## SAFE COMMUNITY SERIES

## **HIGHLIGHTS**

## WATER SAFETY — SESSION SUMMARY HERE'S WHAT YOU MISSED (May 29<sup>th</sup>, 2025):



**Prepare it:** always make a plan, check weather conditions, and use a pre-departure checklist.

**Wear it:** Ensure you wear a life jacket or personal flotation device and apply sunscreen regularly, reapplying as needed to stay protected.

**Know it:** Choose bright colours such as red, yellow, or orange to make sure you can be seen on the water.

**Share it:** Discuss water safety guidelines and encourage safe practices around pools, lakes, and oceans.

**Boating Safety**: Teach kids how to use a whistle, radio, or phone to call for help in the event of an emergency.

For more information about water safety, please visit <a href="https://www.lifesaving.bc.ca">www.lifesaving.bc.ca</a>

## **Check out upcoming FREE monthly sessions:**

<u>burnaby.ca/safecommunityseries</u> | *Scan QR Code Any questions, email: <u>crimeprevention@burnaby.ca</u>* 



