

SAFE COMMUNITY SERIES

HIGHLIGHTS

KEEPING SENIORS SAFE

HERE'S WHAT YOU MISSED (June 25, 2026)



Elder abuse does not have a single, typical profile. It can happen in many different ways.

- **How it happens:** Abuse can happen to anyone. Common risk factors include social isolation and dependency. When an older adult relies on one person for care, they may be at a greater risk of exploitation or harm.
- **Who is responsible:** Elder abuse can be committed by anyone, including partners, adult children, neighbours, friends, caregivers, landlords—even trusted professionals such as doctors.
- **Where it happens:** Elder abuse can occur anywhere—at home, in hospitals, in care facilities, or online.
- **What can you do:** Check in regularly with older adults in your life. If someone confides in you, believe them. Listen in a non-judgmental way and encourage them to seek professional support.

The **Seniors Abuse and Information Line (SAIL)** is a confidential helpline that provides services, information, and referrals for older adults. It can be reached at **604-437-1940** or **1-866-437-1940 (toll free)**. Older adults (or their caregivers) are encouraged to call the SAIL if they:

- Feel they are experiencing financial, emotional, physical, or sexual abuse.
- Are concerned about neglect or mistreatment.
- Need information, support, or guidance on next steps.

For more information about elder abuse,
please visit: [Seniors First BC](https://seniorsfirstbc.ca)

seniors
first
BC

Check out upcoming **FREE** monthly sessions:

burnaby.ca/safecommunityseries | *Scan QR Code*

Any questions, email: crimeprevention@burnaby.ca

