

SAFE COMMUNITY SERIES

HIGHLIGHTS

CYBER SAFETY: NAVIGATING THE DIGITAL WORLD

HERE'S WHAT YOU MISSED (August 20, 2026)



How Accounts are Compromised:

- Most account compromises happen when people are tricked into giving away their credentials.
- Common causes: phishing, password reuse, weak passwords and malware.

Passwords and Multi-Factor Authentication: (MFA)

- Length is more important than complexity when building your password.
- MFA adds an extra layer of protection to your accounts in the case your passwords are compromised.
- Consider using a password manager if you typically reuse or often forget your passwords.

How to Protect Yourself:

- Keep your devices and apps fully up to date to protect against malware.
- Avoid accessing sensitive data or banking information on public Wi-Fi Networks.
- Set aside time to review your digital security and recovery options if you lose access to your phone.

If Money is Lost:

- **Contact your financial institutions, national credit bureau and local police department immediately.**
- **Monitor your accounts and avoid follow up recovery scams.**

For more information about Cyber Safety,
please reach out to crimeprevention@burnaby.ca

Check out upcoming FREE monthly sessions:

burnaby.ca/safecommunityseries | *Scan QR Code*

Any questions, email: crimeprevention@burnaby.ca

