca/Access)



## WHAT'S INSIDE

### Services & Information

Registration Information.....	3-4
Find Out More.....	5
Be Active Pass.....	7

### Recreation Facilities

Outdoor.....	8
Community.....	9-10
Bonsor 55+.....	11-13
Bonsor.....	14-20
Christine Sinclair.....	21-26

Confederation 55+.....	27-29
Edmonds 55+.....	30-33
Edmonds.....	34-41
Eileen Dailly.....	42-44
Rosemary Brown.....	45
Temporary Cameron 55+.....	46-47
Temporary Cameron.....	48
Willingdon.....	49-50

### Cultural Facilities

Burnaby Art Gallery.....	51
Burnaby Village Museum.....	52
Shadbolt Centre.....	53-58

### Arenas

Bill Copeland.....	59
Kensington.....	59

### Other

Riverway Sports Complex.....	60
Youth Centres.....	61

# REGISTRATION INFORMATION

## Winter Registration

A line-up numbering system in select facilities will start at 9 am, 1 hour before registration begins.

Registration starts at 10 am	Priority registration for Burnaby residents		General registration for everyone
Start creating your Wish List today! <a href="https://burnaby.ca/WebReg">Burnaby.ca/WebReg</a>	Monday, December 2	Tuesday, December 3	Friday, December 6
	Recreation Activities	Arts and Heritage Activities	Recreation, Arts and Heritage Activities

### REMINDER

Rolling registrations for swimming and skating lessons continue to be in effect.  
Learn more about these changes: [Burnaby.ca/SwimLessons](https://burnaby.ca/SwimLessons) | [Burnaby.ca/SkatingLessons](https://burnaby.ca/SkatingLessons)

## HOW TO REGISTER

**Online at [Burnaby.ca/WebReg](https://burnaby.ca/WebReg)  
or call or visit a facility.**

The Burnaby Activity Guide is an easy reference for Burnaby's activities offerings. Use the barcodes in this guide to find activities in WebReg (our online registration system).

The easiest way to register is online at [Burnaby.ca/WebReg](https://burnaby.ca/WebReg). If you're using the online version of this guide, click on the activity to view a full description and instructors on WebReg.

**Re-activate or sign up for an online account in advance of registration:**  
[Burnaby.ca/WebReg](https://burnaby.ca/WebReg)

**For more information on how to use WebReg, cancellations and refunds:**  
[Burnaby.ca/HowToRegister](https://burnaby.ca/HowToRegister)

**For information on financial assistance:**  
[Burnaby.ca/FAIRPlay](https://burnaby.ca/FAIRPlay)

### Your personal information:

The personal information you provide during the registration process is collected and used under the authority of the Freedom of Information and Protection of Privacy Act s. 26(c) for the purpose of administering parks, recreation and culture activities, informing you of our services and benefits and for statistical purposes. If you have questions about the collection, use or disclosure of your personal information, please contact the admin office at 604-294-7450.

### Smile—you're on camera!

Our photographers may be in our parks and facilities taking photos for use in promotional materials, such as our Activity Guides, website and digital marketing materials.

We'll ask for consent with a waiver form prior to taking any close-up pictures. If you or your child prefer to not be photographed, please let the photographer know.





## **New!** Registration process for 1:1 Support in Burnaby's Day Camps

Each participant  
is eligible for up to  
120 hours/4 weeks  
of 1:1 Support  
per year.

Our Access Services team is excited to pilot a new registration process for 1:1 Support in day camps. This pilot process will start January 2, 2025.

With personalized 1:1 Support, campers can fully participate and thrive in our programs. Families will now register for the date they want to attend and the Access Services team will contact you to determine a camp location. Children will be placed into camp based on support needs and availability.

Campers can also choose to register for camps and provide their own external support workers—please notify Access Services in advance of the start date if you are providing their own support services.

After registering, the Access Services team will contact you to determine the preferred camp locations and interests. Best efforts will be made to place children in requested camps based on availability and individual support needs.

### **Questions and/or feedback?**

Contact Laura McGrath, Program Coordinator for  
Access Services: 604-294-7904 or [laura.mcgrath@burnaby.ca](mailto:laura.mcgrath@burnaby.ca)

### **Register on [Burnaby.ca/WebReg](https://burnaby.ca/WebReg)**

1:1 Support Dates	Barcode
Pro-D Camp Feb 28	52850
Spring Break (Week 1) March 17-21	52853
Spring Break (Week 2) March 24-28	52855

**Please note:** we do not offer personal care such as toileting, feeding or administering medication. If your child requires personal care, please connect with our Access team to review their needs.

**Learn more: [Burnaby.ca/Access](https://burnaby.ca/Access)**



# FIND OUT MORE



Photo by: Adrian Ortega

## Refund procedure

You'll receive a full refund if the activity is canceled or if you request a refund at least 7 days before the start of the activity. If your request comes less than 7 days before the activity starts, there is a 10% refund fee on the original price you paid.

After the activity has started, refunds are pro-rated accordingly to the number of sessions remaining and a 10% refund fee will be applied. No refunds will be granted after the third session has ended.

Note: There may be exceptions to these cancellation and refund guidelines as noted in the activity description. Please check your receipt.

Learn more: [Burnaby.ca/Refunds](https://Burnaby.ca/Refunds)

Contact any recreation, arts or culture facility to request a refund.



## Stay in the know

Be the first to find out about programs and activities at our recreation facilities. Sign up for eNews at [Burnaby.ca/eNews](https://Burnaby.ca/eNews), or follow us on:

[f recreationburnaby](https://www.facebook.com/recreationburnaby)  
[X @burnabyparksrec](https://twitter.com/burnabyparksrec)  
[i burnabyrecreation](https://www.instagram.com/burnabyrecreation)



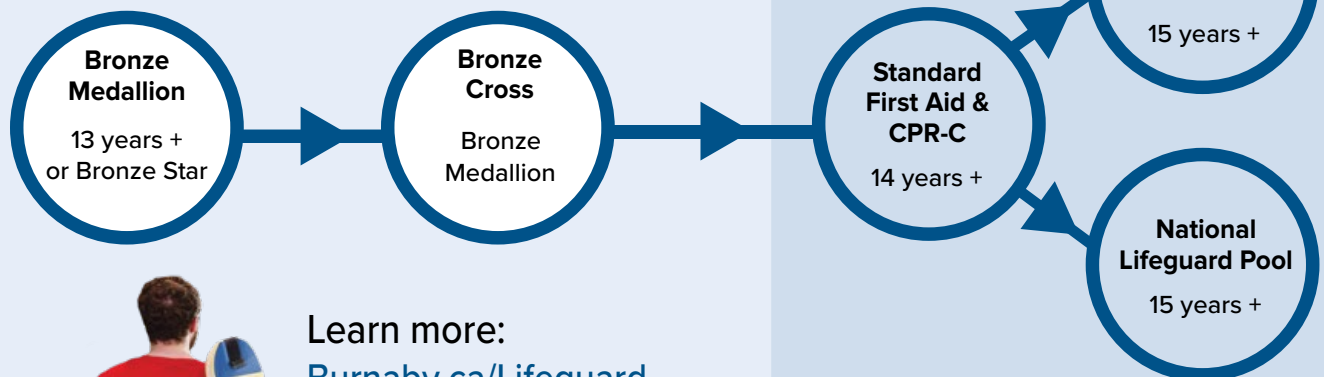
## Venue rentals

Planning a special event or celebration? Find out more about renting our wide variety of recreation and outdoor spaces at [Burnaby.ca/Rentals](https://Burnaby.ca/Rentals)

## Dive in – Become a lifeguard

Do you enjoy working with people, being a role model and having fun in the water? Get certified to become a lifeguard and swim instructor with us! Well-trained lifeguards and swim instructors are in high demand.

### Prerequisite:



Learn more:  
[Burnaby.ca/Lifeguard](https://Burnaby.ca/Lifeguard)



# Happy Holidays

from the City of Burnaby

## Burnaby Village Museum

### Heritage Christmas

presenting partner **CONCORD PACIFIC**

Come experience Heritage Christmas with presenting partner Concord Pacific at Burnaby Village Museum. Enjoy the special atmosphere of festive lights and the traditional decorations. Wander the museum's 10 acre open air site and take in all the seasonal entertainment, demonstrations and activities.

Enjoy a meal or treat at Mai's Cafe or other offerings from food trucks.

**Gate admission is FREE. Carousel rides are \$2.62 or a Baker's Dozen (13 rides) for \$31.45. Prices do not include tax.**

6501 Deer Lake Ave | 604-297-4565  
[BurnabyVillageMuseum.ca](http://BurnabyVillageMuseum.ca)

#### Hours

**Nov 23-Dec 15, 2024**

Tuesday-Friday 1-5:30 pm

Saturday-Sunday, 1-9 pm  
(Closed Mondays)

**Dec 17, 2024-Jan 3, 2025**

Daily, 1-9 pm

(Closed Dec 24 & 25)

#### Bright in Burnaby

**Saturday, November 30, 2024**  
5-9 pm

Special tree lighting ceremony at 6 pm to officially launch Heritage Christmas. Proceeds during Bright in Burnaby night from the carousel rides will go to the Burnaby Christmas Bureau with Concord Pacific matching the donations.



## Holiday Light Display

Enjoy Burnaby's bright lights this holiday season! From Burnaby's parks and public spaces to your own front yard... the city is sure to be decked out in a joyous celebration of light, colour and festive spirit for the holidays.

Starting late November, visit **[Burnaby.ca/HolidayLights](http://Burnaby.ca/HolidayLights)** for a complete map and details of the City's light displays!



## Edmonds Festival of Lights

**Saturday, November 23**  
2:30-5:30 pm

Visit with Santa and enjoy festive music, hot chocolate and holiday crafts with your family. One lucky child will help the Mayor light up the huge tree.

**Edmonds Community Centre**  
7433 Edmonds Street



Visit **[Burnaby.ca/HolidayFun](http://Burnaby.ca/HolidayFun)** for more details on events and activities happening this holiday season.

Check us out on social:  
Facebook, X, Instagram **[cityofburnaby](https://www.cityofburnaby.ca)**





# BE ACTIVE PASS



For up to date  
facility hours and  
addresses, visit  
[Burnaby.ca/Centres](https://Burnaby.ca/Centres)

## Be active with just one card! [Burnaby.ca/BeActivePass](https://Burnaby.ca/BeActivePass)

Get your **Be Active Pass** today and commit to your personal health and fitness. Enjoy unlimited access to our facilities at a great price. Stay active all year long. Monthly payments are now available with our annual pass!

Check out our current rates: [Burnaby.ca/BeActivePass](https://Burnaby.ca/BeActivePass)

### With your **Be Active Pass**, enjoy unlimited access to:

- » Zumba®, group fitness, drop-in gym sports, yoga and pilates classes
- » Weights and cardio equipment
- » Aquafit classes at indoor pools
- » Indoor cycling classes
- » Public swim, loonie swim, family swim at indoor and outdoor pools
- » Steam rooms, saunas and whirlpools
- » Public, toonie, hockey and family skating
- » Access to squash, racquetball and table tennis

Purchase your adult **Be Active Pass** membership online at [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg)

### Be Active Pass

Prices do not include tax.

	Annual	Annual (monthly payment)	1 Month	10 Visit	Day pass
<b>Senior</b> (65 yrs+)	\$326.25	\$27.19	\$46.20	\$46.20	\$5.14
<b>Adult</b> (26-64 yrs)	\$436.50	\$36.38	\$61.70	\$61.70	\$6.86
<b>Youth</b> (15-25 yrs)	\$326.25	\$27.19	\$46.20	\$46.20	\$5.14
<b>Child</b> (5-14 yrs)	\$217.50	\$18.13	\$30.70	\$30.70	\$3.43
<b>Tot</b> (0-4 yrs)	No fee	No fee	No fee	No fee	No fee

### Weight training 14 years & up

Use your **Be Active Pass** and enjoy unlimited access to our weight rooms and more.

For a listing of equipment at each facility and hours, visit [Burnaby.ca/Weights](https://Burnaby.ca/Weights)

**Need an orientation?** Weight room supervisors provide a general overview of how to use the equipment, weight room etiquette and answer your health-related questions. Call to book an appointment at the weight room of your choice. [Burnaby.ca/Centres](https://Burnaby.ca/Centres)

### We offer personal training sessions too!

Learn more: [Burnaby.ca/PersonalTraining](https://Burnaby.ca/PersonalTraining)



# OUTDOOR ACTIVITIES

Phone 604-294-7224. Activities subject to change. Prices do not include tax. Additional fees may apply. Register at [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) or phone any recreation facility.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Burnaby Lake Sports Complex - West</b>					
<b>Adult</b>					
Intro to Backpacking	16 yrs+	Mar 8	Sa, 9:30am-12:30pm (1)	\$21.00	50360
Intro to Snow Backpacking	16 yrs+	Jan 11	Sa, 9:30am-12:30pm (1)	\$21.00	50361
Snowshoeing at Seymour Mountain	19 yrs+	Feb 8	Sa, 9am-1pm (1)	\$53.40	53954
<b>Youth</b>					
Snowshoeing at Seymour Mountain	13-18 yrs	Feb 15	Sa, 9am-1pm (1)	\$48.40	53957
<b>Multi-age</b>					
Snowshoeing at Seymour Mountain: Family	12 yrs+	Feb 22	Sa, 9am-1pm (1)	\$53.40	53960
<b>Burnaby Lake</b>					
<b>Early Years</b>					
Beaver Buddies	3-5 yrs	Mar 8	Sa, 10-11:30am (1)	\$13.80	50362
Beaver Buddies	3-5 yrs	Mar 8	Sa, 1-2:30pm (1)	\$13.80	50363
<b>Deer Lake Park</b>					
<b>Adult</b>					
RCABC Canoe Instructor Course: Basic or Advanced	16 yrs+	Mar 14	Su, M, F, Sa, 9am-5pm (8)	\$800.00	50435
RCABC Canoe Instructor Recertification	16 yrs+	Apr 6	Sa, 9am-3pm (1)	\$85.00	50437
<b>Child</b>					
Pro-D Day: Trail Blazers	8-12 yrs	Feb 28	F, 9am-3pm (1)	\$45.60	50357
Spring Break Camp: Deer Lake	6-11 yrs	Mar 17	M-F, 9am-3pm (5)	\$228.00	50439
Spring Break Camp: Deer Lake	6-11 yrs	Mar 24	M-F, 9am-3pm (5)	\$228.00	50440
Trail Blazers: Homelearners	7-12 yrs	Mar 13	Th, 10am-2pm (1)	\$28.00	50364
<b>Multi-age</b>					
Family Day Walk	Multi-age	Feb 15	Sa, 10am-noon (1)	\$2.00	50358
Family Day Walk	Multi-age	Feb 15	Sa, 12:30-2:30pm (1)	\$2.00	50359
<b>Ron McLean Park</b>					
<b>Child</b>					
Spring Break: Byrne Creek Outdoor Camp	6-12 yrs	Mar 17	M-F, 9am-3pm (5)	\$228.00	51744
<b>Warner Loat Park</b>					
<b>Child</b>					
Camp Madawaska: Spring Break	6-12 yrs	Mar 24	M-F, 9:30am-3:30pm (5)	\$228.00	51701
Outdoor Adventure Club	8-12 yrs	Feb 7	F, 3:30-5pm (4)	\$42.00	50356
Outdoor Adventure Club: Homelearners	7-13 yrs	Feb 7	F, 12:30-2:30pm (4)	\$56.00	50355



## Hike Hike Baby! 1-23 months \$2.00 per session

Get outdoors and introduce your child to the joy of hiking. You and your baby will bond while taking in the beautiful scenery, and getting plenty of fresh air which naturally promotes early language development and healthy sleep. No hiking experience necessary. Child must be comfortably non-mobile for this activity.

Deer Lake Park	Feb 5	W, 10-11:30am (1)	50349
Byrne Creek Ravine Park	Feb 12	W, 10-11:30am (1)	50350
Confederation Park	Feb 19	W, 10-11:30am (1)	50351
Stoney Creek	Feb 26	W, 10-11:30am (1)	50352
Brunette River	Mar 5	W, 10-11:30am (1)	50353
Burnaby Mountain	Mar 12	W, 10-11:30am (1)	50354



# COMMUNITY ACTIVITIES

Activities subject to change. Prices do not include tax. Additional fees may apply. Register at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) or phone any recreation facility.



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

**Charles Rummel Centre** Phone 604-297-4456

**55+** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) for additional fee information.

Active Aging: Strength & Conditioning for Healthy Bones	40 yrs+	Jan 10	F, 11:45am-12:45pm (5)	\$37.25	52819
Active Aging: Strength & Conditioning for Healthy Bones	40 yrs+	Feb 14	F, 11:45am-12:45pm (5)	\$37.25	52820

## Adult

Barre Fitness	14 yrs+	Jan 6	M, noon-1pm (4)	\$38.00	52821
Barre Fitness	14 yrs+	Feb 3	M, noon-1pm (5)	\$47.50	53843

## Child

Arts, Crafts & More	6-10 yrs	Jan 21	Tu, 3:30-5pm (8)	\$60.00	53958
Arts, Crafts & More	6-10 yrs	Jan 22	W, 3:30-5pm (8)	\$60.00	53959
Pro-D Day Camp	6-10 yrs	Feb 28	F, 9am-3pm (1)	\$32.70	52870
Spring Break Camp	6-10 yrs	Mar 17	M-F, 9am-3pm (5)	\$163.50	52899
Spring Break Camp	6-10 yrs	Mar 24	M-F, 9am-3pm (5)	\$163.50	52900
Floor Hockey	6-11 yrs	Feb 2	Su, 11:15am-12:45pm (2)	\$10.35	53946
Floor Hockey	6-11 yrs	Mar 2	Su, 11:15am-12:45pm (2)	\$10.35	53947
Multi Sports & Games	6-11 yrs	Jan 17	F, 3:45-5:15pm (8)	\$41.40	53514
Multi Sports & Games	6-11 yrs	Feb 2	Su, 9:15-10:45am (2)	\$10.35	53944
Multi Sports & Games	6-11 yrs	Mar 2	Su, 9:15-10:45am (2)	\$10.35	53945



## Preschool

Sports & Games: Soccer	4-5 yrs	Jan 14	Tu, 3:45-4:30pm (9)	\$50.65	53033
Sports & Games: Soccer - Adult Participation	3 yrs	Jan 14	Tu, 3-3:30pm (9)	\$26.55	53032
Sports & Games: Variety	4-5 yrs	Jan 11	Sa, 10:15-11am (9)	\$50.65	53027
Sports & Games: Variety	4-5 yrs	Jan 11	Sa, 11:15am-noon (9)	\$50.65	53028
Sports & Games: Variety	4-5 yrs	Jan 14	Tu, 4:45-5:30pm (9)	\$50.65	53031
Sports & Games: Variety	3 yrs	Jan 11	Sa, 9:30-10am (9)	\$33.75	53026

# COMMUNITY ACTIVITIES

Activities subject to change. Prices do not include tax. Additional fees may apply. Register at [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) or phone any recreation facility.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Forest Grove Elementary School</b> <i>Phone 604-297-4529</i>					
<b>Preschool</b>					
Play to Learn Preschool	3-5 yrs	Jan 22	W, 9:30-11:30am (8)	\$120.00	50685
Play to Learn Preschool	3-5 yrs	Jan 24	F, 9:30-11:30am (7)	\$105.00	50686
Play to Learn Preschool	3-5 yrs	Jan 27	M, 9:30-11:30am (6)	\$90.00	50684
<b>Second Street Community School</b> <i>Phone 604-297-4831</i>					
<b>Preschool</b>					
Play to Learn Preschool	3-5 yrs	Jan 21	Tu, 9:30-11:30am (8)	\$120.00	51741
Play to Learn Preschool	3-5 yrs	Jan 23	Th, 9:30-11:30am (8)	\$120.00	51740
<b>Stride Avenue Community School</b> <i>Phone 604-297-4831</i>					
<b>Preschool</b>					
Play to Learn Preschool	3-5 yrs	Jan 20	M, 9:30-11:30am (7)	\$105.00	51742
Play to Learn Preschool	3-5 yrs	Jan 22	W, 9:30-11:30am (8)	\$120.00	51739
<b>University Highlands Elementary School</b> <i>Phone 604-297-4529</i>					
<b>Preschool</b>					
Play to Learn Preschool	3-5 yrs	Jan 20	M, 9:30-11:30am (7)	\$105.00	50688
Play to Learn Preschool	3-5 yrs	Jan 22	W, 9:30-11:30am (8)	\$120.00	50690
<b>Wesburn Community Centre</b> <i>Phone 604-297-4572</i>					
<b>Child</b>					
Pro-D Day Camp	5-11 yrs	Feb 28	F, 9am-3pm (1)	\$32.70	51555
Spring Break Camp	5-11 yrs	Mar 17	M-F, 9am-3pm (5)	\$163.50	51553
Spring Break Camp	5-11 yrs	Mar 24	M-F, 9am-3pm (5)	\$163.50	51554
<b>Preschool</b>					
Incredible Edible Books	3-5 yrs	Jan 18	Sa, 9:30-11:30am (8)	\$147.20	52311
<b>Early Years</b>					
Cooking Time for Toddlers: Adult Participation	17 mos-3 yrs	Jan 23	Th, 9:30-11am (8)	\$110.40	52310
Toddler Build & Play: Adult Participation	1½-3½ yrs	Jan 17	F, 9:30-11am (8)	\$70.80	52312



## Join the Burnaby Golf Academy

Transform your golf game by signing up for our new Burnaby Golf Academy. Advance your skills with our PGA of Canada professionals. Tailored for juniors and adults of all skill levels, whether you're a beginner or aiming to improve your game. Explore our year-round golf lesson options to enhance your game.

Learn more and register today at:

[GolfBurnaby.ca/Academy](https://GolfBurnaby.ca/Academy)

**GOLF BURNABY**





ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

**55+** The following prices are for members. Visit [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) and click on the activity for additional fee information.

**Group Fitness** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) for additional fee information.

Active Aging: Cardio Drumming	40 yrs+	Jan 7	Tu, 12:15-1:15pm (5)	\$29.80	51436
-------------------------------	---------	-------	----------------------	---------	-------

## Martial Arts

Martial Gym for Functional Fitness	55 yrs+	Jan 7	Tu, 11am-noon (11)	\$53.00	51435
Martial Gym: Senior's Self Defense	55 yrs+	Jan 9	Th, 9-10am (10)	\$38.55	51520

**Music** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) for additional fee information.

Guitar: Beginner	55 yrs+	Jan 9	Th, 9:45-10:45am (9)	\$63.72	50971
Ukulele: Beginner	55 yrs+	Jan 8	W, 11am-noon (9)	\$63.72	50970
Ukulele: Intermediate	55 yrs+	Jan 9	Th, 11am-noon (6)	\$42.50	50972

## Personal Development

Spanish: Beginner 1	55 yrs+	Feb 4	Tu, 4-6pm (5)	\$53.50	50814
---------------------	---------	-------	---------------	---------	-------

## Special Events & Holiday Activities

Munchies & a Movie	55 yrs+	Jan 12	Su, 2:30-5pm (1)	\$4.00	51430
Munchies & a Movie	55 yrs+	Feb 23	Su, 2:30-5pm (1)	\$4.00	51431
Munchies & a Movie	55 yrs+	Mar 9	Su, 2:30-5pm (1)	\$4.00	51432
New Members' Tea & Tour	55 yrs+	Jan 20	M, 10-11:30am (1)	No Fee	51521
New Members' Tea & Tour	55 yrs+	Feb 24	M, 10-11:30am (1)	No Fee	51522
New Members' Tea & Tour	55 yrs+	Mar 17	M, 10-11:30am (1)	No Fee	51523

**Visual Arts** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) for additional fee information.

Acrylic Painting	55 yrs+	Jan 7	Tu, 9:30am-noon (4)	\$73.50	50985
Mixed Media: Felting	55 yrs+	Mar 11	Tu, 9:30am-noon (2)	\$36.75	51060
Paint Day	55 yrs+	Feb 12	W, 9:30am-noon (1)	\$33.40	51056
Watercolour Painting: Beginner	55 yrs+	Feb 11	Tu, 9:30am-noon (3)	\$60.13	51055

# BONSOR 55+ SOCIETY ACTIVITIES

Phone 604-297-4597. Bonsor I - Main Building  
Phone 604-297-4580. Bonsor II - 55+ Centre



## 55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in programs and activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$21.00 a year**, access one centre of your choice. **For only \$52.50 a year**, access all four seniors' centres.

### Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a free lifetime membership. Please call your local centre for details.

### Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

## Health Services Throughout the City

### Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

<b>Arts &amp; Crafts</b>	<b>B.E.A.R.S. Craft Club</b> (Bonsor II) This group of crafters makes handmade items to sell at fairs and events. Group fees apply.	Fridays, 10am-noon
	<b>Open Studio Time</b> (Bonsor II) Come share a space with other artistic individuals as you work on your own visual art projects. Group fees apply.	Tuesdays, 1:45-3:45pm
<b>Active Games</b> Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit.	<b>Bingo</b> (Bonsor II) \$0.25 per card	Wednesdays, 2-4pm
	<b>Bridge - Duplicate</b> (Bonsor II). A more competitive style of Bridge. <b>Bridge - American Standard</b> (Bonsor II) This is an Intermediate Level group, using American Standard 5 Card Major rules with the focus of practicing bridge skills and through non-competitive bridge play. Some playing experience is desirable, but you don't need to be an expert to join us. We encourage additional players to come and try out our group.	Mondays, 1-4pm Tuesdays, 1-4pm
	<b>Mah Jong</b> (Bonsor II) Mahjong is a traditional Chinese tiles games with 4 players on each table. Both Hong Kong mahjong (with 13 tiles per player), or Taiwanese mahjong (with 16 tiles per player) are offered. Mahjong helps to motivate people by interaction, to strengthen memorization during the games, and to reduce dementia. \$25 annual fee.	Mondays, 3:30-9pm



# BONSOR 55+ SOCIETY ACTIVITIES

Phone 604-297-4597. Bonsor I - Main Building  
Phone 604-297-4580. Bonsor II - 55+ Centre

A Bonsor 55+ Membership is required to attend Bonsor 55+ Society Activities (unless non-member fee is listed). Membership pricing is on page 12.

<b>Dance</b>	<b>Social Dance</b> (Bonsor I) A fun social dance (including ballroom, Latin and other dancing) with a live band playing. Light refreshments included. Drop-in: \$6.00 Bonsor 55+ member, \$8.00 non-member	Live Music: Thursdays, 7-9:45pm
	<b>Social Line Dance</b> (Bonsor II) Volunteers lead the group with a mix of line dances. Wednesdays is a beginner class Fridays is a beginner plus class. Drop-in: \$1.00 Bonsor 55+ member, \$3.00 non-member	Wednesdays, 1-3pm Fridays, 1-3pm
	<b>Ballroom Dance</b> (Bonsor I) Dance the afternoon away to recorded, international ballroom music. A great opportunity to practice your steps. Drop-in: \$2.00 Bonsor 55+ member, \$4.00 non-member	Mondays, 1:45-3:45pm Wednesdays, 1:45-3:45pm
	<b>Practice Line Dance</b> (Bonsor II) A volunteer leads this lively group as they practice various line dances. Members must be registered in one of the City of Burnaby Line Dance class to take part in this group. Group Fee: \$10 annually. The Practice Line Dance group meets the weeks when City of Burnaby Line dance.	Beginner & Intermediate, Thursdays, 1:15-3:15pm
<b>Fitness</b>	<b>Tai Chi - Yang Style</b> (Bonsor II) Additional fees apply.	Tuesdays, 1:30-3:30pm Fridays, 8:30-10:45am
	<b>Tai Chi - Double Yang Style</b> (Bonsor II) Double-Yang Style Tai Chi is a traditional Chinese martial art that has evolved over hundreds of years. The exercise combines qi-gong (for correct breathing rhythm) and Tai Chi to stimulate energy flow through the body, enhance agility, balance and resilience, and sustain general physical and mental well-being. Our group is open to anyone who is aged 55 and over. Additional fees apply.	Tuesdays, 8:30-10:30am Fridays, 3-5pm Saturdays, 9-10:45am
<b>Music</b>	<b>Choir</b> (Bonsor I) A SATB (soprano, alto, tenor, bass) mixed voice choir for adults 55+. New members welcomed as openings become available. \$10 annual fee.	Fridays, 1-3pm
	<b>Sing-along</b> (Bonsor I) Enjoy this friendly social gathering and sing all your favourites. Includes the playing of instruments, dancing and refreshments. Can sing solo. \$10 annual fee.	Every other Thursday 1-3pm No sessions in July and Aug.
	<b>Karaoke</b> (Bonsor II) Want to be a singing queen or king? Bring your own discs; any language welcome. Join this social group for singing. Drop-in: \$1 Bonsor 55+ member, \$2 non-member	Sundays, 10am-1pm and 1:30-4:30pm
<b>Social Activities</b> Spend time with others who share your interests! For specific details, call the centre where each group meets.	<b>Computer Open Lab</b> (Bonsor II) A great opportunity to come have your electronics-related questions answered. Volunteers work with you to try to solve your computer, phone and tablet-related problems. Word processing, Internet, e-mail and photo management are examples of topics this group is helpful for. \$1.00 Bonsor	Tuesdays, noon-3pm
<b>Sports &amp; Games</b>	<b>Snooker</b> (Bonsor II) Enjoy a friendly game of snooker on one of our fine tables — someone is usually available for a game. Check the snooker board for league play and tournament dates. \$70.00 full year, \$35.00 half year (July-December).	Tables available during 55+ centre hours.
	<b>Badminton</b> (Bonsor I) All levels welcome. Bring your own racquet and be prepared to help with set-up and take-down of equipment. Each member must be registered. There are no drop-ins. Contact centre for details. Group fees apply.	Mondays, 8:30am-12:30pm Tuesdays, 8:30am-12:30pm Thursdays, 8:30am-12:30pm Fridays, 8:30am-12:30pm
	<b>Table Tennis</b> (Bonsor II) Contact centre for details. Group fees apply.	Mondays, 8:40am-2:50pm Tuesdays, 4:30-8:50pm Wednesdays, 8:40am-12:20pm Thursdays, 8:40-10:50am Saturdays, 9:10am-4:50pm



**ACTIVITY** **AGE** **STARTS** **TIME (Sessions)** **PRICE** **BARCODE**

**55+** The following prices are for members. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Dance

Belly Dance: Beginner	55 yrs+	Jan 7	Tu, 11am-noon (4)	\$21.40	51054
Line Dance: Beginner 1	55 yrs+	Jan 13	M, 9:45-11:15am (10)	\$80.25	50955
Line Dance: Beginner 2	55 yrs+	Jan 15	W, 9:15-10:45am (9)	\$72.23	50958
Line Dance: Intermediate 1	55 yrs+	Jan 15	W, 10:50am-12:20pm (9)	\$72.23	50963
Line Dance: Intermediate 2	55 yrs+	Jan 24	F, 10-11:30am (4)	\$32.10	53341

## Day Trips

George C. Reifel Bird Sanctuary & Lunch (Delta)	55 yrs+	Mar 13	Th, 8:30am-4:30pm (1)	\$32.93	51517
Let's do Lunch: The Sandbar (Granville Island)	55 yrs+	Mar 10	M, 11am-4pm (1)	\$33.21	51516
MONOVA: Museum of North Vancouver & The Shipyards	55 yrs+	Feb 7	F, 9am-4pm (1)	\$27.98	51508
Mount Seymour Snowshoeing (North Vancouver)	55 yrs+	Feb 22	Sa, 8:30am-4:30pm (1)	\$57.24	51506
The Little White House High Tea (Fort Langley)	55 yrs+	Jan 17	F, 10am-3:30pm (1)	\$70.24	51507

**Group Fitness** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) for additional fee information.

Active Aging: Balance & Stability	40 yrs+	Jan 8	W, 1:30-2:30pm (10)	\$59.60	51458
Active Aging: Balance & Stability	40 yrs+	Jan 14	Tu, 10:45-11:45am (4)	\$23.85	51438
Active Aging: Get Up & Go!	40 yrs+	Jan 14	Tu, Th, 1:45-2:45pm (20)	\$122.00	52836
Active Aging: Intro to Total Body Conditioning	40 yrs+	Jan 6	M, 10:30-11:30am (5)	\$29.80	51433

**Yoga** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) for additional fee information.

Active Aging: Chair Yoga Beginner	40 yrs+	Jan 9	Th, 1:45-2:45pm (12)	\$91.20	51455
-----------------------------------	---------	-------	----------------------	---------	-------

## Adult

### Adapted Activities

Music Explorations: Adapted	18 yrs+	Jan 13	M, 6:45-7:30pm (8)	\$54.00	51764
Sports Mania: Adapted	18 yrs+	Jan 16	Th, noon-1pm (9)	\$23.40	51765
Stepping Out on the Town: Adapted	18 yrs+	Jan 17	F, 6:30-9pm (9)	\$58.50	51766



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Adult</i>					
<b>Ceramics</b>					
Clay Sculpture: Beginners	16 yrs+	Jan 12	Su, 9:45-11:15am (6)	\$94.65	53993
Clay: Handbuilding	40 yrs+	Jan 27	M, 2:15-3:45pm (6)	\$94.65	52592
Clay: Handbuilding	16 yrs+	Jan 27	M, 5:45-7:15pm (6)	\$94.65	52349
Clay: Handbuilding - Continuing	15 yrs+	Jan 27	M, 7:30-9pm (6)	\$94.65	52350
Sculpture Night	16 yrs+	Feb 28	F, 6:15-8:15pm (2)	\$45.40	54002
Sgraffito Night	16 yrs+	Jan 24	F, 6:15-8:15pm (2)	\$45.40	53999
<b>Dance</b>					
Ballet Dance Beginner Mid-Term	16 yrs+	Jan 13	M, 7:10-8:10pm (15)	\$170.25	52338
Burlesque Jazz Dance	16 yrs+	Jan 21	Tu, 7:20-8:20pm (8)	\$70.80	52413
Contemporary Jazz Dance Mid-Term	16 yrs+	Jan 21	Tu, 6:15-7:15pm (16)	\$179.10	52396
Hip Hop Dance	18 yrs+	Jan 16	Th, 7:35-8:35pm (8)	\$70.80	52797
K-Pop Dance: Beginner	16 yrs+	Jan 11	Sa, 4:10-5:10pm (9)	\$79.65	52998
K-Pop Dance: Beginner Mid-Term	16 yrs+	Jan 15	W, 7:25-8:25pm (17)	\$187.95	52609
K-Pop Dance: Intermediate	16 yrs+	Jan 11	Sa, 5:15-6:15pm (9)	\$79.65	53037
K-Pop Dance: Intermediate Mid-Term	16 yrs+	Jan 15	W, 8:30-9:30pm (17)	\$187.95	52610
Tap Dance: Beginner	16 yrs+	Jan 22	W, 7:15-8:15pm (8)	\$70.80	52595
Tap Dance: Continuing	19 yrs+	Jan 16	Th, 11am-noon (8)	\$70.80	52828
<b>Indoor Cycling</b>					
Cycle to the Barre	14 yrs+	Jan 13	M, 12:30-1:30pm (5)	\$47.50	52834
Cycle to the Barre	14 yrs+	Feb 17	M, 12:30-1:30pm (6)	\$57.00	52835
<b>Racquet Sports</b>					
Badminton Lessons: Beginner & Intermediate	19 yrs+	Jan 8	W, 8:30-9:45pm (10)	\$175.00	51792
Badminton Lessons: Intermediate & Advance	19 yrs+	Jan 8	W, 8:30-9:45pm (10)	\$175.00	51794
<b>Theatre &amp; Film</b>					
Improv 101	16 yrs+	Jan 31	F, 7:30-8:45pm (7)	\$88.50	52895
<b>Group Fitness</b>					
Barre Fitness	14 yrs+	Jan 14	Tu, 12:15-1:15pm (6)	\$57.00	52753
Barre Fitness	14 yrs+	Feb 25	Tu, 12:15-1:15pm (5)	\$47.50	52759
Fitness for Parkinsons Disease	14 yrs+	Jan 9	Th, 11am-noon (6)	\$36.60	52862
Fitness for Parkinsons Disease	14 yrs+	Feb 20	Th, 11am-noon (6)	\$36.60	52863
Osteo for Life	40 yrs+	Jan 14	Tu, Th, 12:30-1:30pm (20)	\$122.00	52837
TRX® Suspension Training	14 yrs+	Jan 16	Th, 12:30-1:30pm (6)	\$57.00	52868
TRX® Suspension Training	14 yrs+	Jan 18	Sa, 12:45-1:45pm (6)	\$57.00	52985
TRX® Suspension Training	14 yrs+	Feb 27	Th, 12:30-1:30pm (5)	\$47.50	52869
TRX® Suspension Training	14 yrs+	Mar 1	Sa, 12:45-1:45pm (5)	\$47.50	52986
Weight Training for Healthy Bones	40 yrs+	Jan 8	W, 1:15-2:15pm (4)	\$39.20	52990
<b>Weight Training</b>					
Strength Training 1 for Females	18 yrs+	Feb 5	W, 1:15-2:30pm (4)	\$49.00	52993
Strength Training 2 for Females	18 yrs+	Mar 5	W, 1:15-2:30pm (4)	\$49.00	52996
Weight Training: Beginner	16 yrs+	Jan 11	Sa, 10-11:15am (6)	\$73.50	52987
Weight Training: Beginner	16 yrs+	Feb 5	W, 5-6:15pm (6)	\$73.50	52988
Weight Training: Strength & Conditioning	16 yrs+	Jan 28	Tu, 5:15-6:15pm (4)	\$39.20	53002
Weight Training: Strength & Conditioning	16 yrs+	Feb 25	Tu, 5:15-6:15pm (4)	\$39.20	53004

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Adult

### Yoga

Community Yoga Class for All Ages	16 yrs+	Jan 17	F, 7:30-8:30pm (1)	\$9.50	52793
Community Yoga Class for All Ages	16 yrs+	Feb 21	F, 7:30-8:30pm (1)	\$9.50	52798
Community Yoga Class for All Ages	16 yrs+	Mar 14	F, 7:30-8:30pm (1)	\$9.50	52799
Parent & Baby Yoga	18 yrs+	Jan 6	M, 1:45-2:45pm (4)	\$38.00	52016
Parent & Baby Yoga	18 yrs+	Feb 3	M, 1:45-2:45pm (4)	\$38.00	52017
Parent & Baby Yoga	18 yrs+	Mar 3	M, 1:45-2:45pm (4)	\$38.00	52018
Pre & Postnatal Yoga	16 yrs+	Jan 9	Th, 7:45-8:45pm (4)	\$38.00	52786
Pre & Postnatal Yoga	16 yrs+	Feb 6	Th, 7:45-8:45pm (4)	\$38.00	52787
Pre & Postnatal Yoga	16 yrs+	Mar 6	Th, 7:45-8:45pm (4)	\$38.00	52788
Somatic Yoga Dance	16 yrs+	Jan 5	Su, 4:30-5:45pm (4)	\$47.50	52789
Somatic Yoga Dance	16 yrs+	Feb 2	Su, 4:30-5:45pm (4)	\$47.50	52790
Somatic Yoga Dance	16 yrs+	Mar 2	Su, 4:30-5:45pm (4)	\$47.50	52791

For up to date  
facility hours and  
addresses, visit  
[Burnaby.ca/Centres](http://Burnaby.ca/Centres)

### Visual Arts

Paint Night	16 yrs+	Jan 10	F, 6:30-8:30pm (1)	\$23.90	53111
Paint Night	16 yrs+	Feb 14	F, 6:30-8:30pm (1)	\$23.90	53112
Paint Night	16 yrs+	Mar 14	F, 6:30-8:30pm (1)	\$23.90	53113
Watercolour: An Introduction	16 yrs+	Jan 23	Th, 6:30-8:30pm (8)	\$141.60	52751

## Youth

### Ceramics

Clay: Handbuilding	9-15 yrs	Jan 27	M, 4-5:30pm (6)	\$79.65	52347
--------------------	----------	--------	-----------------	---------	-------

### Dance

K-Pop Dance: Mid-Term	13-16 yrs	Jan 11	Sa, 3-4pm (15)	\$170.25	52984
-----------------------	-----------	--------	----------------	----------	-------

### Personal Development

Babysitter's Training	11-15 yrs	Jan 30	Th, 6-8pm (6)	\$93.00	52933
-----------------------	-----------	--------	---------------	---------	-------

### Racquet Sports

Badminton Lessons: Junior Competitive	8-18 yrs	Jan 8	W, 7-8:30pm (9)	\$210.00	51788
Badminton Lessons: Junior Competitive Assessment	8-18 yrs	Mar 12	W, 6:15-7pm (1)	\$4.00	51797
Badminton Lessons: Junior Competitive Assessment	8-18 yrs	Mar 12	W, 7-7:45pm (1)	\$4.00	51799
Badminton Lessons: Junior Competitive Assessment	8-18 yrs	Mar 12	W, 7:45-8:30pm (1)	\$4.00	51801
Badminton Lessons: Teen Introduction	13-18 yrs	Jan 8	W, 6-7pm (10)	\$140.00	51786
Table Tennis Lessons: Beginner / Intermediate	11-17 yrs	Jan 30	Th, 6:10-7:10pm (7)	\$84.00	51816

### Theatre & Film

Improv 101	12-15 yrs	Jan 31	F, 6:25-7:25pm (7)	\$61.95	52894
------------	-----------	--------	--------------------	---------	-------

## Child

### Adapted Activities

Music Explorations: Adapted	5-13 yrs	Jan 13	M, 6-6:45pm (8)	\$54.00	51763
-----------------------------	----------	--------	-----------------	---------	-------

### Camps

Byte Camp: Music Video Production	9-12 yrs	Mar 24	M-F, 9am-4pm (5)	\$395.00	54013
Exclusively...ARTS!	9-12 yrs	Mar 17	M-F, 9:30am-3:30pm (5)	\$283.50	54009
Exclusively...ARTS!	7-8 yrs	Mar 17	M-F, 9:30am-3:30pm (5)	\$283.50	54007
Exclusively...ARTS!	6 yrs	Mar 17	M-F, 9:30am-3:30pm (5)	\$283.50	54004
Pro-D Day Camp	5-11 yrs	Feb 28	F, 9am-3pm (1)	\$32.70	51768
Spring Break Camp	5-11 yrs	Mar 17	M-F, 9am-3pm (5)	\$163.50	51771
Spring Break Camp	5-11 yrs	Mar 24	M-F, 9am-3pm (5)	\$163.50	51772



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Ceramics</b>					
Clayworks	7-10 yrs	Jan 12	Su, 11:30am-1pm (6)	\$79.65	53995
<b>Creative Writing</b>					
I Can Make a Story	6-8 yrs	Jan 18	Sa, 1:30-2:30pm (8)	\$70.80	53052
I Can Tell a Tale	8-12 yrs	Jan 18	Sa, 2:45-3:45pm (8)	\$70.80	53053
<b>Gymnastics</b>					
Gymnastics: Recreational	5-10 yrs	Jan 20	M, 3:30-4:30pm (7)	\$57.40	52943
Gymnastics: Recreational	5-10 yrs	Jan 20	M, 4:45-5:45pm (7)	\$57.40	52942
Gymnastics: Recreational	5-10 yrs	Jan 22	W, 3:30-4:30pm (8)	\$65.60	52945
Gymnastics: Recreational	5-10 yrs	Jan 22	W, 4:45-5:45pm (8)	\$65.60	52944
<b>Indoor / Gym Sports</b>					
Basketball	8-10 yrs	Jan 18	Sa, 10:30-11:30am (8)	\$52.40	52936
Basketball	5-7 yrs	Jan 18	Sa, 9:15-10:15am (8)	\$52.40	52934
Basketball	10-13 yrs	Jan 18	Sa, 11:45am-12:45pm (8)	\$52.40	52935
Soccer	8-10 yrs	Jan 21	Tu, 4:45-5:45pm (8)	\$52.40	52950
Soccer	5-7 yrs	Jan 21	Tu, 3:30-4:30pm (8)	\$52.40	52951
Soccer	10-12 yrs	Jan 21	Tu, 6-7pm (8)	\$52.40	52952
<b>Dance</b>					
Acro Dance 1 Mid-Term	8-12 yrs	Jan 7	Tu, 3:45-4:45pm (18)	\$159.30	52392
Acro Dance 1 Mid-Term	8-12 yrs	Jan 11	Sa, 1:20-2:20pm (15)	\$141.60	53051
Acro Dance 1 Mid-Term	8-12 yrs	Jan 12	Su, 2:50-3:50pm (15)	\$186.75	53081
Acro Dance: Introduction	8-12 yrs	Jan 12	Su, 1:40-2:40pm (9)	\$112.05	53070
Acro Dance: Introduction	7-9 yrs	Jan 12	Su, 12:30-1:30pm (9)	\$112.05	53067
Acro Dance: Introduction	7-9 yrs	Jan 12	Su, 4-5pm (9)	\$112.05	53072
Acro Dance: Partner Work & Technique	9-16 yrs	Jan 18	Sa, 4:35-5:35pm (8)	\$88.50	53293
Ballet Dance 1 Mid-Term	7-8 yrs	Jan 7	Tu, 4:30-5:30pm (18)	\$196.80	52432
Ballet Dance for Grade 1 Mid-Term	6 yrs	Jan 5	Su, 9:50-10:35am (16)	\$143.70	53066
Ballet Dance for Grade 1 Mid-Term	6 yrs	Jan 8	W, 5:20-6:20pm (18)	\$196.80	52594
Hip Hop Dance	5-6 yrs	Jan 16	Th, 4:05-5:05pm (8)	\$70.80	52794
Hip Hop Dance	7-9 yrs	Jan 16	Th, 5:10-6:10pm (8)	\$70.80	52795
Hip Hop Dance	10-12 yrs	Jan 16	Th, 6:30-7:30pm (8)	\$70.80	52796
Hip Hop Dance 1 Mid-Term	7-9 yrs	Jan 6	M, 6:05-7:05pm (16)	\$179.10	54019
Jazz Dance 1 Mid-Term	7-10 yrs	Jan 6	M, 5-6pm (16)	\$179.10	55160
Jazz Dance 1 Mid-Term	7-10 yrs	Jan 18	Sa, 9-10am (14)	\$161.40	54375
Kinder Ballet Dance	5 yrs	Jan 18	Sa, 9:55-10:40am (8)	\$53.10	52982
Kinder Ballet Dance	5 yrs	Jan 18	Sa, 1:55-2:55pm (8)	\$70.80	52980
Little Acrobat Dancers	5-6 yrs	Jan 18	Sa, 11:05-11:50am (8)	\$53.10	53050
Musical Theatre 1 Mid-Term	7-9 yrs	Jan 8	W, 4:15-5:15pm (18)	\$196.80	52593
Tap Dance 1 Mid-Term	7-11 yrs	Jan 7	Tu, 6:40-7:40pm (18)	\$196.80	54020
<b>Media</b>					
LEGO®: Brick Animation	8-12 yrs	Mar 24	M-F, 10am-noon (5)	\$175.00	54015
WeDo Robotics: Junior	6-10 yrs	Jan 15	W, 4-5:30pm (4)	\$100.00	52822
WeDo Robotics: Junior	6-10 yrs	Mar 24	M-F, 12:30-2:30pm (5)	\$175.00	54017
WeDo Robotics: Senior	8-12 yrs	Feb 12	W, 4-5:30pm (4)	\$100.00	52823
WeDo Robotics: Senior	8-12 yrs	Mar 24	M-F, 3-5pm (5)	\$175.00	54018



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Racquet Sports</b>					
Badminton Lessons: Beginner	8-12 yrs	Jan 8	W, 5-6pm (10)	\$92.00	51783
Badminton Lessons: Beginner	6-7 yrs	Jan 8	W, 4:15-5pm (5)	\$34.50	51778
Badminton Lessons: Beginner	6-7 yrs	Feb 12	W, 4:15-5pm (5)	\$34.50	51780
Table Tennis Lessons: Beginner	6-10 yrs	Jan 30	Th, 4-5pm (7)	\$84.00	51805
Table Tennis Lessons: Beginner	6-10 yrs	Jan 30	Th, 5:05-6:05pm (7)	\$84.00	51815

## Theatre & Film

Drama Adventures	6-7 yrs	Jan 31	F, 4:15-5:15pm (7)	\$61.95	52891
Drama: Games & Improv	8-11 yrs	Jan 31	F, 5:20-6:20pm (7)	\$61.95	52893

## Visual Arts

Animation & Character Design	8-12 yrs	Jan 14	Tu, 4:45-6pm (9)	\$99.55	52431
Art Blast	8-11 yrs	Jan 11	Sa, 11:15am-12:45pm (8)	\$106.20	53046
Art Blast	6-7 yrs	Jan 11	Sa, 9:15-10:45am (8)	\$106.20	53043
Drawing & Cartooning	6½-8 yrs	Jan 14	Tu, 3:30-4:30pm (9)	\$79.65	52430
Drawing & Painting	8-10 yrs	Jan 23	Th, 5-6pm (8)	\$70.80	52744
Drawing & Painting	5-7 yrs	Jan 23	Th, 3:30-4:30pm (8)	\$70.80	52741

## Preschool

### Dance

Creative Ballet Dance	4-5 yrs	Jan 18	Sa, 1:05-1:50pm (8)	\$53.10	52979
Creative Ballet Dance	3½-5 yrs	Jan 16	Th, 9-9:30am (8)	\$35.40	52827
Creative Ballet Dance	3½-4½ yrs	Jan 12	Su, 9-9:45am (8)	\$53.10	53065
Creative Dance	3½-4½ yrs	Jan 18	Sa, 10:15-10:45am (8)	\$35.40	52916
Creative Hip Hop Dance	3½-5 yrs	Jan 16	Th, 10:25-10:55am (8)	\$35.40	52826
Creative Hip Hop Dance	3½-5 yrs	Jan 16	Th, 3:30-4pm (8)	\$35.40	52792
Creative Jazz Dance	3½-5 yrs	Jan 13	M, 2:30-3:15pm (8)	\$53.10	52332
Mini Acrobat Dancers	4 yrs	Jan 18	Sa, 10:15-11am (8)	\$53.10	54376
Mini Acrobat Dancers	4 yrs	Jan 21	Tu, 2:55-3:40pm (8)	\$53.10	52589

### Music

Young Tunes: Adult Participation	3½-5 yrs	Jan 24	F, 12:10-12:55pm (6)	\$39.85	52831
----------------------------------	----------	--------	----------------------	---------	-------

## Join us for Tiny Tikes!

Together with your child (1-5 years), explore and play with a wide variety of toys. Your kids can enjoy ride-on toys, climbers, soccer, basketball and floor hockey.

Drop-in (first come, first serve up to a maximum of 60 people). Offered at Bonsor, Charles Rummel, Christine Sinclair, Edmonds and Willingdon community centres.

Learn more by checking each facility web page:  
[Burnaby.ca/Centres](http://Burnaby.ca/Centres)





ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Preschool</b>					
<b>Early Learning</b>					
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 20	M, 1:30-3pm (7)	\$61.95	52937
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 21	Tu, 10-11:30am (8)	\$70.80	52938
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 22	W, 10-11:30am (8)	\$70.80	52939
Double the Fun for Preschoolers	3-5 yrs	Jan 23	Th, 12:30-2:30pm (8)	\$120.00	52940
Get Ready for Kindergarten	4-5 yrs	Jan 22	W, 12:30-2:30pm (8)	\$147.20	52941
Holiday Special: Valentines: Adult Participation	3-5 yrs	Feb 8	Sa, 1-2:30pm (1)	\$13.80	53063
Kinder Cooking	3-5 yrs	Jan 22	W, 1:30-3:30pm (8)	\$147.20	53054
Kinder-Gymnastics	3½-5 yrs	Jan 20	M, 12:15-1:15pm (8)	\$52.50	52947
Kinder-Gymnastics	3½-5 yrs	Jan 20	M, 1:30-2:30pm (7)	\$52.50	52946
Play to Learn Preschool	3-5 yrs	Jan 21	Tu, 12:30-2:30pm (8)	\$120.00	52948
Play to Learn Preschool	3-5 yrs	Jan 24	F, 9:30-11:30am (8)	\$120.00	52949
Silly Scientists	3-5 yrs	Jan 20	M, 12:30-2:30pm (7)	\$128.80	53045
Sports & Games: Soccer	4-5 yrs	Jan 18	Sa, 11:45am-12:30pm (8)	\$45.00	52953
Sports & Games: Soccer	4-5 yrs	Jan 23	Th, 10:45-11:30am (8)	\$45.00	52954
Sports & Games: Soccer - Adult Participation	3 yrs	Jan 18	Sa, 12:45-1:15pm (8)	\$23.60	52955
Sports & Games: Soccer - Adult Participation	3 yrs	Jan 23	Th, 11:45am-12:15pm (8)	\$23.60	52956
Sports & Games: Variety	4-5 yrs	Jan 18	Sa, 10:45-11:30am (8)	\$45.00	53114
**Tot Gymnastics: Adult Participation	10 mos-3 yrs	Jan 20	M, 11am-noon (7)	\$41.30	52957
**Tot Gymnastics: Adult Participation	10 mos-3 yrs	Jan 22	W, 1:30-2:30pm (8)	\$47.20	52958
<b>Visual Arts</b>					
Creative Art Explorations: Adult Participation	3½-5 yrs	Jan 15	W, 11:30am-12:30pm (8)	\$70.80	52600
<b>Yoga</b>					
Parent & Preschool Yoga: Adult Participation	3-5 yrs	Jan 7	Tu, 1:45-2:30pm (4)	\$17.70	52019
Parent & Preschool Yoga: Adult Participation	3-5 yrs	Feb 4	Tu, 1:45-2:30pm (4)	\$17.70	52020
Parent & Preschool Yoga: Adult Participation	3-5 yrs	Mar 4	Tu, 1:45-2:30pm (4)	\$17.70	52021
<b>Early Years</b>					
<b>Dance</b>					
Dance with Me: Adult Participation	1-2 yrs	Jan 13	M, 3:20-3:50pm (8)	\$35.40	52335
Dance with Me: Adult Participation	1-2 yrs	Jan 18	Sa, 10:50-11:20am (8)	\$35.40	52976
Dance with Me: Adult Participation	1-3 yrs	Jan 16	Th, 9:35-10:20am (8)	\$53.10	52825
Dance with Me: Adult Participation	2-3 yrs	Jan 18	Sa, 9:05-9:50am (8)	\$53.10	52981
Dance with Me: Adult Participation	2-3 yrs	Jan 18	Sa, 11:25am-12:10pm (8)	\$53.10	52977
First Steps Ballet: Adult Participation	3 yrs	Jan 18	Sa, 12:15-1pm (8)	\$53.10	52978
Tiny Acrobat Dancers: Adult Participation	2-3 yrs	Jan 21	Tu, 2:05-2:50pm (8)	\$53.10	52588
<b>Music</b>					
Babytime Music & Movement: Adult Participation	4-11 mos	Jan 24	F, 9:45-10:15am (6)	\$26.55	52830
Babytime Music & Movement: Adult Participation	11-23 mos	Jan 24	F, 11:15am-noon (6)	\$39.85	52832
Musical Rascals: Adult Participation	2-3 yrs	Jan 24	F, 10:20-11:05am (6)	\$39.85	52829
<b>Visual Arts</b>					
A is for Art, F is for Family: Adult Participation	2-3½ yrs	Jan 15	W, 9-9:45am (8)	\$53.10	52597
Adventures in Art: Adult Participation	1½-2 yrs	Jan 15	W, 10:15-11am (8)	\$53.10	52598

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Multi-age</i>					
<b>Ceramics</b>					
Family Clay Night	7-12 yrs + Adult	Feb 28	F, 4-6pm (2)	\$45.40 per family member	54001
Family Handbuilding with Clay	6-18 yrs + Adult	Jan 12	Su, 2-3:30pm (6)	\$70.00 per family member	53996
Family Handbuilding with Clay	6-18 yrs + Adult	Jan 12	Su, 3:45-5:15pm (6)	\$70.00 per family member	53997
Family Sgraffito Night	7-12 yrs + Adult	Jan 24	F, 4-6pm (2)	\$45.40 per family member	53998
<b>Martial Arts</b>					
Tai Chi: Beginner	16 yrs+	Jan 11	Sa, 9-10:15am (12)	\$113.55	52611
Tai Chi: Intermediate	16 yrs+	Jan 11	Sa, 10:30-11:45am (12)	\$113.55	52612
<b>Visual Arts</b>					
Family Paint Night	7-12 yrs + Adult	Mar 14	F, 4-6pm (1)	\$18.90 per family member	53110
Family Paint Night	7-12 yrs + Adult	Feb 14	F, 4-6pm (1)	\$18.90 per family member	53109
Family Paint Night	7-12 yrs + Adult	Jan 10	F, 4-6pm (1)	\$18.90 per family member	53107

## We're Hiring

Start a rewarding career with the City of Burnaby and make a difference in your community. We're hiring recreation clerks, recreation leaders, contract instructors, aquatic staff and building service workers. Be a part of providing facilities and services that support a safe, connected, inclusive, healthy and dynamic community.

[Burnaby.ca/Careers](https://Burnaby.ca/Careers)



# Discover the Perfect Gift for Nature Lovers!

*Naturally Burnaby* – a stunning photographic journey through Burnaby's natural beauty – will be available for purchase in December. Don't miss out on the chance to bring the wonders of nature into your home or gift it to someone special!

Reserve your copy today at  
[Burnaby.ca/Book](https://Burnaby.ca/Book)





# CHRISTINE SINCLAIR ACTIVITIES

604-320-2222



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

**55+** The following prices are for members. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Martial Arts

Qigong	55 yrs+	Jan 4	Sa, 7:30-8:30am (4)	\$25.12	53896
Qigong	55 yrs+	Jan 6	M, 7:30-8:30am (4)	\$25.12	53890
Qigong	55 yrs+	Feb 1	Sa, 7:30-8:30am (4)	\$25.12	53897
Qigong	55 yrs+	Feb 3	M, 7:30-8:30am (4)	\$25.12	53894
Qigong	55 yrs+	Mar 8	Sa, 7:30-8:30am (4)	\$25.12	53898
Qigong	55 yrs+	Mar 10	M, 7:30-8:30am (4)	\$25.12	53895

## Adult

### Group Fitness

Barre Fitness	14 yrs+	Jan 7	Tu, 5-6pm (4)	\$36.68	53751
Barre Fitness	14 yrs+	Jan 9	Th, noon-1pm (4)	\$36.68	53747
Barre Fitness	14 yrs+	Feb 4	Tu, 5-6pm (4)	\$36.68	53752
Barre Fitness	14 yrs+	Feb 6	Th, noon-1pm (4)	\$36.68	53748
Barre Fitness	14 yrs+	Mar 4	Tu, 5-6pm (4)	\$36.68	53753
Barre Fitness	14 yrs+	Mar 6	Th, noon-1pm (4)	\$36.68	53749
Bootcamp Circuit	14 yrs+	Jan 9	Th, noon-1pm (4)	\$28.84	53899
Bootcamp Circuit	14 yrs+	Feb 6	Th, noon-1pm (4)	\$28.84	53900
Bootcamp Circuit	14 yrs+	Mar 6	Th, noon-1pm (4)	\$28.84	53902
Cycle & TRX: All Levels	14 yrs+	Jan 7	Tu, 8:30-9:15am (4)	\$21.63	53775
Cycle & TRX: All Levels	14 yrs+	Feb 4	Tu, 8:30-9:15am (4)	\$21.63	53776
Cycle & TRX: All Levels	14 yrs+	Mar 4	Tu, 8:30-9:15am (4)	\$21.63	53777
Kickboxing for Fitness	14 yrs+	Jan 5	Su, 10-11am (4)	\$38.00	53903
Kickboxing for Fitness	14 yrs+	Jan 5	Su, 11:15am-12:15pm (4)	\$38.00	55399
Kickboxing for Fitness	14 yrs+	Feb 2	Su, 10-11am (4)	\$38.00	53904
Kickboxing for Fitness	14 yrs+	Feb 2	Su, 11:15am-12:15pm (4)	\$38.00	55400
Kickboxing for Fitness	14 yrs+	Mar 9	Su, 10-11am (4)	\$38.00	53905
Kickboxing for Fitness	14 yrs+	Mar 9	Su, 11:15am-12:15pm (4)	\$38.00	55401
TRX® Plus: All Levels	14 yrs+	Jan 6	M, 12:15-1pm (4)	\$28.84	53754
TRX® Plus: All Levels	14 yrs+	Jan 7	Tu, 1-1:45pm (4)	\$28.84	53757
TRX® Plus: All Levels	14 yrs+	Jan 7	Tu, 5:15-6pm (4)	\$28.84	53769
TRX® Plus: All Levels	14 yrs+	Jan 9	Th, 5:15-6pm (4)	\$28.84	53772
TRX® Plus: All Levels	14 yrs+	Jan 9	Th, 6:30-7:15pm (4)	\$28.84	53760
TRX® Plus: All Levels	14 yrs+	Feb 3	M, 12:15-1pm (4)	\$28.84	53755
TRX® Plus: All Levels	14 yrs+	Feb 4	Tu, 1-1:45pm (4)	\$28.84	53758
TRX® Plus: All Levels	14 yrs+	Feb 4	Tu, 5:15-6pm (4)	\$28.84	53770
TRX® Plus: All Levels	14 yrs+	Feb 6	Th, 5:15-6pm (4)	\$28.84	53773
TRX® Plus: All Levels	14 yrs+	Feb 6	Th, 6:30-7:15pm (4)	\$28.84	53761
TRX® Plus: All Levels	14 yrs+	Mar 4	Tu, 1-1:45pm (4)	\$28.84	53759
TRX® Plus: All Levels	14 yrs+	Mar 4	Tu, 5:15-6pm (4)	\$28.84	53771
TRX® Plus: All Levels	14 yrs+	Mar 6	Th, 5:15-6pm (4)	\$28.84	53774
TRX® Plus: All Levels	14 yrs+	Mar 6	Th, 6:30-7:15pm (4)	\$28.84	53762
TRX® Plus: All Levels	14 yrs+	Mar 10	M, 12:15-1pm (4)	\$28.84	53756

For up to date  
facility hours  
and addresses, visit  
[Burnaby.ca/Centres](http://Burnaby.ca/Centres)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Adult</i>					
<b>Ceramics</b> Operated by the Shadbolt Centre for the Arts.					
Ceramics 1: Handbuilding	18 yrs+	Jan 13	M, 10am-1pm (8)	\$232.40	53680
<b>Racquet Sports</b>					
Badminton Lessons: Beginners	18 yrs+	Jan 13	M, 7-8pm (11)	\$101.20	52176
<b>Visual Arts</b> Operated by the Shadbolt Centre for the Arts.					
Art Date: Block Printmaking	16 yrs+	Feb 7	F, 6-9pm (1)	\$36.55	53872
Art Date: Cartooning	16 yrs+	Mar 7	F, 6-9pm (1)	\$36.55	53883
Art Date: Chinese Brush Painting	16 yrs+	Feb 28	F, 6-9pm (1)	\$36.55	53879
Art Date: Paint Marbling on Paper	16 yrs+	Feb 21	F, 6-9pm (1)	\$36.55	53877
Visual Arts Open Studio	18 yrs+	Jan 9	Th, 9:30am-1:30pm (10)	\$108.00	53426
Watercolour: Fundamentals	18 yrs+	Jan 17	F, 10am-1pm (8)	\$212.40	53739
<b>Weight Training</b>					
Weight Training: Beginner	14 yrs+	Jan 4	Sa, 1:30-2:30pm (4)	\$37.92	53763
Weight Training: Beginner	14 yrs+	Feb 1	Sa, 1:30-2:30pm (4)	\$37.92	53764
Weight Training: Beginner	14 yrs+	Mar 8	Sa, 1:30-2:30pm (4)	\$37.92	53765
Weight Training: Strength & Conditioning	16 yrs+	Jan 8	W, 1-2pm (4)	\$37.92	53766
Weight Training: Strength & Conditioning	16 yrs+	Feb 5	W, 1-2pm (4)	\$37.92	53767
Weight Training: Strength & Conditioning	16 yrs+	Mar 5	W, 1-2pm (4)	\$37.92	53768
<b>Yoga</b>					
Iyengar yoga: Beginner Level 1	15 yrs+	Feb 21	F, 3-4pm (6)	\$57.00	53735
Iyengar yoga: Beginner Level 1	15 yrs+	Jan 10	F, 3-4pm (6)	\$57.00	53714
Iyengar yoga: Beginner Level 2	15 yrs+	Jan 10	F, 4:15-5:30pm (6)	\$71.82	53737
Iyengar yoga: Beginner Level 2	15 yrs+	Feb 21	F, 4:15-5:30pm (6)	\$71.82	53738
Pilates: Mat to Standing	16 yrs+	Jan 4	Sa, 2:30-3:30pm (4)	\$54.00	53716
Pilates: Mat to Standing	16 yrs+	Feb 1	Sa, 2:30-3:30pm (4)	\$54.00	53741
Pilates: Mat to Standing	16 yrs+	Mar 8	Sa, 2:30-3:30pm (4)	\$54.00	53743

*Youth*

<b>Adapted Activities</b>					
Preteen Social Club: Adapted	11-18 yrs	Jan 17	F, 5-6:30pm (9)	\$95.40	53701
<b>Ceramics</b> Operated by the Shadbolt Centre for the Arts.					
Teen Handbuilding	13-18 yrs	Jan 13	M, 5:30-8pm (8)	\$230.00	52354
<b>Games</b>					
Dungeons & Dragons	14-17 yrs	Jan 13	M, 7:45-9:15pm (10)	\$69.00	52402
Dungeons & Dragons	11-13 yrs	Jan 13	M, 6-7:30pm (10)	\$69.00	52399
KidzConnect	8-13 yrs	Jan 10	F, 6:30-8:30pm (8)	\$55.20	52440
<b>Personal Development</b>					
Babysitter's Training	11-15 yrs	Feb 5	W, 6-8pm (6)	\$93.00	52171
<b>Racquet Sports</b>					
Badminton Lessons: Beginners	13-18 yrs	Jan 13	M, 6-7pm (11)	\$101.20	52175
Badminton Lessons: Small Group	13-18 yrs	Jan 17	F, 6:30-7:30pm (6)	\$46.00	52190
Badminton Lessons: Small Group	13-18 yrs	Jan 17	F, 6:30-7:30pm (6)	\$46.00	52192
Badminton Lessons: Small Group	13-18 yrs	Feb 21	F, 6:30-7:30pm (6)	\$55.20	52191
Badminton Lessons: Small Group	13-18 yrs	Feb 21	F, 6:30-7:30pm (6)	\$55.20	52193



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Camps</b>					
3D Engineers Camp	8-11 yrs	Mar 24	M-F, 9:30am-12:30pm (5)	\$235.00	52747
Artsy Engineers Camp	7-11 yrs	Mar 17	M-F, 1:30-4:30pm (5)	\$235.00	52745
Budding Engineers Camp	7-11 yrs	Mar 17	M-F, 9:30am-12:30pm (5)	\$235.00	52743
Pro-D Day Camp	5-11 yrs	Feb 28	F, 9am-3pm (1)	\$32.70	52452
Robo Engineers Camp	8-11 yrs	Mar 24	M-F, 1:30-4:30pm (5)	\$235.00	52746
Spring Break Camp	5-11 yrs	Mar 17	M-F, 9am-3pm (5)	\$195.00	52172
Spring Break Camp	5-11 yrs	Mar 24	M-F, 9am-3pm (5)	\$195.00	52173
<b>Ceramics</b> Operated by the Shadbolt Centre for the Arts.					
Clayworks	9-12 yrs	Jan 12	Su, 2-4pm (8)	\$220.53	52348
Clayworks	9-12 yrs	Jan 14	Tu, 3:30-5:30pm (8)	\$194.60	52360
Clayworks	9-12 yrs	Jan 14	Tu, 6-8pm (8)	\$194.60	52363
Clayworks	6-8 yrs	Jan 12	Su, 11:30am-1pm (8)	\$170.13	52344
Clayworks	6-8 yrs	Jan 13	M, 3:30-5pm (8)	\$144.20	52353
<b>Cooking &amp; Food</b>					
Cookie Club	8-12 yrs	Jan 6	M, 4-6pm (6)	\$93.00	52327
Cookie Club	8-12 yrs	Jan 6	M, 6-8:30pm (6)	\$93.00	52328
Cookie Club	8-12 yrs	Jan 8	W, 6:30-8:30pm (6)	\$93.00	52446
Cookie Club	8-12 yrs	Jan 8	W, 4-6pm (6)	\$93.00	52445
Ready, Set, Cook!	8-12 yrs	Jan 7	Tu, 3:30-5:30pm (6)	\$93.00	52696
Ready, Set, Cook!	8-12 yrs	Jan 7	Tu, 6-8pm (6)	\$93.00	52699
Ready, Set, Cook!	8-12 yrs	Jan 9	Th, 4-6pm (6)	\$93.00	52703
Ready, Set, Cook!	8-12 yrs	Feb 18	Tu, 3:30-5:30pm (6)	\$93.00	52697
Ready, Set, Cook!	8-12 yrs	Feb 18	Tu, 6-8pm (6)	\$93.00	52702
Ready, Set, Cook!	8-12 yrs	Feb 20	Th, 4-6pm (6)	\$93.00	52700
<b>Crafts</b>					
Air Clay Creations	6-12 yrs	Jan 7	Tu, 6-7:30pm (6)	\$45.00	52163
Air Clay Creations	6-12 yrs	Feb 18	Tu, 6-7:30pm (6)	\$45.00	52164
Art Attack!	6-12 yrs	Jan 9	Th, 7-8:30pm (6)	\$45.00	52165
Art Attack!	6-12 yrs	Feb 20	Th, 7-8:30pm (6)	\$45.00	52166

## Fine Arts Studio at Christine Sinclair Community Centre

Christine Sinclair Community Centre has been renovated to include a new fine arts studio. This new studio, located beside the reception is a specialized space for ceramic and visual arts activities operated by the Shadbolt Centre for the Arts. Learn new skills, express yourself, and have fun with clay, paint, and more.



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Dance</b>					
*Modern Dance Beginner	6-9 yrs	Jan 11	Sa, 12:05-1:05pm (8)	\$70.80	53178
<b>Games</b>					
BioChem Explorers	7-12 yrs	Jan 11	Sa, 1:30-3pm (5)	\$175.00	52168
BioChem Explorers	7-12 yrs	Jan 11	Sa, 3:30-5pm (5)	\$175.00	52167
Board Game Creations	8-14 yrs	Jan 6	M, 6:30-8pm (6)	\$31.05	52198
Board Game Creations	8-14 yrs	Feb 24	M, 6:30-8pm (6)	\$31.05	52199
Chess Club: Beginners	8-15 yrs	Jan 6	M, 6-7:30pm (6)	\$41.40	53702
Chess Club: Beginners	8-15 yrs	Jan 8	W, 6-7:30pm (6)	\$41.40	53704
Chess Club: Beginners	8-15 yrs	Feb 19	W, 6-7:30pm (6)	\$41.40	53705
Chess Club: Beginners	8-15 yrs	Feb 24	M, 6-8pm (6)	\$41.40	52321
Chess, Cards & Games Club	6-12 yrs	Jan 6	M, 3:30-5:30pm (6)	\$41.40	53703
Chess, Cards & Games Club	6-12 yrs	Jan 8	W, 3:30-5:30pm (6)	\$41.40	52325
Chess, Cards & Games Club	6-12 yrs	Feb 19	W, 3:30-5:30pm (6)	\$41.40	52326
Chess, Cards & Games Club	6-12 yrs	Feb 24	M, 3:30-5:30pm (6)	\$41.40	52322
Chess, Cards & Games Club: Homelearners	6-15 yrs	Jan 16	Th, 12:30-2:30pm (8)	\$55.20	53711
Electric Explorers	7-12 yrs	Feb 15	Sa, 1:30-3pm (5)	\$175.00	52170
Electric Explorers	7-12 yrs	Feb 15	Sa, 3:30-5pm (5)	\$175.00	52169
LEGO® Mania	6-12 yrs	Jan 9	Th, 4-5:30pm (6)	\$31.05	52444
LEGO® Mania	6-12 yrs	Jan 9	Th, 6-7:30pm (6)	\$31.05	52443
LEGO® Mania & Skating: Homelearners	6-15 yrs	Jan 17	F, noon-3:30pm (8)	\$96.60	53706
<b>Racquet Sports</b>					
Badminton Lessons: Beginners	8-12 yrs	Jan 13	M, 5-6pm (11)	\$101.20	52174
Badminton Lessons: Introduction	6-8 yrs	Jan 13	M, 4-5pm (11)	\$101.20	52177
Badminton Lessons: Small Group	9-12 yrs	Jan 15	W, 7:45-8:45pm (5)	\$46.00	52186
Badminton Lessons: Small Group	9-12 yrs	Jan 15	W, 7:45-8:45pm (5)	\$46.00	52188
Badminton Lessons: Small Group	9-12 yrs	Feb 19	W, 7:45-8:45pm (6)	\$55.20	52187
Badminton Lessons: Small Group	9-12 yrs	Feb 19	W, 7:45-8:45pm (6)	\$55.20	52189
Badminton Lessons: Small Group	6-8 yrs	Jan 14	Tu, 6:45-7:45pm (6)	\$55.20	52183
Badminton Lessons: Small Group	6-8 yrs	Jan 14	Tu, 6:45-7:45pm (6)	\$55.20	52184
Badminton Lessons: Small Group	6-8 yrs	Feb 25	Tu, 6:45-7:45pm (5)	\$46.00	52182
Badminton Lessons: Small Group	6-8 yrs	Feb 25	Tu, 6:45-7:45pm (5)	\$46.00	52185

## Stay in the know

Be the first to find out about programs and activities at our recreation facilities.

Sign up for eNews at [Burnaby.ca/eNews](http://Burnaby.ca/eNews) or follow us on:

[Facebook](https://www.facebook.com/recreationburnaby) recreationburnaby  
[Twitter](https://twitter.com/burnabyparksrec) @burnabyparksrec  
[Instagram](https://www.instagram.com/burnabyrecreation) burnabyrecreation



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Child

### Indoor / Gym Sports

Basketball Skills & Drills	9-12 yrs	Jan 17	F, 3:30-4:30pm (5)	\$46.00	52194
Basketball Skills & Drills	9-12 yrs	Feb 21	F, 3:30-4:30pm (6)	\$39.30	52195
Basketball Skills & Drills	6-9 yrs	Jan 17	F, 4:45-5:45pm (5)	\$32.75	52196
Basketball Skills & Drills	6-9 yrs	Feb 21	F, 4:45-5:45pm (6)	\$39.30	52197
Floor Hockey	9-12 yrs	Jan 17	F, 4:45-5:45pm (8)	\$52.40	52438
Floor Hockey	6-9 yrs	Jan 17	F, 3:30-4:30pm (8)	\$52.40	52436
Soccer	6-9 yrs	Jan 15	W, 3:20-4:20pm (5)	\$32.75	52718
Soccer	6-9 yrs	Feb 19	W, 3:20-4:20pm (6)	\$39.30	52719
Soccer: Females Only	9-12 yrs	Jan 15	W, 4:30-5:30pm (5)	\$32.75	52727
Soccer: Females Only	9-12 yrs	Feb 19	W, 4:30-5:30pm (6)	\$39.30	52728
Soccer: Males Only	9-12 yrs	Jan 15	W, 4:30-5:30pm (5)	\$32.75	52729
Soccer: Males Only	9-12 yrs	Feb 19	W, 4:30-5:30pm (6)	\$39.30	52730



### Theatre & Film Operated by the Shadbolt Centre for the Arts.

*Clowning around with Magic	9-12 yrs	Jan 30	Th, 5-6:15pm (7)	\$77.45	52867
*Clowning around with Magic	6-8 yrs	Jan 30	Th, 3:30-4:45pm (7)	\$77.45	52864
Introduction à l'art de la parole	7-9 yrs	Feb 1	Sa, 9-10am (13)	\$208.91	53464
Introduction à l'art de la parole	9-12 yrs	Feb 1	Sa, 11:30-12:30pm (13)	\$208.91	53473
L'art de la parole	7-9 yrs	Feb 1	Sa, 10:15-11:15am (13)	\$208.91	53471
L'art de la parole	9-12 yrs	Feb 1	Sa, 12:45-1:45pm (13)	\$208.91	54100

### Visual Arts Operated by the Shadbolt Centre for the Arts.

Cartooning	9-12 yrs	Jan 16	Th, 6-7:30pm (8)	\$106.20	53729
Cartooning	6-8 yrs	Jan 16	Th, 3:45-5:15pm (8)	\$106.20	53728
*Comics & Storytelling	7-10 yrs	Jan 11	Sa, 1-2:30pm (7)	\$92.95	53201
Drawing & Painting	6-8 yrs	Jan 10	F, 3:30-5pm (8)	\$106.20	53725
Drawing & Painting	9-12 yrs	Jan 10	F, 5:30-7pm (4)	\$51.10	54598
*Spring Break: Spring into Art	6-9 yrs	Mar 17	M-F, 1:30-3:30pm (5)	\$88.50	54317
Spring Break: Artrageous	6-8 yrs	Mar 24	M-F, 10am-noon (5)	\$88.50	54672
Spring Break: Drawing, Painting & Sculpture	7-10 yrs	Mar 24	M-F, 1-3pm (5)	\$88.50	54673
*Young Artists	6-9 yrs	Jan 22	W, 4:30-6pm (7)	\$92.90	53194

### Yoga

Yoga: for Kids	6-12 yrs	Jan 9	Th, 3:30-4:30pm (5)	\$35.75	53906
Yoga: for Kids	6-12 yrs	Jan 9	Th, 4:45-5:45pm (5)	\$35.75	53908
Yoga: for Kids	6-12 yrs	Feb 13	Th, 3:30-4:30pm (5)	\$35.75	53907
Yoga: for Kids	6-12 yrs	Feb 13	Th, 4:45-5:45pm (5)	\$35.75	53909

## Preschool

### Ceramics Operated by the Shadbolt Centre for the Arts.

Clayworks	4-5 yrs	Jan 12	Su, 10-11am (8)	\$134.73	52341
Clayworks	4-5 yrs	Jan 14	Tu, 10-11am (8)	\$108.80	53678
Clayworks	4-5 yrs	Jan 14	Tu, 11:30am-12:30pm (8)	\$108.80	53679

### Dance

*Creative Ballet	4-5 yrs	Jan 11	Sa, 9:55-10:40am (8)	\$53.10	52889
------------------	---------	--------	----------------------	---------	-------

### Visual Arts Operated by the Shadbolt Centre for the Arts.

*Little Sweet-Art Studio	4-5 yrs	Jan 11	Sa, 11am-noon (7)	\$82.95	53196
--------------------------	---------	--------	-------------------	---------	-------



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Preschool</b>					
<b>Early Learning</b>					
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 6	M, 10-11:30am (9)	\$79.65	52200
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 8	W, 10-11:30am (10)	\$88.50	52201
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 10	F, 11am-12:30pm (9)	\$79.65	52323
Daily Discoveries: Tiny Builders	3-5 yrs	Jan 14	Tu, 3:15-5:15pm (5)	\$92.00	52343
Daily Discoveries: Tiny Builders	3-5 yrs	Feb 18	Tu, 3:15-5:15pm (4)	\$73.60	52389
Double the Fun for Preschoolers	3-5 yrs	Jan 14	Tu, noon-2pm (5)	\$92.00	52391
Double the Fun for Preschoolers	3-5 yrs	Feb 18	Tu, noon-2pm (4)	\$73.60	52397
Get Ready for Kindergarten	3-5 yrs	Jan 23	Th, 10am-noon (8)	\$147.20	53707
Kinder Cooking	3-5 yrs	Jan 13	M, 12:30-2:30pm (8)	\$147.20	52441
Kinder Cooking	3-5 yrs	Jan 17	F, 1:30-3:30pm (8)	\$147.20	52442
Silly Scientists	3-5 yrs	Jan 8	W, 12:15-2:15pm (6)	\$110.40	52705
Silly Scientists	3-5 yrs	Jan 9	Th, 3:30-5:30pm (6)	\$110.40	53709
Silly Scientists	3-5 yrs	Feb 19	W, 12:15-2:15pm (6)	\$110.40	52711
Silly Scientists	3-5 yrs	Feb 20	Th, 3:30-5:30pm (6)	\$110.40	53710
Sports & Games: Variety	4-5 yrs	Jan 17	F, 11:15am-noon (9)	\$50.65	52731
Sports & Games: Variety	4-5 yrs	Jan 11	Sa, 11-11:45am (10)	\$56.25	52732
WeeVentures: Amazing Animals	3-5 yrs	Mar 24	M-F, 10am-12:30pm (5)	\$115.00	52754
WeeVentures: Spectacular Science	3-5 yrs	Mar 17	M-F, 10am-12:30pm (5)	\$115.00	52750

**Early Years**

<b>Dance</b>					
*Creative Ballet	3 yrs	Jan 11	Sa, 10:50-11:20am (8)	\$35.40	52890
*Creative Ballet	3½-4 yrs	Jan 11	Sa, 11:30am-noon (8)	\$35.40	52914
*GroovaRoo®: Babywearing Dance - Adult Participation	2-16 mos	Jan 21	Tu, 12:45-1:30pm (7)	\$111.30	53189
*Tiny Toes Dance: Adult Participation	2-3 yrs	Jan 11	Sa, 9:15-9:45am (8)	\$30.00	52877

**Early Learning**

**Grandparents & Me! - Parent Participation	1½-5 yrs	Jan 11	Sa, 1-2:30pm (6)	\$53.10	52439
**Preschool Party: Adult Participation	1½-5 yrs	Jan 6	M, 3:30-4:30pm (6)	\$35.40	52449
**Preschool Party: Adult Participation	1½-5 yrs	Jan 6	M, 5-6pm (6)	\$35.40	52448
**Preschool Party: Adult Participation	1½-5 yrs	Feb 24	M, 3:30-4:30pm (6)	\$35.40	52451
**Preschool Party: Adult Participation	1½-5 yrs	Feb 24	M, 5-6pm (6)	\$35.40	52450

**Music**

*Babytime Music & Movement: Adult Participation	4-11 mos	Jan 31	F, 9:30-10am (6)	\$26.55	53180
*Babytime Music & Movement: Adult Participation	11-23 mos	Jan 31	F, 10:15-11am (6)	\$39.80	53183
*Tot School of Rock: Adult Participation	2-3 yrs	Jan 31	F, 11:15am-noon (6)	\$39.80	53185

**Special Events & Holiday Activities**

Little Love Bugs: Adult Participation	1½-4 yrs	Feb 14	F, 10-11:30am (1)	\$13.35	52736
Little Love Bugs: Adult Participation	1½-4 yrs	Feb 14	F, 12:30-2pm (1)	\$13.35	52737

**Visual Arts** Operated by the Shadbolt Centre for the Arts.

*Art Sampler: Adult Participation	3-5 yrs	Jan 11	Sa, 9:30-10:30am (7)	\$77.70	53200
-----------------------------------	---------	--------	----------------------	---------	-------

# CONFEDERATION ACTIVITIES

604-294-1936



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

**55+** The following prices are for members. Visit [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Dance

Ballroom Dance: Waltz & Jive	55 yrs+	Jan 28	Tu, 6:30-7:30pm (8)	\$42.80	52330
Ballroom Dance: Foxtrot & Cha Cha	55 yrs+	Jan 28	Tu, 7:45-8:45pm (8)	\$42.80	52331
Line Dance: Beginner 1	55 yrs+	Jan 14	Tu, 10:45am-noon (10)	\$66.88	51749
Line Dance: Beginner 2	55 yrs+	Jan 14	Tu, 12:05-1:20pm (10)	\$66.88	51751
Line Dance: Beginner 2+ to Intermediate	55 yrs+	Jan 14	Tu, 9:15-10:30am (10)	\$66.88	51748

## Day Trips

Afternoon Tea at Clancy's Tea Cosy (White Rock)	55 yrs+	Mar 5	W, 10:45am-3pm (1)	\$73.74	53911
Granville Island (Vancouver)	55 yrs+	Mar 12	W, 10:30am-3:15pm (1)	\$17.22	53912
Let's Do Lunch: Ikea (Richmond)	55 yrs+	Jan 21	Tu, 11am-3:30pm (1)	\$17.82	53901
Museum of Anthropology (Vancouver)	55 yrs+	Feb 5	W, 10am-3:30pm (1)	\$44.73	53910
Snowshoeing at Seymour Mountain (North Vancouver)	55 yrs+	Jan 8	W, noon-5:30pm (1)	\$55.97	53891

**Group Fitness** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) for additional fee information.

ActivAge®	55 yrs+	Jan 24	F, noon-1pm (6)	No Fee	52838
Choose to Move®	55 yrs+	Jan 22	W, noon-1pm (9)	No Fee	52762
Choose to Move® Information Session	55 yrs+	Jan 8	W, noon-1pm (1)	No Fee	52765
Active Aging: Body Sculpt	40 yrs+	Jan 17	F, 12:45-1:45pm (9)	\$53.64	53152
Active Aging: Get Up & Go!	40 yrs+	Jan 17	F, 11:30am-12:30pm (5)	\$24.40	53142
Active Aging: Get Up & Go!	40 yrs+	Feb 21	F, 11:30am-12:30pm (4)	\$19.52	53143
Active Aging: Intro to Total Body Conditioning	40 yrs+	Jan 15	W, 2-3pm (10)	\$59.60	53153
Active Aging: Yoga Core Fusion	40 yrs+	Jan 16	Th, 4:15-5:30pm (10)	\$76.00	53157

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

**55+** The following prices are for members. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Music

Ukulele: Beginner	55 yrs+	Jan 23	Th, 11:15am-12:30pm (6)	\$42.48	53839
-------------------	---------	--------	-------------------------	---------	-------

## Martial Arts

Tai Chi: Sword Dance	55 yrs+	Jan 13	M, 1-2pm (9)	\$39.60	53139
Tai Chi: Beginner	55 yrs+	Jan 16	Th, 10:30-11:30am (10)	\$44.00	53133
Tai Chi: Intermediate	55 yrs+	Jan 16	Th, 11:45am-12:45pm (10)	\$44.00	53137

## Personal Development

Lifestyle Lecture: Downsizing Part 2	55 yrs+	Mar 13	Th, 10-11:30am (1)	No Fee	52340
Lifestyle Lecture: Indoor or Balcony Gardening Part 2	55 yrs+	Apr 10	Th, 10-11:30am (1)	No Fee	52342
Lifestyle Lecture: Japanese Flower Arranging	55 yrs+	Feb 13	Th, 10-11:30am (1)	No Fee	52339

## Visual Arts

Acrylic with Brush & Palette Knife	55 yrs+	Jan 9	Th, 9:30am-noon (8)	\$117.00	51057
Painting Oils & Acrylics	55 yrs+	Jan 7	Tu, 12:30-3pm (6)	\$90.25	50816
Painting Oils & Acrylics	55 yrs+	Feb 18	Tu, 12:30-3pm (6)	\$90.25	50817
Sketching & Drawing	55 yrs+	Feb 18	Tu, 9:30am-noon (6)	\$90.25	50819
Watercolour Sketchbook	55 yrs+	Jan 7	Tu, 9:30am-noon (6)	\$90.25	50818

**Yoga** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) for additional fee information.

Active Aging: Yoga for Movement Disorders	40 yrs+	Jan 15	W, 10-11:15am (10)	\$61.00	53149
---	---------	--------	--------------------	---------	-------



## 55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$21.00 a year**, access one centre of your choice. **For only \$52.50 a year**, access all four seniors' centres.

## Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

## Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a free lifetime membership. Please call your local centre for details.

## Health Services Throughout the City

### Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

## Tech Tips for Seniors

Enthusiastic student volunteers assist participants with their devices. Volunteers will assist seniors, helping them navigate cell phones, tablets, I-pads while teaching them shortcuts and other ways to make access to technology less intimidating. Saturdays, 11am-1pm, Drop-in, Free.



# CONFEDERATION 55+ DROP-IN ACTIVITIES

Phone 604-294-1936

<b>Arts &amp; Crafts</b>	<b>Craft Group</b> This group of crafters makes handmade items to sell at events.	Mondays, noon-3pm
	<b>Woodcarving</b> Learn the basics of woodcarving and more.	Fridays, 10am-noon
	<b>Knitting</b> Create personal projects, contribute to community projects or donate to our Lobby Shoppe. Previous knitting or crocheting experience is required to join.	Tuesdays, 1-3pm
	<b>Lobby Shoppe</b> The Confederation Lobby Shoppe is open Monday to Friday from 10:30am-1:30pm based on volunteer availability. We sell beautiful handmade items such as baby and adult knit wear - sweaters, hats, scarves, slippers, shawls, shopping bags, along with gift wear, jewelry and much more. Drop by and have a look. Cash only.	Mondays-Thursdays, 10am-2pm (based on volunteer availability)
	<b>Sketchy Seniors</b> This group meets to practice techniques learned in art class. Come partake in sketching and drawing real world objects in good company. While help is given, the group is not instructional.	Friday 10am-noon
	<b>Quilting</b> Join other quilting enthusiasts at our friendly drop-in sessions. Work on personal projects and/or group projects for fundraisers.	Mondays, 1-4pm
<b>Card &amp; Active Games</b> Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit. Group fees apply.	<b>Bingo</b> 20 games using class cards. Cards are \$0.50 each. Group fees apply	Thursdays, 1-3:30pm
	<b>Bridge</b> If you haven't played Bridge for a while and would like to start playing again, we'd love to have you join us. We play social bridge, 5 card majors, and you don't need a partner. Group fees apply.	Fridays, 1-4pm
	<b>Briscola / Scala 40</b>	Monday-Friday, 12:30-4pm (variety of Italian card games)
	<b>Group 31</b>	Mondays, Wednesdays & Fridays, 1-3pm
	<b>Mah Jong</b> Mahjong Group plays every Thursday and can be played in two styles Hong Kong and Taiwanese styles. Each table must have four players before the game can be played. Please confirm ahead of time if you are interested, seats are limited. Group fees apply.	Thursdays, 1:15-7pm
	<b>Poker</b>	Tuesdays, 5:30-9pm
	<b>Scrabble</b> Come join our scrabble group in a fun and exciting word play game. Beginner level players are welcome. Group fees apply.	Thursdays, 10am-noon
<b>Dance</b>	<b>Monday Night Dance</b> Come with a friend or on your own and have a memorable time at these weekly dances with live music (closed on statutory holidays). \$6.00 member, \$8.00 non-member.	Mondays, 6:30-9pm
<b>Music</b>	<b>Karaoke</b> 55+ and want to meet new friends while singing? Become a member of Confederation Seniors' Centre and come to sing using your favourite DVDs (any language) or our karaoke machine (90,000 songs). No registration. First come, first served.	Thursdays, 3:30-8pm
	<b>Ukulele</b> Come join the Ukulele Group and play your favourites. While help is given, the group is not instructional.	Mondays, 9:30am-noon
<b>Sports &amp; Games</b>	<b>Snooker</b> Enjoy a friendly game of snooker on one of our four tables. Someone is usually available for a game. Inquire about league play and group fees in the snooker room.	Tables available during centre hours.
	<b>Walking Group</b> Come join us as we walk together around the Confederation Park track. Please dress for the weather.	Fridays, 10-11am
<b>Social Activities</b> Spend time with others who share your interests! For specific details, call the centre where each group meets.	<b>North Burnaby Retired Society</b> Adults 55+ are welcome to join activities such as Chinese dancing, exercises, tai chi, singing and special events. This group also hosts several annual events where everyone is welcome.	Tuesdays, 1:30-5:30pm & Saturdays, 11am-4pm
	<b>Sakhi (Indo-Canadian Senior Women's Group)</b> Join women of Indo-Canadian descent for fun and friendship. Outings and/or speakers are sometimes arranged.	Tuesdays, 10:30am- 12:30pm
	<b>Book Club</b> Join us once a month as we discuss the books that the group has read.	3rd Thursday of each month 10-11:30am
	<b>Coffee Bar</b> Enjoy a fresh cup of coffee and a light snack or treat while visiting with others. Volunteer operated by the Confederation Seniors Association. Cash only.	Monday-Friday, 9:30am-3pm

# EDMONDS ACTIVITIES

604-297-4838



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

**55+** The following prices are for members. Visit [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Dance

Line Dance: Beginner	55 yrs+	Jan 14	Tu, 2:30-3:45pm (6)	\$40.13	52715
Line Dance: Beginner	55 yrs+	Feb 25	Tu, 2:30-3:45pm (5)	\$33.44	52717

## Day Trips

A Day at the Theater: Ring of Fire (Coquitlam)	55 yrs+	Mar 15	Sa, 11am-6pm (1)	\$81.31	52843
Chinese Canadian Museum (Vancouver)	55 yrs+	Jan 30	Th, 8:30am-3:30pm (1)	\$22.46	52839
Greater Vancouver Zoo Tour & Lunch (Aldergrove)	55 yrs+	Mar 6	Th, 9:45am-3:30pm (1)	\$34.22	53882
India Cultural Centre of Canada (Richmond)	55 yrs+	Feb 12	W, 12:30-5:30pm (1)	\$14.85	52842
Lunch in Cloverdale & Tea & Tour of the Museum of Surrey	55 yrs+	Feb 4	Tu, 10:30am-4:45pm (1)	\$32.97	53856
Vancouver Convention Centre Tour & Lunch in Coal Harbour	55 yrs+	Jan 9	Th, 9:45am-3:30pm (1)	\$21.59	53885

**Group Fitness** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](https://Burnaby.ca/WebReg) for additional fee information.

Osteo for Life	40 yrs+	Jan 14	Tu, Th, 9:15-10:15am (10)	\$48.80	52693
Osteo for Life	40 yrs+	Feb 18	Tu, Th, 9:15-10:15am (12)	\$58.56	52694
Osteofit	40 yrs+	Jan 14	Tu, Th, 10:30-11:30am (10)	\$48.80	52698
Osteofit	40 yrs+	Feb 18	Tu, Th, 10:30-11:30am (12)	\$58.56	52701

## Martial Arts

Qigong	55 yrs+	Jan 15	W, 10:30-11:30am (9)	\$39.60	52738
Tai Qigong Exercise	55 yrs+	Jan 17	F, 1:30-2:30pm (9)	\$39.60	52768

## Music

Guitar: Intermediate	55 yrs+	Jan 17	F, 2:15-3:15pm (6)	\$79.20	52769
Guitar: Intermediate	55 yrs+	Feb 28	F, 2:15-3:15pm (5)	\$66.00	52770
Ukulele: Beginner	55 yrs+	Jan 16	Th, 2:15-3pm (5)	\$26.55	52766
Ukulele: Beginner	55 yrs+	Feb 20	Th, 2:15-3pm (4)	\$21.24	52767
Ukulele: Intermediate	55 yrs+	Jan 15	W, 1:30-2:30pm (5)	\$35.40	52739
Ukulele: Intermediate	55 yrs+	Feb 19	W, 1:30-2:30pm (4)	\$28.32	52740
Ukulele: Intermediate Plus	55 yrs+	Jan 14	Tu, 2:15-3:15pm (5)	\$35.40	52712
Ukulele: Intermediate Plus	55 yrs+	Feb 18	Tu, 2:15-3:15pm (4)	\$28.32	52713
Ukulele: Strum & Sing Along	55 yrs+	Jan 14	Tu, 1-2pm (5)	\$35.40	52706
Ukulele: Strum & Sing Along	55 yrs+	Feb 18	Tu, 1-2pm (4)	\$28.32	52708





ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

**55+** The following prices are for members. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Personal Development

Spanish: Beginner 1	55 yrs+	Jan 16	Th, 9:30-11:30am (5)	\$53.50	52763
Spanish: Beginner 2	55 yrs+	Feb 20	Th, 9:30-11:30am (4)	\$42.80	52764

## Special Events & Holiday Activities

New Members' Tea & Tour	55 yrs+	Jan 15	W, 10-11am (1)	No Fee	52733
New Members' Tea & Tour	55 yrs+	Feb 19	W, 10-11am (1)	No Fee	52734
New Members' Tea & Tour	55 yrs+	Mar 19	W, 10-11am (1)	No Fee	52735

## Visual Arts

Acrylic Painting: Beginner	55 yrs+	Jan 13	M, 12:30-2pm (4)	\$37.10	52690
Acrylic Painting: Intermediate	55 yrs+	Feb 10	M, 12:30-2pm (4)	\$37.10	52692
Drawing: Coloured Pencils	55 yrs+	Feb 20	Th, 9:30-11:30am (4)	\$52.80	52761
Drawing: Watercolour Pencils	55 yrs+	Jan 16	Th, 9:30-11:30am (5)	\$63.50	52760
Watercolour Painting: Beginner	55 yrs+	Jan 13	M, 9:30-11:30am (4)	\$57.80	52683
Watercolour Painting: Intermediate	55 yrs+	Feb 10	M, 9:30-11:30am (4)	\$57.80	52685

**Yoga** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) for additional fee information.

Active Aging: Chair Yoga Beginner	40 yrs+	Jan 13	M, 11:15am-12:15pm (4)	\$30.40	52686
Active Aging: Chair Yoga Beginner	40 yrs+	Feb 10	M, 11:15am-12:15pm (4)	\$30.40	52688

## Adult

### Adapted Activities

Yoga: Adapted	18 yrs+	Jan 17	F, 10:30-11:45am (9)	\$68.63	50398
---------------	---------	--------	----------------------	---------	-------

### Dance

Ballet for Absolute Beginners	19 yrs+	Jan 24	F, 7:50-8:50pm (8)	\$70.80	53782
Burlesque Jazz	19 yrs+	Jan 6	M, 7:50-8:50pm (9)	\$79.65	52636





## 55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in programs and activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$21.00 a year**, access one centre of your choice. **For only \$52.50 a year**, access all four seniors' centres.

### Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a free lifetime membership. Please call your local centre for details.

### Registered Activities

Registered activities are available to non-members. Please call your local centre for details.

<b>Arts &amp; Crafts</b>	<b>All Needlers</b> If you love to knit, crochet or needle point, this group is for you. Some instruction is available. Group fees apply.	Fridays, noon-2pm
	<b>Open Arts Studio</b> If you're interested in any visual art; painting, sketching, card making, diamond painting or if you have just have fun playing with colour, come and enjoy working on your own project in our friendly, supportive environment. Some guidance available. Group fees apply.	Fridays, 1-3pm
<b>Card &amp; Active Games</b>	<b>Bingo</b> (19 years +) Card fees. Cards must be purchased by 12:15pm. Doors open at 11:15am.	Saturdays, 12:30-3pm (3 Braille cards available)
	<b>Bombay Rummy</b> Group fees apply.	Statutory Mondays, 10am-4pm Wednesdays, 10am-4pm Saturdays, 10:15am-4:15pm
	<b>Cribbage</b> Group fees apply.	Mondays, 10am-noon
<b>Dance</b>	<b>Sang Rok Hae Korean Dance</b> Come with a friend or on your own to this lively dance group. Light refreshments included. \$2.00 member, \$3.00 non-member.	Wednesdays, 1-3pm Sundays, 3:30-5:30pm
	<b>Social Dance</b> Come with a friend or on your own and have a memorable time at these weekly dances. Light refreshments included. \$2.00 member, \$3.00 non-member.	Mondays, 1:30-3:30pm Fridays, 1-3:30pm Sundays, 1-3pm
<b>Fitness Activities</b>	<b>Hiking</b> Enjoy an invigorating hike of 9.5 kilometres (six miles) or more. Previous hiking experience is recommended. Destinations are posted in the 55+ lounge. Carpooling arrangements can be made prior by contacting the group leader.	Thursdays, 8:45am (returning by 2:45pm)
<b>Music</b>	<b>Erhu</b> Contact Edmonds front desk to get connected with the group leader. (a Chinese two-stringed bowed musical instrument) and Group fees apply.	1st & 3rd Wednesdays, 6-9pm
	<b>Karaoke</b> Come join Edmonds 55+ Karaoke group for a fun afternoon singing your favourite songs. A friendly atmosphere awaits where you can socialize and share your experiences. Bring your favourite CD and our first class sound system will surely enhance your singing experience! First come, first served and drop-in rates apply. Group fees apply.	Sundays, 11am-3:45pm
	<b>Mellowdares (Sing-a-long Choir)</b> Join other singing enthusiasts in this choir for adults 55+. New members welcome. Group fees apply.	Wednesdays, 10:30am-noon
	<b>Metro Seniors' Band Practice</b> This group performs marches and big band music throughout the community. New members always welcome. The public is invited to listen while the band practices. No fee.	Mondays, 3-5pm



## Social Activities

**South Asian Women's Friendship Group** Join others of South Asian descent who speak Hindi or Punjabi for fun and friendship featuring guest speakers, outings, special events and tea. Group fees apply.

Wednesdays, 10am-1pm

**Stamp Group** Time to dust off your stamp collection and come enjoy your old hobby with others who share your interest. No dealers, please, group fees apply.

1st Tuesday of each month  
10:30am-noon

## Sports & Games

**Snooker** Enjoy a friendly game of snooker on one of our four tables, someone is usually available for a game. Members are welcome to play anytime that the Centre is open throughout the week. Inquire at the snooker room regarding the annual membership fee.

Open during centre hours.

**Carpet Bowling** Group fees apply.

Wednesdays & Thursdays,  
1-3pm

**Table Tennis** Group fees apply.

Mondays, Wednesdays &  
Fridays, 8am-12:25pm

**Golf Group** Players of all levels are welcome! Meet at Central Park Pitch and Putt on Thursday mornings. For information call Susan 604-319-9544.

Thursdays, 8-11am  
(April-September)

## Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

## ACTIVITY

## AGE

## STARTS

## TIME (Sessions)

## PRICE

## BARCODE

*Adult***Group Fitness**

TRX® Suspension Training	16 yrs+	Jan 9	Th, 7-8pm (4)	\$38.00	50391
TRX® Suspension Training	16 yrs+	Jan 10	F, 7-8pm (4)	\$38.00	50392
TRX® Suspension Training	16 yrs+	Jan 12	Su, 9-10am (4)	\$38.00	50393
TRX® Suspension Training	16 yrs+	Feb 13	Th, 7-8pm (4)	\$38.00	50394
TRX® Suspension Training	16 yrs+	Feb 21	F, 7-8pm (4)	\$38.00	50395
TRX® Suspension Training	16 yrs+	Feb 23	Su, 9-10am (4)	\$38.00	50396

**Martial Arts**

Tai Chi Kung Fu Fan	19 yrs+	Jan 18	Sa, 6-7:30pm (10)	\$117.75	50388
Tai Chi: Introduction	18 yrs+	Jan 15	W, 9-10:15am (9)	\$88.31	50390
Tai Chi: Introduction	18 yrs+	Jan 16	Th, 6-7:15pm (10)	\$98.13	50389

**Music**

Guitar: Group Lessons - Level 1	19 yrs+	Jan 8	W, 7:55-8:55pm (10)	\$165.00	53836
Guitar: Group Lessons - Level 1	19 yrs+	Jan 9	Th, 6:55-7:55pm (10)	\$165.00	53834
The Joy of Singing	19 yrs+	Jan 15	W, 5:40-6:40pm (8)	\$70.80	53024
Ukulele: Group Lessons	19 yrs+	Jan 10	F, 7:30-8:30pm (10)	\$88.50	53842

**Swimming**

Adult 1	14 yrs+	Jan 6	M, 10:30-11:15am (9)	\$80.65	52313
Adult 1	14 yrs+	Jan 7	Tu, 11-11:45am (10)	\$89.25	52314
Adult 1	14 yrs+	Jan 8	W, 10:30-11:15am (10)	\$89.25	52315
Adult 1	14 yrs+	Jan 9	Th, 10:30-11:15am (10)	\$89.25	52316
Adult 1	14 yrs+	Jan 12	Su, 8-8:45am (8)	\$72.00	51359
Adult 2	14 yrs+	Jan 6	M, 11:15am-noon (9)	\$80.65	52317
Adult 2	14 yrs+	Jan 7	Tu, 11:45am-12:30pm (10)	\$89.25	52318
Adult 2	14 yrs+	Jan 8	W, 11:15am-noon (10)	\$89.25	52319
Adult 2	14 yrs+	Jan 9	Th, 11:15am-noon (10)	\$89.25	52320
Adult 2	14 yrs+	Jan 12	Su, 8-8:45am (8)	\$72.00	51361

**Racquet Sports**

Badminton Lessons: Small Group	19 yrs+	Jan 12	Su, 6:45-7:45pm (10)	\$140.00	53730
--------------------------------	---------	--------	----------------------	----------	-------

**Theatre & Film**

Improv 102: Focus on Scenes	19 yrs+	Jan 20	M, 8-9pm (7)	\$61.95	52623
-----------------------------	---------	--------	--------------	---------	-------

**Visual Arts**

Drawing, Painting & Collage	19 yrs+	Jan 17	F, 6-7pm (9)	\$89.65	53785
-----------------------------	---------	--------	--------------	---------	-------

**Weight Training**

Strength Training 1 for Females	18 yrs+	Jan 16	Th, 10:15-11:30am (3)	\$36.75	50385
Strength Training 1 for Females	18 yrs+	Feb 13	Th, 10:15-11:30am (3)	\$36.75	50386
Strength Training 2 for Females	18 yrs+	Mar 13	Th, 10:15-11:30am (3)	\$36.75	50387
Weight Training: Strength & Conditioning	19 yrs+	Jan 21	Tu, 9:30-10:30am (4)	\$39.20	50397

**Yoga**

Yoga: Gentle	16 yrs+	Jan 12	Su, 8:30-9:45am (10)	\$118.75	50401
Yoga: Gentle	16 yrs+	Jan 14	Tu, 7:30-8:45pm (10)	\$118.75	50402
Yoga: Hatha	16 yrs+	Jan 13	M, 9:45-11am (8)	\$95.00	50404
Yoga: Hatha	16 yrs+	Jan 16	Th, 7:30-8:45pm (10)	\$118.75	50403





For up to date  
facility hours and  
addresses, visit  
[Burnaby.ca/Centres](http://Burnaby.ca/Centres)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Youth

### Creative Writing

Young Adulting: Creative Writing	13-17 yrs	Jan 18	Sa, 6-7pm (8)	\$75.80	54799
----------------------------------	-----------	--------	---------------	---------	-------

### Day Trips

Pro-D Day Camp: Laser Tag & Swim	10-12 yrs	Feb 28	F, 9am-3pm (1)	\$55.00	52879
----------------------------------	-----------	--------	----------------	---------	-------

### Personal Development

Babysitter's Training	11-15 yrs	Jan 11	Sa, 12:30-2:30pm (6)	\$89.90	52876
-----------------------	-----------	--------	----------------------	---------	-------

### Racquet Sports

Badminton Lessons: Intermediate-Advanced	13-18 yrs	Jan 12	Su, 8-9pm (5)	\$46.00	53892
Badminton Lessons: Intermediate-Advanced	13-18 yrs	Feb 16	Su, 8-9pm (5)	\$46.00	53893
Badminton Lessons: Introduction	13-18 yrs	Jan 11	Sa, 8-9pm (5)	\$46.00	53721
Badminton Lessons: Introduction	13-18 yrs	Feb 15	Sa, 8-9pm (5)	\$46.00	53722
Badminton Lessons: Small Group	13-18 yrs	Jan 12	Su, 5:30-6:30pm (10)	\$92.00	53727

### Swimming

Bronze Star	12-17 yrs	Jan 12	Su, 2:30-3:30pm (8)	\$112.00	51423
Bronze Medallion	13 yrs+	Jan 7	Tu, 4:30-7pm (10)	\$222.50	51426
Bronze Cross	13 yrs+	Jan 9	Th, 4:30-7pm (10)	\$222.50	51428
Bronze Cross	13 yrs+	Jan 12	Su, 8:30-11:30pm (8)	\$222.50	51429

### Weight Training

Strength & Conditioning for Youth: Females	14-18 yrs	Jan 25	Sa, 11am-noon (3)	\$21.45	50384
--	-----------	--------	-------------------	---------	-------

## Child

### Camps

Exclusively...ARTS!	9-11 yrs	Mar 24	M-F, 9am-3pm (5)	\$294.00	53832
Exclusively...ARTS!	7-8 yrs	Mar 24	M-F, 9am-3pm (5)	\$294.00	53831
Exclusively...ARTS!	5-6 yrs	Mar 24	M-F, 9am-3pm (5)	\$294.00	53830
Junior Spring Break Camp	5-8 yrs	Mar 17	M-F, 9am-3pm (5)	\$163.50	53913
Junior Spring Break Camp	5-8 yrs	Mar 24	M-F, 9am-3pm (5)	\$163.50	53914
Pro-D Day Camp	5-12 yrs	Feb 28	F, 9am-3pm (1)	\$32.70	53917
Senior Spring Break Camp	9-12 yrs	Mar 17	M-F, 9am-3pm (5)	\$163.50	53915
Senior Spring Break Camp	9-12 yrs	Mar 24	M-F, 9am-3pm (5)	\$163.50	53916

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Cooking &amp; Food</b>					
Baking Basics	10-12 yrs	Jan 11	Sa, 10:30-11:45am (6)	\$58.10	52874
<b>Creative Writing</b>					
I Can Make a Story	6-8 yrs	Jan 18	Sa, 9:30-10:30am (8)	\$70.80	53786
I Can Make a Story	6-8 yrs	Jan 18	Sa, 4:45-5:45pm (8)	\$70.80	53787
I Can Tell a Tale	9-12 yrs	Jan 18	Sa, 10:45-11:45am (8)	\$70.80	53788
<b>Dance</b>					
Acro Dance: Introduction	7-10 yrs	Jan 6	M, 4:35-5:35pm (9)	\$79.65	52634
Ballet Dance for Grade 1	6 yrs	Jan 4	Sa, 1-2pm (18)	\$196.80	53794
Ballet Dance for Grade 1	6 yrs	Jan 10	F, 4:35-5:35pm (19)	\$205.65	53781
Ballet for Beginners	7-10 yrs	Jan 7	Tu, 3:40-4:40pm (10)	\$88.50	53010
Ballet Technique: Spring Break Intensive	9-12 yrs	Mar 17	M-F, 1:50-2:50pm (5)	\$44.25	53827
Creative Ballet: Spring Break	8-10 yrs	Mar 17	M-F, 12:45-1:45pm (5)	\$44.25	53826
Creative Ballet: Spring Break	6-8 yrs	Mar 17	M-F, 11:25am-12:25pm (5)	\$44.25	53825
Creative Dance	5-7 yrs	Jan 12	Su, 11:35am-12:35pm (8)	\$70.80	53822
Hip Hop	7-10 yrs	Jan 10	F, 4:20-5:20pm (10)	\$88.50	53093
Hip Hop: Homelearners	6-9 yrs	Jan 10	F, 2:30-3:30pm (9)	\$79.65	53084
Jazz 1: Mid-Term	6-8 yrs	Jan 12	Su, 3:30-4:30pm (17)	\$187.95	53817
Little Acrobats	5-6 yrs	Jan 6	M, 3:30-4:30pm (9)	\$79.65	52628
Little Hip Hoppers	5-7 yrs	Jan 18	Sa, 11:30am-12:30pm (8)	\$70.80	53805
Little Hip Hoppers	5-6 yrs	Jan 10	F, 3:30-4:15pm (10)	\$66.40	53090
<b>Games</b>					
LEGO® Mania	6-10 yrs	Feb 5	W, 4:30-5:30pm (6)	\$19.92	53098
LEGO® Mania	6-10 yrs	Feb 5	W, 5:45-6:45pm (6)	\$19.92	53097
<b>Indoor / Gym Sports</b>					
Basketball	9-11 yrs	Jan 13	M, 4:45-5:45pm (8)	\$52.40	52657
Basketball	6-8 yrs	Jan 13	M, 3:30-4:30pm (8)	\$52.40	52656
Basketball Skills & Drills	10-12 yrs	Jan 9	Th, 5-6pm (5)	\$32.75	52872
Basketball Skills & Drills	10-12 yrs	Feb 13	Th, 5-6pm (5)	\$32.75	52873
Soccer	9-11 yrs	Jan 16	Th, 4:45-5:45pm (9)	\$58.95	52655
Soccer	6-8 yrs	Jan 16	Th, 3:30-4:30pm (9)	\$58.95	52654
Volleyball Lessons: Beginner	10-12 yrs	Jan 7	Tu, 5-6pm (5)	\$32.75	52861
Volleyball Lessons: Beginner	10-12 yrs	Feb 11	Tu, 5-6pm (5)	\$32.75	52871



## Private music and voice lessons

We offer quality one-on-one and semi-private instruction in piano, violin, classical guitar, acoustic guitar, ukulele, saxophone, flute, cello and voice. Register online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

For more information, contact Andrea at Edmonds Community Centre at 604-297-4905 or email [andrea.anthony@burnaby.ca](mailto:andrea.anthony@burnaby.ca)



## ACTIVITY

## AGE

## STARTS

## TIME (Sessions)

## PRICE

## BARCODE

### Child

#### Martial Arts

Karate Kids 1	9-12 yrs	Feb 12	W, 4:25-5:25pm (6)	\$42.90	52710
Karate Kids 1	6-8 yrs	Feb 12	W, 3:20-4:20pm (6)	\$42.90	52709

#### Music

Glee Choir	8-10 yrs	Jan 18	Sa, 3:35-4:35pm (8)	\$70.80	53798
Glee Choir	6-7 yrs	Jan 18	Sa, 2:30-3:30pm (8)	\$70.80	53797
Glee Choir: Homelearners	6-8 yrs	Jan 15	W, 12:15-1pm (8)	\$53.10	53019
Guitar: Group Lessons - Level 1	7-10 yrs	Jan 8	W, 6:50-7:50pm (10)	\$165.00	53835
Guitar: Group Lessons - Level 1	7-10 yrs	Jan 10	F, 6:25-7:25pm (10)	\$165.00	53841
Guitar: Group Lessons - Level 2	7-10 yrs	Jan 10	F, 4:40-5:40pm (10)	\$165.00	53840
Speech Arts	8-11 yrs	Jan 15	W, 4:35-5:20pm (8)	\$70.80	53023
Ukulele: Group Lessons	7-10 yrs	Jan 9	Th, 5:50-6:50pm (10)	\$88.50	53833
Ukulele: Group Lessons - Level 2	7-10 yrs	Jan 5	Su, 1:50-2:50pm (10)	\$88.50	53837

#### Racquet Sports

Badminton Lessons: Intermediate-Advanced	8-12 yrs	Jan 7	Tu, 4:50-5:50pm (5)	\$46.00	52966
Badminton Lessons: Intermediate-Advanced	8-12 yrs	Jan 11	Sa, 6:45-7:45pm (5)	\$46.00	53719
Badminton Lessons: Intermediate-Advanced	8-12 yrs	Feb 11	Tu, 4:50-5:50pm (5)	\$46.00	52967
Badminton Lessons: Intermediate-Advanced	8-12 yrs	Feb 15	Sa, 6:45-7:45pm (5)	\$46.00	53720
Badminton Lessons: Introduction	6-12 yrs	Jan 7	Tu, 3:45-4:45pm (5)	\$46.00	52964
Badminton Lessons: Introduction	6-12 yrs	Jan 11	Sa, 5:30-6:30pm (5)	\$46.00	52968
Badminton Lessons: Introduction	6-12 yrs	Feb 11	Tu, 3:45-4:45pm (5)	\$46.00	52965
Badminton Lessons: Introduction	6-12 yrs	Feb 15	Sa, 5:30-6:30pm (5)	\$46.00	53718
Badminton Lessons: Small Group	9-12 yrs	Jan 12	Su, 4:15-5:15pm (10)	\$92.00	53726
Badminton Lessons: Small Group	6-8 yrs	Jan 12	Su, 3-4pm (10)	\$92.00	53724



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Media Arts</b>					
Brick Animation	8-12 yrs	Jan 16	Th, 3:45-5:15pm (4)	\$100.00	54209
Wedo Robotics: Junior	6-10 yrs	Feb 13	Th, 3:45-5:15pm (4)	\$100.00	54210
<b>Theatre &amp; Film</b>					
Drama Adventures	5-6 yrs	Jan 16	Th, 4:35-5:35pm (8)	\$70.80	53079
Drama Adventures	5-7 yrs	Jan 20	M, 4:35-5:35pm (7)	\$61.95	52615
Drama Adventures	7-9 yrs	Jan 16	Th, 5:40-6:40pm (8)	\$70.80	53080
Drama: Games & Improv	8-11 yrs	Jan 20	M, 5:40-6:40pm (7)	\$61.95	52616
Musical Theatre: Drama	9-12 yrs	Jan 20	M, 6:45-7:45pm (7)	\$61.95	52617
<b>Visual Arts</b>					
Art & Phonics	5 yrs	Jan 14	Tu, 3:30-4:30pm (8)	\$70.80	52994
Drawing & Cartooning	9-12 yrs	Jan 19	Su, 5:30-6:30pm (8)	\$70.80	53812
Drawing & Cartooning	7-9 yrs	Jan 14	Tu, 5-6:15pm (8)	\$88.50	53012
Drawing & Cartooning	7-8 yrs	Jan 19	Su, 4:15-5:15pm (8)	\$70.80	53811
Drawing & Cartooning	5-6 yrs	Jan 14	Tu, 3:30-4:45pm (8)	\$88.50	53011
Drawing & Cartooning	5-6 yrs	Jan 19	Su, 3-4pm (8)	\$70.80	53810
Drawing & Cartooning	10-13 yrs	Jan 14	Tu, 6:30-7:45pm (8)	\$88.50	53013
Drawing & Painting: Portraiture & Still Life	8-11 yrs	Jan 19	Su, 1:15-2:15pm (8)	\$70.80	53809
Drawing, Painting & Collage	7-9 yrs	Jan 18	Sa, 1-2pm (8)	\$70.80	53793
Drawing, Painting & Collage	6-8 yrs	Jan 14	Tu, 5-6pm (8)	\$70.80	52995
Drawing, Painting & Collage	6-8 yrs	Jan 17	F, 4:45-5:45pm (9)	\$79.65	53784
Drawing, Painting & Collage	5-6 yrs	Jan 18	Sa, 11:30am-12:30pm (8)	\$70.80	53792
Drawing, Painting & Collage: Homelearners	5-8 yrs	Jan 14	Tu, 11:45am-12:45pm (8)	\$70.80	52962
Printmaking, Collage, & Sculpture: Spring Break	6-9 yrs	Mar 17	M, W, F, 11am-12:30pm (3)	\$39.80	53829
Watercolour Wonder	6-7 yrs	Jan 19	Su, noon-1pm (8)	\$70.80	53808

## Preschool

<b>Dance</b>					
Creative Ballet	3-4 yrs	Jan 14	Tu, 10:40-11:10am (8)	\$35.40	53006
Creative Ballet	3½-5 yrs	Jan 7	Tu, 2:50-3:35pm (10)	\$66.40	53009
Creative Ballet	3½-5 yrs	Jan 10	F, 2:45-3:15pm (9)	\$44.25	53094
Creative Ballet	3½-4 yrs	Jan 12	Su, 4:35-5:05pm (9)	\$39.85	53816
Creative Ballet	4-5 yrs	Jan 4	Sa, 4:15-5pm (10)	\$66.40	53801
Creative Ballet	4-5 yrs	Jan 12	Su, 12:45-1:30pm (9)	\$59.75	53813
Creative Ballet: Spring Break	4-5 yrs	Mar 17	M-F, 9:45-10:30am (5)	\$33.20	53823
Creative Ballet: Spring Break	4-5 yrs	Mar 17	M-F, 10:35-11:20am (5)	\$33.20	53824
Creative Dance	4-6 yrs	Jan 12	Su, 10:45-11:30am (8)	\$53.10	53821
Creative Dance	4-6 yrs	Jan 18	Sa, 10:40-11:25am (8)	\$53.10	53804
Creative Dance	4-5 yrs	Jan 16	Th, 11:25am-12:10pm (8)	\$53.10	53041
Creative Dance	3½-5 yrs	Jan 18	Sa, 10:05-10:35am (8)	\$35.40	53803
Creative Jazz	3½-5 yrs	Jan 12	Su, 2:40-3:25pm (9)	\$59.75	53815
Kinder Ballet	5 yrs	Jan 10	F, 3:30-4:30pm (10)	\$88.50	53099
Kinder Ballet	5 yrs	Jan 12	Su, 1:35-2:35pm (9)	\$79.65	53814
Mini Hip Hoppers	3-4 yrs	Jan 16	Th, 10:35-11:20am (8)	\$53.10	53040
Mini Hip Hoppers	3½-5 yrs	Jan 12	Su, 10:10-10:40am (8)	\$35.40	53820
Mini Hip Hoppers	3½-5 yrs	Jan 14	Tu, 11:15am-noon (8)	\$53.10	53007
Mini Hip Hoppers	3½-4 yrs	Jan 10	F, 1:55-2:25pm (9)	\$39.85	53082



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Preschool</b>					
<b>Early Learning</b>					
ABC Active Adventures	3-5 yrs	Jan 17	F, 12:30-2:30pm (9)	\$135.00	52856
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 17	F, 10-11:30am (9)	\$79.65	52236
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 26	Su, 10-11:30am (7)	\$61.95	52235
Dynamite Dinosaurs	3-5 yrs	Feb 12	W, 9:30-11:30am (5)	\$92.00	52368
Fly Me to the Moon	3-5 yrs	Jan 15	W, 9:30-11:30am (4)	\$73.60	53064
Get Ready for Kindergarten	4-5 yrs	Jan 14	Tu, 12:30-2:30pm (9)	\$165.60	52231
Get Ready for Kindergarten	4-5 yrs	Jan 16	Th, 12:30-2:30pm (9)	\$165.60	52230
Holiday Special: Valentines - Adult Participation	3-5 yrs	Feb 8	Sa, 10-11:30am (1)	\$13.80	53076
Holiday Special: Valentines - Adult Participation	3-5 yrs	Feb 8	Sa, 12:30-2pm (1)	\$13.80	53077
Kinder Carpenters	4-5 yrs	Jan 13	M, 9:30-11:30am (8)	\$147.20	52356
Parent & Child Discoveries: Colours & Shapes	2-3 yrs	Jan 14	Tu, 10-11:30am (5)	\$56.25	52720
Parent & Child Discoveries: Planes, Trains and Automobiles	2-3 yrs	Feb 18	Tu, 10-11:30am (4)	\$45.00	52721
Play to Learn Preschool	3-5 yrs	Jan 13	M, 12:30-2:30pm (8)	\$105.00	52203
Play to Learn Preschool	3-5 yrs	Jan 15	W, 12:30-2:30pm (9)	\$135.00	52205
Play to Learn Preschool	3-5 yrs	Jan 16	Th, 9:30-11:30am (9)	\$135.00	52204
Sports & Games: Soccer	4-5 yrs	Feb 19	W, 4:30-5:15pm (4)	\$22.50	52620
Sports & Games: Soccer	3-4 yrs	Feb 19	W, 3:45-4:15pm (4)	\$15.00	52619
Sports & Games: Variety	4-5 yrs	Jan 15	W, 4:30-5:15pm (5)	\$28.15	52622
Sports & Games: Variety	3-4 yrs	Jan 15	W, 3:45-4:15pm (5)	\$18.75	52621

## Download the BurnabyConnect App

Available at:



[Burnaby.ca/BurnabyConnectApp](https://Burnaby.ca/BurnabyConnectApp)





ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Preschool

### Music

Young Tunes	4-5 yrs	Jan 15	W, 11:25am-12:10pm (8)	\$53.10	53018
Young Tunes	4-5 yrs	Jan 16	Th, 11:15am-noon (8)	\$53.10	53075
Young Tunes	4-5 yrs	Jan 18	Sa, 11:35am-12:20pm (8)	\$53.10	53800

### Theatre & Film

Creative Drama	4-5 yrs	Jan 16	Th, 3:45-4:30pm (8)	\$53.10	53078
Creative Drama	4-5 yrs	Jan 20	M, 3:45-4:30pm (7)	\$46.45	52614

### Visual Arts

Pencils, Paints & Plasticine	4-5 yrs	Jan 17	F, 3:30-4:30pm (9)	\$79.65	53783
Pencils, Paints & Plasticine	4-5 yrs	Jan 18	Sa, 10-11am (8)	\$70.80	53791
Pencils, Paints & Plasticine	4-5 yrs	Jan 19	Su, 10:30-11:30am (8)	\$70.80	53807
Spring Break: Art Bash!	3-5 yrs	Mar 17	M, W, F, 9:30-10:30am (3)	\$26.55	53828

## Early Years

### Dance

Creative Dance: Adult Participation	2-3 yrs	Jan 12	Su, 9:35-10:05am (8)	\$35.40	53819
Creative Dance: Adult Participation	2-3 yrs	Jan 14	Tu, 9:50-10:35am (8)	\$53.10	53000
Creative Dance: Adult Participation	2-3 yrs	Jan 16	Th, 9:45-10:30am (8)	\$53.10	53039
Creative Dance: Adult Participation	2-3 yrs	Jan 18	Sa, 9:30-10am (8)	\$35.40	53802
Dance with Me: Adult Participation	1-2 yrs	Jan 12	Su, 9-9:30am (8)	\$35.40	53818
Dance with Me: Adult Participation	1-2 yrs	Jan 14	Tu, 9:15-9:45am (8)	\$35.40	52997
Dance with Me: Adult Participation	1-2 yrs	Jan 16	Th, 9:10-9:40am (8)	\$35.40	53038
Tiny Acrobats: Adult Participation	2-3 yrs	Jan 6	M, 2:45-3:15pm (9)	\$39.80	52627





## ACTIVITY

## AGE

## STARTS

## TIME (Sessions)

## PRICE

## BARCODE

### Early Years

#### Music

Babytime Music & Movement: Adult Participation	4-11 mos	Jan 18	Sa, 10:25-10:55am (8)	\$35.40	53796
Babytime Music & Movement: Adult Participation	4-10 mos	Jan 15	W, 9:40-10:10am (8)	\$35.40	53014
Babytime Music & Movement: Adult Participation	4-10 mos	Jan 16	Th, 9:25-9:55am (8)	\$35.40	53071
Babytime Music & Movement: Adult Participation	11-23 mos	Jan 15	W, 10:15-10:45am (8)	\$35.40	53015
Babytime Music & Movement: Adult Participation	11-23 mos	Jan 18	Sa, 9:45-10:15am (8)	\$35.40	53795
Babytime Music & Movement: Adult Participation	11-23 mos	Jan 16	Th, 10-10:30am (8)	\$35.40	53073
Musical Rascals: Adult Participation	2-3 yrs	Jan 15	W, 10:50-11:20am (8)	\$35.40	53017
Musical Rascals: Adult Participation	2-3 yrs	Jan 16	Th, 10:40-11:10am (8)	\$35.40	53074
Musical Rascals: Adult Participation	2-3 yrs	Jan 18	Sa, 11-11:30am (8)	\$35.40	53799

#### Visual Arts

A is for Art, F is for Family: Adult Participation	2-3 yrs	Jan 14	Tu, 10:45-11:30am (8)	\$53.10	52959
A is for Art, F is for Family: Adult Participation	2-3 yrs	Jan 19	Su, 9:15-10am (8)	\$53.10	53806
Adventures in Art: Adult Participation	1½-2 yrs	Jan 14	Tu, 9:30-10:15am (8)	\$53.10	52922

### Multi-age

#### Yoga

Yoga: for Families - Adult Participation	4 yrs+	Jan 12	Su, 10-10:45am (8)	\$57.00	50399
Yoga: for Families - Adult Participation	4 yrs+	Jan 12	Su, 11-11:45am (8)	\$57.00	50400

# EILEEN DAILY ACTIVITIES

604-298-7946



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Adult

### Martial Arts

Karate: All Levels	14 yrs+	Jan 8	W, 7-8:30pm (6)	\$70.65	51447
Karate: All Levels	14 yrs+	Feb 19	W, 7-8:30pm (6)	\$70.65	51448

### Swimming

Adult 1	14 yrs+	Jan 6	M, 11:30am-12:15pm (9)	\$80.65	52973
Adult 1	14 yrs+	Jan 6	M, 7:15-8pm (9)	\$80.65	52975
Adult 1	14 yrs+	Jan 8	W, 11:30am-12:15pm (10)	\$89.25	53087
Adult 1	14 yrs+	Jan 10	F, 11-11:45am (10)	\$89.25	53088
Adult 1	14 yrs+	Jan 10	F, 6:15-7pm (10)	\$89.25	53089
Adult 1	14 yrs+	Jan 11	Sa, 9-9:45am (9)	\$80.65	53091
Adult 1	14 yrs+	Jan 11	Sa, 11:15am-noon (9)	\$80.65	53092
Adult 1	14 yrs+	Jan 12	Su, 9-9:45am (9)	\$80.65	53095
Adult 1	14 yrs+	Jan 12	Su, 11:15am-noon (9)	\$80.65	53096
Adult 2	14 yrs+	Jan 7	Tu, 11:45am-12:30pm (10)	\$89.25	53086
Adult 2	14 yrs+	Jan 11	Sa, 9:45-10:30am (9)	\$80.65	53100
Adult 2	14 yrs+	Jan 12	Su, 9:45-10:30am (9)	\$80.65	53101
Adult 3	14 yrs+	Jan 11	Sa, 10:30-11:15am (9)	\$80.65	53103
Adult 3	14 yrs+	Jan 12	Su, 10:30-11:15am (9)	\$80.65	53104

**Reminder!**  
Rolling registrations  
continue for swimming  
lessons. Learn more:  
[Burnaby.ca/  
SwimLessons](http://Burnaby.ca/SwimLessons)

### Weight Training

Weight Training: Beginner	14 yrs+	Jan 10	F, 12:15-1:15pm (5)	\$49.00	51493
Weight Training: Beginner	14 yrs+	Feb 14	F, 12:15-1:15pm (5)	\$49.00	51494

### Yoga

Pre & Postnatal Yoga	16 yrs+	Jan 7	Tu, 10:30-11:45am (4)	\$47.50	51445
Pre & Postnatal Yoga	16 yrs+	Feb 18	Tu, 10:30-11:45am (6)	\$71.25	51446





For up to date  
facility hours and  
addresses, visit  
[Burnaby.ca/Centres](http://Burnaby.ca/Centres)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Youth

### Personal Development

Babysitter's Training	11-14 yrs	Feb 6	Th, 6-8pm (6)	\$93.00	51444
-----------------------	-----------	-------	---------------	---------	-------

### Swimming

Bronze Star	12-17 yrs	Jan 10	F, 5:30-8:30pm (4)	\$115.00	52960
Bronze Star	12-17 yrs	Feb 14	F, 5:30-8:30pm (4)	\$115.00	52961
Bronze Medallion	13 yrs+	Jan 11	Sa, 8am-4:30pm (3)	\$222.50	52969
Bronze Medallion	13 yrs+	Jan 14	Tu, Th, 5:30-8:30pm (8)	\$222.50	52963
Bronze Medallion	13 yrs+	Mar 1	Sa, 8am-4:30pm (3)	\$222.50	52970
Bronze Cross	13 yrs+	Feb 1	Sa, 8am-4:30pm (3)	\$222.50	52972
Bronze Cross	13 yrs+	Feb 18	Tu, Th, 5:30-8:30pm (8)	\$222.50	52971
Stroke Improvement & Fitness	12-15 yrs	Jan 11	Sa, noon-1pm (9)	\$72.00	53106
Stroke Improvement & Fitness	12-15 yrs	Jan 12	Su, noon-1pm (9)	\$72.00	53108

### Weight Training

Strength & Conditioning for Youth - Females	13-16 yrs	Jan 5	Su, 2:15-3:15pm (5)	\$35.75	53888
Strength & Conditioning for Youth - Females	13-16 yrs	Feb 9	Su, 2:15-3:15pm (5)	\$35.75	53889
Weight Training: Teens	14-16 yrs	Jan 11	Sa, 1:30-2:30pm (5)	\$35.75	53886
Weight Training: Teens	14-16 yrs	Feb 15	Sa, 1:30-2:30pm (5)	\$35.75	53887

## Child

### Dance

*Modern Dance Beginner	6-9 yrs	Jan 24	F, 6-7pm (7)	\$61.95	53177
------------------------	---------	--------	--------------	---------	-------

### Theatre & Film

*Creative Drama	6-8 yrs	Jan 25	Sa, 9:45-10:45am (6)	\$53.10	53182
*Drama: Games & Improv	8-12 yrs	Jan 25	Sa, 11am-12:30pm (6)	\$79.65	53181

### Media

3D Engineers	8-12 yrs	Jan 12	Su, noon-1:30pm (5)	\$175.00	51573
Robo Engineers	8-12 yrs	Feb 16	Su, noon-1:30pm (5)	\$175.00	51574



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Preschool</b>					
<b>Dance</b>					
*Creative Ballet	4-5 yrs	Jan 24	F, 4:15-5pm (7)	\$46.45	52910
<b>Early Learning</b>					
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 8	W, 9-10:30am (5)	\$44.25	51557
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 8	W, 11am-12:30pm (5)	\$44.25	51559
**Busy Bees: Adult Participation	10 mos-5 yrs	Feb 12	W, 9-10:30am (5)	\$44.25	51558
**Busy Bees: Adult Participation	10 mos-5 yrs	Feb 12	W, 11am-12:30pm (5)	\$44.25	51560
Daily Discoveries: Colours & Shapes	3-5 yrs	Feb 11	Tu, 3:15-5:15pm (5)	\$92.00	51468
Fly Me to the Moon	3-5 yrs	Feb 13	Th, 12:30-2:30pm (5)	\$110.40	51472
Get Ready for Kindergarten	4-5 yrs	Jan 10	F, 12:30-2:30pm (5)	\$92.00	51563
Get Ready for Kindergarten	4-5 yrs	Feb 14	F, 12:30-2:30pm (5)	\$92.00	51564
Play to Learn Preschool	3-5 yrs	Jan 7	Tu, 12:30-2:30pm (5)	\$75.00	51569
Play to Learn Preschool	3-5 yrs	Jan 10	F, 9:30-11:30am (5)	\$75.00	51571
Play to Learn Preschool	3-5 yrs	Feb 11	Tu, 12:30-2:30pm (5)	\$75.00	51570
Play to Learn Preschool	3-5 yrs	Feb 14	F, 9:30-11:30am (5)	\$75.00	51572
Preschool Explorers	3-5 yrs	Jan 4	Sa, 12:30-2:30pm (5)	\$92.00	51499
Silly Scientists	3-5 yrs	Jan 7	Tu, 3:15-5:15pm (5)	\$92.00	51467
Silly Scientists	3-5 yrs	Jan 9	Th, 12:30-2:30pm (5)	\$92.00	51471
Silly Scientists	3-5 yrs	Feb 8	Sa, 12:30-2:30pm (5)	\$92.00	51500

## Early Years

<b>Dance</b>					
*Creative Ballet	3 yrs	Jan 24	F, 3:30-4pm (7)	\$31.00	52897
*Tiny Toes Dance: Adult Participation	2-3 yrs	Jan 24	F, 5:15-5:45pm (7)	\$26.25	52880



### Dive in and apply to become a lifeguard!

Do you enjoy working with people, being a role model and having fun in the water? Get certified to become a lifeguard and swim instructor with us!

Well-trained lifeguards and swim instructors are in high demand. Visit [Burnaby.ca/Lifeguard](http://Burnaby.ca/Lifeguard)



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Children</b>					
<b>Theatre &amp; Film</b>					
*Creative Drama	6-8 yrs	Jan 29	W, 5:15-6:30pm (6)	\$66.40	53058
*Drama: Games & Improv	9-12 yrs	Jan 29	W, 3:30-5pm (6)	\$79.65	53061

## Preschool

<b>Dance</b>					
*Creative Ballet	4-5 yrs	Jan 30	Th, 10:45-11:30am (7)	\$46.45	52905

## Early Years

<b>Dance</b>					
*Creative Ballet	3 yrs	Jan 30	Th, 10-10:30am (7)	\$31.00	52898
*Tiny Toes Dance: Adult Participation	2-3 yrs	Jan 30	Th, 11:45am-12:15pm (7)	\$26.25	52886

GET YOUR START HERE

# WE'RE HIRING



Start a rewarding career with the City of Burnaby and make a difference in your community. We're hiring recreation clerks, recreation leaders, aquatic staff and building service workers.

Be a part of providing facilities and services that support a safe, connected, inclusive, healthy and dynamic community.

[Burnaby.ca/Careers](https://Burnaby.ca/Careers)



# TEMPORARY CAMERON 55+

Phone 604-297-4456. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [Burnaby.ca/Cameron](http://Burnaby.ca/Cameron)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

**55+** The following prices are for members. Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) and click on the activity for additional fee information.

## Dance

Line Dance: Beginner	55 yrs+	Jan 13	M, noon-1:30pm (10)	\$80.25	53068
----------------------	---------	--------	---------------------	---------	-------

## Day Trips

A Day at the Theater: Ring of Fire (Coquitlam)	55 yrs+	Mar 15	Sa, 11:30am-5:30pm (1)	\$81.31	52845
Chinese Canadian Museum (Vancouver)	55 yrs+	Jan 30	Th, 9am-3pm (1)	\$22.46	52840
Greater Vancouver Zoo Tour & Lunch (Aldergrove)	55 yrs+	Mar 6	Th, 10:15am-3pm (1)	\$34.22	53861
India Cultural Centre of Canada (Richmond)	55 yrs+	Feb 12	W, 1-5pm (1)	\$14.85	52841
Lunch in Cloverdale & Tea & Tour of the Museum of Surrey	55 yrs+	Feb 4	Tu, 11am-4:15pm (1)	\$32.97	53854
Vancouver Convention Centre Tour & Lunch in Coal Harbour	55 yrs+	Jan 9	Th, 10:15am-3pm (1)	\$21.59	53884

**Group Fitness** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) for additional fee information.

Active Aging: Balance & Stability	40 yrs+	Jan 14	Tu, 10-11am (6)	\$44.70	52817
Active Aging: Balance & Stability	40 yrs+	Feb 25	Tu, 10-11am (5)	\$37.25	52818

## Martial Arts

Martial Gym - Functional Fitness	55 yrs+	Jan 14	Tu, 2-3pm (10)	\$44.00	53062
Tai Chi: Beginner	55 yrs+	Jan 15	W, 9-10am (11)	\$48.40	53056
Tai Chi: Intermediate	55 yrs+	Jan 15	W, 10:15-11:15am (11)	\$48.40	54331

## Music

Guitar: Beginner	55 yrs+	Jan 16	Th, 1:15-2:15pm (11)	\$77.88	53102
Ukulele: Beginner	55 yrs+	Jan 15	W, 11:30am-12:45pm (11)	\$97.35	53105

## Personal Development

Spanish: Beginner 1	55 yrs+	Jan 22	W, 11am-1pm (10)	\$100.00	53083
Spanish: Intermediate	55 yrs+	Jan 22	W, 9-11am (10)	\$100.00	53085

**Yoga** Pricing is based on age (discounts available for 65+ yrs as shown below). Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg) for additional fee information.

Active Aging: Chair Yoga Beginner	40 yrs+	Jan 14	Tu, 11:15am-12:15pm (11)	\$83.60	53035
Active Aging: Chair Yoga Beginner	40 yrs+	Jan 13	M, 9-10am (11)	\$83.60	53030
Active Aging: Chair Yoga Beginner	40 yrs+	Jan 17	F, 10:15-11:15am (11)	\$83.60	53036
Active Aging: Yoga	40 yrs+	Jan 14	Tu, 12:30-1:30pm (11)	\$83.60	53042
Active Aging: Yoga	40 yrs+	Jan 17	F, 11:30am-12:30pm (11)	\$83.60	53044
Active Aging: Yoga Gentle Beginner	40 yrs+	Jan 17	F, 9-10am (11)	\$83.60	53047

We've moved into  
The City of Lougheed  
Shopping Centre  
(110-9855 Austin Ave)  
temporarily.

## Health Services Throughout the City

### Citizen Support Services

Citizen Support Services helps Burnaby seniors stay independent. Choose from grocery shop-by-phone, mall shopping, phone friend, in-home visitor, Gadabouts bus outings or lunch program. For more information or to become a volunteer, please call 604-294-7980.

## 55+ membership

You can purchase a 55+ single centre or multi-centre membership to participate in 55+ activities. The single centre membership will allow you to participate in activities at one centre of your choice. Buy the multi-centre membership if you wish to participate at more than one centre. **For only \$21.00 a year**, access one centre of your choice. **For only \$52.50 a year**, access all four seniors' centres.

### Lifetime Membership

If you're 90 years or above and a Burnaby resident, you can apply for a free lifetime membership. Please call your local centre for details.

### Registered Activities

Registered activities are available to non-members. Please call your local centre for details.



<b>Arts &amp; Crafts Groups</b>	<b>Artists' Studio</b> Unleash your artistic expression in our seniors' artist studio program. Be inspired alongside fellow artists, working on your projects with the freedom to draw, paint, and create in a collaborative and inspiring environment, all without formal instruction.	Tuesdays, 1:45-4:45pm
	<b>Chinese Calligraphy</b> Discover the ancient art of Chinese Calligraphy. Beginners may receive guidance from a volunteer led instructor. Please bring your own supplies.	Mondays, 9-11am
	<b>Cameron Crafters</b> Discover the joy of crafting with our senior group as we meticulously create handmade treasures destined for sale at various events. Previous knitting or crocheting experience is preferred.	Mondays, 1:30-3:30pm
	<b>Creative Card Making</b> Join our vibrant senior creative community, gathering weekly to explore your artistic passions through handmade cards, painting, embossing, and various crafts.	Thursdays, 10am-12:30pm Canceled the 2nd Thursday of each month due to Society Board Meetings
	<b>Beads &amp; Needles</b> Join our seniors' beads and needles group, where enthusiasts of all skill levels gather to create exquisite bead-work. Whether you're a beginner seeking guidance or an experienced bead artist, come and explore the art of bead-work together.	Mondays, 10am-noon
<b>Card &amp; Active Games</b> Play a game you love or learn a new one. Cancellations are possible due to holidays or other events. Haven't attended for a while? Please phone before you visit.	<b>Bingo</b> (19 yrs +) Card fees. Cards must be purchased by 12:15pm.	W, 12:30-3:30pm
	<b>Cribbage &amp; Cards</b> Group fees	Th, 12:30-3pm
	<b>Dominoes</b> Group fees	Tu, 12:30-4pm (Mexican Train)
	<b>Mah Jong</b> Group fees	W, 12:30-4pm, F, 12:30-4pm
	<b>Poker</b> Group fees	F, 5-9pm
	<b>Rummy-O</b> Group fees	M, 12:30-4pm
<b>Dance</b>	<b>Line Dance Practice Group</b> Join our volunteer-led Seniors Line Dancing Practice Group for fun, social dancing to lively tunes. No experience required—just bring your energy and enjoy the rhythm! Group fees	Wednesdays, 8:45-9:45am
	<b>Fan Tai Chi</b> Seniors Fan Tai Chi blends traditional Tai Chi with elegant fan techniques, promoting balance, flexibility, and relaxation while enhancing physical and mental well-being in a calming group setting. Group fees	Thursdays, 11:15am-12:15pm
<b>Health Services</b>	<b>Foot Care</b> Call Nurse Evelyn to book your appointment. \$50.00 fee payable at the foot care appointment. Please call 778-228-6021 for more details.	Wednesday (TBC), 8-11am
<b>Music</b>	<b>Chinese Singing</b> Chinese Singing Group offers a fun and social environment for seniors to sing traditional and contemporary Chinese songs. No prior experience is necessary, and all are welcome to join.	Fridays, 9-10am
	<b>Erhu</b> Bring your <i>erhu</i> (a Chinese two-stringed bowed musical instrument) or violin and practice with others who are learning to play these instruments.	Fridays, 10:30am-12:30pm & Sundays, 1-4pm
	<b>Melody Masters</b> A lively gathering where seniors immerse themselves in upbeat tunes and nostalgic melodies, celebrating the joy of music.	Fridays, 2-4pm
<b>Social Activities</b> Spend time with others who share your interests! For specific details, call the centre where each group meets.	<b>Book Club</b> Join our seniors' book club for engaging literary discussions as we read and explore books together in a friendly and welcoming environment.	3rd Wednesday of each month 1:30-3pm
	<b>Computer Users One-to-one Help</b> Visit our seniors' lounge for personalized 1-to-1 computer support led by a dedicated volunteer, offering assistance with any of your computer-related questions in a welcoming and relaxed environment.	Mondays, 3-4:30pm
	<b>Current Affairs Discussion Group</b> Join our seniors' current affairs group for lively discussions and the opportunity to connect with others, sharing perspectives on what's happening in the world.	Thursdays, 1-3pm
	<b>French Conversation Group</b> A welcoming space for French speakers interested in language and culture. Engage in lively discussions on diverse topics in a friendly and inclusive environment.	Thursdays, 1-3pm
	<b>Garden Club</b> Discover the joys of gardening and the beauty of nature as you embark on a horticultural journey. Join this welcoming group as you create weekly floral arrangements for the seniors' lounge.	Wednesdays, 10-11am
	<b>Spanish Conversation Group</b> Open to intermediate Spanish speakers who are interested in the language and culture.	Wednesdays, 11:15am-1:15pm
<b>Sports &amp; Games</b>	<b>Table Tennis</b> Join our seniors' table tennis program for lively matches, socializing, and community. Whether you're a seasoned player or a beginner, all skill levels are welcome!	Tuesdays, 7:30-9:30am Thursdays, 7:30-9:30am Fridays, 1-3pm

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Adult</i>					
<b>Group Fitness</b>					
Kickboxing for Fitness	14 yrs+	Jan 15	W, 5:30-6:30pm (5)	\$47.50	52813
Kickboxing for Fitness	14 yrs+	Feb 19	W, 5:30-6:30pm (6)	\$57.00	52814
Osteofit	40 yrs+	Jan 13	M, 2-3pm (5)	\$30.50	52815
Osteofit	40 yrs+	Feb 24	M, 2-3pm (5)	\$30.50	52816
<b>Visual Arts</b>					
*Paint & Sketch	7-10 yrs	Jan 20	M, 3:30-5pm (6)	\$79.65	53167
<i>Child</i>					
<b>Crafts</b>					
Art Attack!	6-11 yrs	Jan 18	Sa, 2:30-4pm (7)	\$52.50	52901
Art Attack!	6-11 yrs	Jan 18	Sa, 4:30-6pm (7)	\$52.50	52902
Art Attack!	6-11 yrs	Jan 16	Th, 3:30-5pm (8)	\$60.00	52908
Bracelets, Beads & More	6-11 yrs	Jan 19	Su, 9:15-10:45am (7)	\$52.50	52909
<b>Dance</b>					
*Ballet Basics	5-6 yrs	Jan 18	Sa, noon-12:45pm (7)	\$46.45	53179
<b>Games</b>					
Air Clay Creations	6-11 yrs	Jan 14	Tu, 4:30-6pm (9)	\$46.58	52904
Charades & Pictionary	6-11 yrs	Jan 19	Su, 11am-12:30pm (7)	\$36.22	52912
Science Discoveries	6-11 yrs	Jan 13	M, 4-5:30pm (8)	\$41.40	52903
Lego® Mania	6-11 yrs	Jan 15	W, 3:30-5pm (9)	\$46.58	52907
Chess, Cards & Games Club	6-11 yrs	Jan 19	Su, 11am-12:30pm (7)	\$36.22	52913
Lego, Blocks & Building	6-11 yrs	Jan 19	Su, 9:15-10:45am (7)	\$36.22	52911
<i>Preschool</i>					
<b>Early Learning</b>					
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 16	Th, 9-10:30am (9)	\$79.65	53008
**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 16	Th, 11am-12:30pm (9)	\$79.65	53020
Daily Discoveries: Colours & Shapes	3-5 yrs	Jan 14	Tu, 9:30-11:30am (9)	\$165.60	53003
Get Ready for Kindergarten	4-5 yrs	Jan 17	F, 12:30-2:30pm (9)	\$165.60	53025
Little Spring Breakers	3-5 yrs	Mar 17	M, Tu, Th, F, 9:30-11:30am (4)	\$73.60	55036
Little Spring Breakers	3-5 yrs	Mar 24	M, Tu, Th, F, 9:30-11:30am (4)	\$73.60	55037
Play to Learn Preschool	3-5 yrs	Jan 13	M, 9:30-11:30am (8)	\$120.00	52992
Play to Learn Preschool	3-5 yrs	Jan 14	Tu, 12:30-2:30pm (9)	\$135.00	53005
Play to Learn Preschool	3-5 yrs	Jan 17	F, 9:30-11:30am (9)	\$135.00	53021
Silly Scientists	3-5 yrs	Jan 13	M, 12:30-2:30pm (8)	\$147.20	52999
<i>Early Years</i>					
<b>Dance</b>					
*Creative Ballet	4-5 yrs	Jan 18	Sa, 10:25-11:10am (7)	\$46.45	52896
*Creative Ballet	3 yrs	Jan 18	Sa, 11:20-11:50am (7)	\$30.98	52892
*Tiny Toes Dance: Adult Participation	2-3 yrs	Jan 18	Sa, 9:45-10:15am (7)	\$26.25	52884



# WILLINGDON ACTIVITIES

604-297-4526



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Adult

### Adapted Activities

Social Club: Adapted	18 yrs+	Jan 16	Th, 6:30-8pm (8)	\$63.60	51475
----------------------	---------	--------	------------------	---------	-------

### Group Fitness

Body Sculpt & Conditioning	14 yrs+	Jan 16	Th, 9:10-10:10am (4)	\$29.80	51857
Body Sculpt & Conditioning	14 yrs+	Feb 13	Th, 9:10-10:10am (5)	\$37.25	51858

### Visual Arts

*Paint & Sketch	18 yrs+	Jan 17	F, 6-8pm (7)	\$133.90	52918
-----------------	---------	--------	--------------	----------	-------

### Weight Training

Weight Training: Beginner	14 yrs+	Jan 15	W, 5-6pm (4)	\$39.20	52022
Weight Training: Beginner	14 yrs+	Feb 12	W, 5-6pm (4)	\$39.20	52023

### Yoga

Yoga: Gentle	14 yrs+	Jan 13	M, 7:30-8:45pm (8)	\$95.00	51462
--------------	---------	--------	--------------------	---------	-------

## Child

### Camps

Pro-D Day Camp	6-11 yrs	Feb 28	F, 9am-3pm (1)	\$32.70	52833
Spring Break Camp	6-11 yrs	Mar 17	M-F, 9am-3pm (5)	\$163.50	51469
Spring Break Camp	6-11 yrs	Mar 24	M-F, 9am-3pm (5)	\$163.50	51470

### Ceramics

*Clayworks	9-12 yrs	Feb 18	Tu, 3:30-5pm (4)	\$53.10	53174
*Clayworks	6-8 yrs	Jan 21	Tu, 3:30-5pm (4)	\$53.10	53169

### Crafts

Art Attack!	8-12 yrs	Jan 15	W, 4-5:30pm (4)	\$30.00	51864
Art Attack!	8-12 yrs	Feb 12	W, 4-5:30pm (5)	\$37.50	51865

### Games

Chess, Cards & Games Club	8-12 yrs	Jan 13	M, 3:15-4:45pm (8)	\$41.40	52755
---------------------------	----------	--------	--------------------	---------	-------

### Theatre & Film

*Drama: Games & Improv	9-12 yrs	Jan 17	F, 3:30-5pm (4)	\$53.10	52931
*Drama: Games & Improv	7-9 yrs	Feb 14	F, 3:30-5pm (4)	\$53.10	52932

### Visual Arts

*Young Artists	7-11 yrs	Jan 23	Th, 3:30-5pm (7)	\$92.90	53193
----------------	----------	--------	------------------	---------	-------



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Child</i>					
<b>Indoor / Gym Sports</b>					
Basketball	8-10 yrs	Jan 15	W, 4:20-5:20pm (5)	\$32.75	51486
Basketball	8-10 yrs	Feb 19	W, 4:20-5:20pm (4)	\$26.20	51489
Basketball	6-8 yrs	Jan 15	W, 3:10-4:10pm (5)	\$32.75	51485
Basketball	6-8 yrs	Feb 19	W, 3:10-4:10pm (4)	\$26.20	51488
Basketball	10-12 yrs	Jan 15	W, 5:30-6:30pm (5)	\$32.75	51487
Basketball	10-12 yrs	Feb 19	W, 5:30-6:30pm (4)	\$26.20	51490
Soccer	8-10 yrs	Jan 17	F, 4:20-5:20pm (4)	\$26.20	51510
Soccer	8-10 yrs	Feb 14	F, 4:20-5:20pm (4)	\$26.20	51513
Soccer	6-8 yrs	Jan 17	F, 3:10-4:10pm (4)	\$26.20	51509
Soccer	6-8 yrs	Feb 14	F, 3:10-4:10pm (4)	\$26.20	51512
Soccer	10-12 yrs	Jan 17	F, 5:30-6:30pm (4)	\$26.20	51511
Soccer	10-12 yrs	Feb 14	F, 5:30-6:30pm (4)	\$26.20	51514
Sport Zone	6-10 yrs	Jan 13	M, 3:15-4:45pm (8)	\$78.60	51868



## Preschool

### Early Learning

**Busy Bees: Adult Participation	10 mos-5 yrs	Jan 14	Tu, 9:45-11:15am (4)	\$35.40	51465
**Busy Bees: Adult Participation	10 mos-5 yrs	Feb 11	Tu, 9:45-11:15am (5)	\$44.25	51860
Double the Fun for Preschoolers	3-5 yrs	Jan 16	Th, 9:30-11:30am (4)	\$60.00	52026
Double the Fun for Preschoolers	3-5 yrs	Feb 13	Th, 9:30-11:30am (5)	\$75.00	52028
Fly Me to the Moon	3-5 yrs	Jan 18	Sa, 2:15-3:45pm (4)	\$55.20	52695
Fly Me to the Moon	3-5 yrs	Feb 15	W, 2:15-3:45pm (5)	\$69.00	54465
Kinder Cooking	3-5 yrs	Jan 15	W, 9:30-11:30am (4)	\$73.60	52865
Kinder Cooking	3-5 yrs	Feb 12	W, 9:30-11:30am (5)	\$92.00	52866
Play to Learn Preschool	3-5 yrs	Jan 14	Tu, 9:30-11:30am (4)	\$60.00	52035
Play to Learn Preschool	3-5 yrs	Feb 11	Tu, 9:30-11:30am (5)	\$75.00	52039
Silly Scientists	3-5 yrs	Jan 17	F, 9:30-11:30am (4)	\$73.60	52848
Silly Scientists	3-5 yrs	Feb 14	F, 9:30-11:30am (4)	\$73.60	52849
Storybook Adventures	3-5 yrs	Jan 13	M, 9:30-11:30am (4)	\$73.60	52046
Storybook Adventures	3-5 yrs	Feb 10	M, 9:30-11:30am (4)	\$73.60	52048

### Visual Arts

*Little Sweet Art Studio	4-5 yrs	Jan 18	Sa, 9:15-10:15am (7)	\$82.95	53195
*Paint Brush Pals	5-6 yrs	Jan 18	Sa, 12:15-1:15pm (7)	\$82.95	52930

## Early Years

### Dance

*Creative Ballet	4-5 yrs	Jan 24	F, 11-11:45am (7)	\$39.85	52917
*Creative Ballet	3-4 yrs	Jan 24	F, 10:15-10:45am (6)	\$26.55	52915
*Tiny Toes Dance: Adult Participation	2-3 yrs	Jan 24	F, noon-12:30pm (6)	\$22.50	52882

### Special Events & Holiday Activities

Little Love Bugs: Adult Participation	1½-5 yrs	Feb 11	Tu, 12:30-2pm (1)	\$13.80	52383
---------------------------------------	----------	--------	-------------------	---------	-------

### Visual Arts

*Art Sampler: Adult Participation	3-5 yrs	Jan 18	Sa, 10:45-11:45am (7)	\$77.70	53198
-----------------------------------	---------	--------	-----------------------	---------	-------

# BURNABY ART GALLERY ACTIVITIES

Phone 604-297-4422. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [BurnabyArtGallery.ca](http://BurnabyArtGallery.ca)



Photo by: Sarah Race

Visit of Brock Fahrni residents possible thanks to St. Paul's Foundation donors.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Adult</i>					
Art Social: Printmaking & Pinot	19 yrs+	Jan 22	W, 6-9pm (1)	\$40.68	51547
Art Social: Sketch & Sauvignon	19 yrs+	Mar 12	W, 6-9pm (1)	\$40.68	51549
Art Social: Watercolour & Wine	19 yrs+	Feb 19	W, 6-9pm (1)	\$40.68	51548
<i>Child</i>					
Kids Art Connect	9-12 yrs	Feb 1	Sa, 1:30-3pm (4)	\$56.36	51544
Kids Art Connect	6-8 yrs	Feb 1	Sa, 10-11am (4)	\$39.24	51542
Kids Art Connect	6-8 yrs	Feb 1	Sa, 11:30am-12:30pm (4)	\$39.24	51543
Spring Break Camp	9-12 yrs	Mar 24	M-F, 9am-3pm (4)	\$293.50	51546
Spring Break Camp	6-8 yrs	Mar 17	M-F, 9am-3pm (5)	\$293.50	51545
<i>Multi-age</i>					
In the BAG	2 yrs+	Jan 26	Su, 1-4pm (1)	No Fee	51550
In the BAG	2 yrs+	Feb 23	Su, 1-4pm (1)	No Fee	51551
In the BAG	2 yrs+	Mar 30	Su, 1-4pm (1)	No Fee	51552

## Ruth Beer: Seep | Swell

Exhibition: November 30, 2024-January 26, 2025  
Burnaby Art Gallery Book Launch and Fireside Chat: January 25, 2-3 pm

The Burnaby Art Gallery and the Art Gallery at Evergreen in Coquitlam co-present *Ruth Beer: Seep | Swell*, an exhibition in two parts. Taking place across the two galleries concurrently, this exhibition contemplates Beer's artistic research on the entwined relationships between humankind and our industries. A conversation between the curators and artist will take place on January 25. Call 604-297-4422 to register.

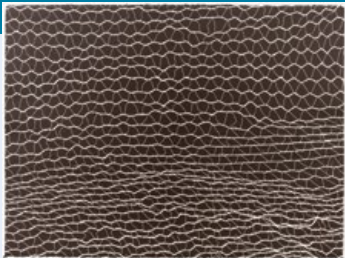


Image credit: Ruth Beer, *Surface Tension (series)*, 2016, Monoprint on paper, 56.0 cm x 76.0 cm, courtesy the artist. Photography: Blaine Campbell.

# BURNABY VILLAGE MUSEUM

Phone 604-297-4565. Activities subject to change. Prices do not include tax. Museum members receive a 10% discount on program fees.  
For up to date information, visit [BurnabyVillageMuseum.ca](http://BurnabyVillageMuseum.ca)

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<i>Adult</i>					
<b>Museum</b>					
At the Forge: Cupid's Arrow	13 yrs+	Feb 6	Th, 6-9pm (1)	\$64.00	52261
At the Forge: Cupid's Arrow	13 yrs+	Feb 13	Th, 6-9pm (1)	\$64.00	52262
At the Forge: Iron Rose Making	13 yrs+	Feb 4	Tu, 6-9pm (1)	\$64.00	52259
At the Forge: Iron Rose Making	13 yrs+	Feb 11	Tu, 6-9pm (1)	\$64.00	52260
Blacksmithing: Basic	13 yrs+	Jan 25	Sa, 9am-1pm (1)	\$87.00	52247
Blacksmithing: Basic	13 yrs+	Feb 2	Su, 9am-1pm (1)	\$87.00	52248
Blacksmithing: Basic	13 yrs+	Feb 8	Sa, 9am-1pm (1)	\$87.00	52250
Blacksmithing: Basic	13 yrs+	Feb 9	Su, 9am-1pm (1)	\$87.00	52249
Blacksmithing: Immersion	16 yrs+	Feb 1	Sa, 9am-3pm (1)	\$123.00	52254
Blacksmithing: Immersion	16 yrs+	Mar 1	Sa, 9am-3pm (1)	\$123.00	52255
Blacksmithing: Open Forge	16 yrs+	Jan 25	Sa, 9am-1pm (1)	\$46.00	52251
Blacksmithing: Open Forge	16 yrs+	Feb 8	Sa, 9am-1pm (1)	\$46.00	52253
Blacksmithing: Ornamental Animal Heads	16 yrs+	Mar 29	Sa, 9am-2pm (1)	\$105.00	52266
Blacksmithing: Ornamental Door Pull	16 yrs+	Mar 15	Sa, 9am-1pm (1)	\$87.00	52265
Blacksmithing: Ornamental Drawer Pull	16 yrs+	Feb 22	Sa, 9am-1pm (1)	\$87.00	52267
Blacksmithing: Tool Making	16 yrs+	Mar 8	Sa, 9am-1pm (1)	\$97.00	52264
Blacksmithing: Utensils 4U	16 yrs+	Feb 23	Su, 9am-1pm (1)	\$87.00	52263
Indigenous Salve Making	16 yrs+	Mar 12	W, 6-8pm (1)	\$40.00	52887

## *Youth*

<b>Museum</b>					
Blacksmithing: Forging for Youth	13-16 yrs	Mar 18	Tu, Th, 9am-noon (2)	\$123.00	52257
Blacksmithing: Forging for Youth	13-16 yrs	Mar 25	Tu, Th, 9am-noon (2)	\$123.00	52258

## *Child*

<b>Camps</b>					
Heritage Adventures: Spring Break After Camp Club	9-10 yrs	Mar 24	M-F, 3-5pm (5)	\$38.00	49435
Heritage Adventures: Spring Break After Camp Club	6-7 yrs	Mar 17	M-F, 3-5pm (5)	\$38.00	49434
Heritage Adventures: Spring Break Camp	9-10 yrs	Mar 24	M-F, 9am-3pm (5)	\$254.00	49432
Heritage Adventures: Spring Break Camp	5-7 yrs	Mar 17	M-F, 9am-3pm (5)	\$254.00	49430
Pro-D Day Camp: Heritage Adventures	5-7 yrs	Feb 28	F, 9am-3pm (1)	\$52.80	49413
Pro-D Day Camp: Heritage Adventures After Camp Club	5-7 yrs	Feb 28	F, 3-5pm (1)	\$7.60	49418

<b>Museum</b>					
Indigenous Plant Walk For Kids	0-12 yrs	Mar 19	W, 10am-noon (2)	\$15.00	52885
Shadow Lantern Making	4-9 yrs	Mar 26	W, 10am-noon (1)	\$15.00	52888
Upcycled: Spring Decor	6-9 yrs	Mar 5	W, 4-5:30pm (1)	\$7.50	52878
Upcycled: Valentine's Cards	6-9 yrs	Feb 5	W, 4-5:30pm (1)	\$7.50	52875

## *Multi-age*

<b>Museum</b>					
Movies @ the Museum: The Princess Bride	5 yrs+	Feb 7	F, 7-9pm (1)	\$16.00	52883
Personalized Valentine's: Mini Quilt Making	8-9 yrs	Feb 1	Sa, 10pm-3am (1)	\$20.00	52881



# SHADBOLT ACTIVITIES

604-297-4440



Reminder that activities are still running during the renovation of James Cowan Theatre with some parking impacts. Learn more: [Burnaby.ca/TheatreArtsRedevelopment](https://Burnaby.ca/TheatreArtsRedevelopment)

## ACTIVITY

## AGE

## STARTS

## TIME (Sessions)

## PRICE

## BARCODE

### Adult

#### Ceramics

Ceramics 1: Handbuilt Sculptural Techniques	18 yrs+	Jan 8	W, 6:30-9:30pm (8)	\$222.40	52218
Ceramics 1: Introduction	18 yrs+	Jan 6	M, 10am-1pm (8)	\$222.40	52212
Ceramics 1: Introduction	18 yrs+	Jan 7	Tu, 6:30-9:30pm (8)	\$222.40	52216
Ceramics 1: Introduction	18 yrs+	Jan 9	Th, 6-9pm (8)	\$222.40	52219
Ceramics 1: Introduction	18 yrs+	Jan 11	Sa, 10am-2pm (8)	\$293.20	52221
Ceramics 1: Sculpting From Life	18 yrs+	Jan 7	Tu, 6-9:30pm (8)	\$271.70	53675
Ceramics 1: Wheel Throwing	18 yrs+	Jan 8	W, 10am-1pm (8)	\$222.40	52217
Ceramics 1: Wheel Throwing	18 yrs+	Jan 16	Th, 6-9pm (8)	\$222.40	52229
Ceramics 2: Continuing	18 yrs+	Jan 15	W, 10am-1pm (8)	\$227.40	52225
Ceramics 2: Continuing	18 yrs+	Jan 15	W, 6:30-9:30pm (8)	\$227.40	52228
Ceramics 2: From the Ground Up	18 yrs+	Jan 13	M, 10am-1pm (8)	\$227.40	53676
Ceramics 2: Throw Down Projects	18 yrs+	Jan 9	Th, 10am-2pm (8)	\$298.20	52220
Ceramics 3: Studio Proficiency	18 yrs+	Jan 12	Su, 10am-1pm (8)	\$227.40	52223
Ceramics Alternative Firing: Raku	18 yrs+	Mar 2	Su, 10am-4pm (1)	\$70.98	52367
Ceramics: Spring Soda Firing Reservation	18 yrs+	Jan 20	M, 10-10:10am (1)	No Fee	53677

#### Wood & Soda Alternative Firing Workshops

Registration for soda and wood alternative firings happens at least one season in advance to allow enough time for participants to make work. These firings are intermediate level. To be added to the current season waitlist or for more information, please contact the Ceramic Arts Programmer at 604-205-3012.

To reserve a spot in the spring soda firings, sign up for Ceramics: Spring Soda Firing Reservation (Barcode: 53677). There is no fee to register for the reservation list. Fee for soda firing upon registration is \$200.60, subject to change. Spring soda fire dates are April 2-8, May 7-13, or May 21-27, 2025.

Registration for wood firings in 2025 has now closed. To be added to the waitlist, please contact the Ceramic Arts Programmer. The reservation list for 2026 wood firings will open in Summer 2025.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Adult

### Creative Writing

Creative Writing	18 yrs+	Jan 7	Tu, 6:30-8:30pm (8)	\$141.60	51747
Creative Writing: Memoir 1	18 yrs+	Jan 8	W, 7-9pm (4)	\$70.80	46173
Outrageous Pages Club	18 yrs+	Jan 6	M, 7:30-9:30pm (8)	\$141.60	51750

### Dance

Ballet: Advanced	18 yrs+	Jan 8	W, 7:30-9pm (10)	\$199.50	46477
Ballet: Beginner	18 yrs+	Jan 6	M, 7:30-8:45pm (9)	\$149.63	46445
Ballet: Beginner	18 yrs+	Jan 7	Tu, 11am-12:15pm (10)	\$166.25	46449
Ballet: Beginner Continuing	18 yrs+	Jan 9	Th, 6:10-7:25pm (10)	\$166.25	46475
Ballet: Intermediate	18 yrs+	Jan 9	Th, 7:30-9pm (10)	\$199.50	46476
Ballet: Repertoire	18 yrs+	Feb 4	Tu, 6:30-8:30pm (6)	\$106.20	51405
Ballet: Open Level	18 yrs+	Jan 6	M, 10-11:30am (9)	\$179.55	46527
Ballet: Open Level	18 yrs+	Jan 9	Th, 10-11:30am (10)	\$199.50	47603
Dance Conditioning	18 yrs+	Jan 8	W, 10:30-11:30am (10)	\$88.50	50434
Jazz: Intermediate	18 yrs+	Jan 6	M, 7:30-9:15pm (9)	\$139.39	46483
Jazz: Intermediate / Advanced	18 yrs+	Jan 10	F, 10:45am-12:30pm (10)	\$154.88	46492
Modern Dance: Beginner	18 yrs+	Jan 7	Tu, 5:45-7pm (10)	\$166.25	46497
Modern Dance: Intermediate	18 yrs+	Jan 7	Tu, 7-8:30pm (10)	\$199.50	46517
Modern Dance: Open Level	18 yrs+	Jan 10	F, 10-11:30am (10)	\$199.50	46519
Modern Dance: Open Level	18 yrs+	Jan 12	Su, 10am-noon (8)	\$141.60	46526
Performance Workshop with Salome Nieto	21 yrs+	Jan 18	Sa, 2:30-4:30pm (8)	\$141.60	50429
Tap: Beginner	18 yrs+	Jan 9	Th, 7:20-8:20pm (10)	\$133.00	47611
Tap: Intermediate	18 yrs+	Jan 10	F, 7-8pm (10)	\$133.00	47634



### Media

Animation: Complete Stop Motion	18 yrs+	Jan 4	Sa, noon-1:30pm (9)	\$232.75	52400
Animation: Concept to Creation	18 yrs+	Jan 10	F, 1:30-3pm (10)	\$257.50	52387
Field Recording: Sound and Site	18 yrs+	Jan 7	Tu, 6-7:30pm (10)	\$257.50	52373
Music Production: Studio Sound	18 yrs+	Jan 6	M, 1:30-3pm (10)	\$257.50	53669
Music Production: Mastering the Mix	18 yrs+	Jan 9	Th, 1:30-3pm (10)	\$257.50	53672
Photography & Photo Editing: Introduction	18 yrs+	Jan 7	Tu, 10am-1pm (20)	\$495.00	52370
Music for Film: Introduction	18 yrs+	Jan 7	Tu, 1:30-3pm (10)	\$257.50	52371



Photo by: Carla Alcántara

### Ceramics: Open Workshop

Registration for each week of open workshop sessions opens on Mondays at 10am for the following week. Patrons are limited to registering for a maximum of two open workshops per week and will be withdrawn from open workshops that exceed the maximum limit. Open workshops are self-directed and not suitable for absolute beginners (some clay experience is required). Clay is available for purchase at the Shadbolt Centre front office.

#### Weekly schedule:

Mondays, 1:30-5pm & 5:30-9pm

Wednesdays, 1:30-5pm

Thursdays, 2:30-5:30pm

Sundays, 1:30-5pm

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Adult</b>					
<b>Music</b>					
Drum Set Basics: Short-Term	18 yrs+	Jan 9	Th, 7:10-8:10pm (10)	\$165.00	52376
Drum Set Basics: Short-Term	18 yrs+	Jan 9	Th, 8:15-9:15pm (10)	\$165.00	52381
Group Voice	18 yrs+	Jan 4	Sa, 4:20-5:20pm (9)	\$148.50	52411
Singing: Miriam Davidson	18 yrs+	Jan 4	Sa, noon-1pm (9)	\$79.65	52398
<b>Theatre &amp; Film</b>					
On-Camera Acting	17 yrs+	Jan 7	Tu, 7-9pm (8)	\$212.80	51754
<b>Visual Arts</b>					
Abstract Painting	18 yrs+	Jan 16	Th, 9:30am-12:30pm (8)	\$212.40	53396
Art Explorations	18 yrs+	Jan 15	W, 9:30am-12:30pm (8)	\$222.40	53744
Chinese Brush Painting: Beginners & Continuing	18 yrs+	Jan 15	W, 1-3pm (8)	\$151.60	53395
Creative Journaling	18 yrs+	Jan 13	M, 9:30am-12:30pm (7)	\$195.85	54447
Drawing & Painting: Animals in Watercolour	18 yrs+	Feb 9	Su, 1:30-4:30pm (4)	\$106.20	53715
Drawing Essentials	18 yrs+	Jan 16	Th, 10am-1pm (8)	\$212.40	53746
Drawing: Beginner	18 yrs+	Jan 15	W, 6-8:30pm (8)	\$177.00	49965
Drawing: Continuing	18 yrs+	Jan 17	F, 9:30am-12:30pm (8)	\$225.75	49966
Drawing: Figure	18 yrs+	Jan 16	Th, 6-9pm (8)	\$265.80	53742
Oil Painting: Intro & Continuing	18 yrs+	Jan 13	M, 6-9pm (7)	\$215.85	53740
Painting Continuing: Acrylic & Oils	18 yrs+	Jan 15	W, 6-9pm (8)	\$212.40	49968
Painting Continuing: Acrylic & Oils	18 yrs+	Jan 16	Th, 1:30-4:30pm (8)	\$212.40	52256
Painting: Introduction to Acrylics	18 yrs+	Jan 17	F, 10am-1pm (8)	\$212.40	55133
Painting Studio	18 yrs+	Jan 14	Tu, 10am-1pm (8)	\$212.40	49962
Sketching & Painting the Urban Environment	18 yrs+	Jan 14	Tu, 2-5pm (8)	\$212.40	53713
Textile Arts: Intro & Continuing	18 yrs+	Jan 16	Th, 10am-2pm (8)	\$313.20	53734
Visual Arts Open Studio	18 yrs+	Jan 14	Tu, 9:30am-2:30pm (8)	\$108.00	53425
Watercolour Botanicals	18 yrs+	Jan 15	W, 1-4pm (8)	\$212.40	53422
Watercolour for Absolute Beginners	18 yrs+	Jan 14	Tu, 6-9pm (8)	\$212.40	53397
Watercolour: Continuing	18 yrs+	Jan 9	Th, 6-9pm (4)	\$106.20	53712
Watercolour: Continuing	18 yrs+	Jan 15	W, 9:30am-12:30pm (8)	\$212.40	53745
Watercolour: Starting from Scratch	18 yrs+	Feb 9	Su, 10am-1pm (4)	\$121.20	54036
Watercolour: Value Studies	18 yrs+	Feb 6	Th, 6-9pm (5)	\$132.75	53736

**Youth****Ceramics**

Clay: Handbuilding & Wheel Throwing	13-18 yrs	Jan 10	F, 6-8:30pm (8)	\$230.00	52242
Clay: Handbuilding & Wheel Throwing	13-18 yrs	Jan 11	Sa, 2:30-5pm (8)	\$230.00	52246

**Dance**

Ballet Repertoire: Senior	13-18 yrs	Jan 10	F, 4-6pm (19)	\$366.30	50102
Ballet: Master Class with Anneliese Rios	13-18 yrs	Feb 28	F, 10am-noon (1)	\$26.60	47827
Contemporary Dance Intensive	13-18 yrs	Mar 17	M-F, 12:30-3:30pm (5)	\$132.75	49973
Pointe & Conditioning	13-18 yrs	Feb 7	F, 6:15-7:15pm (6)	\$53.10	51482
Pre-Pointe & Conditioning	12-18 yrs	Feb 7	F, 6:15-7:15pm (6)	\$53.10	51483
Tap: Youth In Rhythm	13-18 yrs	Jan 7	Tu, 4-6pm (20)	\$384.00	52272

Visit  
[Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)  
and type in the  
barcode number  
to see instructors  
for activities.



## ACTIVITY

## AGE

## STARTS

## TIME (Sessions)

## PRICE

## BARCODE

### Youth

#### Media

Animation Design: Building Worlds & Characters	10-15 yrs	Feb 2	Su, 1:30-3pm (11)	\$282.25	52407
Animation: Complete Stop Motion	14-17 yrs	Jan 4	Sa, 4-5:30pm (9)	\$232.75	52403
Animation: Concept to Creation	14-17 yrs	Jan 10	F, 6-7:30pm (10)	\$257.50	53674
Digital Music Composition	13-17 yrs	Jan 7	Tu, 4-5:30pm (10)	\$257.50	52372
Music Production	14-17 yrs	Jan 6	M, 6-7:30pm (10)	\$257.50	52390
Music Production	14-17 yrs	Jan 9	Th, 6-7:30pm (10)	\$257.50	53671

#### Visual Arts

Art Studio	12-17 yrs	Jan 16	Th, 6-8pm (8)	\$156.60	49901
Spring Break Camp: Cartooning & Animation	10-14 yrs	Mar 24	M-F, 10am-3pm (5)	\$255.00	53860
Drawing Studio	13-17 yrs	Jan 12	Su, 11am-1pm (8)	\$151.60	49914
Drawing: Fantastic Creatures	10-13 yrs	Jan 6	M, 6-7:30pm (8)	\$116.20	53424
Painting Studio	13-17 yrs	Jan 12	Su, 2-4pm (8)	\$156.60	49915

### Child

#### Camps

After-Camp Fun: Arts Jam	6-10 yrs	Mar 17	M-F, 3-5pm (5)	\$38.00	53199
After-Camp Fun: Pro-D Day	6-10 yrs	Feb 28	F, 3-5pm (1)	\$7.60	53197
Camp: Shadbolt Arts Jam	6-10 yrs	Mar 17	M-F, 8:30am-3pm (5)	\$307.15	52851
Pro-D Day Camp: Young Creators	6-10 yrs	Feb 28	F, 8:30am-3pm (1)	\$61.40	52860

#### Ceramics

Clayworks	9-12 yrs	Jan 9	Th, 3:30-5:30pm (8)	\$194.60	52237
Clayworks	9-12 yrs	Jan 10	F, 3:30-5:30pm (8)	\$194.60	52239
Clayworks	6-8 yrs	Jan 7	Tu, 3:30-5pm (8)	\$144.20	52234
Clayworks	6-8 yrs	Jan 11	Sa, 10:45am-12:15pm (8)	\$144.20	52244
Clayworks	6-8 yrs	Jan 11	Sa, 1-2:30pm (8)	\$144.20	52245

#### Creative Writing

Words & Images	9-12 yrs	Jan 7	Tu, 4:30-6pm (8)	\$106.20	51752
----------------	----------	-------	------------------	----------	-------

#### Dance

Ballet Repertoire: Junior	10-12 yrs	Jan 10	F, 4-6pm (19)	\$366.30	50103
Modern Dance: Introduction	6 yrs	Jan 12	Su, 2:10-3:10pm (8)	\$106.40	50788
Spring Break: Ballet Intensive	10-12 yrs	Mar 17	M-F, 9:30-11:30am (5)	\$133.00	52274
Spring Break: Creative Dance to Live Music	5-6 yrs	Mar 17	M-F, 10:20-11:20am (5)	\$66.50	49970
Spring Break: Introduction to Ballet	7-8 yrs	Mar 17	M-F, 1-2pm (5)	\$66.50	49971
Spring Break: Introduction to Ballet	9-11 yrs	Mar 17	M-F, 2:15-3:15pm (5)	\$66.50	49972

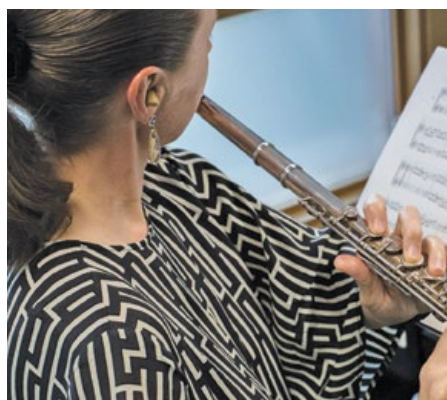
### Private music and voice lessons

We offer quality one-on-one and semi-private instruction in voice, piano, violin, classical guitar, acoustic guitar, electric guitar, bass guitar, upright bass, ukulele, drum set and flute. Register online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg).

For more information, contact Shadbolt Centre. Phone Ryan at 604-205-3011 or email [Ryan.Clough-Carroll@burnaby.ca](mailto:Ryan.Clough-Carroll@burnaby.ca)

### Private speech arts lessons

Private Speech Arts lessons are available for ages 6 years and up. Register online at [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Child</b>					
<b>Media</b>					
Animation: Complete Stop Motion	9-13 yrs	Jan 4	Sa, 2-3:30pm (9)	\$232.75	52401
Animation: Concept to Creation	9-13 yrs	Jan 10	F, 4-5:30pm (10)	\$257.50	52388
Animation: Intro	9-12 yrs	Feb 2	Su, 10-11:30am (11)	\$282.25	52404
Kid Tech	9-12 yrs	Jan 8	W, 4-5:30pm (10)	\$257.50	52374
Music Production	8-11 yrs	Jan 6	M, 4-5:30pm (10)	\$257.50	53670
Music Production	8-11 yrs	Jan 9	Th, 4-5:30pm (10)	\$257.50	53673
Sequential Art: Storyboarding & Comics	9-12 yrs	Feb 2	Su, 11:45am-1:15pm (11)	\$282.25	52405
Stop Motion Animation: Multiple Techniques + Editing & Sound	9-12 yrs	Jan 8	W, 6-7:30pm (10)	\$257.50	52375
<b>Music</b>					
Guitar: Level 1 Short-Term	9-12 yrs	Jan 10	F, 5:40-6:40pm (10)	\$165.00	52384
<b>Theatre &amp; Film</b>					
Drama & Storytelling	7-9 yrs	Jan 11	Sa, 9:30-11am (8)	\$106.20	51756
Drama & Storytelling	7-9 yrs	Jan 11	Sa, 1:15-2:45pm (8)	\$106.20	51758
Drama & Storytelling	7-9 yrs	Jan 18	Sa, 11:45am-1:15pm (7)	\$92.93	52724
Drama & Storytelling	6-8 yrs	Jan 11	Sa, 11:15am-12:45pm (8)	\$106.20	51757
Drama & Storytelling	10-13 yrs	Jan 18	Sa, 3-4:30pm (7)	\$92.93	52726
On-Camera Acting	10-16 yrs	Jan 7	Tu, 5:15-6:45pm (8)	\$159.60	51753
<b>Visual Arts</b>					
Art Studio for Kids	7-10 yrs	Jan 14	Tu, 3:30-5pm (8)	\$106.20	49963
Art Studio for Kids	7-10 yrs	Jan 15	W, 3:30-5pm (8)	\$106.20	49964
Artrageous	6-8 yrs	Jan 12	Su, 1:15-2:45pm (8)	\$106.20	53733
Blossoming Artists	5-6 yrs	Jan 11	Sa, 1:15-2:30pm (8)	\$88.50	49905
Blossoming Artists	5-6 yrs	Jan 11	Sa, 3-4:15pm (8)	\$88.50	49906
Blossoming Artists	5-6 yrs	Jan 12	Su, 11am-12:15pm (8)	\$88.50	49913
Blossoming Artists	5-6 yrs	Jan 14	Tu, 3:30-4:45pm (8)	\$88.50	49967
Cartooning	9-12 yrs	Jan 11	Sa, 9:30-11am (8)	\$106.20	49910
Cartooning	6-8 yrs	Jan 6	M, 3:30-5pm (8)	\$106.20	49959
Chinese Brush Painting: Beginner & Continuing	8-14 yrs	Jan 15	W, 3:30-5pm (8)	\$116.20	53393
Drawing	9-13 yrs	Jan 11	Sa, 9:30-11am (8)	\$106.20	49907
Drawing & Painting	6-8 yrs	Jan 9	Th, 3:30-5pm (5)	\$66.38	53390
Drawing & Painting	6-8 yrs	Jan 11	Sa, 11:30am-1pm (8)	\$106.20	49911
Drawing, Painting & Collage	6-8 yrs	Jan 6	M, 3:30-5pm (8)	\$106.20	49960
Drawing, Painting & Collage	6-8 yrs	Jan 12	Su, 9:30-11am (8)	\$106.20	49916
Drawing, Painting & Sculpture	6-9 yrs	Jan 16	Th, 3:30-5pm (8)	\$116.20	49902
Painting	9-13 yrs	Jan 12	Su, 11:30pm-1:30am (8)	\$151.60	53731
Painting	9-13 yrs	Jan 14	Tu, 6-8pm (8)	\$151.60	53366
Puppet making	8-12 yrs	Jan 11	Sa, 2-4pm (8)	\$151.60	53723
Robotix	10-14 yrs	Jan 11	Sa, 2:30-4:30pm (8)	\$151.60	49909
Sculpture	9-12 yrs	Jan 12	Su, 2:15-4:15pm (8)	\$156.60	49918
Spring Break: Art Blast	6-8 yrs	Mar 24	M-F, 10am-noon (5)	\$88.50	53870
Spring Break: Bridges, Boats & Buildings	8-12 yrs	Mar 17	M-F, 1-3pm (5)	\$88.50	54038
Spring Break: Robotix	10-14 yrs	Mar 17	M-F, 9:30am-noon (5)	\$120.63	54037
Spring Break: Sculptooning	8-12 yrs	Mar 24	M-F, 1-3pm (5)	\$98.50	53868
Video	9-13 yrs	Jan 11	Sa, 11:30am-1:30pm (8)	\$161.60	49908

Visit  
[Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)  
and type in the  
barcode number  
to see instructors  
for activities.

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Preschool</b>					
<b>Ceramics</b>					
Clayworks	4-5 yrs	Jan 11	Sa, 9:15-10:15am (8)	\$108.80	52243
<b>Dance</b>					
Creative Dance to Live Music	5 yrs	Jan 11	Sa, 9:50-10:50am (9)	\$119.70	46319
Creative Dance to Live Music	5 yrs	Jan 11	Sa, 12:15-1:15pm (9)	\$119.70	46320
Creative Dance to Live Music	5 yrs	Jan 12	Su, 1-2pm (8)	\$106.40	46322
Creative Dance to Live Music	4 yrs	Jan 7	Tu, 10-10:45am (10)	\$99.75	46316
Creative Dance to Live Music	4 yrs	Jan 11	Sa, 9-9:45am (9)	\$89.78	46317
Creative Dance to Live Music	4 yrs	Jan 12	Su, 11-11:45am (8)	\$79.80	46321
Creative Dance to Live Music: Adult Participation	3 yrs	Jan 12	Su, 10-10:45am (8)	\$79.80	46323
Creative Dance to Live Music: Adult Participation	3 yrs	Jan 12	Su, noon-12:45pm (8)	\$79.80	46325
Spring Break: Creative Dance to Live Music	4 yrs	Mar 17	M-F, 9:30-10:15am (5)	\$49.90	49969
<b>Music</b>					
Preschool Music	4-6 yrs	Jan 10	F, 11:50am-12:35pm (10)	\$66.38	52395
Young Tunes: Adult Participation	3½-5 yrs	Jan 10	F, 10:55-11:40am (10)	\$66.38	52394

## Preschool

<b>Theatre &amp; Film</b>					
Drama & Storytelling	4-6 yrs	Jan 18	Sa, 9:15-10:15am (7)	\$61.95	52722
Drama & Storytelling	4-6 yrs	Jan 18	Sa, 10:30-11:30am (7)	\$61.95	52723
Drama & Storytelling	4-6 yrs	Jan 18	Sa, 1:45-2:45pm (7)	\$61.95	52725
Spring Break Storytellers	4-6 yrs	Mar 24	M-F, 9:15am-12:15pm (5)	\$132.75	46171
Spring Break Storytellers	4-6 yrs	Mar 24	M-F, 1-4pm (5)	\$132.75	46172

## Visual Arts

Art Buddies: Adult Participation	3-5 yrs	Jan 6	M, 1:30-2:30pm (8)	\$70.80	49961
Budding Artists	4-5 yrs	Jan 11	Sa, 9:45-10:45am (8)	\$70.80	49903
Budding Artists	4-5 yrs	Jan 11	Sa, 11:15am-12:15pm (8)	\$70.80	49904
Budding Artists	4-5 yrs	Jan 12	Su, 9:30-10:30am (8)	\$70.80	49912
Budding Artists	3-5 yrs	Jan 14	Tu, 1:30-2:30pm (8)	\$70.80	53394

## Early Years

<b>Music</b>					
Musical Rascals: Adult Participation	2-3 yrs	Jan 10	F, 10-10:45am (10)	\$66.38	52393

## Fine Arts Studio at Christine Sinclair Community Centre

Christine Sinclair Community Centre has been renovated to include a new fine arts studio. This new studio, located beside the reception is a specialized space for ceramic and visual arts activities operated by the Shadbolt Centre for the Arts. Learn new skills, express yourself, and have fun with clay, paint, and more.





## BILL COPELAND ACTIVITIES

Phone 604-297-4521. Programs subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [Burnaby.ca/BillCopeland](http://Burnaby.ca/BillCopeland)



Parent & Tot Adult Participation Skating Lessons for kids ages 2-5 years old are available. Our instructors will work with you and your child to develop their basic skating skills using games and activities.

### ACTIVITY

### AGE

### STARTS

### TIME (Sessions)

### PRICE

### BARCODE

## Adult

### Skating

Power Skating

18 yrs+

Jan 6

M, 7:30-8:30pm (8)

\$124.00

53116

Skating Lessons: Adult

18 yrs+

Jan 8

W, 7:30-8:15pm (9)

\$104.67

53122

## Youth

### Skating

Skating Lessons: Teen 1

13-17 yrs

Jan 8

W, 7:30-8:15pm (9)

\$108.00

53131

## Children

### Skating

Intro to Hockey

6-12yrs

Jan 18

Sa, 9-10am (8)

\$128.00

53311

**Reminder!**  
Rolling registrations  
continue for skating  
lessons. Learn more:  
[Burnaby.ca/  
SkatingLessons](http://Burnaby.ca/SkatingLessons)

## KENSINGTON ACTIVITIES

Phone 604-297-4535. Activities subject to change. Prices do not include tax. Additional fees may apply. For up to date information, visit [Burnaby.ca/Kensington](http://Burnaby.ca/Kensington)

### ACTIVITY

### AGE

### STARTS

### TIME (Sessions)

### PRICE

### BARCODE

## Adult

### Skating

Skating Lessons: Adult

18 yrs+

Jan 7

Tu, Th, 6:45-7:15pm (8)

\$62.00

52645

Skating Lessons: Adult

18 yrs+

Jan 9

Th, 1:30-2:15pm (9)

\$104.67

52704

Skating Lessons: Adult

18 yrs+

Jan 9

Th, 2:25-3:10pm (9)

\$104.67

52707

Skating Lessons: Adult

18 yrs+

Feb 4

Tu, Th, 6:45-7:15pm (10)

\$77.50

52681



### Skating lessons

Browse preschool and children skating lessons in WebReg. Preschool activities for children ages 3 to 6 years old include Intro to Gliders, Gliders 1 to 5 and Parent and Tot Lessons. For children 6 to 12 years old, Blades 1 to 8 skating lessons are offered on various days and times.

Select an age category and click the category for Sports – Skating. Filter lessons by facility using the drop-down selection menu. You can only register for one lesson set at a time.

Visit [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)

# RIVERWAY SPORTS COMPLEX ACTIVITIES

Phone 604-294-7459. Activities subject to change. Prices do not include tax. For the most up to date schedules and closures, visit [Burnaby.ca/OutdoorBoxes](https://Burnaby.ca/OutdoorBoxes)



ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
<b>Children</b>					
<b>Camps</b>					
Pro-D Day Camp	6-12 yrs	Feb 28	F, 9am-3pm (1)	\$32.70	51743
Spring Break Camp	7-12 yrs	Mar 17	M-F, 9am-3pm (5)	\$163.50	54104
Spring Break Camp	7-12 yrs	Mar 24	M-F, 9am-3pm (5)	\$163.50	54105



## Download the BurnabyConnect App

Available at:




[Burnaby.ca/BurnabyConnectApp](https://Burnaby.ca/BurnabyConnectApp)





# YOUTH CENTRES

Activities subject to change. Prices do not include tax. Additional fees may apply.  
For up to date information, visit [Burnaby.ca/Youth](https://Burnaby.ca/Youth)



Creekside: 604-294-7607

Edmonds: 604-297-4841

South Central: 604-297-4497

Summit: 604-268-1369

ACTIVITY	AGE	STARTS	TIME (Sessions)	PRICE	BARCODE
----------	-----	--------	-----------------	-------	---------

## Creekside Youth Centre

### Youth

Camp Madawaska Leadership	12-15 yrs	Mar 17	M-F, 10am-4pm (5)	\$228.00	51575
Pro-D Day Camp: Zone Bowling	10-13 yrs	Feb 28	F, 9am-3pm (1)	\$45.00	50091

## Edmonds

See page 35 for youth activities at Edmonds.

## South Central

### Youth

Preteen Spring Break Camp	10-13 yrs	Mar 24	M-F, 10am-4pm (5)	\$195.00	53684
Pro-D Day Camp: Art & Science Around the World	10-13 yrs	Feb 28	F, 9am-3pm (1)	\$45.00	53683

## Summit

### Youth

Baking Basics	10-13 yrs	Jan 23	Th, 3:15-4:45pm (4)	\$46.50	51491
Central City Fun Park	10-15 yrs	Mar 26	W, 10am-4pm (1)	\$60.00	51498
Laser Tag & Swim	10-15 yrs	Mar 19	W, 10am-4pm (1)	\$55.00	51497
Pro-D Day Camp: Bowling	10-13 yrs	Jan 20	M, 9am-3pm (1)	\$45.00	51495
Pro-D Day Camp: Bowling	10-13 yrs	Feb 28	F, 9am-3pm (1)	\$45.00	51496



## Free activities for grades 5-12

Youth have access to wifi, computers, gaming systems, pool tables, foosball tables, open gym nights, card and board games, TV and more at Burnaby's youth centres!  
For schedules, visit: [Burnaby.ca/Youth](https://Burnaby.ca/Youth)



# MULTI-SPORT PROGRAM

BI-WEEKLY IN BURNABY, BC

Where: Gilmore Community/Elementary School  
50 Gilmore Ave, Burnaby, BC

Whether you have tried any adaptive sports or not, we've got you covered! Come to our biweekly drop-in multi-sport sessions to learn more about and participate in adaptive sport. We offer boccia, power soccer, and para ice hockey programs across the Lower Mainland.

This program is FREE for SportAbility members.

Fill out our expression of interest form:  
[bit.ly/burnaby-multisport-eoi](http://bit.ly/burnaby-multisport-eoi)



Explore all our upcoming events!



## Speedskating

is an exciting, fun and rewarding Olympic sport

- all ages and abilities welcome
- equipment rental available
- practices at Kensington Complex
- [BurnabySpeedSkating.ca](http://BurnabySpeedSkating.ca)
- [bbyspeedskating@gmail.com](mailto:bbyspeedskating@gmail.com)

**Ask about our 3 session trial!**

Advertise  
with us!

## Get Exposure...Advertise!

To advertise in the upcoming activity guide, call 604-297-4941 or email [communications@burnaby.ca](mailto:communications@burnaby.ca)

Learn more at [Burnaby.ca/Advertising](http://Burnaby.ca/Advertising)

Note: display of an advertisement in this guide does not constitute endorsement of advertisement content by the City of Burnaby.

62

Winter 2025 | [Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)



# Beginner Kids' Judo Class

- Fun and Safe
- Respect
- Discipline
- Challenging
- Breakfalls
- Throwing
- Hold Downs
- Escapes
- Self Defense
- Self Respect
- Dynamic



All instructors are  
Certified Black Belts  
and NCCP certified

Judo is a fun and healthy sport for kids that teaches discipline, instills confidence and improves coordination and physical strength

## TRY JUDO TODAY!

*Ages 6 and Up*

*For more information, visit*

**[www.burnabyjudoclub.com](http://www.burnabyjudoclub.com)**



Join Us

*Since 1964*



Location: Bonsor Recreation Complex

Phone: 778-772-8885

Social Media: [Facebook.com/BurnabyJudo](https://www.facebook.com/BurnabyJudo)

[BurnabyJudoClub.com](http://BurnabyJudoClub.com)

- Information & research services
- Downloadable audiobooks and e-books
- Online news, research, language learning and career resources
- Personalized reading suggestions
- Books in accessible formats and delivery to residents who qualify



**Burnaby Public Library**

**bpl.bc.ca | 604-436-5400**



**ESTABLISHED 1998**

**Save your life!**

LEARN TO SWIM FAST WITH  
A WORLD CLASS PROGRAM  
SWIM FOR ALL  
Programs in Burnaby and Surrey

REGISTER ONLINE AT

**[dynamoswimclub.net](http://dynamoswimclub.net)**

Contact us:  
The Phone Company call:  
Steve at 778-889-2139  
Lidia at 778-866-6604

[dynamoswim@gmail.com](mailto:dynamoswim@gmail.com)

## *The Best Place to Learn Music*

• Rudiments, History & Harmony

• Voice

• Accordion

• Piano

• Violin

• Guitar

• Drums

• Flute

• Clarinet

• Saxophone

• Trumpet

• In Home Lessons



SCHOOL OF MUSIC

*Best Music School Award Winner*

**Burnaby  
604.433.8433**

**#105 6588 Royal Oak Avenue  
(1 Block South of Kingsway)**

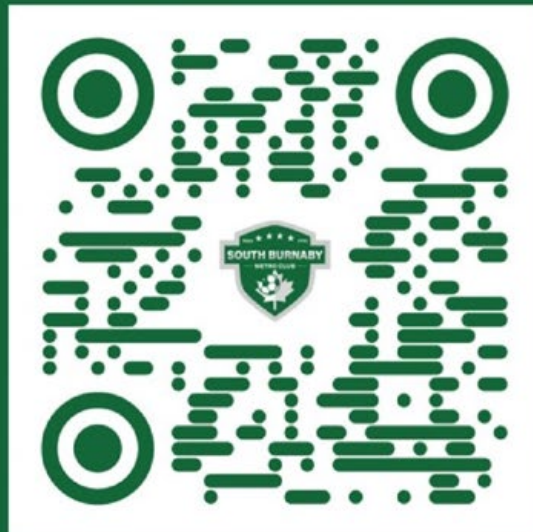




[sbmcsoccer.net](http://sbmcsoccer.net)

# SBMC Soccer

All year round programs  
for boys and girls



@sbmcsoccer



@sbmcsoccer



@sbmcsoccer

# CUPE LOCAL 23

**PROVIDING SERVICES THROUGHOUT BURNABY**

## **IN YOUR COMMUNITY**

CUPE Local 23 members work at all the public facilities in the city and are proud to provide a range of services to the residents of Burnaby from aquatic services to waste management.



## **We live & work in your community**

While our members work locally, we are also affiliated to CUPE National, with over 740,000 members across the country.



## **BURNABY CIVIC EMPLOYEES' UNION**

Our members have served the City of Burnaby for over 100 years. Find out more on our website at [www.cupe23.ca](http://www.cupe23.ca)  
Follow us on Facebook <https://www.facebook.com/CUPE23>



# SWING

Burnaby Mountain Golf Course & Driving Range | Riverway Golf Course & Driving Range

Visit [GolfBurnaby.ca](http://GolfBurnaby.ca)

GOLF BURNABY

# Savour

Mintara Restaurant | Riverway Restaurant | Burnaby Mountain Restaurant

Visit [FoodBurnaby.ca](http://FoodBurnaby.ca)

FOOD BURNABY





# DOUGLAS

## BUSINESS

Entrepreneur to CEO.  
Local to global.

Attend an info session. Register now:  
**[douglascollege.ca/info](http://douglascollege.ca/info)**

BUSINESS · PROJECT MANAGEMENT · FINANCIAL SERVICES · PROJECT  
HEALTH INFORMATION MANAGEMENT · HUMAN RESOURCES · PROJECT  
DIGITAL MARKETING · FINANCIAL SERVICES · PROJECT  
HOSPITALITY MANAGEMENT · FINANCIAL SERVICES · PROJECT  
MARKETING · DATA ANALYTICS · ECONOMICS · PROJECT  
MANAGEMENT · COMPUTING STUDIES AND INFORMATION  
TECHNOLOGY · ACCOUNTING · MARKETING · PROJECT  
HOSPITALITY MANAGEMENT · ACCOUNTING

**DOUGLASCOLLEGE**

