Parks, Recreation & Culture
Barnet Marine Park Information Guide for Kayak & Paddle Board Programs

Dear Participant,

Thank you for registering in our programs. Please ensure you have read the guidelines and full program description before the course; participants under the age of 19 require a signed waiver by a parent/guardian.

What to wear for the program:

- ✓ The program will run rain or shine. Come prepared and dressed for the weather, layers are good for any outdoor program as weather can change rapidly. The ocean is around 13º in May, 15º in June and September and 18º in July and August.
- ✓ Everyone's body is different and handle cold ocean temperatures differently, please come prepared with your needs in mind.
- ✓ Clothing – Please wear non-cotton, athletic clothing
  - Fabrics to look for: polyester, nylon, spandex, fleece, merino wool
  - Fabric to avoid: cotton
- ✓ Jacket – It may get windy on the ocean even on a hot day, consider:
  - bringing a rain jacket or windbreaker on the water with you
  - if it may rain, wear a rain jacket, rain pants and a rain hat.
  - if it is sunny, wear a sun shirt, sun hat, sunscreen and sunglasses attached to a string
- ✓ Shoes – Please wear water shoes that you can walk across sharp rocks and barnacles in.
  - Water shoes, or something comparable to Crocs or Teva sandals are good options.
  - Neoprene socks also keep your feet warm while they are wet in sandals.
- ✓ Wetsuits – While we strongly encourage wetsuits for programs where you will fall in, we cannot require them.
  - There are certain programs where it is guaranteed you will fall in – read program description carefully.
  - Example of programs where it is guaranteed you will fall in: Kayak Intro Series Part 2: Rescues, <u>any</u> Stand-Up Paddle Board (SUP) program

** It is up to the individual to make sure they are best equipped for their own tolerance of ocean temperatures.

What to bring to the program:

- ✓ For all programs, please bring your own water bottle, hat, sunscreen and warm layers to put on in case you capsize during the program.
- ✓ Other suggested items are a towel and change of clothes. This is strongly encouraged to have on hand if you are accompanying a child.
- ✓ For programs 2.5 to 5 hours and over in length, please bring a nut-free snack or packed lunch, change of clothes, dry bags or freezer Ziploc bags to house items on the water.
- ✓ Leave all unnecessary valuables at home.

How to get to the program:

- ✓ Programs are located at Barnet Marine Park, 8181 Barnet Road, Burnaby.
  - The exact map pin for the kayak/SUP compound is called "COB Kayak & SUP Programs" on Google Maps.
- ✓ To get there, drive down Barnet Highway, then turn onto Takeda Drive. Parking information is below.
- ✓ To find the kayak/SUP compound, walk down the beach access path from the Takeda Drive East Parking lot, past the white gate, across the train tracks, then towards and past the big roundabout.
- ✓ The kayak/SUP compound is located at the far end of the roundabout.
  - Look for the yellow "KAYAK/SUP PROGRAMS MEET HERE" signs on the fence of the compound.

How to get there – Barnet Marine Park parking map:

- ✓ **Download map**
- ✓ Parking restrictions are in effect May 1 to September 30, Saturday, Sunday and holidays.
  - Note that the time limits are strictly enforced where indicated restrictions apply.
- ✓ For all programs under 3.5 hours, please note:
  - The Mountain Air Bike Skills Parking Lot across Barnet Highway does not have any time restrictions.
  - You may park in any parking lot and walk down any available pathway to the kayak/SUP compound.
- ✓ For weekend programs 3.5 hours and over**,** please note the time restrictions for some of the parking lots at Barnet Marine Park.
  - Both Takeda Drive East and West lots are limited to 4 hours on weekends and holidays.
- ✓ A parking support program is in place for registered program participants of programs 3.5 hours and longer. Here are the instructions:
  - Upon registration of any program qualifying for the parking program, you will be asked to provide the license plate of the vehicle you plan on taking to your program.
  - These license plates will be provided to traffic management so you will not be ticketed if you park in the approved spots.
  - Permitted parking spots are located at the far end of the Takeda Drive East Parking Lot. There will be a large cone with a sign to indicate the parking spaces reserved for our programs.
  - Please park in one of the designated parking spots. If your license plate was submitted upon registration, you will not be ticketed.
  - A late arrival may result in loss of parking permission.
  - Any complaints or fallouts must be directed to Outdoorrec@burnaby.ca and the programming team, not traffic management.
  - The parking program spots are not available for programs under 3.5 hours.
  - Please note that if you are arriving in a car with a different license plate than previously submitted you will need to request the adjustment at Outdoorrec@burnaby.ca at least a week in advance, or you risk being ticketed.

Additional information:

- ✓ On arrival, the instructor(s) will greet you and take attendance. You will be asked your PFD size and staff will safely prepare the equipment needed.
- ✓ Participants will be encouraged to launch their boat independently.
- ✓ Participants should be prepared to get in the water.
- ✓ No pets permitted.
- ✓ Should the program need to cancel due to weather impacts, you will be advised via the phone number on the registrants account and refunds will be processed.

Please review the safety information listed above to help you understand the safety guidelines. If you have any further questions, please do not hesitate to call the Outdoor Recreation Coordinator at 604-294-7224. Thank you.

Outdoor Recreation
Outdoorrec@burnaby.ca